

Sunday Worship Service 10:00am

UUCC COVID UPDATE: The UUCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.

OCTOBER SUNDAY SERVICES

OCT 6 Anne Holcomb

Title: "Stolen Indigenous Land Acknowledgements: Empty words like past empty treaties, or motivation for action?" What can you do to make these words mean something? A sermon for Columbus Day, 2024

Oct 13 Rev. Denise Tracy

Title: "The Memory of Trees" What can we learn from the forests of the earth?

Paloma Furst Chavira will accompany our pianist Chris Ussery this Sunday!

Oct 20 Bev Feldt

Title: Temporary Shelter This week, Jews all over the world will observe the holiday of Sukkot. What's the meaning of this week-long commemoration, and what could it teach us?

Oct 27 Nancy Irons Title: "The Thinning of the Veil." Join us we explore traditions from around the world that honor those who have gone before. As part of this exploration, we will be building an Ancestor Altar.

Please bring in photos of loved ones (friends or relatives) who are no longer of this world, that you would like to honor at this time.

Halloween costumes are welcome for this service!

We will also be collecting donations for UNICEF during the service. So, bring bills or change for the jack-o-lantern pot.



First Sunday Potluck OCTOBER 6TH



after worship At UUCC, the first Sunday of each month after worship service we share a potluck luncheon. Join us for this time of Fellowship!

NO UUCC CONNECT FORUM this month due to Violin Recital - below

VIOLIN RECITAL Sunday Oct. 13th After the service Paloma Furst Chavira will

play her violin accompanied by Lisa Kristina to thank the congregation for its generous support for her recent travel to France.

Religious and Character Education

Classes for elementary school children have resumed. We offer classes on the first and third Sundays of the month using a curriculum based on the creation stories from different world religions and cultures.



Listening Hearts October volunteers, Joyce Semmler and Jodi Libretti, are available as a source for listening, support and resources.

Listening Hearts

Please follow us on Facebook for UUCC event reminders.



The President's Column October 2024 by Laurene Lambertino-Urquizo



Laurene is taking a break and hopes to return with The President's Column next month.

Financial Update

As many of you remember, in February of 2018 UUCC experienced a flood when the local sewers backed up, filling much of the church with 1-2 inches of water. This disaster led to our congregation being displaced for 10 months, renting space at the then Trinity Lutheran Church in Park Forest. We signed a contract with Craftsmanworks Restoration Services, Inc. to repair and restore our building.



Growing the Vision.

We agreed to pay one third of the total cost at the start, another third halfway through the work and the final third at the completion of the job.

For the most part, the restoration process proceeded fairly smoothly. Of course, there were issues and delays, but overall things progressed. Our insurance company, Church Mutual, provided reimbursement to UUCC for our expenses. This included expenses for the restoration work, purchases of replacement items, and the value of destroyed items we choose not to replace. Difficulties with the contractor began when he insisted on his second payment, well before half of the work was completed. This pattern continued with him wanting the final payment before the job was completed. We withheld approximately \$10,000 of the final payment to ensure that the job get done.

What we did not know, is that the contractor also pursued our insurance company for payment, which they did send to him. At the very end, threating to not finish our job, the contractor received the \$10,000 payment from both us and the insurance company. When we realized that he had been paid twice, we sought a refund. The contractor did not comply and stopped communicating with us. Ultimately, we filed for arbitration and won our case. The contractor still did not respond. We engaged a lawyer, who filed in Small Claims Court to enforce the arbitration award. Again, we won and were ignored. The attorney pursued the case further, gathering proof of intentional fraud and malfeasance, as well as financials on the contractor and the shell company he setup. This process has dragged on for a number of years now.

Recently, the Board had an update from our attorney. He advised us that to proceed, he would need to file a new case, expanding whom we sue, to include both the initial contractor, his then vice president, and the replacement shell company they established to avoid paying debts. In the long run, the attorney felt that we had a winnable case, but advised us that it could potentially cost as much as we might be awarded. While the attorney agrees that the contractor cheated us, he felt it was unlikely that we would be able to collect any award, even if we did win. While it is frustrating to have experienced this deception, it is clear that this case cannot be brought to a satisfactory close anytime soon. At the September 2024 Board meeting it was reluctantly decided not to pursue this matter any further. Thanks go out to everyone who helped with this case.

Nancy Irons, UUCC Treasurer

Samhain Service for Halloween Sunday, October 27th

Wear a costume!

Thinning of the Veil – Pagans celebrate the holiday of Samhain as a time to remember and commune with ancestors. Late autumn brings falling leaves, migrating birds and killing frosts. In this season of endings and dying, the veil between the world of the living and the world of the dead grows thin. World-wide, this is a time to reflect on those that have gone before.

Join us on Sunday, October 27th as

we

explore traditions from around the world that honor those who have gone before. As part of this exploration, we will be building an Ancestor Altar.

Please bring in photos of loved ones (friends or relatives) who are no longer of this world, that you would like to honor at this time.

Halloween costumes are welcome for this service!



Ancestor Altar – Bring in Photos of Loved Ones

TRICK OR TREAT FOR UNICEF

We will also be collecting **donations for UNICEF** during the service. So, bring bills or change for the jack-o-lantern pot.

Volunteer Recognitions

Thanks go out to all who helped make the Memorial Service for long-time member Suzie Brown a success. This includes Jodi Libretti, Joyce Semmler, Marilyn Ragland, Darlene Obejda, and others. Thank you again! Suzie would have appreciated all of your efforts.

Volunteer Opportunities!

There are many interesting tasks that need attention. Would you like to help?

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland <u>mexmasrag@aol.com</u>) for details on the Sexton team; Joyce Sligar (<u>jsligar02@gmail.com</u>) for Ushers and Greeters; and Jodi Libretti (<u>jlibretti@sbcglobal.net</u>) for the Zoom hosts.

We also need volunteers who are willing to help with setup, cleanup and to be on-hand for rentals. We need hospitable people to encourage and enable success of our rentals to help fund the church. There are also lots of opportunities to help beautify and maintain our building and grounds! Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or <u>churchadmin@uuccpf.org</u>) for more information or to arrange access to the building and supplies.



GREEN SANCTUARY BY JEFF GREEN - OCTOBER 2024



Sometimes as we are growing up as children, our interests peak in school over some part of what we are studying. I was nowhere near the brightest in my class, although I enjoyed my interactions with all my classmates. I was in chemistry class and a small section came up for batteries. I was studying this ahead of time the night before. There was a light in me that absorbed the information like a sponge.

The next day was our lab and I could explain the interactions of the chemistry quite well while the others were still gaining traction. Can I explain that today? No. But my point is, this was the start of my interest in batteries.

Add in renewable energy and electric vehicles and now there is a whole field of large batteries to do the work of storage for different purposes in our society. Batteries have grown in our society enormously in value and function. I just ran into a study online that has talked about electric utility batteries for Illinois. Since we have to get rid of fossil fuels, we need a way to stabilize the grid since we are going to use intermittent energy sources like solar and wind. Grid level batteries have been designed to do the job.

https://www.utilitydive.com/news/energy-storage-illinois-legislation-reliabilitystudy/724457/?

Adding 8.5 GW of energy storage could save Illinois ratepayers \$3B: study

However, the state may need up to 15 GW of storage to maintain grid reliability, according to the report backed by clean energy groups.

Building 8.5 GW of 4-hour energy storage systems in Illinois could save the state's ratepayers \$3 billion from 2030 through 2049, mainly by lowering wholesale capacity prices, according to a study released Monday.

The storage capacity, which would cost about \$25 billion, would also produce \$7.3 billion in benefits by reducing power outages and up to \$4.9 billion in benefits from less air pollution, The Power Bureau, a consulting firm that wrote the study, estimated.

One of the issues of building an electric grid is that it is looked at in the long term. In 2049, should I be alive, I will be 95 years old. This is part of the plan to leave fossil fuels in the ground rather than polluting our air. I am assuming the 8.5 gigawatts (giga=billion) cost is the \$25 billion listed above. It seems to have an interesting list of benefits.

Ratepayers save \$3 billion. This is in your electric bill.

Power outage savings \$7.3 billion. Businesses lose money when power goes out.

Less air pollution savings \$4.9 billion. I will assume health benefits on this one.

Assuming I understand the article correctly, we are investing \$25 billion and will achieve \$15.2 billion in savings by 2049. Another possible 10 years beyond 2049, the investment would pay for itself.

Living in Illinois, I am quite happy what we Illinoisans are doing quite well in a United States perspective. <u>H.B. 5856</u> and <u>S.B. 3959</u> are pending in the Illinois legislation right now. Should you notice you have the chance to comment in the future at the appropriate time, please do so. Our future needs our participation.

As always, I'm grateful to have the position of chatting with my fellow UUs on our green future. Thank you for letting me be a part of your reading pleasure.

Sincerely, Jeff Green



Connections by Barb Anderson





On Sunday, October 13th during the UUCC Sunday service, Paloma Chavira will play her violin with Chris Ussery accompanying her. After the service, Paloma and collaborative pianist Lisa Kristina will play a recital in the UUCC sanctuary. (See pg. 7 in this newsletter)



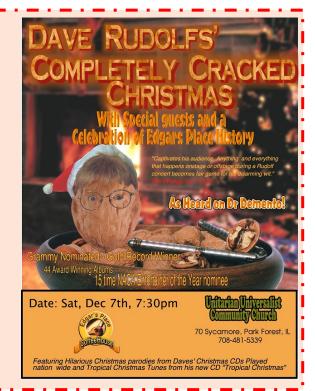
Rev, Denise Tracy brought Barry a red T -shirt with Bram Stoker's picture on it. Rev. Denise gave a sermon on her "Transylvania Travels" at UUCC/PF with the International Convocation Unitarian Universalist Women.





Connections continued

I'm looking forward to Edgar's Place at UUCC in December with Dave Rudolph. Dave's Rudolf's Completely Cracked Christmas will be the final Edgar's Place Coffeehouse performance. It would be great if you could attend to thank Dave Rudolf, and celebrate Christmas as well as say goodbye to a long UUCC tradition.





The **POSITIVITY PROJECT** has gotten wonderful feedback from participants. They have lots of interesting plans for future meetings. Come check it out, it may just change your life.

A Positivity Project

Are you feeling overwhelmed by negative news?

Feeling like it's hard to find a bright spot in the day?

Come join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a provided soft beverage and spend a short time in meditation as we send out our most loving and healing intentions to the planet and its inhabitants.

When: 1st & 3rd Monday of the month, 6:30-7:30 pm, door open at 6

Where: UUCC, 70 Sycamore Dr., Park Forest, IL

No need to reserve your space. All are welcome, come if you can.

For more information: Michele Johnson 708-748-0362

This is an independent offering, not affiliated with the church. They are our gracious host.

Violin Recital at UUCC on Sunday, October 13th at 11:00 AM after the worship service. Featuring Ms. Paloma Furst Chavira accompanied by Lisa Kristina



Please join violinist Paloma Furst Chavira and collaborative pianist Lisa Kristina in the UUCC sanctuary for a recital featuring the works of Paganini, Bach, Korngold and Mozart. Paloma would like to thank the congregation for its generous support for her recent travel to France for a chamber music festival by sharing these works for all to enjoy.

~~~~ RECOMMENDED READING ~~~~~

The number of women serving as ministers in North American Unitarian Universalist congregations grew from less than 1% to almost 50% between 1970 and 1990. In this important book Denise Tracy and Emmy Lou Belcher tell how this change came to be.

WomanSpirit



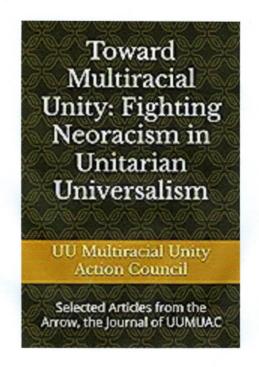
WomanSpirit The Rise of Feminism and the Empowerment of Women in Liberal Religion



WomanSpirit is a collection of twenty essays by extraordinary Unitarian Universalists who illuminate their journey of empowerment and evolution. It's a tribute to their dream of a more inclusive, equitable future—and, in doing so, reshaped the very fabric of the denomination.

Price: \$24.95 Pages: 396 Available for purchase on Amazon and InSpirit Bookstore

We believe that the way to promote multiracial unity in UU congregations, and elsewhere, is to LIVE the Seven Principles of Unitarian Universalism. We are dismayed to see that our Association of congregations is being taken over by an ideology of neoracism. The articles in this book will help UUs understand this issue better.



258 pages. Available from Amazon, \$15.



North American Unitarian Association Helping Liberal Religion Thrive

The **North American Unitarian Association (NAUA)** is open to membership by individuals or organizations (such as congregations). There is no specific membership donation, it is a free-will donation system. An organization can be a member of NAUA while concurrently being a member of the UUA or any other non-profit organization. During this church year we will share with you some of the offerings of the NAUA.

NAUA & the Future of Liberal Religion – Online Presentation When Oct. 8, 2024, at 6:30 CDT

As NAUA prepares for this session. Rev. Dr. Todd F. Eklof will share his thoughts about the direction it should take in its efforts to help Unitarianism and liberal religion to carry on and thrive. This presentation will include his ideas about membership growth, outreach, and future kinds of services and support NAUA might offer. The presentation features a guest speaker, a question and answer and then a short breakout group session You **MUST** register for the session to obtain the Zoom URL. To register, copy and paste the following into your browser's address line:

https://naunitarians.org/civicrm/event/register/?id=155&reset=1

NAUA Summit – Register NOW!

Thursday, October 17 to Sunday, October 20, 2024, will be the first Yearly Summit of the NAUA in Spokane, Washington. We have an exciting <u>online and in person</u> schedule, featuring a Keynote Presentation, workshops focused on current issues facing Unitarians as well as a Sunday Service. There will be excellent food and opportunities for in-person fellowship. The conference will be in-person and on Zoom. Register NOW at <u>https://naunitarians.org/civicrm/event/</u>register/?id=111&reset=1 or look for more information on Summit schedule (<u>https://naunitarians.org/summit-schedule/</u>) workshops, speakers, and more. The registration cost for attending via Zoom is \$30.

On the <u>second Tuesday of each month</u> NAUA's Academy has an educational offering, which involves a presentation, followed by discussion by attendees. These sessions start at 6:30 p.m. Central Time. <u>Please note that you Must Register</u> at <u>https://naunitarians.org/civicrm/</u><u>event/register/?id=154&reset=1</u> to have the Zoom URL emailed to you.

The NAUA has a monthly worship service, which is held on the <u>third Saturday of the month</u>, at **Noon Central Time**. The description of the Sept. 21st Worship Service is not yet available as this is written. The following link can be used to access that worship service: Zoom link: <u>https://tinyurl.com/</u><u>NAUAService</u>

NAUA has several small groups, called Circles. Three are on-going. A new one, which is just organizing, will focus on spirituality and last 10 to 12 session (probably once a month). It will be led by retired UU minister David Markham. When it will be scheduled is not yet know - probably decided by a poll of those who express an interest. To express an interest email <u>circles@naunitarians.org</u>

During this church year the UUCC Board has agreed to share information about the **North American Unitarian Association (NAUA)** with our members, so that later in the church year our membership can decide if it would like to have UUCC affiliate with NAUA in addition to the UUA. (There is no specific cost for such affiliation). The NAUA's bi-monthly newsletter is called the Liberal Beacon. Click on this link to download the newsletter. <u>https://naunitarians.org/liberalbeacon/</u> A sample Liberal Beacon Newsletter is in the Gathering Room.

What's Happening at UUCC?



Tuesday, October 1st at 10:30 am

This group meets the **FIRST TUESDAY of the month from 10:30am-noon** at UUCC classroom 3. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle. For more information contact **Karen Beran 708-532-6024**

UUCC Men's Group Sunday, October 6th from 6:30-8p.m. via Zoom.

Meetings are on the **FIRST SUNDAY of the month**. Meetings consist of in-depth check-ins, followed by discussion of a topic that has been selected in advance. Men who have not been involved, who would like to join or try the group out, are asked to contact Allan Lindrup at <u>uusj@sbcglobal.net</u> or 773-595-4921.

UUCC CONNECTIONS SMALL GROUP MINISTRY

The Connections will start up again on **THURSDAY**, **September 12th at 1-2:30pm**. We meet on the <u>**2ND WEDNESDAY**</u> of each month in person at the church with an option to join via Zoom. All participants will receive an email with the topic information and the Zoom link ahead of each meeting. The Connections conversations are offered as a way to get to know each other better, as we explore various topics. The topics we choose relate to our life experiences, questions, joys and challenges. Participants are free to share their thoughts and feelings, joys and struggles, as they choose. The group is there to listen, to share with and care about each other. The Connections group is NOT a therapy group. All are welcome ! If you would like to join us, please contact the facilitator, Irene van der Hoek at: Cell 708/305-4913 or email <u>tulip51girl@gmail.com</u>



Photo by Mohamed Nohassi on Unsplash

Buddhist Meditation Saturdays at 9am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe. Location: Online Cost: Free will offering

Contact: Steve McCabe steve.mccabe6914@gmail.com

The Unitarian Universalist Multiracial Unity Action Council UUMUAC Monthly <u>Third Wednesday</u> Worship Service at 7:00 pm Central Time For Zoom information, please send name, email, and congregation (if any) to <u>richard3point@gmail.com</u>

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



offeetiousa

WITCHBACK

FRI, OCTOBER 18TH, 7:30PM Initarian Universalist Community Churces 15 Cover- Call For Reservations

"ENERGETIC, EMOTIONALLY CHARGED & EXCITINGLY ECLECTIC, SWITCHBACK COMBINES ACOUSTIC AND ELECTRIC SOUNDS WITH ELEMENTS OF BLUEGRASS, COUNTRY, ROCK, CELTIC AND POP." --FOLKFIRE MAGAZINE

Switchback is the award-winning duo of Brian FitzGerald and Martin McCormack. Switchback draws on traditional Celtic music and original Americana songs that reflect their Irish heritage and Midwestern roots. Playing an exciting mix of mandolin, guitar, and bass, their harmonies have won them comparisons to famous duos, such as the Louvin Brothers, Everly Brothers, & Simon and Garfunkel. 70 Sycamore, Park Forest, IL 708-481-5339

RAINBOW-CAFE

Rainbow Cafe will meet on Friday, October 25th, 2024 Doors to the church open around 6:30 pm. The film starts around 7:00 pm. Soft drinks and snacks are served.



MAN IN AN ORANGE SHIRT



"Man In An Orange Shirt"

From best-selling British novelist Patrick Gale, "Man in an Orange Shirt" tells two powerful love stories set 60 years apart, linked by family and a painting with a secret that echos through generations. The film explores a forbidden relationship made impossible by societal pressures during WW II, and vividly contrasts it with a present-day romance that is nearly derailed by the consequences of the 1940's tale with which it is deeply intertwined.

In 1944, British Army Captain Michael Berryman meets war artist Thomas March in southern Italy, as chaos reigns all around them. Despite having a young fiancée, Flora, waiting at home, strait-laced Michael finds himself falling for Thomas' bohemian charms. In 2017, an aging Flora looks on as her grandson Adam tentatively forms a relationship with his client Steve in a more accepting world. But while the external obstacles have fallen away, minefield of internalized issues and dengerous temptations still pave the road to happiness. From the makers of "Broadchurch" and "Grantchester", this is a tender, powerful film sure to spark conversation about outdated attitudes and equal rights.

Rainbow Café is a social event that provides a welcoming and safe environment for single or partnered gay, lesbian, bisexual, and transgender adults, and their allies. Group is open to anyone regardless of their sexual orientation.

We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film. Invite friends! Optional - bring snacks to share.



Unitarian Universalist Community Church 70 Sycamore Drive, Park Forest, IL 60466 708-481-5339 uuccpf.org



UU Women's Connection Fall 2024 Retreat October 18-20, 2024 Cedar Valley Retreat Center West Bend, Wisconsin <u>Register by October 11</u> Our keynote will be the amazing <u>Amy Gonzalez-Nelsen</u>!

We can't wait for you to visit this new-to-us location! Cedar Valley Retreat Center near West Bend, Wisconsin. We hear the

food is fabulous and when the Council women visited, it seemed like a cozy and comfortable space. 100 acres of pastoral beauty nestled in the heart of Washington County, just a short drive north of the metro Milwaukee area. Your creative spirit will soar while in the studio, walking the beautiful trails, or enjoying a sunset. There are abundant indoor and outdoor recreation opportunities.

REGISTER HERE FOR CEDAR VALLEY <u>https://uuwomensconnection.org/retreats/</u> register





WE LOVE OUR

NEIGHBORS

ALL AND ANY FAITHS



ATTENTION! Are you concerned about the environment? Join the Multi UU Church Environmental Book Club on Monday, October 21 starting at 7 p.m., via Zoom

This book club meets the **THIRD MONDAY EACH MONTH via Zoom**, starting at 7 p.m. and going to about 8:30. This month the group will be discussing Part II of The Weight of Nature: How a Changing Climate Changes Our Brains by Clayton Aldern. Anyone who would like to join this book club should contact Allan Lindrup at <u>uusj@sbcglobal.net</u> or 773.595-4921.



A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest Monday & Thursday 9:30 – 11am Wednesday evenings 7:00 – 8:30pm This class is for everyone, beginner to experienced. No reservations needed. Drop-in fee is \$15 per class. Call Karen (708) 755-3577

Flowering Dogwood Martial Arts Way at UUCC Tuesday & Thursday at 7PM AND Saturday at 9AM

Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordspersonship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

About:



Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching.

Contact Rob at 573-579-0646 for information.



WANTED: Exterior Painter for UUCC

Do you know someone who does **exterior painting**? UUCC needs someone to power wash our exterior and then apply fresh coats of paint. Please send your suggestions to the office 708-481-5339 or email <u>churchadmin@uuccpf.org</u>







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	2 7pm Yoga	3 9:30am Yoga 3pm PADS team 7pm Flowering Dogwood Martial Arts	4	5 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
6 10am Worship First Sunday Potluck 6:30p UUCC Men's Group	7 9:30am Yoga 6pm Positivity Project	8 7pm Flowering Dogwood Martial Arts	9 1p Connections Group 7pm Yoga	10 9:30am Yoga 7pm Flowering Dogwood Martial Arts	11	12 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts 6p Ecstatic Dance
13 10am Worship 11a Paloma Chavira Concert	14 9:30am Yoga	15 7pm Board Meeting (Zoom) 7pm Flowering Dogwood Martial Arts	16 7pm Yoga 7pm UUMUAC online Worship Service	17 9:30am Yoga 7pm Flowering Dogwood Martial Arts	18 7pm Edgars Place	19 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
20 10am Worship	21 9:30am Yoga 6pm Positivity Project 7pm Environmental Book Club (Zoom)	22 7pm Flowering Dogwood Martial Arts	23 7pm Yoga	24 9:30am Yoga 7pm Flowering Dogwood Martial Arts	25	26 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
27 10am Worship	28 9:30am Yoga	29 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	30 7pm Yoga	31 HALLOWEEN 9:30am Yoga 7pm Flowering Dogwood Martial Arts	Nov 1 6p Samhain Celebration	Nov 2 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts

Event Facilitators

Buddhist Meditation:	Steve McCabe		steve.mccabe6914@gmail.com					
Yoga:	Karen Nielsen	708-755-3577	shanti-one@comcast.net					
Rainbow Café:	Charles Barnett	708-843-2005	chazbarnett@yahoo.com					
Forum:	Allan Lindrup	773-595-4921	<u>uusj@sbcglobal.net</u>					
UU Environmental Book Club:	Allan Lindrup	773-595-4921	uusj@sbcglobal.net					
Edgar's Place:	Dave Rudolf		daverudolf50@gmail.com					
Connections Group:	Irene van der Hoek	708-305-4913	tulip51girl@gmail.com					
Men's Group:	Allan Lindrup	773-595-4921	<u>uusj@sbcglobal.net</u>					
Stitchery Group:	Karen Beran	708-532-6024	greywolf2496@hotmail.com					
Call the church office Mon Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339								

Get involved, get supported, support others.

https://sidewithlove.org/





monthly virtual gathering 4th Thursday of the month 4:30 PT • 5:30 MT • 6:30 CT • 7:30 ET

> an hour of spiritual sustenance and grounding with others organizing on the side of love

Faithful Gathering

Join our Side with Love Fun & Spiritual Nourishment Squad for an hour of spiritual sustenance and grounding with others organizing on the side of love.

Show up as you are, with whatever is in your heart, and have your camera on or off as you need. Come drink in the music, meditation, play, and prayer. We end with a Connection Cafe for those who wish to talk together.

Church Information

70 Sycamore Drive Park Forest, IL 60466 Office Phone: 708-481-5339 E-Mail: churchadmin@uuccpf.org Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter). The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.



Visit us on the web @ www.uuccpf.org

Unitarian Universalist Community Church 70 Sycamore Drive Park Forest, IL 60466