

UUCC Community News

Unitarian Universalist Community Church

December 2025



Sunday Worship Service 10:00am

Sunday Services

Dec 7 Rev Henrietta Byrd The Christmas Story.

How we acknowledge the different ways people celebrate the season through song.

Dec 14 Beverly Feldt has been a member of UUCC for over 30 years. She has twice served as Congregation President and directs the UUCC Choir. Bev loves the mysterious art of creating worship and often leads services here and for five other churches in the Midwest. She's glad to be with you now, as always.

Dec 21 Rev Denise Tracy
Unitarian Universalist's Gifts to Christmas.
The Rev Ms Denise D Tracy is a Unitarian Universalist minister, ordained in 1974, and the 8th woman employed in ministry in our denomination. She is retired yet preaches nearly every Sunday, has a business as a wedding officiant Revdenisetracy.com, is active in women's issues, and volunteers in the city of Elgin.

Dec 28 Rev. Dr. Robert Moynihan was ordained in the Congregational Church (NACCC) in 2003. He retired in 2021 and spent three years with the Franciscans, serving in prison, hospital, and soup kitchen ministries. He holds a Doctor of Ministry in Preaching from North Park Theological Seminary. He presently ministers by preaching at funerals and doing pulpit supply. Bob lives in Justice, IL, with his two rescue beagles.

Religious and Character Education

During the Sunday service, on the first and third Sundays of the month, classes for elementary school children are offered using a curriculum based on the creation stories from different world religions and cultures.

First Sunday Potluck December 7th after worship



At UUCC, the first Sunday of each month, after the worship service, we share a potluck luncheon. Bring a dish to share. Join us for this time of Fellowship!

Kitchen Help Needed

We need kitchen help on Sundays making coffee, setting out snacks, and clean up afterward. On Potluck Sundays we need 3 to 4 people. A sign up sheet is in the gathering room. Choose the Sunday(s) that are convenient for you. You can also call the UUCC Office (708-481-5339) to add your name to the list.

You and UU Forum Sunday, December 14, 11:30am, in Room 3, with the option to join via Zoom.

You and UU: Considering the 3rd UU Principle (Practicing acceptance of one another and encouragement to spiritual growth in our congregations). Watch for the FORUM Zoom Link in your Sunday invitation.



Listening Hearts

Listening Hearts

December volunteers, Jodi Libretti and Beverly Feldt are available as a source for listening, support and resources.



Please follow us on [Facebook](#) for UUCC event reminders.



The President's Column December 2025 by Laurene Lambertino-Urquiza



As the song goes, It's so hard to say goodbye. I have been thinking about the many times in my life that I have had to say goodbye to people and how painful it felt at the time. As I looked back on my life, I realized that I do not do farewells very well.

This past week I learned that a beloved member of our congregation will be leaving soon to move closer to her daughter in California due to health issues. Because of her pending departure, a wonderful tribute was given during the past Sunday service, and many members of the congregation were able to express their feelings directly to her via Zoom (as she was not physically present in the sanctuary but was watching from home. It was very moving), and I could feel the emotion coming from all who were watching.

This got me thinking about times in my life when I had to leave people and places that I knew I would never see again. If social media had existed at that time and I knew that we could stay connected over email, Messenger, Facebook, Instagram, etc., it might have taken the sting out of it. Today I am connected over the internet with friends all over the world. Any time I like I can send them a message and expect a response within a day or so. So, there is no need for such sadness as before. Thank you, technology!

Our church has lost some of our leading members over the past few years, either from them passing or moving away. While that is sad for us, this process has been occurring over the past 70+ years of UUCC's existence. We have photos of all the past ministers of our church that once hung on the wall of the hallway to the office. This was an effective way to memorialize their contributions to this church, but what of the members of their congregations? How do we remember them?

I have heard so many stories of past members with their unique personalities that have spent a portion of their life in service within our church. A few of their personalities seem so vivid that I have come to feel like I almost knew them myself. Of course, UUs often have interesting personalities with their typically unique points of view. Do you have any stories of past members that you would like to share? It would be nice to find a way to preserve their memories to share with the congregation.

Of course, we are making new memories every day. We have new members joining our congregation with their own unique lives and ideas and years from now it would be reasonable to expect that someone will be remembering them. Although our congregation is much smaller than when we first came into existence, the hope that we all carry in our heart is that we might again attract people to join us and grow our congregation and to resume our RCE program with children. With more members we will have more talent and energy in our midst to produce new programs and activities. This is a formidable goal for us to work toward.

In our world today, threatened by the rise of fascism, UUs have an alternate view of the world that offers hope and peace. Getting that message out to the world has been difficult. Indeed, concepts such as "wokeness" or "DEI" have been maligned by the right as being undesirable. But we UUs have always prided ourselves with being "woke." That is why today, more than ever, Unitarian Universalism provides an important alternative to people looking for a different kind of religion...one that focuses on love, individual spiritual growth, and social justice.

UUCC has been present in the south suburban community for over 70 years and we enjoy a long, proud history because of our wonderful members. Let us celebrate that fact and build more memories for the future.

Volunteer Recognitions

Sunday, November 23rd the Joys and Sorrows time in our service was dedicated to appreciation of Darlene Obejda. Darlene, a long-time member of this congregation, has long been a pillar of this church. With her recent back surgery and more limited mobility, she has decided to move to California to be with her daughter. Nearly a dozen people shared their sorrows for Darlene's leaving and their joys for all of her contributions.

Darlene will be remembered for her many hours of kitchen duty setting up and cleaning up for UUCC coffee hour, for PADs meal preparations, for coffee and snacks for Edgar's Place Coffeehouse, as well as for providing vegan soups for Community Potlucks.



Darlene's hospitality included many years of Open Houses on New Year's Day, and always greeting and talking with visitors to UUCC, making them feel welcome. Her caring for others included visits with and errands for members who were house-bound, cards for any and all occasions, and even selecting a new car, based in part, on whether DeAnn Wilson's wheelchair could fit in it. She facilitated the Healthy Eating Group, volunteered with the Religious Education Committee, participated in the Positivity Project Group, as well as many other groups and committees through the years. Her sewing skills were displayed with the creation of a queen-sized duvet cover, which served as a backdrop for the keynote speakers at the UU Winter WomanSpirit conference in 2004.

Darlene, we love you, and we will most sincerely miss you! Join us via Zoom whenever you can. Best wishes on your new adventure!

Volunteer Opportunities!

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland (mexmasrag@aol.com) for details on the Sexton team; Joyce Sligar (jsligar02@gmail.com) for Ushers and Greeters; and Jodi Libretti (jlibretti@sbcglobal.net) for the Zoom hosts. There are many interesting tasks that need attention. Please get involved. Adopt a spot or task that you will be responsible for. We recently had all of our overhead lighting converted to LED. Would you be willing to bundle up all of the old fluorescent tubes in the storage room and take them to Home Depot for recycling?

Financial Update

While December marks the midpoint of our fiscal year, it is the last month of the calendar or tax year. December is a great time to donate to charities of your choice to take full advantage of deductions on your income taxes. In the spring, we hope to have major repairs done on the parking lot. Initial quotes for the parking lot project have been coming in at around \$45,000, which is very high!! We will need to have a Capital Campaign in the new year to help cover the anticipated expense. If you want to donate now, before the end of the tax year, such contributions would gladly be accepted! Please make your checks out to UUCC with "Capital Campaign" in the memo line. Your support is greatly appreciated! Please contact me with any ideas for a campaign. irons.nancy@gmail.com



Happy Holidays!



UUCC Rear Office for Rent – Do you know someone who would like to rent an office in our building? The rear office, next to the kitchen, is now available to rent. If you have any suggestion for possible renters, or would like more information, please contact the office (churchadmin@uuccpf.org or 708-481-5339).



GREEN SANCTUARY

BY JEFF GREEN – DECEMBER 2025



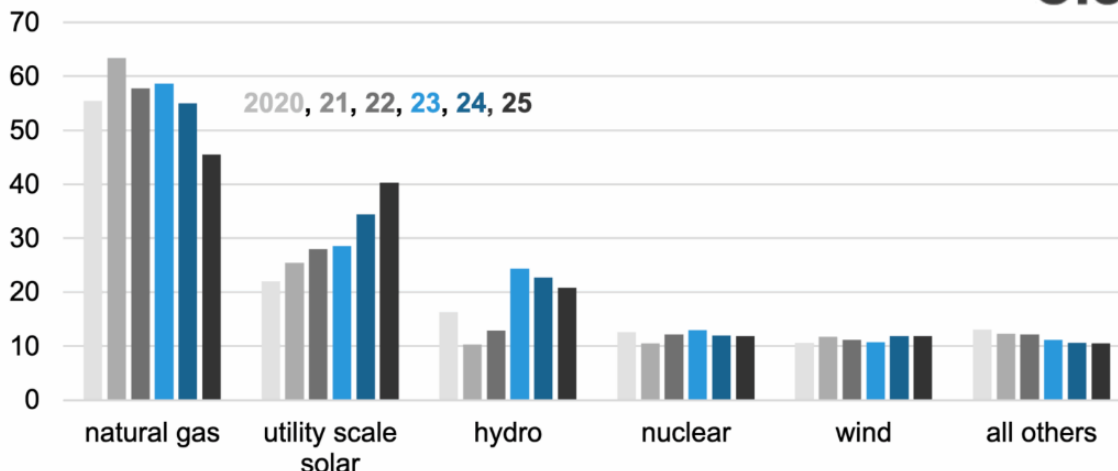
How are we doing for producing renewable energy while simultaneously using less fossil fuels. According to the science of things, we aren't doing enough. Which is the reality of our situation that will create our future climate. Living under authoritarianism hostile to environmental values, there are some bright spots happening in the United States. California is a great example of just one of those places.

<https://cleantechnica.com/2025/11/24/california-natural-gas-use-for-electricity-falls-as-solar-generation-rises/>

quote: *California Natural Gas Use for Electricity Falls as Solar Generation Rises Although natural gas generation still provides more electricity than any other source in California, electricity generation from natural gas has decreased over the past several years while generation from solar has increased.*

:unquote

California electricity generation by source (2020–2025, Jan–Aug)
billion kilowatthours (BkWh)



Data source: U.S. Energy Information Administration, *Electric Power Monthly*. Note: Coal represents less than 1% each year.

What I am interested in pointing out are the first two sets of bar graph data, natural gas is the first and utility scale solar is the second. Bar colors indicate the years electricity was generated by each energy source. The interesting trend is that natural gas is trending down over the five years and solar is trending up in production. In terms of how electricity is produced, this is what we need to see. If you are interested in further details, there is more at the link above in the Clean Technica article.

I'm glad positives persist despite the current political climate. We are a functioning democracy, and in several respects, our democratic processes operate effectively. If we speak out for clean energy in all its forms, we become part of the solution to change the world around us for the better. We're getting better at reducing our carbon emissions. We may not be reaching these climate goals set out by science, but we are trending in the right direction. That satisfaction is an important point to feel and it can't be taken away by anyone.

Again, thanks so much for letting Green Sanctuary be a part of your reading pleasure. This is the last article of the year. See you again in 2026. This is Jeff Green writing for Green Sanctuary.



Connections

by Barb Anderson



UUCC was rented out for a Fall Wedding. Here are some of my photos:



Previous weddings at UUCC.





The primary goal of UUMUAC is Multiracial Unity, described by Martin Luther King Jr. as the “Beloved Community.” Reaching this goal requires unification of the progressive peoples of the world in the struggle against inequality and injustice.

Our Vision We envision our congregations, associations, and communities as being not color blind but color appreciative; as judging and treating people by the content of their character, not the color of their skin, their cultural heritage, or other identity; and as treasuring all forms of diversity in the context of Martin Luther King’s Jr’s “Beloved Community.” We call this vision Multiracial Unity.

Our Mission It is the mission of the Unitarian Universalist Multiracial Unity Action Council to foster activities for multiracial unity and to counter racism and neo-racism through worship, education, bearing witness, and other actions, and to find and engage like-minded individuals and groups. We affirm the inherent worth and dignity of every person, and strive to defend freedom, reason, and tolerance as articulated in the Seven Principles of Unitarian Universalism adopted in 1985. This includes promoting their use in individual congregations, through congregational autonomy, and in our own actions.

Why Join Us?

To Worship We hold online services every third Wednesday of the month, based on our Vision Statement and the ideals of tolerance and equality.

To Learn Our books, forums, trainings, and the *MAC Arrow Journal* explain and advance our goal of exposing racism in all its historical and current manifestations.

To Bear Witness We speak out in writing or other actions and support the “fusion politics” of The Poor People’s Campaign and other efforts to advance justice through multiracial unity.

Multiracial Unity Film Series Announcement

Film: East Side Sushi

Date: Thursday, December 11

Time: 7 PM CST

Location: Unitarian Universalist Church of Joliet, 3401 W. Jefferson St., Joliet, IL 60431

Details: No fee; free-will donations welcome. Light refreshments provided.

Discussion led by UUMUAC Chicago Area Chapter after the film.

Contact: Allan Lindrup at 312-316-4193 for info or car-pool options.



East Side Sushi is a 2014 independent film about Juana, a young, working-class, single mother who takes a job as a kitchen assistant in a Japanese restaurant. She aspires to become a sushi chef, facing racial and gender barriers along the way. The film highlights her journey of learning the art of sushi making and creating unique Mexican-Japanese fusion recipes. It is a feel-good underdog story centered on themes of cultural integration, ambition, and empowerment.



North American Unitarian Association
Helping Liberal Religion Thrive

The **North American Unitarian Association (NAUA)** Read the bi-monthly newsletter called the Liberal Beacon. [HERE](#)

The **NAUA Monthly Academy Program** The NAUA Academy provides courses to Members of the NAUA and others interested in Unitarianism, Unitarian Universalism and Liberal Religion. Participation in courses is virtual, using Zoom. Sessions consist of a presentation followed by small group discussions. [CLICK HERE](#) for monthly updates.

The **NAUA 3rd Saturday of the month** Worship Service **December 20 at 12:00 Noon Central** Check [HERE](#) for monthly updates. [CLICK HERE](#) for Zoom access to the Worship Service.

NAUA Conversation/Discussion CIRCLE: First Wednesday of each month 6-7:30PM (Central). The CIRCLE is designed for NAUA members and friends to gather, share ideas, spark meaningful conversations, and deepen connections. It will be facilitated by a member of the NAUA Board of Trustees, is open to all members and friends, and does not require an RSVP. The zoom link is: <https://tinyurl.com/naua-circle>. To express an interest email circles@naunitarians.org

Get involved, get supported, support others.

Side With Love Action Center

“There is no such thing as a single-issue struggle because we do not live single-issue lives.” — Audre Lorde

Action Center Guide

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are:

Climate Justice (inclusive of Indigenous sovereignty and Climate Resilience) with [Create Climate Justice](#)

Democracy and Electoral Justice (inclusive of Voting Rights and electoral participa-

Hello, community,



It's getting cold out there, and folks in shelter or living outside could use your support. As temperatures begin to drop, people living outside or without access to warm clothes could experience frostbite, hypothermia, amputation, or even death. We are asking for donations of NEW Adult coats for our shelter guests and outreach clients.

For more information or to coordinate drop-off, please get in touch with Rashida. You can reach her with the email address or phone number listed below.



Rashida Hughes, Shelter Operations Manager
South Suburban Pads (SSPADS)
<mailto:RHughes@sspads.org>
Work: 708-515-4940 Cell: 708-495-7341

What's Happening at UUCC?



www.freepik.com

UUCC Men's Group

Sunday, December 7, 6:30 - 8pm via Zoom

This group will meet, every **FIRST SUNDAY of the month**. Sessions involve in-depth check-ins, followed by a particular focus of discussion. Individuals who identify as male, who have not been getting the Zoom invites and codes, but who would like to receive them, should contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.



Tuesday, December 2nd at 10:30 am

This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact **Karen Beran 708-532-6024**

UUCC CONNECTIONS SMALL GROUP MINISTRY

Meeting Wednesday December 10th at 1:00pm

Connections meetings are held every **2ND WEDNESDAY of each month from 1 to 2:30pm** at the church, as well as on Zoom. The group explores various topics and our conversations serve as a way to get to know each other. All are welcome!

All participants receive an email with the topic information and the Zoom link ahead of time.

If you would like to join us or have any questions, please contact the facilitator, Irene van der Hoek, at (708) 305-4913 or email tulip51girl@gmail.com

ATTENTION! Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club

December 15th via Zoom This book club meets on the **THIRD MONDAY EACH MONTH from 7 p.m. to about 8:30 p.m.** Currently, the group will hold a discussion of a special report regarding threats to the Great Lakes. In January the group will begin to read and discuss 'What If We Get It Right' by Ayana E. Johnson. If you would like to join or try out this book club, please contact Allan Lindrup at uusj@sbcglobal.net or at 773-595-4921.



Photo by [Mohamed Nohassi](#) on [Unsplash](#)

Buddhist Meditation

Saturdays at 9:30am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online

Cost: Free will offering

Contact: Steve McCabe steve.mccabe6914@gmail.com



NEW UCC Book Discussion Group

The next meeting will take place on the **second Wednesday
DECEMBER 10TH at 5:30 to 7:30 pm** in classroom 3.

We will begin with a general discussion about recently read books you have enjoyed. We will also discuss choosing a mutually agreed upon book to read for future discussion. Please join us! For more information contact the group facilitator Vicki Fotis 708-957-4822

RAINBOW CAFE

**Rainbow Café Movie will be shown on
Friday December 19, 2025. Doors open at 6:30,
the movie starts at 7:00.**

Soft drinks and snacks will be served.

**Rainbow Café is a social event
that provides a welcoming and
safe environment for single or
partnered gay, lesbian, bisexual,
transgender adults, and their
allies. Our group is open to
anyone regardless of their sexual
orientation.**

**We meet every third Friday at
7:00pm to watch a LGBTQ film.
Join the discussion after the film.**

Invite friends!

Optional - bring snacks to share.



**WE LOVE OUR
NEIGHBORS**

**IMMIGRANT LGBTQ
OF COLOR WITH DISABILITIES
OF ALL AND ANY FAITHS**

UUA.ORG/IMAGES



Unitarian Universalist Community Church
70 Sycamore Drive, Park Forest, IL 60466
708-481-5339 uuccpf.org



Sylvan Sanctuary CUUPS

Monthly meetings are the **FIRST SUNDAY of the month at 12:30pm**. Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela at sylvansanctuarycuups@gmail.com

[Follow us on Facebook](#)

CUUPS Yule Celebration
Saturday December 20
2:00-5:00pm

Yule

Keeping The Longest Night

Sat., Dec. 20, 2025 2 - 5 p.m.

Circle

Sweets

Fire



Unitarian Universalist
Community Church
70 Sycamore Dr.
Park Forest, IL

The holiday season is here, so mark your calendar for Yule. Sylvan Sanctuary CUUPS invites all to gather on Saturday, December 20 from 2 p.m. until 5 p.m. for a celebration marking the longest night and the winter solstice. We'll visit and craft starting at 2, then the circle will begin promptly at 3. Weather permitting, the circle will be held outside, so dress for the weather! Please bring something sweet to share on our holiday dessert buffet and your non-alcoholic beverage of choice. Hot chocolate will be provided, and a small silent auction will be set up as well. Contact sylvan-sanctuarycuups@gmail.com or talk to Nancy Irons, Thomas Vizzard, or Angela Denk for more information.



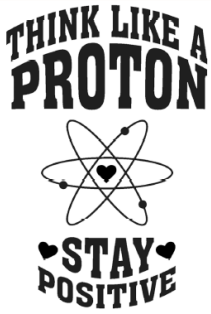
Sylvan Sanctuary CUUPS 2025-2026 Pagan Celebration Dates



Save the dates! Sylvan Sanctuary's year is on the calendar and ready to roll. Exact times and details will be provided for each event as it draws nearer, but for now...mark the days and come celebrate! If you're on social media, you can follow Sylvan Sanctuary CUUPS at www.facebook.com/sylvansanctuary and never miss an announcement or gathering. All paths honored and welcome. Sylvan Sanctuary is an open, eclectic, inclusive group. Contact Nancy Irons, Thomas Vizzard, or Angela Denk for more information. Blessed be.



POSITIVITY PROJECT DECEMBER SCHEDULE



Feeling overwhelmed? Looking for a BRIGHT SPOT?

THE **POSITIVITY PROJECT** WILL HAVE ONE MEETING THIS MONTH ON **Monday, December 1st at 6:30PM. Doors open at 6pm.**

Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome.

For more info contact Michele at 708-748-0362 Follow us on [FaceBook](#)

A Positivity Project invites you to, *Sounds for a Gentle Earth*, our next sound offering on **Friday, December 5th from 6:30 – 7:30PM**

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen.

\$20 per person. Registration required.

Contact Michele Johnson at 708-748-0362



~There will be no POSITIVITY PICK-UP until next year~





2025

HOLIDAY LIGHTS
ACCEPTED NOV. 25TH TO JAN. 17TH
DROP OFF:
VILLAGE HALL LOBBY
OR LIBRARY ENTRANCE

**HOLIDAY
LIGHT & TREE
RECYCLING**

CHRISTMAS TREES
ACCEPTED DEC. 26TH TO JAN. 17TH
DROP OFF:
AQUA CENTER PARKING LOT





**A Moment in Balance weekly Yoga Classes by Karen Nielsen
at UCC 70 Sycamore Dr. Park Forest**

Monday & Thursday 9:30 – 11am AND Wednesday eve 7:00 – 8:30pm

This class is for everyone, beginner to experienced. No reservations needed.

Drop-in fee is \$15 per class. Call Karen (708) 755-3577

The Unitarian Universalist Multiracial Unity Action Council

The next UUMUAC Monthly **Third Wednesday** Worship Service is on

December 17th at 7:00 pm Central Time

For Zoom information, please send name, email, and congregation (if any)
to richard3point@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



UNITARIAN UNIVERSALIST
ADVOCACY NETWORK
OF ILLINOIS

Do you have an hour or so a month to help us put
together our Actions of the Week? Please contact us
if you do. Thanks!

You can take action and sign up HERE for
[UUANI Actions of the Week](#)

With attacks on our UU values and the democratic system itself increasing, many of us are seeing a need to ramp up our efforts. Simple **legislative advocacy** efforts like our Action of the Week emails and witness slips continue to be important, and we will continue to offer them. Actions that take more effort - like customizing your letters, making phone calls and meeting with legislators - are more impactful, and we have started offering more of these opportunities to make a difference. These will be needed as we seek to help pass crucial [climate](#) and [restorative justice](#) legislation in this October's veto session in Illinois, and to stop US funding of the genocide against the people of Gaza.

Beyond such advocacy, we know that the electoral process has a significant impact on what happens legislatively. So we are gearing up for the next round of [VoteLove](#) (as UUtheVote is known here in Illinois). Here, too, we will continue to offer simple actions like writing postcards to encourage people to vote. And we plan to offer actions that take more effort - like community forums, [phonebanking](#) and [knocking on doors](#) - that have been proven to be even more effective. It's not too early to consider what level of participation you're up for.

And beyond all this, we are seeing the rise of an authoritarian regime threatening our democratic system and the rule of law. Many UUs are joining the just-launched [One Million Rising](#) campaign of strategic noncooperation and nonviolent resistance. Two actions that you can take now are: [Ground Avelo Airlines](#) and [Signs of Solidarity against ICE](#). You will hear more about this campaign in the weeks and months ahead.

In the meantime, please indicate which of these you might be up for on this short form
(yes, we will follow up!):

[Click HERE to join us!](#)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30am Yoga 6pm Positivity Project Group Share Meeting	2 7pm Flowering Dogwood Martial Arts	3	4 9:30am Yoga	5 6:30 Sound Bath	6 9:30am Online Buddhist Meditation
7 10am Worship 12:30 CUUPs Mtg 6:30pm Men's Group	8 9:30am Yoga	9 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	10 1pm Connections Group 5:30 UUC Book Club 7pm Yoga	11 9:30am Yoga 7pm Flowering Dogwood Martial Arts	12	13 9:30am Online Buddhist Meditation
14 10am Worship 11:30am FORUM	15 9:30am Yoga 7pm Environmental Book Club (Zoom)	16 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	17 7pm Yoga 7pm UUMUAC online Worship Service	18 9:30am Yoga 7pm Flowering Dogwood Martial Arts	19 7pm Rainbow Café Movie Nite	20 9:30am Online Buddhist Meditation 12 NOON NUAU online Worship
21 10am Worship	22 9:30am Yoga	23 7pm Flowering Dogwood Martial Arts	24 7pm Yoga	25 9:30am Yoga 7pm Flowering Dogwood Martial Arts	26	27 9:30am Online Buddhist Meditation
28 10am Worship	29 9:30am Yoga 6pm Candle Labyrinth	30 7pm Flowering Dogwood Martial Arts	31 7pm Yoga	Jan 1, 2026 Happy New Year!	2	3 9:30am Online Buddhist Meditation

Event Facilitators

Buddhist Meditation:

Yoga:

Rainbow Café:

Forum:

UU Environmental Book Club:

Connections Group:

Men's Group:

Stitchery Group:

A Positivity Project:

CUUPs - Sylvan Sanctuary

Steve McCabe

Karen Nielsen

Jerome Rowley

Allan Lindrup

Allan Lindrup

Irene van der Hoek

Allan Lindrup

Karen Beran

Michele Johnson

Angela Denk

708-755-3577

714-930-6134

773-595-4921

773-595-4921

708-305-4913

773-595-4921

708-532-6024

708-748-0362

steve.mccabe6914@gmail.com

shanti-one@comcast.net

jerome.rowley@gmail.com

uusj@sbcglobal.net

uusj@sbcglobal.net

tulip51girl@gmail.com

uusj@sbcglobal.net

greywolf2496@hotmail.com

(Meetings, Sound bath, Labyrinth)

sylvansanctuarycuups@gmail.com

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339 churchadmin@uuccpf.org

Church Information

70 Sycamore Drive

Park Forest, IL 60466

Office Phone: 708-481-5339

E-Mail: churchadmin@uuccpf.org

Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter).

The newsletter deadline is always the 20th of every month.

****You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.***



Visit us on the web @ www.uuccpf.org

***Unitarian Universalist
Community Church
70 Sycamore Drive
Park Forest, IL 60466***