

UUCC Community News

Unitarian Universalist Community Church

July 2025



Sunday Worship Service 10:00am

Sunday Services

July 6 A. Anne Holcomb

Title: "Revolution Yesterday, Today, and Tomorrow."

What makes a revolution? How does the American Revolution, specifically, apply to us today? What lessons can we glean from it for our present times?

July 13 Rev Denise Tracy

Title: "Joni Mitchell: The Poet Singer"

We will learn about Mitchell's music and life.

July 20 Beverly Feldt

Title: "Grandmother Wit"

Description: Mothers and grandmothers learn something wonderful: when we care for other living beings, we open the way to deep wisdom and joy. But anyone can join in!

July 27 Rev Henrietta Byrd

Title: "TBA"

As always, Rev. Byrd will bring us another inspirational service.

First Sunday Potluck JULY 6th after worship



At UUCC, the first Sunday of each month after worship service we share a potluck luncheon. Bring a dish to share. Join us for this time of Fellowship!

Summer Hiatus ~ You and UU Forum

The You and UU Forum will be taking July and August off. Please join us again in the Fall.

Summer Hiatus ~ UUCC Men's Group

The group will not have its regular monthly meeting in July and August, but will meet for a summer pot luck social at the home of Bruce Swieicki on Sunday July 20, around Noon. Anyone identifying as male who would like to join us should contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.

When meetings resume, they are on the **FIRST SUNDAY of the month at 6:30PM**

Religious and Character Education

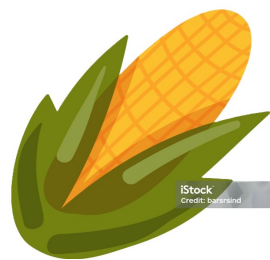
Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.

Listening Hearts

July volunteers, Joyce Semmler and Beverly Feldt are available as a source for listening, support and resources.



Listening Hearts



Are you interested in helping to plan the Annual end of Summer Corn Roast?

Please contact the office with ideas.

UUCC Office 708-653-1857

churchadmin@uuccpf.org



Please follow us on **Facebook** for UUCC event reminders.



The President's Column JULY 2025 by Laurene Lambertino-Urquizo



And now, time for something a little different than my usual monthly fare...

I have always thought that there are two “best kept secrets” in our society: Unitarian Universalism and credit unions.

When I was a teenager, my mother was a teacher and belonged to a teacher's credit union. I had never heard about credit unions before then, but my mom had always been a big “leftie” supporter of unions in all forms. Later, when my children were young, I took a part-time job at the credit union (which had now grown to include employees of other companies around Chicago Heights). I worked there and even two of my children worked as part-time tellers when they were in high school. I learned a lot about credit unions during this experience.

While banks are commonly owned and governed by a board of directors, bank profits remain within the bank's shareholders. In credit unions, anyone who opens an account becomes a member and their money is called shares. It is the members that own the credit union and make loans for other members that might not have been able to do so elsewhere. All credit unions are not-for-profit, so all profits are returned to the members in the form of lower interest rates on loans, higher interest rates on savings, and reduced fees for services. The credit union is governed by rules and insured by the equivalent of the FDIC (Federal Deposit Insurance Corporation), the NCUA (National Credit Union Administration). Most importantly, credit unions are absolutely safe. Shares are federally insured up to \$250,000.00.

In some ways, credit unions and our Unitarian Universalist beliefs overlap. Look to our Seven Principles to see evidence of this. Our Fifth Principle states: “The right of conscience and the use of the democratic process: This principle highlights the importance of individual conscience and democratic decision-making within the community, ensuring that all voices are heard and respected.” Credit unions are made up of members who cooperate and work together for the benefit of everyone and not just for a few. They do this to ensure that more people can become financially sound and have access to a secure and successful life. This keeps communities strong and vibrant. Over time, some credit unions began accepting members beyond their places of employment. Today, there are credit unions all over the United States that you can join, but the basic tenets of fairness and sharing remain the same.

I recently suggested to our Board of Trustees that we open an account at a credit union and invest some of our money in a CD there. We had been planning to do this anyway at our bank and while we continue to use our bank account, I felt that it would not hurt to diversify a little and join a credit union.

Continued

President's Column Continued

The reason I suggested this is because while our banks have yet to be affected by the current administration, that might not always be the case. Some of you might be familiar with Marc Elias, an American Elections Attorney for the Democratic Party and founder of the Democracy Docket website. Elias has been a constant thorn in the side of this administration. Recently he said on the Democracy Watch YouTube Channel (with Brian Taylor Cohen), "What will we see next? He'll come for the banking system. He's already come for the Universities. He'll come for Wall Street." That led me to think of UUCC opening a credit union account.

We are living in particularly chaotic times. We are witnessing many of our social institutions being threatened by authoritarianism and this is incredibly stressful. Many people are experiencing a feeling of hopelessness. It is apparent that many Americans are now regretting voting for the current administration and are starting to push back. Who knows what will happen in the future?

While we can push back by voicing our opposition and participating in protests, what else can we do to help protect ourselves? I have a suggestion: Consider joining a credit union if you are not yet a member of one. You will be pleasantly surprised by their interest rates!



OFFICE FOR RENT

The former music office of the Unitarian Universalist Community Church of Park Forest is available for rent. We are looking to rent the space to service providers rather than merchants.

The space is 190 sq. ft. with built-in shelving and cabinets. The monthly rent is \$400 which includes wi-fi, use of the kitchen, and parking. Fifty percent off the first month's rent if paid three months in advance. A security deposit of 1 month's rent is required.

A criminal background check and credit check may be required.

If you know someone who might be interested, please contact Virginia Jackson at (708) 481-5339 or Irene van der Hoek at (708) 305-4913.

70 Sycamore Dr., Park Forest, IL 60466

Volunteer Recognitions

Thanks go out to Chris Ussery for recruiting and coordinating the musicians for the June 8th Jazz in the Afternoon event. It was a wonderful experience! Lenore Rendina, Marilyn Ragland, Darlene Obejda and Nancy Irons are to be thanked for their efforts regarding tables, décor and refreshments for the event. Well done all!

Volunteer Opportunities!

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland (mexmasrag@aol.com) for details on the Sexton team; Joyce Sligar (jsligar02@gmail.com) for Ushers and Greeters; and Jodi Libretti (jlibretti@sbcglobal.net) for the Zoom hosts.

There are many interesting tasks that need attention. Would you like to help beautify and maintain our building and grounds? Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or churchadmin@uuccpf.org) for more information or to arrange access to the building and supplies.

Financial Update – July marks the start of a new fiscal year. Have you completed your pledge for fiscal 2024-25? Let me know if you need me to check your account for you. So, please get your final payments in to the Treasurer as soon as possible. The new 2025-26 pledges will be taking effect on July 1st.



Allan Lindrup has been appointed by the Board as our new Vice President. He will be granted authority to sign UUCC checks and to access our accounts and the safety deposit box. We won't have final June figures for the UUCEF account until mid-July. As of last month, we had gained \$3,908 (3.53%) for the year with an investment balance of \$114,474. The Board has decided to invest \$26,000 in CDs with the Illiana Credit Union. Those funds were donated by the estate of David Matteson. The rest of the donated funds will be applied to the Capital Fund account. The plan is to have the building power washed and painted this summer, as well as having the parking lot repaired, resealed and painted.

A check for \$1095 has been sent to Paloma Furst Chavira to help cover her summer travel expenses. She has already been to Spain and will soon be touring Asia the entire month of July. She will be playing with the National Youth Orchestra on a multi-country tour. Thank you for your generosity!

(See Paloma's thank you letter below)

Nancy Irons, UUCC Treasurer

Dear UUCC of Park Forest Congregation,

We are writing to express our heartfelt gratitude for your generous donations in support of our daughter, Paloma, as she travels this summer to attend music festivals and further her violin studies. Your kindness and encouragement mean more to our family than words can fully express.

Over the years, this beloved church community has been a steady source of love and support – not only for Paloma's musical journey, but for our entire family. From the time she was just seven years old, Paloma has been welcomed as a musical guest at UUCCPF, and she has grown up surrounded by your care, encouragement, and unwavering belief in her.

We are especially grateful for the way you have helped nurture not just her talent, but also her spirit. Your support has helped shape Paloma into both a dedicated musician and a young person grounded in the values and principles of Unitarian Universalism.

We truly believe that her music is not only a gift, but also a way for her to give back – a way to share beauty, hope, and connection with others. Thank you for being such an important part of her journey.

With love and deep appreciation,

The Chavira Family



Memorial for Amanda M. Thomas

A memorial service is being held Saturday July 12th from 2:00 to 5:00 PM at Unity Temple 875 Lake St, Oak Park, IL 60301.

It is with great sadness and heavy heart that we share that **Amanda M. Thomas**, former UUCC choir director and wife of former UUCC President, Heather Godbout, has recently died from cancer. Amanda is remembered fondly for her enjoyable Sunday services and her incredible love of music and singing. May she be at peace.

Support the Solidarity Circle



Solidarity Circle Report

During April Roger Lewis finally got an Illinois state ID and got his name corrected on his Social Security card and records. So he was in a position to work. As Roger was eager to get to work and earn money, he has not pursued some things that would have led to either a more fulfilling or more secure job. Through a social service agency he got a transitional job with a firm that does demolition work in the building industry. As he proved himself to be both a reliable and hard worker, Roger was offered and accepted a position as a regular employee of that demolition firm after his 4 to 6 weeks of transitional work.

Roger's mother, with whom he did not have a close relationship, died in May. He was able to get permission from his parole officer to travel to Louisville, KY, to attend her memorial service.

By early June members and friends of UUCC had contributed over \$1,000 to UUCC's Solidarity Fund, so the matching \$1,000 was also contributed.. Roger's largest regular need for funds is for his Ventra card, while other expenses are irregular.

The members of Roger's Solidarity Circle meet with him about every 4 to 6 weeks, over lunch, to discuss his plans, provide advice and support.

Roger's miscellaneous expenses, which at this time are generally paid by Allan Lindrup, are reimbursed out of UUCC's Solidarity Circle fund. *To make a contribution to that fund, make your check or other donation payable to UUCC, with Solidarity Circle in the Note section.*

Thank you, Allan Lindrup



Sylvan Sanctuary CUUPS

Monthly meetings are the **FIRST SUNDAY of the month at 12:30pm**. Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela at sylvansanctuarycuups@gmail.com



GREEN SANCTUARY BY JEFF GREEN – JULY 2025



Artificial intelligence has made a significant impact on my work writing, particularly in the online comment sections. With the present administration's anti-clean energy stance, or pro-fossil fuel stance to be more accurate, fossil fuel writers are ever so hopeful that Congress will grant them their wishes with its magic wand. I put my question in, and I get a more thorough answer than I could have come up with in hours, arriving in seconds. It is a form of dominance over the ignorance of their short-sighted positions. Quite heady, I'm having trouble walking through the doorways. I was curious to compare the cost of new nuclear power up against renewable energy and storage. I did get a few surprises in here from the Deep Seek point of view. Pollution costs slightly favored nuclear to be a little less costly. I wonder with all the cement that it takes to make large nuclear power plants. Below is the result of the query.

with a billion dollars, how much energy would we get if it were spent on renewable energy plus storage or nuclear energy, include costs of pollution

1. Renewable Energy (Solar/Wind) + Storage

Investment: \$1 billion

Breakdown:

- **Solar (70% of budget):** ~1 GW (\$700M) → **2 TWh/year** (25% capacity factor).

- **Battery Storage (30% of budget):** ~500 MWh (\$300M) → **Can store ~1.5 TWh/year** (assuming 1 full cycle/day).

Total Annual Output: ~2 TWh (direct) + **1.5 TWh shifted to peak demand** = **3.5 TWh usable electricity/year**.

Lifespan: 25–30 years → **87.5–105 TWh total per \$1B**.

Pollution Costs:

- **CO₂ (Lifecycle):** ~50,000 tons (solar) + ~20,000 tons (batteries) = **~70,000 tons total CO₂**.

- **Battery Waste:** ~5,000–10,000 tons (Li-ion, recyclable but mining has environmental costs).

- **Health Costs:** ~\$0 (no operational air pollution).

Externalized Benefits:

- **CO₂ Avoided (vs. gas):** ~3 million tons over 30 years.

- **Health Savings:** ~\$100M (avoided lung disease from fossil fuels).

2. Nuclear Energy

Investment: \$1 billion

Output:

- **What \$1B Buys:**

- **Partial large reactor:** ~10% of a 1 GW plant (\$6–10B total).

- **Small Modular Reactor (SMR):** ~100 MW (e.g., NuScale @~\$3B/300 MW).

- **Annual Output:** ~0.8 TWh (100 MW, 90% capacity factor).

- **Lifespan:** 60 years → **48 TWh total per \$1B**.

Pollution Costs:

- **CO₂ (Lifecycle):** ~5,000 tons total.

- **Nuclear Waste:** ~0.5 tons (spent fuel, needs storage).

- **Health Risks:** ~0.01 deaths/TWh (vs. 0.02 for wind, 0.04 for solar).

continued

GREEN SANCTUARY continued

2. Nuclear Energy (continued)

****Externalized Costs:****

- ****Waste Storage:**** ~\$5M (assuming \$1/kg disposal).
- ****Accident Risk:**** Modern reactors are safer (Fukushima-level events are ~1 in 10M reactor-years).

Net Comparison (Including Storage & Pollution)

Metric	Renewables + Storage (\$1B)	Nuclear (\$1B)
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Annual Output	3.5 TWh (dispatchable)	0.8 TWh (steady)
Lifetime Output	87.5–105 TWh	48 TWh
CO₂ Emissions	~70K tons	~5K tons
Toxic Waste	5K–10K tons (batteries)	0.5 tons (nuclear)
Land Use	10–20 km ² (solar+storage)	<1 km ²
Hidden Costs	Mining (Li, Co)	Waste storage
Reliability	Needs overbuilding	24/7 baseload

Key Takeaways

1. ****Renewables + Storage:****

- ****More energy per dollar upfront**** (3.5 TWh/yr vs. 0.8 TWh).
- ****Higher CO₂ from manufacturing****, but still 99% cleaner than fossil fuels.
- ****Storage is critical****—without it, renewables lose to nuclear on reliability.

2. ****Nuclear:****

- ****Less energy per dollar today**** (due to high upfront costs).
- ****Lowest lifetime CO₂****, tiny waste volume, and perfect reliability.
- ****Better for dense grids**** (no land/overbuilding needed).

3. ****Pollution Costs Favor Nuclear:****

- Nuclear's ****5K tons CO₂**** vs. renewables' ****70K tons**** (mostly from batteries).
- But nuclear waste is ****permanent****, while battery waste is recyclable.

****Which is Better?****

- ****For a 100% clean grid:**** Nuclear is the ****only carbon-free baseload****, but ****renewables + storage scale faster****.
- ****For cost + speed:**** Renewables win now (\$/TWh).
- ****For long-term sustainability:**** Nuclear's ****60-year lifespan**** beats renewables' ****25-year**** panels/batteries.

****Final Answer:****

- ****\$1B in renewables + storage**** → ****~3.5 TWh/year**** (needs overbuilding for reliability).
- ****\$1B in nuclear**** → ****~0.8 TWh/year**** (but runs 24/7 for 60 years).

****Verdict:****

- Choose ****renewables + storage**** for quick, scalable decarbonization.
- Choose ****nuclear**** if you need ****reliable baseload**** and can wait 10+ years for construction.

Solar wind and storage have come into their own and compete well in the market on a price basis. We just have a highly biased president owing his gratitude to our fossil fuel companies. I have a great deal of confidence this will pick back up in the next administration.

As always, thank you for letting Green Sanctuary be a part of your reading pleasure.
Jeff Green



Connections

by Barb Anderson



UCC was pleased to welcome three new members at the New Member Recognition Ceremony on Sunday June 22, 2025

L to R:

Elizabeth (Beth) Brecher

Gretchen Demarah-Pammer

Thomas Vizzard

WELCOME TO OUR CONGREGATION!



Thomas, Elaine, Joyce, Angela, and Chief walking among the new wildflowers on UCC's patio and grounds.



continued

Connections Column continued

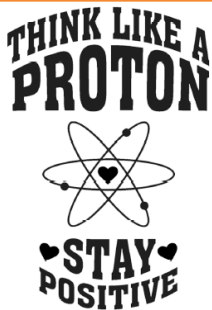


Derek as our Sunday Zoom Host,
Mary Kate and baby Fox.

Three survivors of a car crash with Marilyn.
Thankfully, these 3 ladies recently here
with us.



A POSITIVITY PROJECT SUMMER SCHEDULE



Feeling overwhelmed? Looking for a **BRIGHT SPOT**?

The **POSITIVITY PROJECT** meets the **FIRST MONDAY EACH MONTH AT 6:30PM. Doors open at 6pm.**

Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome.

For more info contact Michele at 708-748-0362 Follow us on [FaceBook](#)

~POSITIVITY PICK-UP is the last Sunday of the month~

HELP US BEAUTIFY THE CHURCH GROUNDS SUNDAY July 27th AT 11:30

The Positivity Project plans to have another Sycamore Drive cleanup on Sunday July 27th after the service from 11:30-12:30

You may have noticed there is often debris strewn along the street, so we want to clean up around the church.

Come join us if you can. Bring gloves.

Contact Michele Johnson at 708-748-0362



[Image by macrovector](#)



North American Unitarian Association

Helping Liberal Religion Thrive

The **North American Unitarian Association (NAUA)** bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the newsletter. <https://naunitarians.org/liberal-beacon/> A sample Liberal Beacon Newsletter is in the Gathering Room.

NAUA Monthly Academy is on Summer break.

Program Fall Kick-Off

Sep 9, 2025 4:30 pm – 6:30 pm Details to be Announced.

The NAUA Academy provides courses to Members of the NAUA and others interested in Unitarianism, Unitarian Universalism, and Liberal Religion. Single-session and multiple-session courses deal with the history and development of Unitarianism and Liberal Religion, as well as with issues of concern in contemporary society from a liberal religious perspective. Participation in courses is virtual, using Zoom. Sessions consist of a presentation followed by small group discussions.

The NAUA 3rd Saturday of the month Worship Service July 19th at 12:00 Noon Central Time

Details to be announced. Check back [HERE](#) for updates.

Zoom access to the Worship Service <https://tinyurl.com/NAUAService>

NAUA Conversation/Discussion CIRCLE: This recently launched CIRCLE meets on the **First Wednesday of each month (6:00-7:30 PM Central Time)**. The CIRCLE is designed for NAUA members and friends to gather, share ideas, spark meaningful conversations, and deepen connections. It will be facilitated by a member of the NAUA Board of Trustees, is open to all members and friends, and does not require an RSVP. The zoom link is: <https://tinyurl.com/naua-circle>.



UNITARIAN UNIVERSALIST
ADVOCACY NETWORK
OF ILLINOIS

Do you have an hour or so a month to help us put together our Actions of the Week? Please contact us if you do. Thanks!

You can take action and sign up [HERE](#) for [UUANI Actions of the Week](#)



Side With Love Action Center

“There is no such thing as a single-issue struggle because we do not live single-issue lives.” — Audre Lorde

[Action Center Guide](#)

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are: Climate Justice, Democracy and Electoral Justice, Decriminalization, LGBTQIA+ and Gender Justice

Will you join us?

[Subscribe](#) to our newsletters

[Join](#) one of our volunteer Squads, the backbone of the Action Center



MESSAGE FROM THE REVEREND MS. DENISE TRACY

Now is the time to join our movement. If you are not already on our email list, I urge you to go on our website to sign up for our newsletters and join as a member. If you want to meet fellow activists, build connections and hear about the good work happening in our networks, attend our twice-a-month Zoom gatherings. <https://www.intlwomensconvo.org/>

As bad as it looks, as hard as this moment is, we must keep pushing for change.

Women and girls cannot wait for another 30 years for equal rights.

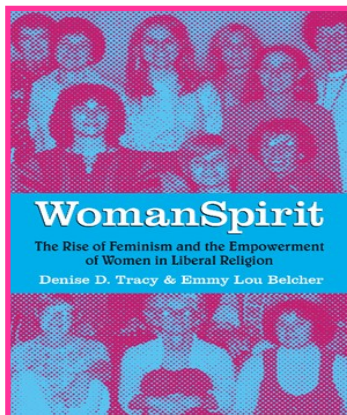
Please give generously so we can persist and resist.

Thank you, Rev. Denise Tracy

ICE Deportation of Immigrants – Are you concerned about the mass deportation of immigrants and what it means for our communities? President Laurene Lambertino-Urquizo (lurquizo@gmail.com) is looking for people who want to get involved on this issue. Please be in touch with her to find out what volunteers can do to help protest and/or mitigate deportations.



~~~~~ RECOMMENDED READING ~~~~~



WomanSpirit is a collection of twenty essays by extraordinary Unitarian Universalists who illuminate their journey of empowerment and evolution. It's a tribute to their dream of a more inclusive, equitable future and, in doing so, reshaped the very fabric of the denomination. The number of women serving as ministers in North American Unitarian Universalist congregations grew from less than 1% to almost 50% between 1970 and 1990. In this important book Denise Tracy and Emmy Lou Belcher tell how this change came to be.

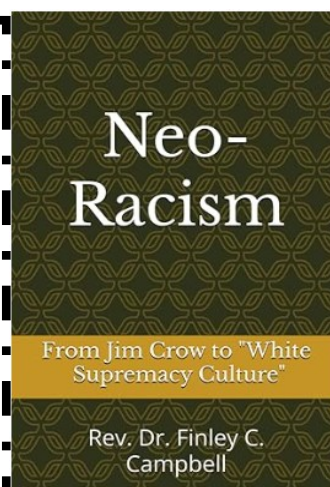
Available for purchase on Amazon and InSpirit Bookstore

Price: \$24.95 Pages: 396

NEO-RACISM

By the late Rev. Dr. Finley C. Campbell

We believe that the way to promote multiracial unity in UU congregations and elsewhere, is to LIVE the Seven Principles of Unitarian Universalism. We are dismayed to see that our Association of congregations is being taken over by an ideology of neoracism. The articles in this book will help UUs understand this issue better. 258 pages. Available from Amazon, \$15



This book, written from a Unitarian Universalist and Marxist perspective, exposes the reactionary and divisive philosophy and consequences of what the author called *neo-racism*, and describes a multi-racial alternative--for "the unity of the light and dark skinned people of the world."



Finley Campbell, ordained a Baptist minister, was an African-American professor of Black Studies and the founder of the Unitarian Universalist Multiracial Unity Action Council.



What's Happening at UUCC?



Summer Hiatus ~ UUCC Men's Group

The group will not have its regular monthly meeting in July and August, but will meet for a summer pot luck social at the home of Bruce Swiecicki on Sunday July 20, around Noon.

Anyone identifying as male who would like to join us should contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921. When meetings resume, they are on the **FIRST SUNDAY of the month at 6:30PM**



Tuesday, July 1st at 10:30 am

This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact **Karen Beran 708-532-6024**

Summer Hiatus UUCC CONNECTIONS SMALL GROUP MINISTRY

REMINDER: **No Connections Small Group Meetings during June, July and August.**

We will meet again in the FALL 2025, on the **2ND WEDNESDAY** of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email tulip51girl@gmail.com

We look forward to welcoming you in our midst in September 2025

ATTENTION! Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club

on **Monday, July 21st starting at 7 p.m., via Zoom**

Meetings are **via Zoom** on the **THIRD MONDAY EACH MONTH** 7pm to 8:30pm

The group will be discussing Chapters 13 through 22 of The 3 Ages of Water, by Peter Gleick (the chapters in this book are short). If you would like to join or try this group contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.



Photo by [Mohamed Nohassi](#) on [Unsplash](#)

Buddhist Meditation

Saturdays at 9:30am -10:30am

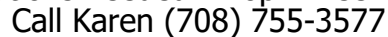
Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online

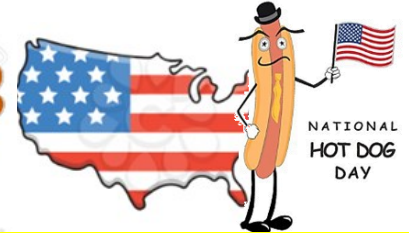
Cost: Free will offering

Contact: Steve McCabe steve.mccabe6914@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



**WE LOVE OUR
NEIGHBORS**
IMMIGRANT LGBTQ
OF COLOR WITH DISABILITIES
OF ALL AND ANY FAITHS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 29 10am Worship	June 30 9:30am Yoga	1 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	2 7pm Yoga	3 9:30am Yoga 3pm PADS team 7pm Flowering Dogwood Martial Arts	4 Independence Day	5 9:30am Online Buddhist Meditation
6 10am Worship POTLUCK 12:30p CUUPs Meeting 6:30p NO Men's Group until Sept.	7 9:30am Yoga 6pm Positivity Project Group Share Meeting	8 7pm Flowering Dogwood Martial Arts	9 7pm Yoga	10 9:30am Yoga 7pm Flowering Dogwood Martial Arts	11	12 9:30am Online Buddhist Meditation
13 10am Worship	14 9:30am Yoga	15 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	16 National Hot Dog Day 7pm UUMUAC online Worship Service 7pm Yoga	17 9:30am Yoga 7pm Flowering Dogwood Martial Arts	18 7pm Rainbow Cafe	19 9:30am Online Buddhist Meditation
20 10am Worship	21 9:30am Yoga 7pm Environmental Book Club (Zoom)	22 7pm Flowering Dogwood Martial Arts	24 7pm Yoga	25 9:30am Yoga 7pm Flowering Dogwood Martial Arts	26	27 9:30am Online Buddhist Meditation
28 10am Worship 11:30 Positivity Pick-Up garbage around the church	29 9:30am Yoga	30 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	31 7pm Yoga	Aug 1 9:30am Yoga 7pm Flowering Dogwood Martial Arts	Aug 2	Aug 3 9:30am Online Buddhist Meditation

Event Facilitators

Buddhist Meditation:	Steve McCabe	steve.mccabe6914@gmail.com
Yoga:	Karen Nielsen	708-755-3577 shanti-one@comcast.net
Rainbow Café:	Jerome Rowley	714-930-6134 jerome.rowley@gmail.com
Forum:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
UU Environmental Book Club:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
Connections Group:	Irene van der Hoek	708-305-4913 tulip51girl@gmail.com
Men's Group:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
Stitchery Group:	Karen Beran	708-532-6024 greywolf2496@hotmail.com
A Positivity Project:	Michele Johnson	708-748-0362 (Meetings, Sound bath, Labyrinth)
CUUPs - Sylvan Sanctuary	Angela Denk	sylvansanctuarycuups@gmail.com

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339 churchadmin@uuccpf.org

Church Information

70 Sycamore Drive

Park Forest, IL 60466

Office Phone: 708-481-5339

E-Mail: churchadmin@uuccpf.org

Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter).

The newsletter deadline is always the 20th of every month.

****You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.***



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**Unitarian Universalist
Community Church
70 Sycamore Drive
Park Forest, IL 60466**