UUCC COMMUNITY NEWS Unitarian Universalist Community Church



Sunday Worship Service 10:00am

Sunday Services

Aug 3 Rev Denise D Tracy

August 2025

Life After Life

I was not supposed to live to be 25 years old. I have just now passed the age of 75.

My thoughts about life after this life and beyond.

Aug 10 Rev Henrietta Byrd

Prioritize Your Life

Are at the top of YOUR list?

How do I say no to the ones I love and continue living happily. How do I not judge myself unrighteously? Am I willing to push through the thoughts and feelings? Please come to service August 10th and stay for a special Q&A session after service.

Aug 17 Beverly Feldt

The Long Hot Summer

Description: This year, the summer has been an ordeal of heat and humidity, social changes, and fears about what's to come. How do we handle so much stress and upheaval?

Aug 24 Leanne Mull

Shining a Light

Even a tiny light can guide us. Guide us through the darkness, the fog, the wilderness. We will talk about how we can use the tiniest light within us to guide others or the spark from another to guide us.

Aug 31 To Be Announced



First Sunday Potluck August 3rd after worship



At UUCC, the first Sunday of each month after worship service we share a potluck luncheon. Bring a dish to share. Join us for this time of Fellowship!

Summer Hiatus ~ **You and UU Forum**The You and UU Forum will be taking July and August off. Please join us again in the Fall.

The group had its summer social on July 20. Since many of the men will be involved with grilling, etc. for the Corn Roast on Sept. 7, we will not hold a monthly meeting later that day, but rather resume our regular monthly meeting on October 5th the **FIRST SUNDAY of the** month at 6:30PM Anyone identifying as male who would like to join us should contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.

Religious and Character Education

Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.



Listening Hearts August volunteers,
Barb Anderson and Dick
Lewis are available as a
source for listening, support
and resources.



Please follow us on <u>Facebook</u> for UUCC event reminders.

The President's Column AUGUST 2025 by Laurene Lambertino-Urquizo



File this one under the title, "Too Insane to be Believed." Recently, Rob Worsoff, a producer for the popular "Duck Dynasty" television show on the A&E cable channel pitched an idea to Kristi Noem, Secretary of the

Department of Homeland Security (DHS) for a reality show where immigrants would compete for a fast-tracked path to U.S. citizenship. This idea is in the initial stages of being explored. Worsoff stated that "We need a national conversation of what it means to be an American. We need to be reminded of how proud and how much of an honor it is..." The competitions would be relevant to the states where they film each episode, such as rafting in Colorado.

Twelve pre-vetted immigrants would participate in challenges across the country and demonstrate their "Americanness." This plot mirrors the premise for the popular movie, "The Hunger Games" or the show, "Squid Games," where starving people fight over food for entertainment. The proposed show is tentatively titled "The American."

This latest level of cruelty being displayed by members of our government is truly astounding. As Unitarian Universalists, our first Principle declares, "The inherent worth and dignity of every person." This is perhaps our most important principle as it guides our sense of compassion and empathy for each person, regardless of who they are. This idea is expressed in the biblical concept of loving one's neighbor as you would yourself, and the parable of "The Good Samaritan" further illustrates this idea.

To transform the pain of immigrants, many escaping real danger in their countries of origin, into entertainment for the enjoyment of a segment of our country is reminiscent of Roman gladiatorial games known as 'Panem et Circenses" (Bread and Circuses). These blood sports were accompanied by the distribution of free food to the public to distract them from political issues and maintain social order.

Could there be anything crueler than attempting to turn people's suffering and pain into entertainment? Is this an acceptable form of treatment for these immigrants? This should truly horrify us and that it is even being considered. Are we, as a country, losing our humanity? How will we get it back, or can we?

















ICE Deportation of Immigrants – Are you concerned about the mass deportation of immigrants and what it means for our communities? President Laurene Lambertino-Urquizo (lurquizo@gmail.com) is looking for people who want to get involved on this issue. Please be in touch with her to find out what volunteers can do to help protest and/or mitigate deportations.

Volunteer Recognitions

Have you noticed the speaker's name on the sign out at Western Avenue? Each week Jodi Libretti changes the name on the sign to reflect the upcoming speaker's name. Thank you Jodi for taking responsibility for this task!

Volunteer Opportunities!

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland mexmasrag@aol.com) for details on the Sexton team; Joyce Sligar (jsligar02@gmail.com) for Ushers and Greeters; and Jodi Libretti (jlibretti@sbcglobal.net) for the Zoom hosts.

There are many interesting tasks that need attention. Would you like to help beautify and maintain our building and grounds? Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or churchadmin@uuccpf.org) for more information or to arrange access to the building and supplies.

Financial Update

We closed out the 2024-25 Fiscal Year with a net gain of \$7,809 in Operating Funds, primarily due to increased rental fund. We also had a donation to the Capital Fund of \$35,368.94 from the Matteson estate. We can thank the Rental Team for the outstanding income their rentals have brought us this year, as well as fondly remembering Dave Matteson and his many contributions to this congregation. The Endowment Fund also saw a net gain of approximately \$7,475 or 6.7% during the 2024-25 Fiscal Year. Exact figures will be available in August.



An additional check for \$220 has been sent to Paloma Furst Chavira to help cover her summer travel expenses. She will be playing with the National Youth Orchestra on a multi-country tour of Asia. Thank you for your generosity!

Nancy Irons, UUCC Treasurer



The UUCC Men's Group gathered at Bruce Swiecicki's house on Sunday July 20th to share a meal and some good discussion. We invite all men of UUCC to participate in the monthly discussions that are held on Zoom, typically the first Sunday evening of the month. We start those discussions up again in October. For more information, contact Allan Lindrup, Richard Lewis, Colin Kirchner or Bruce Swiecicki.

UUCC Annual Corn Roast

Sunday, September 7th 11:30 am to 2 pm Burgers, Hot Dogs, Corn, Side Dishes, Desserts



Corn Roast Registration and Volunteer Online Form

We will be holding our Annual Corn Roast as part of the First Sunday Pot Luck following the **Sunday** service on **September 7**th. Everyone is encouraged to register in advance to help us know how many people to expect. Corn, Burgers and Hot Dogs will be provided by UUCC. Attendees are asked to bring a side dish, dessert or drink. Volunteers are needed for setup on Saturday, cooking on Sunday as well as cleanup after the event. The online registration form can also be used to volunteer.

Click here to register. We hope to see you there!









OFFICE FOR RENT

The former music office of the Unitarian Universalist Community Church of Park Forest is available for rent. We are looking to rent the space to service providers rather than merchants.

The space is 190 sq. ft. with built-in shelving and cabinets. The monthly rent includes wi-fi, use of the kitchen, and parking. Fifty percent off the first month's rent if paid three months in advance. A security deposit of 1 month's rent is required.

A criminal background check and credit check may be required.

If you know someone who might be interested, please contact Virginia Jackson at (708) 481-5339 or Irene van der Hoek at (708) 305-4913.

70 Sycamore Dr., Park Forest, IL 60466



JOIN ME IN THE FIGHT AGAINST BREAST CANCER.

Rev Denise Tracy, who has been preaching here once a month for 14 years, is participating in her 3rd Susan G Komen experience. Komen raises money for care for the uninsured and for research to end breast cancer. She has set a goal of \$7,500 for this year. If you would like to support her, here is the link. Any amount would be most appreciated. http://www.the3day.org/goto/denisetracy



Support the Solidarity Circle

Solidarity Circle Report

During April Roger Lewis finally got an Illinois state ID and got his name corrected on his Social Security card and records. So he was in a position to work. As Roger was eager to get to work and earn money, he has not pursued some things that would have led to either a more fulfilling or more secure job. Through a social service agency he got a transitional job with a firm that does demolition work in the building industry. As he proved himself to be both a reliable and hard worker, Roger was offered and accepted a position as a regular employee of that demolition firm after his 4 to 6 weeks of transitional work.

Roger's mother, with whom he did not have a close relationship, died in May. He was able to get permission from his parole officer to travel to Louisville, KY, to attend her memorial service.

By early June members and friends of UUCC had contributed over \$1,000 to UUCC's Solidarity Fund, so the matching \$1,000 was also contributed. Roger's largest regular need for funds is for his Ventra card, while other expenses are irregular.

The members of Roger's Solidarity Circle meet with him about every 4 to 6 weeks, over lunch, to discuss his plans, provide advice and support.

Roger's miscellaneous expenses, which at this time are generally paid by Allan Lindrup, are reimbursed out of UUCC's Solidarity Circle fund. *To make a contribution to that fund, make your check or other donation payable to UUCC, with Solidarity Circle in the Note section.*

Thank you, Allan Lindrup



Sylvan Sanctuary CUUPS

Monthly meetings are the **FIRST SUNDAY of the month at 12:30pm**. Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela at

sylvansanctuarycuups@gmail.com



GREEN SANCTUARY BY JEFF GREEN - AUGUST 2025

We have gone from renewable energy, electric cars being impractical, to almost becoming standard. It's not too far away. President number 47 is really just a blip in the road to where society is going right now. The above is the hard infrastructure wins our human society has accomplished. Below is a softer win based on the International Court of Justice. It was a 15 to 0 ruling spelled out below. This is described as a significant diplomatic tool that helps countries form more aggressive climate policies.

Below is the line I put into the artificial intelligence to help me sum up its finding.

The International Court of Justice ruling on climate change, how will that affect our action on climate change

Claude Haiku 3.5

On March 20, 2024, the International Court of Justice (ICJ) issued a landmark advisory opinion on climate change, which is significant but not legally binding. Here are the key details:

Ruling Highlights:

- First comprehensive global advisory opinion on state obligations regarding climate change
- Recognized climate change as a threat to human rights

Affirmed that states have legal obligations to protect against climate change impacts Key Implications:

- 1. Legal Framework
- Established that states have a duty to prevent significant environmental harm
- Emphasized protection of vulnerable populations and ecosystems
- 2. Potential Actions
- Encourages states to:
- Reduce greenhouse gas emissions
- Develop comprehensive climate protection strategies
- Provide support to most vulnerable countries
- Implement more aggressive climate mitigation policies
- 3. Limitations
- Advisory opinion is not directly enforceable
- Relies on diplomatic pressure and moral authority
- Requires voluntary compliance by nations

continued

GREEN SANCTUARY continued

Expected Impacts:

- Increased legal pressure on high-emission countries
- Potential for more climate litigation
- Stronger international climate negotiations

Potential acceleration of national climate policies

While not a binding ruling, the ICJ opinion represents a significant diplomatic and legal milestone in global climate action, potentially influencing future policy and international cooperation.

In this disappointing time for our sustainability, renewable energy and sustainability are gaining momentum and power in the world. Otherwise, why would the fossil fuel industry be fighting back so hard? A part of us has come together as a group to come this far, and there is more to go. Why stop now? I find the small and large wins all enjoyable. Let's work together to make more.

As always, thank you for making Green Sanctuary part of your reading time. Jeff Green and the rest of the Green Sanctuary team.





North American Unitarian Association

Helping Liberal Religion Thrive

The **North American Unitarian Association (NAUA)** bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the newsletter. https://naunitarians.org/ **liberal-beacon/** A sample Liberal Beacon Newsletter is in the Gathering Room.

NAUA Monthly Academy is on Summer break. Program Fall Kick-Off Sep 9, 2025 4:30 pm – 6:30 pm Details to be Announced.

The NAUA Academy provides courses to Members of the NAUA and others interested in Unitarianism, Unitarian Universalism, and Liberal Religion. Single-session and multiple-session courses deal with the history and development of Unitarianism and Liberal Religion, as well as with issues of concern in contemporary society from a liberal religious perspective. Participation in courses is virtual, using Zoom. Sessions consist of a presentation followed by small group discussions.

The NAUA <u>3rd Saturday of the month Worship Service August 16th</u> at 12:00 Noon Central Time

Details to be announced. Check back <u>HERE</u> for updates. Zoom access to the Worship Service https://tinyurl.com/NAUAService

NAUA Conversation/Discussion CIRCLE: This recently launched CIRCLE meets on the **First Wednesday of each month (6:00-7:30 PM Central Time).** The CIRCLE is designed for NAUA members and friends to gather, share ideas, spark meaningful conversations, and deepen connections. It will be facilitated by a member of the NAUA Board of Trustees, is open to all members and





Connections by Barb Anderson



On July 12, 2025, Joyce Sligar and I attended the Celebration of Life for Amanda Thomas at Unity Temple in Oak Park and sat in the balcony. The memorial Service is on YouTube if you would like to see the full service.

Celebration Of Life for Amanda Thomas. Amanda's wife, Heather Godbout spoke at the memorial. Both Amanda and Heather attended UUCC.

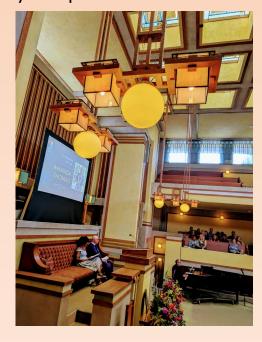
CELEBRATION OF LIFE

AMANDA THOMAS





Beth Brecher and husband, Allen singing at Amanda Thomas's Celebration of Life at the Unity Temple in Oak Park IL.





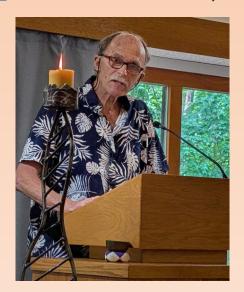
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Connections Column continued

The Sunday worship service from the 2025 General Assembly is below https://www.youtube.com/watch?v=kIzcKbW0GT4 The service starts at 4:20 after four minutes of intro.

I attended General Assembly of The Unitarian Universalist Association (Baltimore) 2025 virtually on the Covenant Team as a volunteer. Basically, The UUA paid my registration in return for 20 hours of service. I could watch whatever I chose and can share some Knowledge. I learned from professional counselors how to answer complaints.

UUCC voted yes on keeping our 7 principles and 6 sources at the Annual meeting. Here is a **LINK** to those documents. They are also displayed on the bulletin board.





Photos of Bill Becker and Maraia Markowicz from UUCC Sunday Services. Like Forrest Gump says "like a box of chocolates - you never know what you're gonna get". I've scheduled Sunday speakers for 16 years or so, and I like the variety. Life as a member of UUCC is so interesting.

WE NEED PICTURES!

We have once again displayed the pictures of past ministers in the hallway leading to the offices, which were taken down after the flood. If anyone has a photo or two of a few of our past ministers, Randy Becker, Yielbonzie Johnson, Anna Levy Lyons, please bring hard copies or send any digital copies you have to the office churchadmin@uuccpf.org



The Unitarian Universalist Multiracial Unity Action Council

UUMUAC Monthly Third Wednesday Worship Service at 7:00 pm Central Time

For Zoom information, please send name, email, and congregation (if any)

to richard3point@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.

UUMUAC 3rd Wednesday Vesper Service August 20, 2025 "Dignity" by Dan Kenney

Our celebrant is retired DeKalb, Illinois high school teacher Dan Kenney. He will be exploring Tim Shriver's Dignity Index and Dignity Pledge - an instrument for healing America's divisions. Dan is a long-time member of the UU Congregation of DeKalb, and the founder of DeKalb County Community Gardens (now "Rooted for Good"), which began as a backyard effort to grow a few vegetables and now feeds thousands of DeKalbans with weekly free food distributions. Dan is a regular contributor to WNIJ Public Radio's "Perspectives" series.

UUMUAC 3rd Wednesday Vesper Service September 17, 2025 "Church of the Free Spirit" by Dr. Matthew Shear

What shall we call a true liberal religion? I contend that labels from past centuries will not do in our time. In this service I will explore concepts I've come to believe are essential to a workable intersection of liberalism with religion and society.

Dr. Matthew Shear is a 1980 graduate of the New England College of Optometry and completed a post-graduate program from the Baltimore Academy for Behavioral Optometry in 2002. He has also trained as a peer counselor, eventually teaching the technique to others. His particular interest is in the effects of misperception on our understanding of ourselves and the world, and how that affects our behaviors. This focus eventually led him from clinical practice to becoming a religious professional. He began preaching lay led services in 2007, and in 2018 was engaged by Channing Church in Rockland, MA as their full time Preacher, where he served for two years. A former Board member of UUMUAC, he is still an occasional preacher of their 3rd Wednesday Vesper services and elsewhere.



ADVOCACY NETWORK OF ILLINOIS

Do you have an hour or so a month to help us put together our Actions of the Week? Please contact us if you do. Thanks! unitarian universalist You can take action and sign up HERE for **UUANI** Actions of the Week

Side With Love Action Center

"There is no such thing as a single-issue struggle because we do not live single-issue lives." — Audre Lorde

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are: Climate Justice, Democracy and Electoral Justice, Decriminalization, LGBTQIA+ and Gender Justice

Will you join us?

Subscribe to our newsletters

Join one of our volunteer Squads, the backbone of the Action Center

What's Happening at UUCC?



Summer Hiatus ~ UUCC Men's Group

The group will not have its regular monthly meeting in August, and will be helping with grilling, etc. at the Sept. 7th Corn Roast.

Regular meetings resume on October 5th, on the **FIRST SUNDAY of the**

month at 6:30PM

Anyone identifying as male who would like to join us should contact Allan Lindrup at uusi@sbcglobal.net or 773-595-4921.



Tuesday, August 5th at 10:30 am

This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact Karen Beran 708-532-6024

Summer Hiatus ~ UUCC CONNECTIONS SMALL GROUP MINISTRY

REMINDER: No Connections Small Group Meetings during June, July and August.

We will meet again in the FALL 2025, on the 2ND WEDNESDAY of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email tulip51qirl@gmail.com

We look forward to welcoming you in our midst in September 2025

ATTENTION! Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club

This book club meets <u>via Zoom</u> on the <u>THIRD MONDAY EACH MONTH</u> starting at 7 p.m. On <u>August 18th</u> the group will be discussing part III of The Three Ages of Water by Peter Gleick. Near the end of the meeting participants will discuss which environmental book to read and discuss next. We have a pool of books to consider, but all participants are free to add new books to those being considered. If you would like to join or try this group contact Allan Lindrup at <u>uusi@sbcglobal.net</u> or 773-595-4921.



Photo by Mohamed Nohassi on Unsplash

Buddhist Meditation

Saturdays at 9:30am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online **Cost:** Free will offering

Contact: Steve McCabe <u>steve.mccabe6914@gmail.com</u>



















Feeling overwhelmed? Looking for a BRIGHT SPOT?

The **POSITIVITY PROJECT** meets the **FIRST MONDAY EACH MONTH AT** 6:30PM. Doors open at 6pm.

Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome.

For more info contact Michele at 708-748-0362 Follow us on FaceBook

A Positivity Project invites you to Sounds for a Gentle Earth, our next sound offering on Monday, May 12th from 6:30-7:30

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen.

\$20 per person. Registration required. Contact Michele Johnson at 708-748-0362



~POSITIVITY PICK-UP is the last Sunday of the month~ **HELP US BEAUTIFY THE CHURCH GROUNDS SUNDAY August 31st AT 11:30**

The Positivity Project plans to have another Sycamore Drive cleanup on Sunday August 31st after the service from 11:30-12:30 You may have noticed there is often debris strewn along the street, so we want to clean up around the church. Come join us if you can. Bring gloves.

Contact Michele Johnson at 708-748-0362 with any questions.





A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest Monday & Thursday 9:30 – 11am

Wednesday evenings 7:00 – 8:30pm

This class is for everyone, beginner to experienced. No reservations needed. Drop-in fee is \$15 per class. Call Karen (708) 755-3577



Celebrate Lughnasa August 1st

https://www.kajoralovely.com/lovely-blog/2019/7/28/lughnasadh

Lughnasa is a harvest festival, marking the end of the period of summer growth and the beginning of the autumn harvest. Lughnasa celebrates the fruition of the year's work with the weaning of calves and lambs, the ripening of corn, and the first apples, pears, blackberries, and grapes.

Lughnasa is a time to enjoy the fruits of the summer, the Sun, and the bounty that comes with the warmer months of the year. You can celebrate Lughnasa by eating seasonal fruit and vegetables, baking your favorite bread, having a party with your friends and loved ones, or by enjoying the sun.

Joliet Unitarian Universalist Community Church will be hosting a Lughnasa celebration on Saturday, August 1st at 6:30 pm. This will be a gathering of the clans, with CUUPs members from several area UU churches. If you would like to carpool, coordinate with Angela Denk (angeladenk@qmail.com).

RAINBOW-CAFE

Rainbow Cafe will meet on Friday, August 15th, 2025

Doors to the church open around 6:30 pm. The film starts around 7:00 pm.

Soft drinks and snacks are served.



BEAUTIFUL THING

Shy Jamie (Glen Berry) and athletic Ste (Scott Neal) are teen boys who live near each other in the London projects. Both boys think they could be gay, and finally explore their feelings when Ste is allowed to stay over at Jamie's place after an incident with his abusive father. There, the boys grow close and open themselves up to the idea of homosexuality, while Jamie's caring mother, Sandra (Linda Henry), and quirky teen neighbor, Leah (Tameka Empson), offer much needed emotional support.

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film.
Invite friends!
Optional - bring snacks to share.



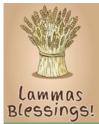
Unitarian Universalist Community Church 70 Sycamore Drive, Park Forest, IL 60466 708-481-5339 uuccpf.org







OF COLOR WITH DISABILITIES
OF ALL AND ANY FAITHS









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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Julu 27 10am Worship	July 28 9:30am Yoga	July 29	July 30	July 31 9:30am Yoga	1	2 9:30am Online Buddhist Meditation
11:30 Positivity Pick-Up garbage around the church		7pm Flowering Dogwood Martial Arts	7pm Yoga	7pm Flowering Dogwood Martial Arts	6:30pm CUUPs at the Joliet UU	
3 10am Worship POTLUCK	9:30am Yoga	5 10:30am Stitchery Group	6	7 9:30am Yoga	8	9 9:30am Online Buddhist Meditation
6:30p NO Men's Group until Oct.	6pm Positivity Project Group Share Meeting	7pm Flowering Dogwood Martial Arts	7pm Yoga	7pm Flowering Dogwood Martial Arts	7:30pm Sound Bath	
10 10am Worship	9:30am Yoga	12	13 7pm Yoga	14 9:30am Yoga	15	16 9:30am Online Buddhist Meditation
		7pm Flowering Dogwood Martial Arts	7рін Тода	7pm Flowering Dogwood Martial Arts	7pm Rainbow Café Movie Nite	
17 10am Worship	18 9:30am Yoga	19	20	21 9:30am Yoga	22	23 9:30am Online Buddhist Meditation
	7pm Environmental Book Club (Zoom)	7pm Board Meeting (Zoom)	7pm UUMUAC online Worship Service			
		7pm Flowering Dogwood Martial Arts	7pm Yoga	7pm Flowering Dogwood Martial Arts		
24 10am Worship	25 9:30am Yoga	26	27	28 9:30am Yoga	29	30 9:30am Online Buddhist Meditation
Aug 31 10am Worship 11:30 Positivity Pick-Up garbage around the church	6pm Positivity Project Group Share Meeting	7pm Flowering Dogwood Martial Arts	7pm Yoga	7pm Flowering Dogwood Martial Arts		

















Event Facilitators

Buddhist Meditation: Steve McCabe steve.mccabe6914@gmail.com 708-755-3577 shanti-one@comcast.net Karen Nielsen Yoga:

Rainbow Café: 714-930-6134 jerome.rowley@gmail.com Jerome Rowley 773-595-4921 uusi@sbcglobal.net

Allan Lindrup Forum: UU Environmental Book Club: Allan Lindrup 773-595-4921 uusj@sbcglobal.net Irene van der Hoek 708-305-4913 tulip51girl@gmail.com Connections Group: uusj@sbcglobal.net Men's Group: Allan Lindrup 773-595-4921

Stitchery Group: Karen Beran 708-532-6024 greywolf2496@hotmail.com 708-748-0362 (Meetings, Sound bath, Labyrinth) A Positivity Project: Michele Johnson CUUPs - Sylvan Sanctuary Angela Denk sylvansanctuarycuups@qmail.com

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building, 708-481-5339 churchadmin@uuccpf.org

Church Information

70 Sycamore Drive Park Forest, IL 60466

Office Phone: 708-481-5339 E-Mail: churchadmin@uuccpf.org Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter). The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.



Visit us on the web @ www.uuccpf.org

Unitarian Universalist
Community Church
70 Sycamore Drive
Park Forest, IL 60466