

UUCC Community News

Unitarian Universalist Community Church

NOVEMBER 2024



Sunday Worship Service 10:00am

UCC COVID UPDATE: The UCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.



FALL BACK!

Change your time Saturday night so you don't show up early for service.

Nov 3 Rev. Henrietta Byrd

"Our Harvest of Love and Thanksgiving"
Let us begin to shift ourselves into the mode of receiving the love and the gratitude we feel for ourselves and each other.

Nov 10 Rev. Denise Tracy

"The Two Sides of Love"
Love is a continuum.
We all need to deal, respond and live with both sides.

Nov 17 Larry McClellan

"The Humanity Question"
In every generation, perhaps in every decade, we again face the dilemmas of how to affirm common humanity. This month, the question is age-old and brand-new.

Nov 24 LeAnn Mull

"And So It Begins..."
And so it begins, what "it" is remains to be seen. The week of thanksgiving though will give us some moments for thankfulness with a look at the near and far future ahead.

First Sunday Potluck NOVEMBER 3RD after worship



At UCC, the first Sunday of each month after worship service we share a potluck luncheon. Join us for this time of Fellowship!

UCC Connect FORUM

Sunday, Nov. 10, starting about 11:30 a.m., meeting at church with an option to join via Zoom. Topic: What we UUs think about the election results and their impact on policies and society over the next 2 to 4 years. Come share your thoughts and hear what your fellow church members are thinking.

Religious and Character Education

Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.



Listening Hearts

November volunteers, Darlene Objeda and Collin Kirchner, are available as a source for listening, support and resources.



Please follow us on [Facebook](#) for UUCC event reminders.



The President's Column November 2024 by Laurene Lambertino-Urquizo



Hello all! I am extremely glad to be back with you here, writing my monthly newsletter article again after having some health issues this summer. But all is well now, and I am hoping that you, too, are doing well.

I want to tell everyone about a new and exciting rental that will be coming to UUC in a few days. We all know that we have worked with Respond Now (a social service organization) over the years by sending them donations of money, food, clothing, supplies, and even some from our congregation volunteering time at their site on Emerald Ave in Chicago Heights. We have shared a close relationship with them and their Executive Director, Carl Wolf, who has given sermons at our church over the years. Now we will be renting them space in our church.

A few years ago, some "Red State" governors thought they could gain political points with their base by sending buses full of immigrants that had crossed our southern border and were waiting for their court cases for asylum. Thousands of Venezuelans were sent to Chicagoland on hundreds of buses two years ago by Texas Governor Greg Abbott. By sending these people to "Blue States" in the north they could avoid the financial burden of supporting these asylum seekers themselves. Some of these buses arrived in University Park, as well as other local communities. At that time, I tried to contact area officials to see how UUC could help, but I got nowhere in the confusion of that time.

The State of Illinois had to scramble to find money in the state budget to care for the immigrants, leading some citizens to anger because of competition for these funds. Funding was eventually made available through a series of grants through the state to be administered through existing social service organizations, like Respond Now, in local communities, such as University Park, Chicago Heights, Ford Heights, and Sauk Village. A third round of this funding recently has become available, and this time Park Forest applied and was awarded a grant. The Village of Park Forest reached out to Respond Now to disperse the funding designated for rental assistance and other resources. This is particularly important now because the state is planning to close the temporary shelters and move the immigrants into housing. Respond Now was required to do this within Park Forest and so they looked to work with area churches.

Carl Wolf approached our board this past month and asked if we would rent space to Respond Now to have an office here to offer rent assistance & other social service programs to those people in need, such as these immigrants. Our UUC board saw this as an opportunity for our church to help and we approved this request.

Continued

The President's Column *continued-*

As of November 1, Respond Now will be occupying Classroom 3 with their desks, laptops, file cabinet, and a printer to begin serving the community.

The funding for this program will continue through June 2025. Then they will have to reassess if they would like to continue this program. There will be three or four caseworkers present from Respond Now Monday through Friday to see applicants by appointment. There will not be any food pantry involved nor donations of clothes or supplies.

One reason I love UUCC is the history we have of doing good whenever we have had the opportunity. We have always sought to demonstrate our beliefs by our deeds rather than just words. Our work with organizations such as Respond Now and PADS has permitted us to be of service to those in need in our community. I believe this to be a tremendous opportunity for us to do some good and help newcomers to our country who need such services as rental assistance, access to ESL classes, and help signing up for medical assistance--all services that will help them make the transition into a foreign and sometimes confusing new country. This is something many of our ancestors had to do when they first arrived in this country. We have worked with Respond Now for decades and know them to be a trusted organization for positive change. I know our congregation will be warm and welcoming to this new addition to our church.

Financial Update

As of the end of September, we are 25% of the way through the 2024-25 fiscal year. Have you paid 25% of your pledge? Some of you have not yet made a payment. Others have paid their pledge in its entirety. We appreciate all of your financial support. So far this year, our income has exceeded our expenses by about \$1,000 per month. Our investments in the UU Common Endowment Fund have also grown. So, for the time being we are in good shape financially.

The Audit Committee is being formed. We need two members of the congregation and one member of the Board to review the financial transactions from last year. Allan Lindrup has already volunteered to be the Board Representative. Are you interested in joining him for this task. This should require 2-4 meetings to go over paperwork to confirm the computer data. Please be in touch with Allan Lindrup or Treasurer, Nancy Irons.

The parking lot, which was resealed and painted two years ago, is already needing attention. We are pursuing the sealcoating company for a partial refund, but I doubt that will happen. So, we will probably have another major expense in the spring to redo the parking lot. It has also been suggested that it is time to power wash and repaint the building, but that too will probably have to wait until spring. So, while we are financially sound right now, we can anticipate more expenses in the spring.

Nancy Irons, UUCC Treasurer





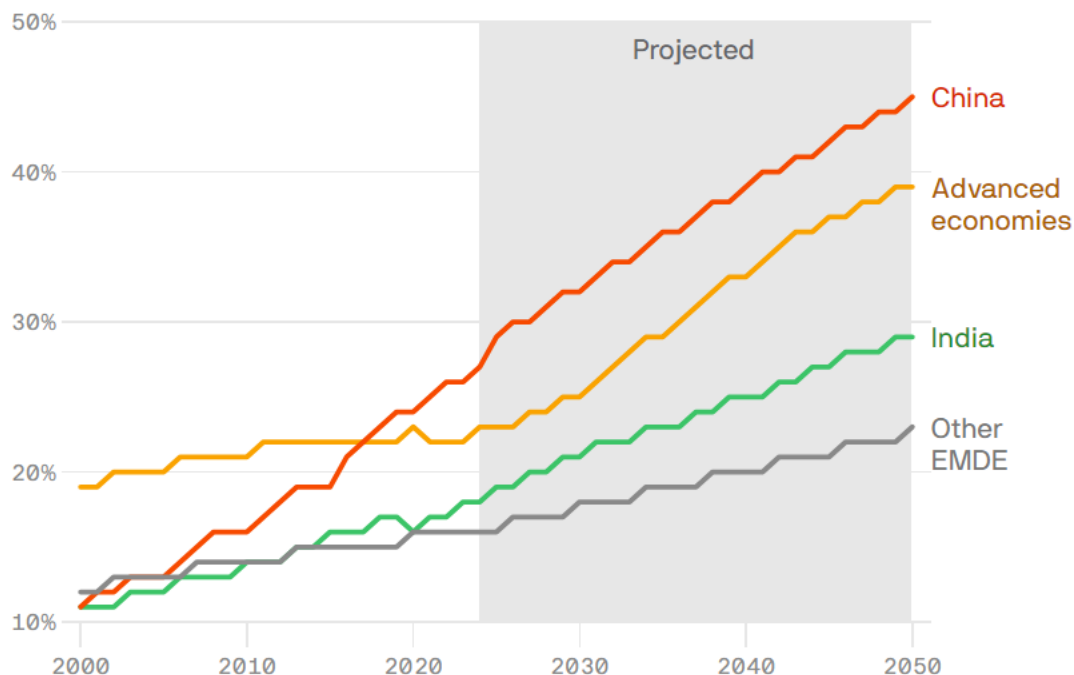
GREEN SANCTUARY BY JEFF GREEN – NOVEMBER 2024



After getting married in June 1992, I couldn't wait to learn more about renewable energy. I was going to energy fairs, subscribed to Home Power Magazine, taking classes on renewable energy, and helped to start a RE fair for Illinois. We met 19 times once a year for 19 years. Bob and Sonia Vogl who managed the fair have basically aged out of it about the same time that covid hit the country. You can't do this alone; it takes a team to pull it off. Going up to the Wisconsin Energy fair, I was looking for volunteers to put on a fair with. Along Bob and Sonia came to my booth in 1998. Our first fair was started in 2001, and the last one was in 2019. Renewable energy was less than 1% of our nation's electricity when the first fair started. Truthfully it was like a magical time to be a part of the energy fair.

Share of electricity in final energy consumption under current policies

Annually, 2000 to 2050; Data projected from 2024 to 2050



Adapted from IEA; Note: Other EDME refers to emerging market and developing economies other than China and India; Chart: Axios Visuals

<https://www.rechargenews.com/energy-transition/iea-world-moving-into-age-of-electricity-but-amid-geopolitical-strains/2-1-1724857>

IEA: World moving into 'Age of Electricity' but amid geopolitical strains

Oil and gas supply likely to be in surplus later this decade but low-emission sources like renewables to generate more than half of power needs by 2030, World Energy Outlook 2024 predicts

The IEA expects an overhang of oil and liquefied natural gas (LNG) in the second half of this decade, as well as an oversupply of manufacturing capacities for technologies such as solar PV and batteries.

continued

Green Sanctuary continued

You may have heard the phrase, "God laughs at the best laid plans". Whether this happens as they say, we shall see. According to IEA, there is going to be a glut of energy. This strongly suggests we will see lower costs for our energy prices. If it is handed down to us, we can see some relief to our pocketbooks for our energy.

Low-emissions sources are expected to generate more than half of the world's electricity before 2030, the IEA reckoned, while demand for coal, oil and gas is seen peaking by the end of the decade.

This is one of the most important points to come out of this report is the decrease in our pollution rate around the world. According to the article, our energy history has gone from coal to oil and now will moving into the age of electricity that will sourced more and more on clean electricity. At the heart of this is China. Going from one of the dirtiest forms of energy to the cleanest.

The Asian superpower's solar power generation alone could exceed the total electricity demand of the US today by the early 2030s, he said.

As I continue interacting online with strong doubters of China's intensions to go clean electricity, I couldn't pass up the chance to put this out there. Despite our geopolitical tensions with China, I'm happy to give them credit for what they are doing right.

Continuing today's policy settings – which come down to an absence of a sharp decline of global carbon dioxide emissions – the world is on course for a rise of 2.4° Celsius in global average temperatures by the end of the century, well above the Paris Agreement goal of a rise limited to 1.5°C, the IEA said.

Humanity is being challenged right now to change our energy habits or suffer even stronger consequences of climate. In another climate called politics, who will help us progress towards a cleaner energy lifestyle and who will drag their feet. Our votes do make a difference, and I hope you will vote your conscience in the booth this election year.

It's with gratitude that you have given your time to read this article. Hoping to reach you again with other articles that I hope are of interest to you. Thank you. Jeff Green.

Volunteer Recognitions

Thanks go out to The CUUPs chapter for their litter pick-up event along Sycamore Drive one Sunday afternoon. They were amazed at how much trash they reclaimed for our dumpster. Special recognition goes out to those members of the Rental Team who scrubbed our white sign at Western Avenue and installed a small garden area at the base of the sign at our driveway. Thank you for all your efforts!

Volunteer Opportunities!

There are many interesting tasks that need attention. Would you like to help?

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland (mexmasrag@aol.com) for details on the Sexton team; Joyce Sligar (jsligar02@gmail.com) for Ushers and Greeters; and Jodi Libretti (jlibretti@sbcglobal.net) for the Zoom hosts.

We also need volunteers who are willing to help with setup, cleanup and to be on-hand for rentals. We need hospitable people to encourage and enable success of our rentals that help fund the church. There are also lots of opportunities to help beautify and maintain our building and grounds! Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or churchadmin@uuccpf.org) for more information or to arrange access to the building and supplies.

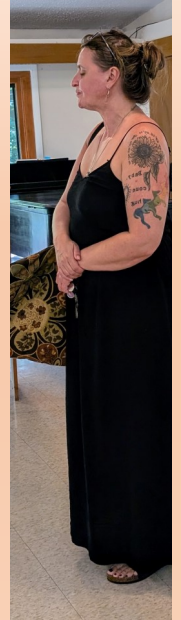


Connections

by Barb Anderson



Angela Denk will be doing a Pagan ceremony on Friday, November 1st from 6 to 9PM at Unitarian Universalist Community Church. It will involve a ceremony outside, a feast and a fire.



The walkway entrance to UUCC has been renewed with new carpet and paint thanks to Nancy Irons, Building & Grounds and Virginia Jackson, Office Administrator. The work was done by Lawrence, a handyman recommended by Laurene our Board President. It looks great.



A "Sound Bath" will , once again, be held on November 18th at UUCC. Founder of the Positivity Project Michele Johnson and UUCC Member Jane Troescher will play singing bowls, chimes, a Gong and other percussion instruments in a candle lit Sanctuary. It's both beautiful and healing. See pg. 12



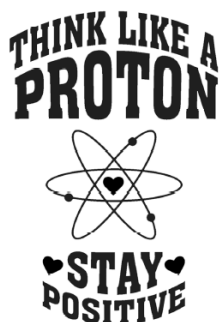
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Connections continued

Paloma Chavira played 1st violin at the Driehaus Museum on October 16th with the Chicago Youth Symphony Orchestra. And I plan to attend the concert at Orchestra Hall in December.



Barry Vronay, at the Star Trek Convention, had the opportunity to meet Casey Biggs, who starred as the Cardassian Damar, on Star Trek: Deep Space Nine!



The **POSITIVITY PROJECT** has gotten wonderful feedback from participants. They have lots of interesting plans for future meetings. Come check it out, it may just change your life.

A Positivity Project

Are you feeling overwhelmed by negative news?

Feeling like it's hard to find a bright spot in the day?

Come join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a provided soft beverage and spend a short time in meditation as we send out our most loving and healing intentions to the planet and its inhabitants.

When: 1st & 3rd Monday of the month, 6:30-7:30 pm, door open at 6

Where: UUCC, 70 Sycamore Dr., Park Forest, IL

No need to reserve your space. All are welcome, come if you can.

For more information: Michele Johnson 708-748-0362

This is an independent offering, not affiliated with the church. They are our gracious host.

During this church year the UUCB Board has agreed to share information about the **North American Unitarian Association (NAUA)** with our members, so that later in the church year our membership can decide if it would like to have UUCB affiliate with NAUA in addition to the UUA. (There is no specific cost for such affiliation). The NAUA's bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the **OCTOBER NEWSLETTER**. A sample Liberal Beacon Newsletter is in the Gathering Room.



North American Unitarian Association

Helping Liberal Religion Thrive

The **North American Unitarian Association (NAUA)** is open to membership by individuals or organizations (such as congregations). There is no specific membership donation, it is a free-will donation system. An organization can be a member of NAUA while concurrently being a member of the UUA or any other non-profit organization. During this church year we will share with you some of the offerings of the NAUA.

On the **second Tuesday of each month** NAUA's Academy has an educational offering, which involves a presentation, followed by discussion by attendees. **These sessions start at 6:30 p.m. Central Time. Please note that you Must Register** at <https://naunitarians.org/civicrm/event/register/?id=154&reset=1> to have the Zoom URL emailed to you.

The NAUA has a monthly worship service, which is held on the **third Saturday of the month, at Noon Central Time**. The description of the next Worship Service is not yet available as this is written. The following link can be used to access that worship service: Zoom link: <https://tinyurl.com/NAUAService>

NAUA has several small groups, called Circles. Three are on-going. A new one, which is just organizing, will focus on spirituality and last 10 to 12 session (probably once a month). It will be led by retired UU minister David Markham. When it will be scheduled is not yet know - probably decided by a poll of those who express an interest. To express an interest email circles@naunitarians.org

Respond Now – Call for Donation Items



Holiday Food Drive – Please bring in non-perishable holiday food items for Respond Now to distribute to needy families. They want items such as: boxed stuffing mix, corn-bread mix, canned pumpkin pie filling, canned cranberry sauce, instant mashed potatoes, etc. Help brighten the holidays for area families.

Winter Wear Drive - Please bring in new hats, gloves, scarves, and coats for kids. Respond Now will be distributing these items to families in need. A designated box for winter wear and toys will be in the Sanctuary.



Christmas Toy Drive – Please bring new, unwrapped toys for young children or gift cards for teens. There will be a collection box in the Sanctuary for the toys. The Gift cards can be put in the donation basket on Sunday or given to Treasurer Nancy Irons. Respond Now will distribute these gifts at their annual holiday party.

Dear Friends,

The last several years I have knit, donated and sold scarves for the holidays.

This begins our fund for the March International Women's Day collection for the International Convocation of UU Women. For the last several years one of the ICUUW's recipients has been a group called Providence.

Thanks to the generous donations of donors like you, the total amount that Providence has provided for various humanitarian and educational activities to support Ukrainian refugees and those internally displaced - since the onset of war - has reached 350,500 USD. Providence has set up sites for refugees in Unitarian Churches in both Transylvania and Hungary. Our funds support those impacted by Russia's invasion of Ukraine in the past year. Since this report, there has been an additional aid shipment to southern Ukraine (Odesa, Mykolaiv area), bringing the total deliveries to 20 (11 to Transcarpathia and 9 to Southern Ukraine).

We can be proud to contribute to relieve the suffering of the elderly, women and children who have fled to safety in the face of the Ukrainian War.

Scarves will be available again in November and we will be celebrating International Women's Day with a special collection for the ICUUW.

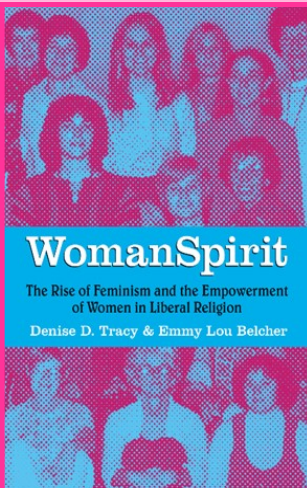
Thank you. Rev Denise Tracy, Outreach Chair and member ICUUW



~~~~~ RECOMMENDED READING ~~~~~

The number of women serving as ministers in North American Unitarian Universalist congregations grew from less than 1% to almost 50% between 1970 and 1990. In this important book Denise Tracy and Emmy Lou Belcher tell how this change came to be.

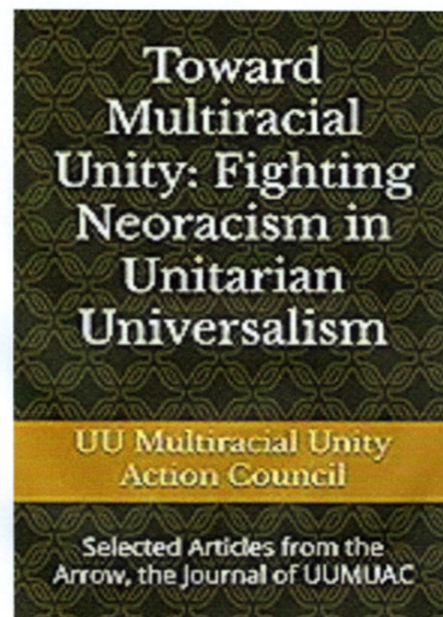
WomanSpirit



WomanSpirit is a collection of twenty essays by extraordinary Unitarian Universalists who illuminate their journey of empowerment and evolution. It's a tribute to their dream of a more inclusive, equitable future—and, in doing so, reshaped the very fabric of the denomination.

Price: \$24.95 Pages: 396 Available for purchase on Amazon and InSpirit Bookstore

We believe that the way to promote multiracial unity in UU congregations, and elsewhere, is to LIVE the Seven Principles of Unitarian Universalism. We are dismayed to see that our Association of congregations is being taken over by an ideology of neoracism. The articles in this book will help UUs understand this issue better.



258 pages. Available from Amazon, \$15.

To order multiple copies at a discounted price, contact us:
UUMUAC@gmail.com

What's Happening at UUCC?



Tuesday, November 5th at 10:30 am

This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC classroom 3. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle.

For more information contact **Karen Beran 708-532-6024**

UUCC Men's Group

Sunday, November 3, from 6:30 to 8 p.m. via Zoom.

Men's Group meets the **FIRST SUNDAY EACH MONTH VIA ZOOM AT 6:30P.M.**

After our in-depth check-ins we will be sharing our analysis of this year's election campaigns and what we are expecting in the way of results. This group is open to all who identify as male. If you have not been involved, but would like to get the Zoom invitation to try the group out, contact Allan Lindrup at uusj@sbcglobal.net or 773-595-4921.

UUCC CONNECTIONS SMALL GROUP MINISTRY

The Next Connections Group meeting is **WEDNESDAY, November 13th at 1-2:30pm.**

We meet on the **2ND WEDNESDAY** of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email tulip51girl@gmail.com



Photo by [Mohamed Nohassi](#) on [Unsplash](#)

Buddhist Meditation

Saturdays at 9am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

Location: Online

Cost: Free will offering

Contact: Steve McCabe steve.mccabe6914@gmail.com

The Unitarian Universalist Multiracial Unity Action Council

UUMUAC Monthly **Third Wednesday** Worship Service at **7:00 pm Central Time**

For Zoom information, please send name, email, and congregation (if any)

to richard3point@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



Buddy Mondlock

with Mike Lindauer
on bass and harmonies

Unitarian Universalist
Community Church

SAT, NOV 9TH, 7:30PM

With special guest Donna Adler

Edgars Place is proud to present Buddy Mondlock. A native of Park Forest he has had an outstanding career. Buddy writes songs. He does it so well that some great songwriters have recorded his songs on their own albums. Guy Clark, Nanci Griffith, and Janis Ian, to name just a few. You might've heard his song "The Kid" (recorded by David Wilcox, Peter, Paul and Mary and Cry, Cry, Cry). When Buddy made his first trip to Texas from his native Chicago, Guy Clark heard him singing one of his songs under a tree at the Kerrville Folk Festival and liked it. So Guy went back to Nashville, opened the door and said, "listen to this kid, he's good!" A publishing deal soon followed.

People were starting to pay attention. In 1987 he was a New Folk Award Winner at Kerrville and he released his first album called "On the Line". Over the next few years David Wilcox recorded "The Kid" on his first record for A&M. Buddy did some writing with this other new kid in town named Garth Brooks (they had the same manager). Janis Ian heard him singing at the Bluebird Cafe and asked him if he'd like to write with her. Their song "Amsterdam" got recorded by Joan Baez. Nanci Griffith asked Buddy to sing on a show she was taping for Irish television. She ended up liking that song so much that she recorded "Comin' Down In the Rain" on her Grammy Award winning collection "Other Voices, Other Rooms." Garth became a star and "Every Now and Then" ended up on his album "The Chase."

Since then he's released a string of critically acclaimed solo recordings on his own label and EMI. And in 2003 Buddy toured North America and Europe with Art Garfunkel and Maia Sharp in support of their album "Everything Waits To Be Noticed" which they wrote and recorded together as a trio.

\$15 Cover

70 SYCAMORE, PARK FOREST
708-481-5339

RAINBOW CAFE

Rainbow Cafe will meet on Friday, November 15th, 2024
Doors to the church open around 6:30 pm. The film starts around 7:00 pm.
Soft drinks and snacks are served.



“HAUNTOLOGY”

An older sister takes her fearless runaway sibling on a road trip, to share the most chilling tales surrounding their hometown.

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film.

Invite friends!

Optional - bring snacks to share.



Unitarian Universalist Community Church
70 Sycamore Drive, Park Forest, IL 60466
708-481-5339 uucpf.org



**WE LOVE OUR
NEIGHBORS**
IMMIGRANT LGBTQ
OF COLOR WITH DISABILITIES
OF ALL AND ANY FAITHS

A **Positivity Project** invites you to ***Sounds for a Gentle Earth***, our next sound offering on Monday, November 18 from 6:30-7:30

Did you know that sound can have a deep impact on us both physically and psychologically? Because we are made up of mostly water we are influenced by the frequencies of the noises around us. A sound bath is a meditative practice that incorporates the playing of bowls, bells, chimes or gongs and can be easier than other meditative practices because all you have to do is listen. (suggest early arrival to secure a gravity chair)





Sylvan Sanctuary CUUPS is an open, eclectic, Neo-pagan circle affiliated with the Unitarian Universalist Community Church of Park Forest. Monthly meetings are the **FIRST SUNDAY EACH MONTH at 12:30pm** at the UUCC Church. Many other events are planned throughout the seasons.

For more information or to join the group contact Angela at sylvansanctuarycuups@gmail.com

ATTENTION! Are you concerned about the environment?

Join the Multi UU Church Environmental Book Club on Monday, November 18th starting at 7 p.m., via Zoom

This book club meets the **THIRD MONDAY EACH MONTH via Zoom**, starting at 7 p.m. and going to about 8:30 p.m.

We will begin discussing our new book selection - How to Prepare for Climate Change: A Practical Guide to Surviving the Chaos - by David Pogue.

Anyone who would like to join this book club should contact Allan Lindrup at uusj@sbcglobal.net or 773.595-4921.



**A Moment in Balance weekly Yoga Classes
by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest**

Monday & Thursday 9:30 – 11am

Wednesday evenings 7:00 – 8:30pm

This class is for everyone, beginner to experienced.
No reservations needed. Drop-in fee is \$15 per class.
Call Karen (708) 755-3577

**Flowering Dogwood Martial Arts Way at UUCC
Tuesday & Thursday at 7PM AND Saturday at 9AM**

Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordpersonship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

About:



Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching.

Contact Rob at 573-579-0646 for information.

Get involved, get supported, support others.

<https://sidewithlove.org/>

Side With Love Action Center

“There is no such thing as a single-issue struggle because we do not live single-issue lives.” — Audre Lorde

Action Center Guide

The work that we do together to build a world in which all of us are free and thriving is interrelated. When we ground our spirits, grow our skills, and act strategically for justice in deep relationship with each other and our Movements, we choose to Side With Love.

Action Center is a place where we unite in work towards a world where we all thrive. Together we take action, Side With Love, and make deep impacts in this critical moment.

Our intersectional justice priorities are:

Create Climate Justice (inclusive of Indigenous sovereignty and Climate Resilience)

UU the Vote Democracy and Electoral Justice (Voting Rights and electoral participation)

Love Resists Decriminalization (inclusive of Racial Justice and Immigration Justice)

UPLIFT Action LGBTQIA+ and Gender Justice (including reproductive justice and abortion access)

Will you join us?

Subscribe to our newsletters

Join one of our volunteer Squads, the backbone of the Action Center



***SUNDAY SERVICE DECEMBER 1ST
AT 10:00AM***

***The Bittersweet Christmas Band
Traditional & Contemporary
Holiday Music***

The holidays are a mixed bag and so is the Bittersweet Christmas Band! Phil Cooper and Kate Early join Patty Peace and Susan Urban for a show that presents every possible perspective on the holiday season from the reverent to the ridiculous. The Bittersweet Christmas Band an act not to be missed!

Saturday NOVEMBER 30 at 7:00PM

Ecstatic dance is a place where you can dance as your authentic self without judgement. It is an open free-flow dance meditation.

We will be enjoying an eclectic soundscape, experiencing the ebbs and flows of the music. We invite you to trust your body's needs and take breaks to breathe, drink water, or feel through anything that arises. We will be here with you as we dive into the depths of our shared humanity. We are grateful for you!

Ecstatic
MUSIC BY RIZE
Dance

November 30, 2024

Doors Open @ 7pm

Unitarian Church Park Forest

70 Sycamore Drive

Park Forest, Illinois

Love donation: \$15-25 (sliding scale)



Nov. 3rd Daylight Savings
Time ends. Set your clock
back Sat. Nov. 2nd.
Don't be early for service!

NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 10am Worship	28 9:30am Yoga	29 7pm Flowering Dogwood Martial Arts	30 7pm Yoga	31 9:30am Yoga 7pm Flowering Dogwood Martial Arts	1 6pm Samhain Celebration	2 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
3 Daylight Sav- ings Ends 10am Worship First Sunday Potluck 6:30p UUC Men's Group	4 9:30am Yoga 6pm Positivity Project	5 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	6 7pm Yoga	7 9:30am Yoga 3pm PADS team 7pm Flowering Dogwood Martial Arts	8	9 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts 7pm Edgars Place Buddy Mondlock
10 10am Worship 11:30 am UUC FORUM	11 VETERAN'S DAY 9:30am Yoga	12 7pm Flowering Dogwood Martial Arts	13 1p Connections Group 7pm Yoga	14 9:30am Yoga 7pm Flowering Dogwood Martial Arts	15	16 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
17 10am Worship	18 9:30am Yoga 6pm Positivity Project Sound Bath 7pm Environmental Book Club (Zoom)	19 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	20 7pm Yoga 7pm UUMUAC online Worship Service	21 9:30am Yoga 7pm Flowering Dogwood Martial Arts	22	23 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts
24 10am Worship	25 9:30am Yoga	26 7pm Flowering Dogwood Martial Arts	27 7pm Yoga	28 Thanksgiving 9:30am Yoga 7pm Flowering Dogwood Martial Arts	29	30 9am Online Buddhist Meditation 9am Flowering Dog- wood Martial Arts 7pm Ecstatic Dance

Event Facilitators

Buddhist Meditation:	Steve McCabe	steve.mccabe6914@gmail.com
Yoga:	Karen Nielsen	708-755-3577 shanti-one@comcast.net
Rainbow Café:	Charles Barnett	708-843-2005 chazbarnett@yahoo.com
Forum:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
UU Environmental Book Club:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
Edgar's Place:	Dave Rudolf	daverudolf50@gmail.com
Connections Group:	Irene van der Hoek	708-305-4913 tulip51girl@gmail.com
Men's Group:	Allan Lindrup	773-595-4921 uusj@sbcglobal.net
Stitchery Group:	Karen Beran	708-532-6024 greywolf2496@hotmail.com

Call the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339

Church Information

70 Sycamore Drive

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E-Mail: churchadmin@uuccpf.org

Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter).

The newsletter deadline is always the 20th of every month.

****You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.***



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***Unitarian Universalist
Community Church
70 Sycamore Drive
Park Forest, IL 60466***