



## **MARCH 2025**

## Sunday Worship Service 10:00am Daylight Savings on March 9th. Set clocks ahead on Saturday night March 8th.

#### **Sunday Services**

March 2 Rev. Dr. Larry McClellan "Others Before Self."

We are called to support community and to use support communities.

#### March 9 The Rev Ms Denise Tracy "Women Hold Up Half the Sky."

This thousand year old ancient Chinese statement is one we need to remember. In honor of International Women's Day this service will reflect about women and girls and our role in the current world.

#### March 16 Sarah Stultz "The Evolution of Hope"

While the path before us may always be changing and uncertain, it has never and will never be impassable if traversed together, guided by the wisdom of those who have persisted time and time again before us. This week we will explore how the practice of hope has played a universal evolutionary role in human life.

#### March 23 A. Anne Holcomb "Finding your Coyote."

As the Vernal Equinox marks the change of seasons to Spring, how can you find, balance, rebirth and renewal during these challenging times?

Members and quests are invited to bring a token or a symbol of Spring to place upon an altar at the service, and to share what that item symbolizes for them!

March 30 Rev. Henrietta Byrd "To Be Announced."

> Please follow us on Facebook for UUCC event reminders.

#### First Sunday Potluck March 2nd after worship



At UUCC, the first Sunday of each month after worship service we share a potluck luncheon. Bring Join us for this time of Fel-

NO UUCC Connect FORUM IN MARCH As coordinator Allan Lindrup will be away at the (Chicago Area) UU Men's Retreat from the evening of Friday, March 7, until about Noon on Sunday, March 9, there will be no Forum for March.

## **azz** in the Afternoon returns!

#### Join us on March 9<sup>th</sup> 4-6 pm.

This is sure to be a fun afternoon of music an munchies. Chris Ussery, will be joined by a vocalist and additional musicians for an afternoon of Jazz here at UUCC. \$20 per person, snacks & refreshments included.

#### **Religious and Character Education**

Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.



#### Listening Hearts

March volunteers, Chief Bob Jensen and Darlene Obejda are available as a source for listening, support and resources.

Listening Hearts



#### The President's Column March 2025 by Laurene Lambertino-Urquizo

The Unitarian Universalist Community Church of Park Forest is very fortunate to have so many wonderful people in our congregation who give of their time and energy in service to our church. Year after year, they roll up their sleeves and

volunteer to do the work that makes it possible for all our congregation to enjoy our services and programs. And these same people do this work, week after week, year after year. You can recognize them sometimes, but often they are the ones who are behind the scenes doing the work of this church tirelessly and without fanfare. This article is dedicated to them. They know who they are, as do we all. We try to give them our thanks at times from the pulpit, but it is not nearly enough. But they are the actual ones who hold up this church like the mortar between bricks.

What is it that calls these folks to step up and take on the necessary tasks that we need to have Sunday services, events, and weekday offerings run smoothly? Maybe they know that one of the best kept secrets of life: It is that when we do things in service for others, we find that it can actually make us feel very content in our own hearts. I know, it sounds simple, but this is a life lesson that I know to be true. When you unselfishly give of yourself, it comes back to you, and makes you feel more connected and complete as a human being.

Some of our current volunteers are getting up in age and slowing down a bit. They could use a little help. So I am writing to ask if any of our newer members might consider helping as well. When I first started coming to UUCC years ago I spent my first visits getting to know about the church and started to get to know the people. Then, I came to a point when I knew it was time for me to find some way in which I could help. We all have different ways we can help. It does not need to be a big thing to really make a difference, and it may be really needed. For instance, after our service, there is always a need to help straighten up and leave things as we found them. You might help by bringing the coffee cups and dishes to the kitchen or help by washing a few dishes. The more hands we have for doing these tasks makes the workload lighter for everyone. And yes, everyone is anxious to get home for lunch or to relax on the sofa and watch something on television. But by working together and sharing the load, we can help our church and each other greatly. In addition, you may also make some new friends by sharing the work.

If you would like to get involved with our Sunday morning services, there are a lot of ways you could help. You could come to the church a bit earlier and help with setting up the chairs and putting the hymnals on them or help with getting the items needed for coffee or tea out to the gathering room. If you are looking for some way to become involved in the service itself, we could always use new Worship Assistants. These are the people that read the announcements and are our guides to each part of the service. They help the speaker by giving them cues as to the next action that will follow. A good Worship Assistant can really help brighten our Sunday service experience.

You might also consider other ways to perhaps use your talents to help the church. There are AL-WAYS things that need to be done around the building. It might be something quite simple, or, if you have any 'handyperson' skills to share, that would be greatly appreciated. In addition, we often have a need for people to serve on various committees that ensure that things run smoothly around here throughout the year. Being on a committee might not take much of your time and can help us a lot.

Continued

III

### The President's Column continued

All right, you get the point, we need your help. Are you willing to take that next step and really become an integral part of this church? You can start by speaking to any of the familiar faces around here. Just walk up to them and say the four magic words that we all love to hear: "I want to volunteer." They can put you in touch with the correct person to make this happen. So, welcome on board, and thank you for caring and wanting to join us in doing our best to make Sunday morning services a wonderful experience for everyone. And before you know it, you will feel right at home.





**Financial Update** – If you need a letter documenting your 2024 donations to UUCC for your taxes, please request one via email (<u>irons.nandy@gmail.com</u>).

The sale of scarves, made and donated by Rev. Denise Tracy, brought in \$315 for ICUUW. A check for that amount has been sent to them. The annual Soup Kitchen fundraiser for PADs and Respond NOW brought in \$380, which was split evenly between the two agencies. A Solidarity Circle fund has been established to cover anticipated expenses supporting Roger Lewis in his return to civilian life. Donations can be made out to UUCC with "Solidarity" in the memo line. One congregant has offered to match Solidarity donations from members and friends, up to \$1,000! Thanks to everyone who contributes to the causes we support.

Nancy Irons, UUCC Treasurer

#### Volunteer Recognitions

Irene van der Hoek painted the casing around the new dishwasher in the kitchen. The long anticipated dishwasher is finally up and running! Well done! Rental Team volunteers spent several hours cleaning and organizing materials in the Music Office, in anticipation of renting that space. Thank you all! Volunteers have formed a Solidarity Circle to assist Roger Lewis in his return to civilian life. More volunteers are welcome to participate, including providing rides for Roger to church and other appointments. Thanks to everyone for your efforts!

#### **Volunteer Opportunities!**

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland <u>mexmasrag@aol.com</u>) for details on the Sexton team; Joyce Sligar (<u>jsligar02@gmail.com</u>) for Ushers and Greeters; and Jodi Libretti (<u>jlibretti@sbcglobal.net</u>) for the Zoom hosts.

There are many interesting tasks that need attention. Would you like to help beautify and maintain our building and grounds? Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or <u>churchadmin@uuccpf.org</u>) for more information or to arrange access to the building and supplies.



Neo-Racism A Convocation of the UU Multiracial Unity Action Council Reflections on and discussion of Neo-Racism a book by the late <u>Rev. Dr. Finley C. Campbell</u>, the founder of UUMUAC (available on Amazon for \$15) Saturday, March 29, 2025, 11 a.m.-12:30 pm Central time (12pm ET 10am Mountain, 9am Pacific) TO REGISTER email to <u>UUMUAC@gmail.com</u>; Zoom codes will be sent

the day before the Convocation

**Part 1.** Reflections from the editors — Dr Richard Burkhart & Dr. Judith Barisonzi --Discussion--

Part 2. Reflections from two who knew the author a long time

Allan Lindrup, current UUMUAC Chair, who knew the author for over 30 years and who participated in many of the author's *Nature of Racism* classes.

Dr. Roberta Lammers Campbell, the author's widow, who knew the author first as a fellow anti-racism fighter, and then as his wife for 40 years

--Discussion--



#### **Support the Solidarity Circle**

#### Solidarity Circle Report

On January 22nd the 50 year old man who has gone by the name of Roger Shaw for most of his life, but who has now chosen to go by his legal name of Roger Lewis, was released from prison after 35 years of incarceration. On February 9 many of UUCC's members, plus a few friends, attended a forum where Roger told his life story, plus his hopes for the remainder of his life. Four UUCC members - Allan Lindrup, Dick Lewis, Lenore Rendina and Beccie Bruckner - are the official members of Roger's Solidarity Circle. We will meet with him perhaps once a month, over a meal, to listen to his concerns, provide emotional support and advice, and helping out in various ways, such as researching things that

could help him, or helping him in other ways.

After one night in a half-way house, Roger moved in with a cousin living in Matteson. However, the cousin was having mental health issues and by Feb. 19 it was clear that Roger would have to move out soon. After exploring a couple other options, which were not fruitful, it was agreed that Roger would try to move into the spare bedroom in the Lindrup/Holcomb household, which Anne rents out but was which was currently vacant. Barbara Moline, a UU Prison Ministry of Illinois leader who resides in Oak Park, had offered to pay Anne \$300 per month (for up to 12 months) to cover Roger's rent. Roger's parole officer approved the move the afternoon of Sunday, March 23, and the move happened that afternoon. Six people had volunteered to take turns driving Roger to and from UUCC from Matteson, but now Roger will be riding to UUCC most Sundays with Allan.

Thank you for your donations to the Solidarity Circle, which are still being matched \$1 for \$1. That fund will cover most of Roger's miscellaneous expenses beyond housing and food, for things such as driving lessons, toiletries, public transit and more. To contribute to that fund make you check payable to UUCC and put Solidarity Circle in the Memo line.

Allan LIndrup



## GREEN SANCTUARY BY JEFF GREEN - MARCH 2024



I am starting to play with AI from Deep Seek in seeing what it will come up with on some of my questions that I pose. The question I posed was, "How do the 7 principles of Unitarianism fit in with global warming". 5 seconds later I have a response that you see below. All I have changed is just the spacing between the

different principles. Our county's choice for president will slow this action down. Marylynn Ragland talked of radical hope after one of the sermons In Park Forest Illinois. I find myself in that position on this.

From Deep Seek

The \*\*7 Principles of Unitarian Universalism\*\* provide a moral and ethical framework that can deeply inform and inspire action on global warming and environmental justice. Here's how they connect:

### 1. \*\*The Inherent Worth and Dignity of Every Person\*\*

- \*\*Connection to Global Warming:\*\* Climate change disproportionately affects marginalized communities, including low-income populations, Indigenous peoples, and people in developing nations. Recognizing the inherent worth and dignity of every person calls us to address these inequities and ensure that climate solutions are just and inclusive.

- \*\*Action:\*\* Advocate for policies that protect vulnerable communities and prioritize their voices in climate discussions.

### 2. \*\*Justice, Equity, and Compassion in Human Relations\*\*

- \*\*Connection to Global Warming:\*\* Climate justice is rooted in the idea that those who contribute the least to climate change often suffer the most from its effects. This principle urges us to act with compassion and fairness, ensuring that climate solutions do not exacerbate existing inequalities.

- \*\*Action:\*\* Support initiatives that promote equitable access to clean energy, sustainable resources, and climate resilience programs.

### 3. \*\*Acceptance of One Another and Encouragement to Spiritual Growth\*\*

- \*\*Connection to Global Warming:\*\* Addressing climate change requires collaboration across diverse cultures, beliefs, and perspectives. This principle encourages us to listen to and learn from others, fostering unity in the fight against global warming.

- \*\*Action:\*\* Engage in interfaith and intercultural dialogues about climate action and environmental stewardship.

### 4. \*\*A Free and Responsible Search for Truth and Meaning\*\*

- \*\*Connection to Global Warming:\*\* This principle calls us to seek scientific truth and understand the realities of climate change. It also encourages us to explore the spiritual and ethical dimensions of our relationship with the Earth.

- \*\*Action:\*\* Educate ourselves and others about climate science, and reflect on how our values align with environmental protection.

### 5. \*\*The Right of Conscience and the Use of the Democratic Process\*\*

- \*\*Connection to Global Warming:\*\* Systemic change is necessary to address climate change, and this principle emphasizes the importance of participating in democratic processes to advocate for policies that protect the planet.

#### **GREEN SANCTUARY continued**

- \*\*Action:\*\* Vote for leaders who prioritize climate action, support environmental legislation, and participate in grassroots movements.

### 6. \*\*The Goal of World Community with Peace, Liberty, and Justice for All\*\*

- \*\*Connection to Global Warming:\*\* Climate change is a global issue that requires international cooperation. This principle reminds us that we are part of a interconnected world community and must work together to ensure a sustainable future for all.

- \*\*Action:\*\* Support global climate agreements and initiatives that promote cooperation and shared responsibility.

### 7. \*\*Respect for the Interdependent Web of All Existence of Which We Are a Part\*\*

- \*\*Connection to Global Warming:\*\* This principle is central to environmental stewardship. It acknowledges that humans are part of a larger ecological system and have a responsibility to protect the Earth and its ecosystems.

- \*\*Action:\*\* Adopt sustainable practices, reduce carbon footprints, and advocate for policies that protect biodiversity and natural resources.

#### ### Summary

The 7 Principles of Unitarian Universalism align closely with the values of environmental justice and climate action. They call us to recognize our interconnectedness, act with compassion and equity, and work collectively to address the urgent crisis of global warming. By living these principles, Unitarian Universalists can contribute meaningfully to creating a sustainable and just world.

#### End Deep Seek

These 7 little principles are quite profound. As far as I can tell, this touches all the bases for good outreach to members of our society. As I read through different articles on global warming progress, almost every one of them says we are not changing fast enough. I'm not running on this as fast as I can, but I am changing. An interesting discussion amongst ourselves is, "What kind of change would you like to be?" AI cannot answer that for us. In this area, we are all safe from AI thinking for us.

Thanks to everyone for allowing me to come into your reading pleasure moment. Jeff Green.

Unitarian Universalist Congregations Affirm and Promote Seven Principles

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congre gations;
- A free and responsible search for truth
- The right of conscience and use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
  - Respect for the interdependent web of all existence of which we are a part.

**UUCC COVID UPDATE:** The UUCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.



## Connections by Barb Anderson



Javier Chavira is 🕑 feeling proud with Sarah Furst Chavira.



From proud Dad, Javier Chavira

February 19

Eight years ago Paloma was in the audience watching the renown violist Mathew Lipman. Tonight she played Mozart's Duo for violin and viola with him! And to boot, she played the deeply expressive Sibelius violin Concerto in D minor, 1st movement with the amazing Lisa Kristina. What an incredible night!



continued

We are so proud of the talented Paloma. People were in tears listening to the Sibelius performance.

**Potluck Sunday** 

Welcome to our new friend Roger Lewis.



#### **Connections Column continued**

**<u>CUUPS Sylvan Sanctuary</u>** stunning alter and rituals. People are loving communing together and with nature.







The inspirational Rev. Henrietta Byrd (L) and our wonderful Marilyn Ragland (R) as her Worship Assistant.

Time for the young at heart. Big and Little kids alike enjoying the Children's story.





## **Celebrate Ostara – The Spring Equinox**

Ostara celebrates the spring equinox. The word Ostara comes from the Anglo-Saxon goddess name, Eostre. Eostre represented spring and new beginnings. The celebration of spring is present in many ancient customs, across all cultures.

The Spring Equinox is a celebration of new life, new beginnings, and a return to balance. It is a transition from darkness to light, as nature emerges from winter dormancy. It is an opportunity to shed old energy and embrace fresh starts. While it is our natural inclination to resist change, it is only through change that real growth occurs.

#### How to celebrate Ostara?

- Attend CUUPs Family-friendly Ostara Ritual at UUCC on Saturday, March 22<sup>nd</sup> at 6:00 pm
- Take a walk and look for signs of spring, i.e. swelling buds, shoots poking up, birds returning and singing, etc.
- Ponder what you want to grow and nurture in your life and how to accomplish this.
- Make a quiche or other egg-based dish for dinner.



## Equinox

By Vernus

Today, most especially, we hover in the balance. Day meets dark in equal parts, but we — we are tipping into the light.

**Call for Delegates for General Assembly** – UUCC is eligible for two delegates to represent our congregation in the denominational governance business meetings leading up to, and including the General Assembly in June. The UUA asks that delegates register by March 31<sup>st</sup>. The UUA will be holding online meetings, starting in April, to make some decisions prior to General Assembly. Delegates can attend the business / governance portion of GA at no charge, either online or in-person. If you are interested in representing UUCC as a delegate, please contact the office (churchadmin@uuccpf.org) or President Laurene Lambertino-Urquizo.

**ICE Deportation of Immigrants** – Are you concerned about the mass deportation of immigrants and what it means for our communities? President Laurene Lambertino-Urquizo (<u>lurquizo@gmail.com</u>) is looking for people who want to get involved on this issue. Please be in touch with her to find out what volunteers can do to help protest and/or mitigate deportations.

# What's Happening at UUCC?

#### **UUCC Men's Group**

#### Sunday, March 2nd from 6:30-8p.m. via Zoom.

Meetings are on the **FIRST SUNDAY of the month**.

After our in-depth check-in, we celebrate Bruce's retirement by letting him talk about what he sees for his retirement, while those who have been retired for some years compare their retirement experience with what they expected when they retired. If you identify as male and have not been part of this group, but would like to join, contact Allan Lindrup at <u>uusj@sbcglobal.net</u> or leave a message including your email at 773-595-4921 to receive the Zoom invite and codes.

### Tuesday, March 4TH at 10:30 am



This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact Karen Beran 708-532-6024

#### **UUCC CONNECTIONS SMALL GROUP MINISTRY**

The Connections will meet again on **WEDNESDAY**, **March 12th at 1-2:30pm**. We meet on the <u>**2ND WEDNESDAY**</u> of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome ! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email <u>tulip51girl@gmail.com</u>

**ATTENTION!** Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club on **Monday, March 17th starting at 7 p.m.,** *via Zoom* 

Meetings are on the <u>THIRD MONDAY EACH MONTH via Zoom</u>, 7pm to 8:30pm On March 17 the book club members will be discussing chapters 11-13 of David Pogue's 'How to Prepare for Climate Change'. Individuals who would like to try out or join this book club should contact Allan Lindrup at <u>uusj@sbcglobal.net</u> or 773-595-4921 to receive the Zoom invite and codes.



Photo by Mohamed Nohassi on Unsplash

#### Buddhist Meditation Saturdays at 9am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online Cost: Free will offering Contact: Steve McCabe <u>steve.mccabe6914@gmail.com</u>

#### The Unitarian Universalist Multiracial Unity Action Council

UUMUAC Monthly <u>Third Wednesday</u> Worship Service at 7:00 pm Central Time For Zoom information, please send name, email, and congregation (if any) to <u>richard3point@gmail.com</u>

**For past services,** type "Third Wednesday UUMUAC services" in the YouTube search box.

#### A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest

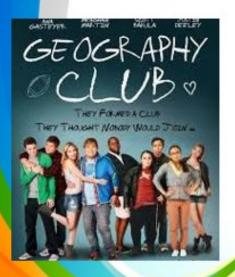


Monday & Thursday 9:30 – 11am Wednesday evenings 7:00 – 8:30pm This class is for everyone, beginner to experienced. No reservations needed. Drop-in fee is \$15 per class. Call Karen (708) 755-3577

## **RAINBOW CAFE**

Rainbow Cafe will meet on Friday, March 21, 2025 Doors to the church open around 6:30 pm. The film starts around 7:00 pm. Soft drinks and snacks are served.





Russell is going on dates with girls while nurturing a secret relationship with star quarterback Kevin, who will do anything to prevent his teammates from finding out. Min and Terese tell everyone that they're just best friends. And then there's lke, who can't figure out who he is or who he wants to be. Finding the truth too hard to hide, they decide to form a Geography Club, thinking nobody else would want to join. However, their secrets may soon be discovered, and they could have to face the choice of revealing who they really are

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film. Invite friends! Optional - bring snacks to share.



Unitarian Universalist Community Church 70 Sycamore Drive, Park Forest, IL 60466 708-481-5339 uuccpf.org







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coups

#### Sylvan Sanctuary CUUPS NEXT MEETING MARCH 2ND after coffee hour at 12:30pm

Monthly meetings are the **FIRST SUNDAY of the month at 12:30pm** Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. For more information or to join the group contact Angela at <u>sylvansanctuarycuups@gmail.com</u> **Follow us on Facebook** 

Sabbats

2025

**Ostara** Sat., 3/22 6-9 p.m.

**Beltane** Sat. 4/26 2-5 p.m.

Litha Sat., 6/2) 2-5 p.m. Mabon Sat., 3/22 6-9 p.m.

## Lughnasadh

Treibh na Tintean TBA

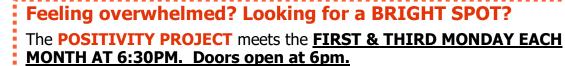
# Samhain

Sat., 10/25 6 - 10 p.m.

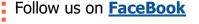
## A POSITIVITY PROJECT PRESENTS...

Share Group Meetings on the First and Third Monday





Join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a soft beverage and a short meditation sending our most loving thoughts to the planet and inhabitants. All are welcome. For more info contact Michele at 708-748-0362



Sound Bath on the Second Monday

**A Positivity Project** invites you to *Sounds for a Gentle Earth,* our next sound offering on Monday, March 10th from 6:30-7:30

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen.

**\$20 per person. Registration required.** Contact Michele Johnson at 708-748-0362



Candlelight Labyrinth on the Fourth Monday



CANDLELIGHT LABYRINTH March 24<sup>th</sup>, 2025 6:30 - 8:30 pm



**Positivity Project** invites you to peacefully walk the Labyrinth and reconnect with your spiritual center. Sit and pray for peace, health, Mother Earth, freedom from, and freedom for, in the warmth and serenity of our Labyrinth.

**A \$10 donation is suggested.** For more information contact: Michele Johnson 708-748-0362

Unitarian Universalist Community Church, 70 Sycamore Street, Park Forest

Sycamore runs east from Western Ave. about 1/2 mile south of the intersection of Western Ave. and Steger Rd. This is a left-hand turn when coming from the north.

#### Flowering Dogwood Martial Arts Way at UUCC Tuesday & Thursday at 7PM AND Saturday at 9AM

#### Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordspersonship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

#### About:



Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching.

Contact Rob at 573-579-0646 for information.



Throughout history, people of faith and conscience have come together to resist injustice and build a better world. From the Montgomery Bus Boycott to the mass movements that brought down apartheid, collective action fueled by courage, love, and resilience has changed the course of history.

#### Now, it's our time.

The Gathering is a new monthly virtual event from Side With Love, designed to offer:

- Spiritual Grounding Strengthen your heart and spirit for the work ahead.
- Political Analysis Understand the threats to democracy and justice.
- **Collective Action** Organize with others to block anti-democratic forces and build a just and loving world.

Like those who came before us, we must be ready—ready to resist injustice, protect democracy, and create a future where love and dignity prevail. The Gathering is a space to find inspiration, connect with others, and take action that matters.

#### First Gathering: March 10

#### 

The political terrain has shifted, but our North Star remains the same. Join us as we root ourselves in love and harness our power to rise together for justice.

In faith and solidarity, Side With Love

#### NEO-RACISM By the late Rev. Dr. Finley C. Campbell

We believe that the way to promote multiracial unity in UU congregations and elsewhere, is to LIVE the Seven Principles of Unitarian Universalism. We are dismayed to see that our Association of congregations is being taken over by an ideology of neoracism. The articles in this book will help UUs understand this issue better. 258 pages. Available from Amazon, \$15

To order multiple copies at a discounted price,

Neo-Racism

Supremacy Culture"

Rev. Dr. Finley C. Campbell This book, written from a Unitarian Universalist and Marxist perspective, exposes the reactionary and divisive philosophy and consequences of what the author called *neo-racism*, and describes a multi-racial alternative--for "the unity of the light and dark skinned people of the world."



Finley Campbell, ordaned a Baptist minister, was an African-American professor of Black Studies and the founder of the Unitarian Universalist Multiracial Unity Action Council.





North American Unitarian Association Helping Liberal Religion Thrive The North American Unitarian Association (NAUA) is open to membership by individuals or organizations (such as congregations). There is no specific membership donation, it is a free-will donation system. An organization can be a member of NAUA while concurrently being a member of the UUA or any other non-profit

organization. During this church year we will share with you some of the offerings of the NAUA.

## Monthly Academy Program Tuesday, MARCH 11, 6:30 p.m. Central

Boom or Doom? - Is Unleashing Artificial Intelligence Wise? Is Unleashing AI Intelligent or Wise? with Ken Ing.

#### Please note that you Must **REGISTER HERE** to have the Zoom URL emailed to you.

The NAUA 3rd Saturday of the month Worship Service at 12:00 Noon Central Time Nature's Scripture: the Interfaith Promise of Science. With JD Stillwater Science Ambassador Worship service Zoom link - https://tinyurl.com/NAUAService

NAUA has several small groups, called Circles. Three are on-going. A new one, which is just organizing, will focus on spirituality and last 10 to 12 session (probably once a month). It will be led by retired UU minister David Markham. When it will be scheduled is not yet know - probably decided by a poll of those who express an interest. To express an interest email circles@naunitarians.org

The UUCC Board has agreed to share information about the North American Unitarian **Association (NAUA)** with our members, so that later in the church year our membership can decide if it would like to have UUCC affiliate with NAUA in addition to the UUA. (There is no cost for such affiliation). The NAUA's bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the newsletter. https://naunitarians.org/liberal-beacon/ A sample Liberal Beacon Newsletter is in the Gathering Room.

#### Side With Love Action Center

"There is no such thing as a single-issue struggle because we do not live single-issue lives." — Audre Lorde

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

- Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are: Climate Justice, Democracy and Electoral Justice, Decriminalization, LGBTQIA+ and Gender Justice Will you join us?

**Subscribe** to our newsletters **Join** one of our volunteer Squads, the backbone of the Action Center



ADVOCACY NETWORK OF ILLINOIS

Do you have an hour or so a month to help us put together our Actions of the Week? Please contact us if you do. Thanks! UNITARIAN UNIVERSALIST You can take action and sign up HERE for UUANI Actions of the Week







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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Mar 1 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
2 10am Worship POTLUCK 12:30 CUUPs Meeting 6:30p UUCC Men's Group	3 9:30am Yoga 6pm Positivity Project	4 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	5 7pm Yoga	6 9:30am Yoga 3pm PADS team 7pm Flowering Dogwood Martial Arts	7	8 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
9 10am Worship No FORUM	10 9:30am Yoga 6pm Sound Bath	11 7pm Flowering Dogwood Martial Arts	12 1p Connections Group 7pm Yoga	13 9:30am Yoga 7pm Flowering Dogwood Martial Arts	14	15 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
16 10am Worship	17 <b>St. Patrick's Day</b> 9:30am Yoga 6pm Positivity Project 7pm Environmental Book Club (Zoom)	18 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	19 7pm UUMUAC <b>online</b> Worship Service 7pm Yoga	20 9:30am Yoga 7pm Flowering Dogwood Martial Arts	21 7pm Rainbow Cafe	22 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts 1:30 UUMUAC Movie 6pm CUUPS Ostara
23 10am Worship 30 10am Worship	24 9:30am Yoga 6pm 31 Laby- 9:30am rinth Yoga 6pm Labyrinth	25 7pm Flowering Dogwood Martial Arts	26 7pm Yoga	27 9:30am Yoga 7pm Flowering Dogwood Martial Arts	28	29 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts

#### **Event Facilitators**

**Buddhist Meditation:** Steve McCabe steve.mccabe6914@gmail.com Yoga: Karen Nielsen 708-755-3577 shanti-one@comcast.net Rainbow Café: 708-843-2005 chazbarnett@yahoo.com Charles Barnett 773-595-4921 uusi@sbcglobal.net Allan Lindrup Forum: UU Environmental Book Club: Allan Lindrup 773-595-4921 uusj@sbcglobal.net tulip51girl@gmail.com Connections Group: Irene van der Hoek 708-305-4913 Men's Group: Allan Lindrup 773-595-4921 uusj@sbcglobal.net greywolf2496@hotmail.com Stitchery Group: Karen Beran 708-532-6024 A Positivity Project: Michele Johnson 708-748-0362 (Meetings, Sound bath, Labyrinth) CUUPs - Sylvan Sanctuary sylvansanctuarycuups@gmail.com Angela Denk

Call or email the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339 <u>churchadmin@uuccpf.org</u>

#### **Church Information**

70 Sycamore Drive Park Forest, IL 60466 Office Phone: 708-481-5339 E-Mail: churchadmin@uuccpf.org Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter). The newsletter deadline is always the 20th of every month.

\*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.



Visit us on the web @ www.uuccpf.org

Unitarian Universalist Community Church 70 Sycamore Drive Park Forest, IL 60466