

UUCC Community News

Unitarian Universalist Community Church

January 2026



Sunday Worship Service 10:00am

Sunday Services

January 4 Bev Feldt

Hope

With the start of a New Year, may we find hope for the future.

January 11 Rev Denise Tracy

Good bye 2025

We will uplift the lives and names of those famous who have died as well as our personal family or friends!

January 18 Rev Henrietta Byrd

Dr. Martin Luther King

Three phases of greatness. A man, a leader, a time.

January 25 Monica Regan

Communication, Power and Spirit.

Humans swim in an ocean of ideas, and how these are communicated profoundly affect our spiritual paths.

First Sunday Potluck January 4th after worship



Join us for this time of Fellowship!

Kitchen Help Needed

We need kitchen help on Sundays making coffee, setting out snacks, and clean up afterward. On Potluck Sundays we need 3 to 4 people. A sign up sheet is in the gathering room. Choose the Sunday(s) that are convenient for you. You can also call the UUCC Office (708-481-5339) to add your name to the list.

You and UU Forum

Sunday, January 11th at 11:30am, in Room 3, option to join via Zoom.

You and UU: Discussion and thoughts about the 4th UU Principle (Encouraging a free and responsible search for truth and meaning). Watch for the FORUM Zoom Link in your Sunday invitation or contact Allan Lindrup uusj@sbcglobal.net or 773-595-4921 for link.

Religious and Character Education

During the Sunday service, on the first and third Sundays of the month, classes for elementary school children are offered using a curriculum based on the creation stories from different world religions and cultures.



Listening Hearts

Listening Hearts

January volunteers, Barb Anderson and Monica Regan are available as a source for listening, support and resources.

ATTENTION! We have been notified that members are receiving emails from scammers pretending to be someone from the church asking for help. **NEVER** respond or click on anything in a suspicious email. **ALWAYS** call the person to find out if it is a legitimate email.



Please follow us on **Facebook** for UUCC event reminders.



The President's Column January 2026 by Laurene Lambertino-Urquizo



I want to let you know that this spring we will be launching a capital campaign to raise funds to fix our parking lot. It is one of those inevitable jobs that must be done for an institution such as our church, along with having to fix roofs, replace furnaces and make repairs to plumbing and electrical systems. As homeowners, you are familiar with this. There are always things that need to be done to our homes. It is a reality of life.

Although we have been on an upward trajectory in recent times with the improvements we have made to the church and the increased rentals, we have encountered a problem with our attempts to fix our crumbling parking lot. A few years ago we hired a sealcoating company to give us an estimate of the cost to patch potholes, sealcoat the entire parking lot and paint the lines designating the parking spaces. (I will not give the name of said company here, but it is attainable by calling the office.)

Initially we were given an estimate of \$6,800 to complete the work of patching the potholes with hot asphalt and seal major cracks with hot rubberized coating, then sealcoat the entire parking lot. This also included painting white lines for the parking spaces and handicap spots. We accepted this offer and the work was begun. Then the problems occurred. The material they purchased to complete the job was absorbed by the parking lot surface at a greater rate than they had expected. They then had to purchase twice the amount of materials, more than doubling the cost that they had initially quoted us, and the final job totaling \$15,200. We were given a 5-year warranty on the job, but the coating was nearly worn away within 2 years. When we complained about this, they claimed that using salt on the parking lot voided their 5-year warranty, although none of their paperwork (estimate included) mentioned any such warning. The use of salt is a standard treatment employed by most snow plowers to melt the ice and snow, so this was an important omission on their part in all fairness.

We tried multiple attempts to get this company to come and inspect the situation, but they ignored us. Finally, we turned to our attorney to contact them in hopes of having them realize the gravity of the situation and come to some resolution, but they did not reply. Our attorney then advised that it would probably cost us more to pursue them than we could realistically expect to recoup from them. So, in the end, we regrettably had to let it drop.

Now we are left with a parking lot that clearly needs to be repaired before it becomes worse with our extreme Midwestern winters and summers, after having spent \$15,200. We have researched the entire issue thoroughly and have obtained eight bids from three paving companies to fix our parking lot. These bids highly recommend removing and replacing a large portion of the parking lot asphalt.

Continued

The President's Column—continued

As you might expect, the prices are substantially higher than before. We have researched these companies with the Better Business Bureau for certification of their work, paying particular attention to their warranties. More information will be provided as to the monetary amounts and the identities of these companies as we move forward.

This is why we are planning to launch a capital campaign to raise the funds needed to repair our parking lot. This is a necessary expense to keep our property in proper condition to maintain our property value as well as for safety purposes. We are looking to target February, the month of Love, to kick things off and we are asking for your generosity in any amount to help fund this large expense. There will be some form of matching donations from a group of three, consisting of two Board members and one other member of the congregation.

We do not receive any funding from outside sources, so it is up to us to maintain our church and grounds. It is entirely our responsibility to ensure the survival of UUCC, both physically as well as spiritually. Please be generous and help us to reach our goal. We are counting on you to make this a success.



With great sorrow we inform you that **Bill Decker**, passed away in the early hours of Monday, December 29th. He was the loving husband and partner to Reverend Denise Tracy. This was an unexpected and tragic loss. A memorial will be held for him at UUCC in the spring. More details will be forthcoming.



Financial Update

Happy New Year! We are half-way through the fiscal year. Are you half-way through your pledge payments? If you are not sure, just ask me to check the status of your pledge for you. Do you need a tax letter for your 2025 Income Tax deductions? Please let me know, preferably via email, so that I can provide you with such a letter.



We will soon be launching a Capital Campaign to raise funds for parking lot repairs, and resurfacing. These renovations are expected to cost over \$45,000 and will more than deplete our Capital Fund, which currently stands at \$17,000. We would like to raise \$25-30,000 through a matching fund campaign. It is also possible that we will need to tap into our endowment investments to help pay for this project. Please consider what you would be willing and able to contribute. We truly depend upon and need your support.

Nancy Irons, UUCC Treasurer (irons.nancy@gmail.com)

Volunteer Recognitions

Thank you to everyone who contributed to the Respond Now Holiday Food and Toy Drives. Your contributions helped to make the holidays happier for those in need. We also appreciate your on-going contributions to the weekly collection bin in our church's main hallway. Closer to home, thank you to everyone who has been helping in the kitchen before and after Sunday services. We sorely miss Darlene Obejda and are trying to live up to her kitchen expectations. We still need volunteers to sign-up for kitchen duty, so check the sign-up sheet in the Gathering Room.

Volunteer Opportunities!

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland (mexmasraq@aol.com) for details on the Sexton team; Joyce Sligar (jsligar02@gmail.com) for Ushers and Greeters; and Jodi Libretti (jlibretti@sbcglobal.net) for the Zoom hosts.

There are many interesting tasks that need attention. Please get involved. Adopt a spot or task that you will be responsible for. We recently had our overhead lighting converted to LED. Would you be willing to bundle up all the old fluorescent tubes in the storage room and take them to Home Depot for recycling (Matteson Home Depot Recycle Service Desk 1-800-466-3337, 708-481-1551)?

Please contact with the office (708-481-5339 or churchadmin@uuccpf.org) for more information or to arrange access to the building and supplies.

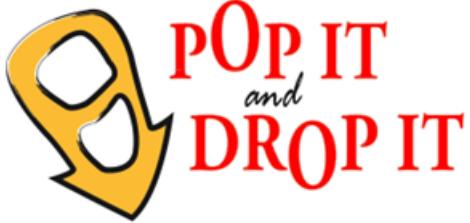
Fond Farewell!

Virginia Jackson, longtime UUCC Office Administrator, has left the position as of the end of December. Virginia was with us for over a decade and contributed greatly time and time again. In particular, she always worked to save the church money, finding the best deals for purchases and services. She was a trouper when we had to move to temporary quarters after the flood in 2018. She and Nancy Irons spent many hours overseeing the renovations and refurnishing of our building at that time. To say nothing of the hours on the phone with our insurance company!

Virginia, you will be missed! Best wishes to you!

Welcome Aboard!

Karen Beran, who has coordinated the Stitchery Group here at UUCC, will be taking on the role of Acting Office Administrator. She is enthusiastic about taking on this responsibility but admits she has lots to learn. Please be patient and welcoming to her! Karen, glad to have you on board!



PULLING POP TABS FOR A PURPOSE

Across the Chicagoland area, hundreds of individuals, schools and companies are working together to collect pop tabs to benefit Ronald McDonald House Charities of Chicagoland & Northwest Indiana (RMHC-CNI). Those pop tabs are recycled by United Scrap Metal, and the charity will receive the market value of the recycled metal, plus a charitable match from United Scrap Metal.

There is now a pop top collection jar located in the kitchen at UUCC. Please bring in your pop tops to contribute to this worthwhile charity.

RonaldHouseChicago.org 630-527-3800



GREEN SANCTUARY

BY JEFF GREEN – JANUARY 2026



When it comes to global warming, how are things changing in my area of the country? There are some rules of warming on earth that science has observed. The north and south poles are warming faster than the average earth temperature increase. About 10 to 15 years ago, the number was the arctic is warming twice as fast as the rest of the earth. Now we are getting science claiming we are at 3 to 4 times faster warming at the north pole than average temperature increase. AI (artificial intelligence) rounded that up quick and easy.

Key Insights on Arctic Warming

The scientific evidence is clear and alarming:

- The Arctic is warming significantly faster than the global average, a phenomenon known as "Arctic amplification"
- Researchers from North Carolina State University confirm that the annual mean warming rate of the Arctic is more than three times the global average

A study published in February 2025 by Julienne Stroeve explicitly states that the Arctic is warming at four times the rate of the rest of the planet

Consequences of Rapid Arctic Warming

The accelerated warming has profound implications:

- Increased frequency of extreme events
- Rapid sea ice loss (12.2% reduction per decade)
- Potential for ice-free Arctic summers by mid-century

Cascading impacts on ecosystems, infrastructure, and global climate systems

The dramatic warming rate underscores the critical importance of understanding and mitigating climate change, particularly in polar regions which act as sensitive indicators of global environmental changes.

Key Insights on Land Surface Warming

According to the Intergovernmental Panel on Climate Change (IPCC), there are critical distinctions in warming rates:

- Land surfaces are warming much faster than the global average
- 20-40% of the global human population lives in regions that have already experienced over 1.5°C of warming
- Most land regions are experiencing greater warming than the global average
- Ocean regions, by contrast, are warming at a slower rate

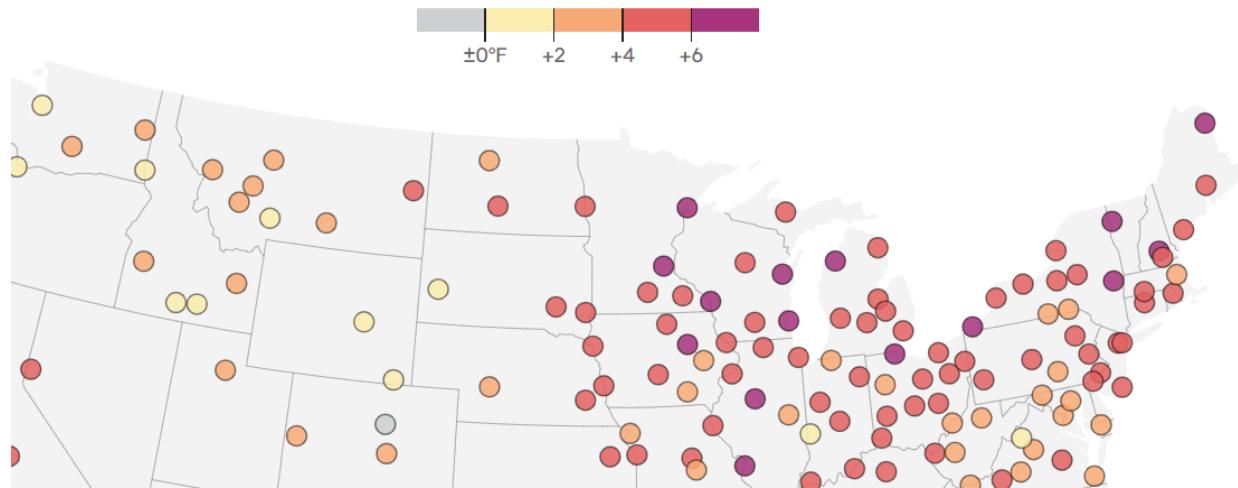
The interesting part of this is that $1.5^{\circ}\text{C} = 2.7^{\circ}\text{F}$. If you go to the link provided, putting your cursor over one of the dots of interest to you, there is a measured change in winter temperature for that area. And it is presented to us in Fahrenheit. So keep in mind the average temperature increase of earth is approaching 1.5°C or 2.7°F soon. My formative years were near Dubuque Iowa, 4.7°F , Rockford Illinois, 5.9°F , Chicago Illinois, 4.5°F , Milwaukee Wisconsin 7.3°F , Green Bay Wisconsin 7.0°F , South Bend Indiana, 2.9°F , Grand Rapids Michigan, 5.5°F .

Continued

GREEN SANCTUARY continued

The interesting part of this is that our local winter temperature increases play out the science scenarios. Even South Bend is experiencing an increase in temperature at a rate that exceeds the global average for warming.

Change in average winter temperatures from 1970 to 2025



Again, thanks for making Green Sanctuary part of your reading pleasure. Hope there is pleasantness in your holidays. Jeff Green

Green Sanctuary 2030

Greetings!

At the Unitarian Church of Hinsdale, we have begun work on the new program provided by the UU Ministry for Earth, called Green Sanctuary 2030. We are studying closely the component called Community Resilience—cultivating communities of care to prepare for and respond to climate disruption.

We have determined that one of the biggest effects of climate change in the Chicago area is the increase in flooding. What used to be 100-year floods now occur every year or two. And of course, the areas most stricken by floods are often those least able to cope with them. We asked ourselves, What would we do if a good friend or a relative were to be flooded out and called for our help? Well, we would go there and do whatever we could.

From this discussion came the idea of inviting our congregation to participate in a kind of rapid response team; when a flood occurs, we will reach out to the neighborhood affected and offer our help in the immediate crisis—cleaning out basements, offering food and fresh water, helping with repairs. Our church members can take part in the solution without having to join committees or go to meetings—just pledge to be available in times of emergency. And we avoid the kind of action where we try to “solve their problem”—we help in whatever way they know they need.

We would like to know if you have been working on Green Sanctuary 2030, and your experience and thoughts about the program. Specifically, we would like to know if you have given thought, at your church, to this kind of community resilience work. If multiple congregations could participate in rapid response to flooding, we can all multiply our compassionate efforts in times of crisis. I invite you to let me know what your church is doing in this area, and how we can work together.

Thanks, Dave Lloyd (UCH Green Sanctuary chair)



Connections

by Barb Anderson



Some photos of UUCC's Worship Services - where all are Welcome



**Rev. Henrietta Byrd
and the Joyful Singers**



**Talented Presenters
this year!**





UU MEN'S Virtual RETREAT

NEW! ZOOM EVENT

When: Sat. Jan. 10th, 2026 (10 am thru 12:00)

Theme: Adaptive Resiliency

Hosts: Nai Owens & Ed White

Cost: FREE

In this session we'll host conversations about what it means to each of us to be resilient, the aspects of our lives that have made us resilient or continue to develop our resilience. We will explore those aspects of ourselves that allow us to adapt to an ever-changing environment. We will host breakout discussions for individual viewpoints. All genders and all faiths are welcome at this event. To RSVP and receive (a few days before the event) the Zoom invitation and codes email your name, email and congregation to: mensretreat@unitytemple.org

SAVE THE DATE - Men's Retreat weekend at St. Mary's/Baraga Retreat Center on the weekend of March 6th~8th, 2026

Committee Members: Mark Johansen, Rich Pokorny, Steve Hosmer, Alan Johnson, Allan Lindrup, Ed White, Nai Owens, Ralph Earlandson, Robert Innocenzi, John Meade, Steve Hosmer and Ron Dubreuil.



The primary goal of UUMUAC is Multiracial Unity, described by Martin Luther King Jr. as the “Beloved Community.”

Reaching this goal requires unification of the progressive peoples of the world in the struggle against inequality and injustice.

Our Vision We envision our congregations, associations, and communities as being not color blind but color appreciative; as judging and treating people by the content of their character, not the color of their skin, their cultural heritage, or other identity; and as treasuring all forms of diversity in the context of Martin Luther King's Jr's "Beloved Community." We call this vision Multiracial Unity.

Our Mission It is the mission of the Unitarian Universalist Multiracial Unity Action Council to foster activities for multiracial unity and to counter racism and neo-racism through worship, education, bearing witness, and other actions, and to find and engage like-minded individuals and groups.

We affirm the inherent worth and dignity of every person, and strive to defend freedom, reason, and tolerance as articulated in the Seven Principles of Unitarian Universalism adopted in 1985. This includes promoting their use in individual congregations, through congregational autonomy, and in our own actions.

Why Join Us?

To Worship We hold online services every third Wednesday of the month, based on our Vision Statement and the ideals of tolerance and equality.

To Learn Our books, forums, trainings, and the *MAC Arrow Journal* explain and advance our goal of exposing racism in all its historical and current manifestations.

To Bear Witness We speak out in writing or other actions and support the "fusion politics" of The Poor People's Campaign and other efforts to advance justice through multiracial unity.



North American Unitarian Association Helping Liberal Religion Thrive

The North American Unitarian Association (NAUA) Read the bi-monthly newsletter called the Liberal

The **NAUA Monthly Academy Program** The NAUA Academy provides courses to Members of the NAUA and others interested in Unitarianism, Unitarian Universalism and Liberal Religion. Participation in courses is virtual, using Zoom. Sessions consist of a presentation followed by small group discussions. [CLICK HERE](#) for monthly updates.

The **NAUA 3rd Saturday of the month** Worship Service **January 17 at 12:00 Noon Central**
Check [HERE](#) for monthly updates. [CLICK HERE](#) for Zoom access to the Worship Service.

CIRCLE NEWS

NAUA Conversation/Discussion CIRCLE: Meets the 1st and 3rd Thursday each month from 11:00 am - 12:00 pm Central Time. The Thursday Connection CIRCLE is accepting new participants. The CIRCLE is designed for NAUA members and friends to gather, share ideas, spark meaningful conversations, and deepen connections. It will be facilitated by a member of the NAUA Board of Trustees, is open to all members and friends. If you'd be interested in joining this CIRCLE, please email circles@naunitarians.org



Watch recordings of past events:
[NAUA's YouTube Account](#)



View updates, links to recordings, special messages, etc. on the [NAUA Public Facebook Page](#)



Check out the [NAUA website](#) for: Upcoming events, who we are, the latest news, becoming a member, past publications, and more!

Get involved, get supported, support others.

Side With Love Action Center

“There is no such thing as a single-issue struggle because we do not live single-issue lives.”

— Audre Lorde

Action Center Guide

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are:

Climate Justice (inclusive of Indigenous sovereignty and Climate Resilience) with [Create Climate Justice](#)

Democracy and Electoral Justice (inclusive of Voting Rights and electoral participation) with [UU the Vote](#)

Decriminalization (inclusive of Racial Justice and Immigration Justice) with [Love Resists](#)

LGBTQIA+ and Gender Justice (inclusive of reproductive justice and abortion access) with [UPLIFT Action](#)

Will you join us?

[Subscribe](#) to our newsletters

[Join](#) one of our volunteer Squads, the backbone of the Action Center

What's Happening at UUCC?



www.freepik.com

UUCC Men's Group Sunday, January 4th, 6:30 - 8pm via Zoom

This group will meet every **FIRST SUNDAY of the month**. Sessions involve in-depth check-ins, followed by a particular focus of discussion. Individuals who identify as male, who have not been getting the Zoom invites and codes, but who would like to receive them, should contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.



Stitchery Group

This group meets occasionally at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact **Karen Beran 708-532-6024**

UUCC CONNECTIONS SMALL GROUP MINISTRY Meeting Wednesday January 14th at 1:00pm

Connections meetings are held every **2ND WEDNESDAY of each month from 1 to 2:30pm** at the church, as well as on Zoom. The group explores various topics and our conversations serve as a way to get to know each other. All are welcome!

All participants receive an email with the topic information and the Zoom link ahead of time. If you would like to join us or have any questions, please contact the facilitator, Irene van der Hoek, at (708) 305-4913 or email tulip51girl@gmail.com

ATTENTION! Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club

January 19th via Zoom This book club meets on the **THIRD MONDAY EACH MONTH from 7 p.m. to about 8:30 p.m.** Currently, the group will read and discuss 'What If We Get It Right' by Ayana E. Johnson. If you would like to join or try out this book club, please contact Allan Lindrup at uusj@sbcglobal.net or at 773-595-4921.



Photo by [Mohamed Nohassi](https://unsplash.com/@mohamed_nohassi) on [Unsplash](https://unsplash.com)

Buddhist Meditation

Saturdays at 9:30am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online

Cost: Free will offering

Contact: Steve McCabe steve.mccabe6914@gmail.com



UUCC Book Discussion Group

The next meeting will take place on the **second Wednesday JANUARY 14TH at 5:30 to 7:30 pm** in classroom 3. **We will have a discussion about recently read books you have enjoyed.** Please join us! Optional: Bring a snack to share. For more information contact the group facilitator Vicki Fotis 708-957-4822

RAINBOW CAFE

Rainbow Café Movie will be shown on Friday January 16, 2026. Doors open at 6:30, the movie starts at 7:00.

Soft drinks and snacks will be served.

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, transgender adults, and their allies. Our group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7:00pm to watch a LGBTQ film. Join the discussion after the film.

**Invite friends!
Optional - bring snacks to share.**



**WE LOVE OUR
NEIGHBORS**
**IMMIGRANT | LGBTQ
OF COLOR | WITH DISABILITIES
OF ALL AND ANY FAITHS**

UUA.ORG/IMAGES



Unitarian Universalist Community Church
70 Sycamore Drive, Park Forest, IL 60466
708-481-5339 uuccpf.org



Sylvan Sanctuary CUUPS

Monthly meetings are the **FIRST SUNDAY of the month at 12:30pm**. Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela at sylvansanctuarycuups@gmail.com

[Follow us on Facebook](#)



Celebrating Imbolc Saturday, January 31st, 5-8 pm

Imbolc is a Celtic pagan religious holiday that honors the imminent beginning of spring and occurs at the midpoint between the Winter Solstice and the Spring Equinox.



It is a reminder of the cyclical nature of life. It connects us with the rhythms of the earth, the changing seasons, and the continuous lengthening of days. It signifies renewal, cleansing, and the hope and promise of spring ushering in the rebirth of nature. In addition, Imbolc honors the duality of death and rebirth, acknowledging the "darkness" before welcoming the "light" at the beginning of spring.

Join us at UUCC for an Imbolc Ritual followed by potluck. Please bring a dish to share.

Save the dates! Follow Sylvan Sanctuary CUUPS at www.facebook.com/sylvansanctuary and never miss an announcement or gathering.

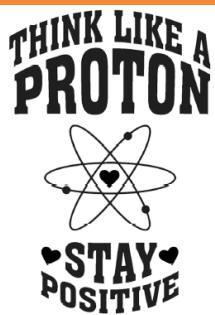


Quarterly Social Justice Collections

In November UUCC members and friends were invited to nominate social justice (including environmental) organizations that either operate in Chicago's southern suburbs or do advocacy or direct service work that impacts the lives of residents of the south suburbs. We were seeking to end up with two organizations, for special collections in the first two quarters of 2026. (In the spring we will seek nominations for the four quarters of the next church year). Only two organizations were nominated - the **UU Advocacy Network of Illinois (UUANI)** and the **UU Prison Ministry of Illinois (UUPMI)** - so the congregation will not have to vote to select the two with the greatest support. Both of the nominated organizations were found to meet the criteria the UUCC Board had set. The Board will select one Sunday in the quarter beginning January, and one Sunday in the quarter beginning in April, to hold the special collections. Cash donated on those Sundays, plus checks made payable to UUCC with "Social Justice" in the Note section, will be consolidated and sent in a single UUCC check to the social justice organization selected for that quarter. More about the work of each organization will be shared shortly before and on the Sunday of the special collection.

Allan Lindrup for the UUCC Board

POSITIVITY PROJECT JANUARY SCHEDULE



Feeling overwhelmed? Looking for a BRIGHT SPOT?

THE **POSITIVITY PROJECT** will have 2 meetings this month.

Monday, January 5th & 19th at 6:30PM. Doors open at 6pm.

Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome.

For more info contact Michele at 708-748-0362 Follow us on [FaceBook](#)

A Positivity Project invites you to, ***Sounds for a Gentle Earth***, our next sound offering on **Friday, January 2nd from 6:30 – 7:30PM**

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen.
\$20 per person. Registration required.

Contact Michele Johnson at 708-748-0362



~There will be no POSITIVITY PICK-UP until spring~





A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest



Monday & Thursday 9:30 – 11am AND Wednesday eve 7:00 – 8:30pm

This class is for everyone, beginner to experienced. No reservations needed.

Drop-in fee is \$15 per class. Call Karen (708) 755-3577

The Unitarian Universalist Multiracial Unity Action Council

The next UUMUAC Monthly **Third Wednesday** Worship Service is on
January 21st at 7:00 pm Central Time

For Zoom information, please send name, email, and congregation (if any)
to richard3point@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



UNITARIAN UNIVERSALIST
ADVOCACY NETWORK
OF ILLINOIS

Do you have an hour or so a month to help us put together our Actions of the Week? Please contact us if you do. Thanks!

You can take action and sign up **HERE** for [UUANI Actions of the Week](#)

With attacks on our UU values and the democratic system itself increasing, many of us are seeing a need to ramp up our efforts. Simple **legislative advocacy** efforts like our Action of the Week emails and witness slips continue to be important, and we will continue to offer them. Actions that take more effort - like customizing your letters, making phone calls and meeting with legislators - are more impactful, and we have started offering more of these opportunities to make a difference. These will be needed as we seek to help pass crucial [climate](#) and [restorative justice](#) legislation, and to stop US funding of the genocide against the people of Gaza.

Beyond such advocacy, we know that the electoral process has a significant impact on what happens legislatively. So we are gearing up for the next round of [VoteLove](#) (as UUtheVote is known here in Illinois). Here, too, we will continue to offer simple actions like writing postcards to encourage people to vote.

We also offer actions that take more effort - like community forums, [phonebanking](#) and [knocking on doors](#) - that have been proven to be even more effective. It's not too early to consider what level of participation you're up for.

And beyond all this, we are seeing the rise of an authoritarian regime threatening our democratic system and the rule of law. Many UUs are joining the just-launched [One Million Rising](#) campaign of strategic noncooperation and nonviolent resistance. Two actions that you can take now are: [Ground Avelo Airlines](#) and [Signs of Solidarity against ICE](#). You will hear more about this campaign in the weeks and months ahead.

In the meantime, please indicate which of these you might be up for on this short form
(yes, we will follow up!):

[Click HERE to join us!](#)



January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 	2 6:30 Sound Bath	3 9:30am Online Buddhist Meditation
4 10am Worship 12:30 CUUPs Mtg 6:30pm Men's Group	5 9:30am Yoga 6pm Positivity Project Group Share Meeting	6 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	7 7pm Yoga	8 9:30am Yoga 7pm Flowering Dogwood Martial Arts	9	10 9:30am Online Buddhist Meditation
11 10am Worship 11:30am FORUM	12 9:30am Yoga	13 7pm Flowering Dogwood Martial Arts	14 1pm Connections Group 5:30 UUCC Book Club 7pm Yoga	15 9:30am Yoga 7pm Flowering Dogwood Martial Arts	16 7pm Rainbow Café Movie Nite	17 9:30am Online Buddhist Meditation 12 NOON NUAU online Worship
18 10am Worship	19 Dr. MLK Day 9:30am Yoga 6pm Positivity Project Group Share Meeting 7pm Environmental Book Club (Zoom)	20 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	21 7pm Yoga 7pm UUMUAC online Worship Service	22 9:30am Yoga 7pm Flowering Dogwood Martial Arts	23	24 9:30am Online Buddhist Meditation
25 10am Worship	26 9:30am Yoga 6pm Candle Labyrinth	27 7pm Flowering Dogwood Martial Arts	28 7pm Yoga	29 9:30am Yoga 7pm Flowering Dogwood Martial Arts	30	31 9:30am Online Buddhist Meditation 5pm CUUPs Imbolc

Event Facilitators

Buddhist Meditation:

Steve McCabe steve.mccabe6914@gmail.com

Yoga:

Karen Nielsen shanti-one@comcast.net

Rainbow Café:

Jerome Rowley jerome.rowley@gmail.com

Forum:

Allan Lindrup uusj@sbcglobal.net

UU Environmental Book Club:

Allan Lindrup uusj@sbcglobal.net

Connections Group:

Irene van der Hoek tulip51girl@gmail.com

Men's Group:

Allan Lindrup uusj@sbcglobal.net

Stitchery Group:

Karen Beran greywolf2496@hotmail.com

A Positivity Project:

Michele Johnson [\(Meetings, Sound bath, Labyrinth\)](mailto:708-748-0362)

CUUPs - Sylvan Sanctuary

Angela Denk sylvansanctuarycuups@gmail.com

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339 churchadmin@uucpf.org

Church Information

70 Sycamore Drive
Park Forest, IL 60466
Office Phone: 708-481-5339
E-Mail: churchadmin@uuccpf.org
Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter).

The newsletter deadline is always the 20th of every month.

**You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.*



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Unitarian Universalist
Community Church
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