# UUCC Community News MAY 2024



**Unitarian Universalist Community Church** 

# **Sunday Worship Service 10:00am**

**UUCC COVID UPDATE:** The UUCC Board of Trustees has lifted Covid restrictions in the church. The congregation can determine their own level of risk and any need to continue to wear a mask in public settings. The only exception to this will be when we have in-church speakers who may request that congregants wear a mask during their service. We will notify you ahead of time if this occurs.

### **MAY SUNDAY SERVICES**

**May 5** Rev Henrietta Byrd Title: "Springing Forward"

1.In what direction are you SPRINGING for-

- 2. Who or what is guiding your forward Spring
- 3. Sometimes we must bounce before we spring forward

May 12 Beverly Feldt Title: "Motherwit"

What mothers learn -- and can teach us all.

**May 19** Rev. Denise Tracy **Title:** ""Heaven"

This service will be built around a piece of music that Paloma Furst Chivera will be playing. The piece is by William Grant Still. Summerland is the Heaven of the Spirtualists. The sermon will be a reflection of some thought about heaven to accompany the music played by Paloma and Chris.

### **First Sunday Potluck MAY 5th** after worship



At UUCC, the first Sunday of each month after worship service we share a potluck luncheon. Join us for this time of Fellowship!

Please bring a food item to share.

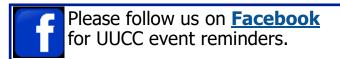
### **UU Connect Forum**

**No UU Connect Forum in May** since Mother's Day falls on the second Sunday of May and many UUCC members may have Mother's Day outings.

### **UUCC Men's Group via Zoom**

Sunday, May 5, from 6:30 to 8 p.m. After in depth check ins we will be continuing with watching short YouTube videos regarding the noosphere and discussing them. Anyone identifying as male who has not been involved can ioin contacting Allan Lindrup by uusj@sbcglobal.net or by calling 773-595-4921.







## Listening Hearts

## **Listening Hearts**

May volunteers, Barb Morris and Monica Regan are available as a source for listening, support and resources.

# The President's Column May 2024 by Laurene Lambertino-Urquizo



Spring has arrived and we have almost completed our current fiscal year here at UUCC and we are looking forward to the upcoming year. I wanted to take a moment to reflect on the things we have accomplished in this past year and where we might be heading in the future. When I came into the role of board presi-

dent two years ago, one of the most important objectives I decided to pursue was to find ways to ensure our financial stability for the future. I thought the best way to do that was to take a realistic look at where we were at that moment and the good news was that we were doing well and financially stable. But what should we do to ensure our survival into the future? We are a relatively small congregation with about sixty or so members, as well as others who occasionally attend or view our services over Zoom. We have a beautiful little church nestled in a great wooded setting. We hold our weekly service on Sundays at 10:00 am when many of the congregation gathers, but the church remains quiet for much of the week. We had a few ongoing renters at the time – the yoga class, the massage therapist, and the occasional rental event – but by attracting more renters in the future we could boost our income and add to our financial stability.

To achieve that goal, I asked Irene van der Hoek to create a Rental Task Force and investigate what could be done and what was needed to do it. It may be one of the best ideas I have ever made because Irene put together a team of talented and capable women who threw themselves into the project. The Rental Team went through all our rooms that needed cleaning and organization and brought the building back to life. We have started attracting new rentals and there is a new sense of pride in our surroundings. We owe a great debt of gratitude to these industrious women. Over the past year and a half, they have decided what work was needed on our building and grounds as well as concentrating on our kitchen, which had started to really show its age, and they purchased a new stove and dishwasher after much research. The board decided that because we were no longer holding large gatherings involving food that we could do very well with new appliances that would manage the level of workload that we needed. Future event rentals would mainly employ outside caterers to bring in prepared food, so they planned the new kitchen for that level of usage.

I had served on the UUCC board once before, many years ago when Bruce Swiecicki was board president. I can remember that among our most pressing goals was to increase church membership and, with that, diversity. Fast forward to today and this continues to be one of our greatest priorities. We have often discussed ideas on how to accomplish this, but this still remains a goal rather than something we would readily attain. This has been something that I have pondered long and hard over and I have come to some conclusions. While we may be disappointed that our numbers seem to have dwindled over the years, we are not alone. This is reflected in the fact that America is becoming increasingly secular. About 1 in 5 adults now say they have no religious affiliation. In 1960, it was 1 in 50 adults. America is becoming increasingly secularized over time and we are not alone in the world in that respect. Countries like Scotland, South Korea, Chile, Canada, and others have all seen similar secularization. So, while we wish to increase our numbers, we appear to be fighting an uphill battle. That is not to say that we should stop trying to gain new members, rather we should no longer solely blame ourselves.

# **Financial Update - Pledge Month**



April was our Annual Pledge Month. Did you make a pledge of financial support for the upcoming 2024-2025 fiscal year? It is never too late to pledge. Please see me! The Board and Finance Committee will be meeting early in May to draft a proposed budget for the next fiscal year. Members will have an opportunity to approve this budget at the May 19th Annual Meeting. If you have a project or expense in mind that you would like to see funded, please bring it up! Our slogan this year is "Tending the Flame, Growing the Vision." Part of being a member of this community is ensuring that it continues not only to survive, but also to thrive. Help us grow the vision.

We have had a number of financial campaigns recently. The Soup Kitchen raised \$640 dollars which has been split and sent to PADs and Respond Now. The collection to help fund Paloma's studies abroad this summer will soon be finalized with a check

being presented at the May 19th Sunday Service. The collection for ICUUW will continue through the end of May.

Thank you for all your contributions! Nancy Irons, UUCC Treasurer

### **Volunteer Recognitions**

A BIG thank you to Jeff Green for the electrical work for the new dishwasher. We appreciate Beccie Bruckner for helping with litter pickup along Sycamore Drive. Chief continues to impress us all with leaf blowing around the building, on the patio and in the parking lot. Thank you so much! Bruce Swieciecki installed a new smoke detector in the hall near the kitchen. Our Zoom Host volunteers, including Bruce, Allan, Jodi, Colin, Pam and Maria, keep the at-home audience in the loop each Sunday. Well done all!

# **Volunteer Opportunities!**

There are many interesting tasks that need attention. Would you like to help?

Are you willing to commit to a Sunday or two each month? We need Ushers and Greeters, Zoom hosts and Sexton setup assistance. Please get involved! Contact Marilyn Ragland <a href="mexmasrag@aol.com">mexmasrag@aol.com</a>) for details on the Sexton team; Joyce Sligar (<a href="jsligar02@gmail.com">jsligar02@gmail.com</a>) for Ushers and Greeters; and Jodi Libretti (<a href="jlibretti@sbcglobal.net">jlibretti@sbcglobal.net</a>) for the Zoom hosts. We also need volunteers who are willing to help with setup, cleanup and to be on-hand for rentals. We need hospitable people to encourage and enable success of our rentals to help fund the church.

Do you prefer handi-person work? Furnace filters for all three furnaces need to be changed seasonally. Books on the shelves in the Gathering Room need to be arranged and tidied regularly. A shelf in one of the kitchen cabinets needs to be repaired and rehung. Last year's decorative grasses at the front of the church need to be cut down... There are lots of opportunities to help beautify and maintain our building and grounds! Please get involved. Adopt a spot or task that you will be responsible for.

Please contact with the office (708-481-5339 or <a href="mailto:churchadmin@uuccpf.org">churchadmin@uuccpf.org</a>) for more information or to arrange access to the building and supplies.

# The Unitarian Universalist Multiracial Unity Action Council



Our Chicago Area Chapter Multiracial Unity Film Series continues in May!

This month, the UUMUAC Chicago Chapter is honored to partner with our friends at the Social Justice Film project at the Universalist Unitarian Church of Joliet, who are joining us for movie night.

Film selection: Chevalier

Movie night: Thursday, May 2nd at 7pm CST

The event will be held at: Universalist Unitarian Church of Joliet 3401 West Jefferson Street Joliet, IL 60431



No fee, but free-will donations are welcome. Light refreshments are available. We in the Chicago Area UUMUAC Chapter will be pleased to start off a discussion of the film after it is finished showing.

### Chevalier

Based on the incredible true story of composer Joseph Bologne, Chevalier de Saint-Georges. The son of an African slave and a French plantation owner, Bologne (Kelvin Harrison Jr.) rises to improbable heights in French society as a celebrated violinist-composer and fencer, complete with an ill-fated love affair and a falling out with Marie Antoinette (Lucy Boynton) herself and her court.

PG-13

Running time: 1h 48m



Directions from I-55:

Take exit 253 from I-55 S.

Continue on US-52/ Jefferson east to the church.

Directions from I-80 W:

Follow I-80 W to Houbolt Rd in Joliet. Take exit 127 from I-80 W.

Follow Houbolt Rd north to Jefferson. Turn left. Church is 300 feet ahead on right.

If you will need to arrange transportation assistance to Joliet, please contact:

Allan Lindrup 773-595-4921, or

Carol ONeil 773-512-4823



# Connections by Barb Anderson



The Solar Eclipse on April 8th 2024 was a wonderful spiritual and scientific experience for me, Here is a photo taken by former member, Jan Krumn, who now lives in Arizona.



Here is a photo taken by me of Dick Lewis, our Easter Sunday speaker flanked by bunnies, Jo Jo Martin and Lenore Rendina.



Congratulations to UUCC member, Meli Faith who got a scholarship for postnatal mental health training.

Do you know that Pam Daniel and Colin Kirchner (children of Leonard & Nancy Kirchner) continue their quiet, humble family service. Pam and Colin take meals from church and deliver them for Meals on Wheels. Thanks for your service.



The Knowledge Exchange for lifelong learners at Governors State University has a great Spring 2024 Schedule. I so enjoy my Fridays. Instructors and students eat lunch together in the cafeteria and sometimes in the classroom for "Lunch & Learns". Summer will hopefully bring field trips. The classes are excellent and very reasonable. I'm taking three classes on Fridays for eight weeks for under \$100. There might be some May openings.

Contact https:/www.govst.edu/tke/. Or email: spatterson3@govst.edu Phone 708-534-4393

Main Street Nights 2024 will be at Downtown Park Forest, IL on Wednesdays from June 12 through August 7th. The address is 361 Main St. It's free and the Car show will be in the lot with no entry fee.

For questions and information contact: Dave at 708-481-6628 or <a href="mailto:blackbartpo88@att.net">blackbartpo88@att.net</a>.

### Here are some photos of some recent and new speakers:



Mike Wolf, father of Carl Wolf (Respond Now)



Ann Holcomb, partner of our own Allan Lindrup.



At UUCC, Sunday April 21, 2024, people gained knowledge and shed some tears. Tom Neilson and his wife, Lynn Waldron, performed songs that protest War, Climate, and Injustice. Their music, voices and message appealed to our emotions.

# CROP Hunger Walk for 2024-Sunday, May 5

Please help with this life-saving effort! Get your congregation or organization involved today!

CROP = Communities Responding to Overcome Poverty

When: Sunday, May 5, 2024, 1:15 PM

Where: United Christian Church, 4351 W. 180th St.; Country Club Hills

Time: Registration begins at 1:15

Purpose: To raise funds to feed the hungry locally and around the world

UUCC Team Leader: Allan Lindrup

Online Donations: Go to www.crophungerwalk.org/homewoodil, then put Allan Lindrup in the Search box.



### Checks (to be handed in at Registration on May 5) should be made out to CWS/CROP

This year we will once again have an "actual" Group Walk on a beautiful route. We'll begin and end at our new host church—United Christian Church (Disciples of Christ), 4351 W. 180<sup>th</sup> St. in Country Club Hills —to raise funds so CWS and our local agencies can provide food for vulnerable persons here at home and around the world. There will be no Opening Ceremonies. The Church will be open for use of the bathrooms, as will the CCH Fire Station (on the long walk). Refreshments and water will be available at the church (beginning and end of the walk) and at the Fire Station rest stop.

REGISTRATION will begin at 1:15 We will receive the funds anyone has collected, and all walkers will receive a route map with written directions on the back. It is important that all walkers register, even if they are not turning in any money at this time.

# GREEN SANCTUARY BY JEFF GREEN - MAY 2024



There aren't too many days I don't read up on articles about renewable energy, electric cars and other possible subjects on our use of energy. Articles will come streaming by me of which I don't pay attention to. And then more and

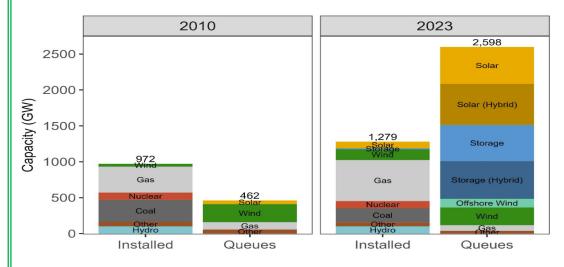
more articles are discussing the same subject again and again. Well, it looks like an important area has come to mind, let's dive in a little deeper. The subject is wires. The energy highways that connect eventually to our homes providing us lights, refrigerators, tv and other services we take for granted. As we travel around the country, there are the really tall towers holding these transmission wires. It turns out there may be a solution to bringing in more clean energy to our homes.

Problem is, the United States has a huge backlog of clean power production in the que to get onto the open market.

https://emp.lbl.gov/news/grid-connection-backlog-grows-30-2023-dominated-requests-solar-wind-and-energy-storage

The backlog of new power generation and energy storage seeking transmission connections across the U.S. grew again in 2023, with nearly 2,600 gigawatts (GW) of generation and storage capacity now actively seeking grid interconnection, according to new research from Lawrence Berkeley National Laboratory (Berkeley Lab).

The total capacity in the queue at the end of 2023, nearly 2.6 Terawatts (TW), is more than twice the current U.S. generating capacity of 1.28 TW, and roughly eight times larger than the queue in 2014.



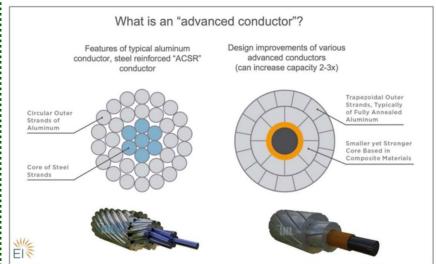
According to what I am reading the queues have increased by a factor of 8. And yet we have a system that approves new transmission very slowly. Especially compared to those that would like to get on the grid. One solution just recently discussed is reconductoring. Adding new transmission in the United States is very arduous and takes more than a decade. Reconductoring replaces old transmission lines with new ones that can hold twice the capacity of the old. Vast improvement. Instead of taking 10 to 20 years for new separate slowly approved transmission, reconductoring will take about 3 years.

### **Continued**

### **Green Sanctuary continued**

If you look at the illustration below, it helps to show how the new advanced conductor can improve conduction of energy (electricity). The old conductor has a steel core and the new conductor has a lighter, stronger composite core. The strength and lighter weight of the core supports more conductors for more capacity. The old conductor can be pulled down from the transmission tower and the new higher capacity conductor put in its place.

https://cleantechnica.com/2024/04/10/replacing-wires-could-double-how-much-electricity-the-us-grid-can-handle/



As Obama said, "Change is not easy". Can we get to a totally clean energy society. I say the answer is a resounding yes. I encourage those curious enough to read the links. This is an interesting area of which I haven't included a great deal of interesting factoids in this short article.

Thank you for letting Green Sanctuary come into your reading pleasure.

Jeff Green

### **ATTENTION!**

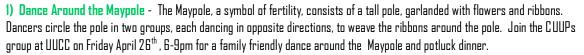
### Are you concerned about the environment? Join our group!

The <u>Multi UU Church Environmental Book Club</u> has existed for about two years, meeting monthly via Zoom. Members of Beverly Unitarian Church, the UU Community Church in Park Forest, and First Unitarian Church of Chicago have been participating, This book club now meets on the <u>third Monday evening of each month</u>, <u>starting at 7 p.m.</u>, with sessions lasting 75 to 90 minutes.

If you would like to participate please contact Allan Lindrup at <a href="mailto:uusj@sbcglobal.net">uusj@sbcglobal.net</a> or you can leave a voice message at 773-595-4921, providing your name, your congregation, and clearly providing your email.

# Celebrate May Day or Beltane - May 1st

Beltane is a Pagan holiday, and one of the eight Sabbats. It falls about halfway between the spring equinox and the coming summer solstice. The holiday celebrates spring at its peak, and the coming summer. Beltane also sometimes goes by the name May Day. Beltane is focused on hope for the fertility of people, crops, and animals. Here are some ways to celebrate Beltane:





- 2) Create and Give a May basket May baskets should be simple, filled with cakes, cookies or candy, as well as spring flowers and small trinkets. They are frequently left anonymously at the front door of a friend, neighbor or loved one. Share the wealth of spring with love.
- 3) Tend a Bonfire Beltane is a Celtic word, meaning "the fires of Bel." Bel, likely referred to the Celtic sun god, Belenus. Spring has sprung! It is time to break out the barbeque! Bring out the grill and have a meal cooked outdoors. If you have a firepit, light up the evening with fire and bask in the glow.



## International Convocation of Unitarian Universalist Women (ICUUW)

The International Convocation of Unitarian Universalist Women is a nonprofit organization in special consultative status with the United Nations Economic and Social Council (ECOSOC), focusing on global women's rights and empowerment. ICUUW advances equity for women and girls worldwide through leadership development, empowerment and awareness programs, advocacy, and resources.

At her recent Women's History Month service, Rev. Denise Tracy encouraged us to support ICUWW financially. You may make a donation directly to them at https://

www.intlwomensconvo.org/, or you may write a check to UUCC with ICUWW in the memo line. Your check made out to UUCC for ICUWW counts as a tax deductible contribution. A group check from UUCC will be mailed near the end of April. Thank you for your generosity!

# Offering to the flames.

https://allpoetry.com/poems/about/beltane

Long ago our ancestors, waited for the time,

When it was warm in spring, to plant the grain, the fruit, the vine,

The Earth, it is awakening ere winter storm subside.

May

Fallow fields are waiting for the seedlings to reside.

Lighting up the flames now in the season filled with fire,

passion, love and fruitfulness, all fuel us with desire,

As the flames go higher throw your offerings in the embers.

As we thank mother nature for all the goodness which she renders.





Are you feeling overwhelmed by negative news?

Feeling like it's hard to find a bright spot in the day?

Come join folks who are sharing positive experiences and ways to see our world in a more satisfying light. Enjoy a provided soft beverage and spend a short time in meditation as we send out our most loving and healing intentions to the planet and its inhabitants.

When: 1st & 3rd Monday of the month, 6:30-7:30 pm, door open at 6

Where: UUCC, 70 Sycamore Dr., Park Forest, IL

No need to reserve your space. All are welcome, come if you can.

For more information: Michele Johnson 708-748-0362

This is an independent offering, not affiliated with the church. They are our gracious host.

# What's Happening at UUCC?



# Do you love stitching? Tuesday May 7th at 10:30 AM

Join us on **FIRST TUESDAY of the month from 10:30am-noon** at UUCC classroom 3. Do you like to knit, and want to run some thoughts across others? Do you like to crochet, but want something new and not sure where to look? Do you quilt but need somewhere quiet to really get into your craft? Whether you knit, crochet, cross stitch, needlepoint, quilt, or any other hand stitch craft that you enjoy, let's get together to craft, talk and mingle. For more information contact **Karen Beran 708-532-6024** 

# **UUCC Men's Group Sunday, May 5th 6:30 to 8 PM**

UUCC Men's Group now meets MONTHLY on the **FIRST SUNDAY evening from 6:30 to 8 pm** via Zoom. After in depth check ins we will be continuing with watching short YouTube videos regarding the noosphere and discussing them. Anyone identifying as male who has not been involved can join by contacting Allan Lindrup at <u>uusj@sbcglobal.net</u> or by calling 773-595-4921.

# **UUCC Connections Small Group Thursday, May 9th 1:00-2:30 pm**

Join this small group so we can connect and share to get to know one another. The group meets on the **SECOND THURSDAY** each month in person at UUCC with the option of joining via Zoom. Questions? Contact Irene van der Hoek at tulip51girl@gmail.com



Photo by Mohamed Nohassi on Unsplash

# **Buddhist Meditation**

Saturdays at 9am -10:30am

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen & Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe.

**Location:** Online **Cost:** Free will offering

**Contact:** Steve McCabe <u>steve.mccabe6914@gmail.com</u>

The Unitarian Universalist Multiracial Unity Action Council
UUMUAC Monthly <u>Third Wednesday</u> Worship Service at 7:00 pm Central Time

For Zoom information, please send name, email, and congregation (if any)

to richard3point@gmail.com

For past services, type "Third Wednesday UUMUAC services" in the YouTube search box.



# A Moment in Balance weekly Yoga Classes by Karen Nielsen at UUCC 70 Sycamore Dr. Park Forest

### Monday & Thursday 9:30 – 11am Wednesday evenings 7:00 – 8:30pm

This class is for everyone, beginner to experienced. No reservations needed. Drop-in fee is \$10 per class. Call Karen (708) 755-3577

# Multi-UU Church Environmental Book Club Monday, may 20th from 7 to about 8:30 p.m. via Zoom

Are you concerned about the environment? We meet via Zoom the 3rd Monday each month starting at 7 p.m. this month we are discussing chapter 5 - 8 of 'Dark Side of the Ocean' by Albert Bates. Anyone not involved who would like to sample or join this group can contact Allan Lindrup at <a href="mailto:uusi@sbcglobal.net">uusi@sbcglobal.net</a> or 773-595-4921.

# Flowering Dogwood Martial Arts Way at UUCC Tuesday & Thursday at 7:00 PM AND Saturday at 9:00 AM

### Details

Rob Dillon of Flowering Dogwood Martial Arts Way invites you to join in an exploration of Japanese swordspersonship, Japan's oldest surviving martial art. The Tenshin Shoden Katori Shinto Ryu (ryu is a "school") was founded in the 15th Century!

Discover how a martial practice may become an art of peace, of self-expression, social engagement, and a "way to go" towards whole-person fitness. No experience necessary.

### About:



Robert W. Dillon, Jr., Ph.D. is Professor Emeritus and Founding Faculty, Department of Theatre and Dance, Holland School of Visual and Performing Arts, Southeast Missouri State University. In 2021 Rob moved to University Park, Illinois, to be closer to his adult children. There he founded Flowering Dogwood Martial Arts Way to continue his 50-year journey of martial arts study, scholarship, practice, and sharing-in-teaching. Contact Rob at 573-579-0646 for information.

## **Help Send Paloma Abroad this Summer!**

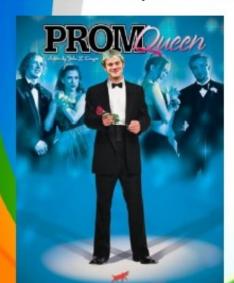
Paloma Furst Chavira, our very own violin prodigy, will be collaborating with Rev. Denise Tracy to provide a fantastic musical Sunday service in May. Paloma is currently working to raise funds for a summer tour abroad, where she will take lessons and play concerts. It has been proposed that members of UUCC help spon-

sor this tour. If you are willing to contribute, please make your check out to UUCC with Paloma in the memo line. This will count as a tax-deductible contribution to UUCC. Please have your contributions in by the end of April. Rev. Tracy plans to present Paloma with an award check from UUCC at the May service. If you have questions, Treasurer, Nancy Irons can provide additional information.

# RAINBOW-CAFE

Rainbow Cafe will meet on Friday, May 17th, 2023.

Doors to the church open around 6:30 pm. The film starts around 7:00 pm. Soft drinks and snacks are served.



"Prom Queen"

### Synopsis:

The May Rainbow Cafe will be the film "Prom Queen". Synopsis: Marc's a popular, out gay teenager. When the principal announces that he can't bring his boyfriend to the prom, Marc's classmates rally behind him to challenge the establishment. To Marc's surprise, the case goes all the way to the Canadian Supreme Court Featuring Aaron Ashmore as Marc. With "Kids in the Hall veterans Scott Thompson and Dave Foley as Marc's lawyer and the school principal.



We meet every third Friday at 7PM to watch a LGBTQ film.

Join the discussion after the film.
Invite friends!
Optional - bring snacks to share.

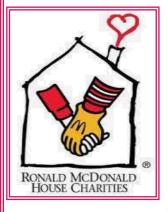


Unitarian Universalist Community Church 70 Sycamore Drive, Park Forest, IL 60466 708-481-5339 uuccpf.org









# **Help Support Ronald McDonald House Charities**

The Chicagoland and Northwest Indiana Ronald McDonald House strives to keep families together when children are hospitalized. In this region, their facilities can accommodate 177 families each night, providing food and

shelter at comfortable locations close to their hospitalized children. Reverend Denise Tracy supports this organization and asks that you do too. Please collect and bring in the aluminum pop top tabs from your drink cans. There is a pop tab collection jar in the UUCC kitchen where they can be deposited.





We are so excited to host the reunion of Buckstove & Range Co who were one of the premier Midwest best Bluegrass bands. These guys are coming together from all over the country to reunite just for us! Don't miss this great show of incredible musicians and instrumentalists.

"Buckstove Range & Co" make exciting music" OI Town School of Folk"

"Nothing short of fantastic" WGN Radio

"Pardon the Expression, but Buck Stove & Range Company can really cook" Chicago Tribune

"Although the Midwest hosts several fine bluegrass bands, none can beat this quartet's vocals" Rich Warren WFMT radio



70 Sycamore, Park Forest, IL 708-481-5339



### JOIN THE UUCC PADS TEAM



Every first Thursday of each month, a group of UUCC members and friends SUBURBAN provide dinner for South Suburban PADS clients, housed at a facility in PADS South Holland. If you would like to join our team, please contact Allan Lindrup at 773-595-4921 or uusj@sbcglobal.net

You may send donations to PADS, 414 Lincoln Highway, Chicago Heights IL 60411, or place your donation, marked to PADS in the memo line, in the donation basket during a church service.



### SSPADS Volunteer Opportunities

#### Hello SSPADS Volunteers,

Thank you for all of your support! Each and every one of you are a great help to the community and our unhoused neighbors.

#### Mother's Day Baskets (Mid-May)

We would love gift baskets to show appreciation for our unhoused and low-income moms this year. Contact Rashida, Shelter Operations Manger, at rhughes@sspads.org.

#### Summer Activities for Our Kids (Summer 2024)

Summer is coming and our school-aged children need activities. Donate a scholarship for camp or afterschool activities; coloring books, crafts, or outdoor sports equipment. Contact Delores, Supportive Housing Manager at drande@sspads.ord.

#### Donate a Meal (ongoing)

Each day we serve dinner to our shelter clients, and your group can make your meals at home or purchase food from a local restaurant. Contact Rashida, Shelter Operations Manager at rhughes@sspads.org.

#### Lead a Workshop (ongoing)

Donate your time by lending your talents to the residents of our Country Club Hills Wellness Center. We'd love you to teach an exercise class, start a crafting group, or work on our community garden. Contact Delores, Supportive Housing Manager at drange@sspads.org.

### Lead a Donation Drive (ongoing)

Our clients always need hygiene and first-aid items; food, transit, and gas gift cards; new socks, coats, hats, and gloves; move-in kits; and holiday gifts, diapers, toys, activities, and school supplies for the children and families. Visit our website to see the full list of items we accept year round and contact Rashida and Delores (contact info above) to coordinate item drop-off.

#### Engage with Us On Social (ongoing)

Follow us out on Facebook, LinkedIn, and Instagram, Like and share our posts. Tell your friends about us. Every little bit helps get the word out about the amazing work you are all doing to help SSPADS prevent and end homelessness.

Thank you all again for your compassionate support of our work and those we serve! Have a wonderful weekend.

Sincerely. Jestine Ware Director of Development & Communications South Suburban PADS 414 W Lincoln Hwy Chicago Heights, IL 60411

#### MONTHLY BOARD MEETING MINUTES

In an effort to keep UUCC Members informed, meeting minutes are available on the bulletin board and can be emailed or mailed to any UUCC member who requests them.

Please contact the office 708-481-5339 or email <a href="mailto:churchadmin@uuccpf.org">churchadmin@uuccpf.org</a>



# MAY 2024



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MAY DAY - May 1st		1 7:00pm Yoga	9:30am Yoga 3pm PADS Team 7pm Flowering Dogwood Martial Arts	3	4 9am Online Buddhist Meditation 9am Flowering Dogwood Martial Arts 7:30pm Edgar's Place presents Buck's Stove & Range Co.
5 Cinco de Mayo 10am Worship First Sunday Pot- luck 6:30pm Men's Group	6 9:30am Yoga 6PM Positivity Project	7 10:30am Stitchery Group 7pm Flowering Dogwood Martial Arts	7:00pm Yoga	9 9:30am Yoga 1pm Connections Group 7pm Flowering Dogwood Martial Arts	10	11 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
12 MOTHER'S DAY 10am Worship	13 9:30am Yoga	7pm Flowering Dogwood Martial Arts	15 7:00pm Yoga	16 9:30am Yoga 7pm Flowering Dogwood Martial Arts	17 7pm Rainbow Café	18 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
19 10am Worship 11:30 UUCC Annual Mtg	20 9:30am Yoga 6PM Positivity Project 7pm Environmental Book Club	21 7pm Board Meeting 7pm Flowering Dogwood Martial Arts	7:00pm Yoga 7pm UUMUAC online Worship Service	23 9:30am Yoga 7pm Flowering Dogwood Martial Arts	24	25 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts
26 10am Worship	27 <b>MEMORIAL DAY</b> 9:30am Yoga	7pm Flowering Dogwood Martial Arts	7:00pm Yoga	30 9:30am Yoga 7pm Flowering Dogwood Martial Arts	31	June 1 9am Online Buddhist Medita- tion 9am Flowering Dogwood Martial Arts

### **Event Facilitators**

Steve McCabe **Buddhist Meditation:** steve.mccabe6914@gmail.com

Karen Nielsen 708-755-3577 <a href="mailto:shanti-one@comcast.net">shanti-one@comcast.net</a> Yoga: Rainbow Café: Charles Barnett 708-843-2005 chazbarnett@yahoo.com

773-595-4921 <u>uusj@sbcglobal.net</u> Forum: Allan Lindrup UU Environmental Book Club: Allan Lindrup 773-595-4921 uusj@sbcglobal.net

Edgar's Place: Dave Rudolf

daverudolf50@gmail.com Connections Group: Irene van der Hoek 708-305-4913 tulip51girl@gmail.com 773-595-4921 uusj@sbcglobal.net Men's Group: Allan Lindrup

Stitchery Group: Karen Beran 708-532-6024 greywolf2496@hotmail.com

Call the church office Mon. - Fri. 10:00am - 10:00pm with questions, to schedule a rental, or to make an appointment to view the building. 708-481-5339

# Get involved, get supported, support others.

https://sidewithlove.org/

















# Faithful Gathering

Join our Side with Love Fun & Spiritual Nourishment Squad for an hour of spiritual sustenance and grounding with others organizing on the side of love.

Show up as you are, with whatever is in your heart, and have your camera on or off as you need. Come drink in the music, meditation, play, and prayer. We end with a Connection Cafe for those who wish to talk together.

### **Church Information**

70 Sycamore Drive Park Forest, IL 60466 Office Phone: 708-481

Office Phone: 708-481-5339 E-Mail: churchadmin@uuccpf.org Website: www.uuccpf.org

(Please contact the church office for anything related to the newsletter). The newsletter deadline is always the 20th of every month.

\*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.



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Unitarian Universalist Community Church 70 Sycamore Drive Park Forest, IL 60466