Sunday Worship Service at 10:00am
The Unitarian Universalist Church
70 Sycamore Drive, Park Forest
708-481-5339

November 3rd
Title: “Two Mothers”
By Reverend Denise Tracy
We all have two mothers. How do we care for our Mother—the earth? Is she our first or our second Mother? A reflection on caring and protecting our Mother Earth.

November 10th
Title: “Our Church is Anywhere We Sing”
By February Sky (Phil Cooper & Susan Urban)
The path of a musician, especially a folk musician, is not an easy one. As one fairly successful folkie has said, “You sort of take this vow of poverty.” The same is true of many other artistic paths. But we all need, as Joseph Campbell said, to “follow our bliss.” Phil and Susan will explore the rewards of continuing to follow this often arduous path, and by doing so hope to encourage others to follow their bliss as well.

November 17th
Title: “This Green and Growing Land”
By Larry McLellan
People who affirm the power of spirit and mystery can find power as patriots.

November 24th
Title: “Harvesting through Quietness and Stillness”
By Reverend Henrietta Byrd
This topic covers the steps we have gone through for harvesting or manifesting our visions or dreams and also points out the times during our seed planting that we must become still.

Highlights
November 9th: Edgar’s Place Presents Buddy Mondlock and Friends
November 23rd: Transformative Workshop with Reverend Henrietta Byrd
November 24th: Interfaith Thanksgiving Service

Forum
November 3rd: No Forum - Community Potluck Sunday
November 10th: UU Gabfest with Dan Feldt
A conversation about issues important to UUs, drawn from the UU World magazine. Contact Dan in advance for links to articles to be discussed.
November 17th: Waking Up Discussion with Julie Haverty, Nancy Frazier, Marilyn Ragland & Bev Feldt
Join us for an ongoing monthly discussion group exploring racism. Please prepare by reading the book So You Want to Talk About Racism by Ijeoma Oluo. This book looks at racism from the view of an African-American woman.
November 24th: To Be Determined

The Listening Hearts for the month of November will be announced at our November Sunday Services.

REMINDER: Daylight Savings Time ends 2am Sunday Nov 3rd.
Enjoy your extra hour of sleep on Sunday morning.
Barb Morris took the opportunity to attend a workshop on developing a Behavioral Covenant. I am encouraging her to see how what was discussed in that workshop can be applied to our congregation here at UUCCPF.

There was a covenant that was worked out here many years ago by Bev Feldt, among others. I remember that it hung on the wall of the sanctuary, but it was removed during the flood restoration, and I don’t know where that covenant is now that we’ve moved back into our building. At least we have the wording of the previous covenant to go on. (Note: See Barb Morris’s column in this newsletter)

The project of updating the covenant for our congregation is one that should interest those who created the previous version, as well as newer members who are interested in our congregation progressing forward together. I would like to see those members of the groups that were doing the Listening Circles to get involved in this as well.

Since this season, from now until the end of December, is a busy season at work I am not going to be conducting a Town Hall meeting in November as previously planned. For those interested in what the Board has been doing in its recent meetings, the meeting minutes of recent meetings are kept in a folder on the bulletin board, so you can find out that way.

As many of you know, I am working on the night shift at my job, and it has been difficult to do weekend activities that require being up early in the morning when that is precisely the time I normally go to sleep during the week. So I made the decision to change to the day shift starting in January. The consequences of this are that I may not be able to attend the Sunday services since our work week starts on Sunday rather than Monday. However, I will still attend other activities such as the Rainbow Nite movie and other events. If there is a special event such as our Fellowship Brunch and Business Meeting, I can temporarily swap shifts with someone else at work to attend them.

Of course, I will still be involved as the President of the Board until my term ends in June. I am sorry that my change in schedule will affect my attendance at the church services, which are after all the main focus of the congregation. However, after three years of working the night shift, I need to change my schedule to days in order for me to enjoy the other days of the weekend. I hope you will all understand.

One final note: the movie about Harriet Tubman’s life and her pivotal role in the Underground Railroad starts playing November 1st. I look forward to seeing it and I hope you will make an effort to see it as well!

~Jerome

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**Fall Rummage Sale – Great Success!**

Thank you to everyone who contributed to the success of the Rummage Sale. From those of you who donated items, to those who helped with setup, pricing and sales, to those who helped spread the word, came to shop and who helped with cleanup. . . . Great job everyone!!

When the last few IOUs get paid off, we will have raised just over $1,300! Excellent!
Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

The November 2019 Schedule follows:

November 1st and November 3rd “Spiritual Healing, An Inside Job” featuring Wayne Sebamurti Gentry
November 8th and November 10th - “African Philosophy From Theory to Practice” featuring Dr. Josef Ben Levy
November 15th and November 17th - “The African Philosophy of Maat” featuring Hunter Havlin Adams III and Wayne Sebamurti Gentry
November 22nd and November 24th - “Once Upon a Way-Back Time” featuring OSCAR BROWN JR., Ancestor, Tony Brown, Kucha Brownies, et al
November 29th - “Sisters in Ministry” featuring Rev. Denise Tracy

Go to www.youtube.com to view previous H3O TV programs and search Gloria Peace on tool bar.
About People and Happenings in our Community

• Together for Park Forest is a grassroots effort to work among our Faith Communities for the benefit of the Village. By village, I mean Crete, Homewood, Steger, Monee, Flossmoor, Tinley and Orland Park. All are invited to gather at UUCC/PF on the Sunday before Thanksgiving, 11/24/19 at 4:00PM in our Sanctuary to celebrate a group Thanksgiving. There will be a combined service with snacks afterwards. Nick Battaglia of St Irenaeus, Beccie Bruckner of UUCC and I will help write the Liturgy. Come be thankful and celebrate together.

• Dale Taylor of our PADS team took these pictures at Faith Church when both of UUCC's teams were making dinner and breakfast for our overnight guests. Dale, who is a Realtor and travel agent, also won a $10,000 Good Neighbor award for PADS. He is the nicest, most sweet guy and I love working with him.

• Pastor Chris Wogaman (front row, middle) of Trinity Lutheran has arranged a meeting with Park Forest Mayor Vanderbilt to discuss the future of Park Forest. Mayor Vanderbilt has a background in Community Organizing. Pastor Chris says "We need each other. I want our people to be better fed and less isolated. We must take control of our futures and work to unite our community to care for itself and each other in ways we have only begun to see." Hopefully this will be the first of many meetings. I will represent our church on the meeting on October 23rd. There is talk of putting in a grocery store again in Downtown Park Forest.

• We are working on putting together a "Behavior Covenant" for our church. We'll start by printing up copies of UUCC's 2005 Covenant and hold small group meetings to see if the old Covenant is understandable and relevant or missing anything.

Beginning November 3rd, Beverly Feldt, Laurene Lambertino-Urquizo and Joy Grainge would like to begin hosting Medical Cannabis Education Association meetings again on 1st Sunday’s at noon. Medical Cannabis Education Association is an education and advocacy nonprofit. Our mission is to educate the public and legislators about cannabis in order to make informed decisions. For more information contact Joy Grainge at: joygrainge55@yahoo.com  708-491-7593
Here is a copy of our Covenant. I feel that conflict is not a bad thing. Most people avoid it because they don't know what to do. What if we use our Covenant and make it understandable to everyone and relevant today? Then we would have a structure to work with conflict. And perhaps grow both the Church and it's people.

~Barb Morris

**COVENANT OF THE UNITARIAN UNIVERSALIST COMMUNITY CHURCH**

We, the members of the Unitarian Universalist Community Church, in order to sustain a community whose members live according to their deepest principles, establish this covenant as a guide to our relationships with ourselves, with each other, with our neighbors, and with the world. We covenant:

To live our belief that every person has inherent worth and dignity. We will treat each other with respect and good humor, assuming the good intentions of all. We will strive to bring to all our interactions compassion, honesty and kindness. By fully listening to one another, we endeavor to gain a greater appreciation of each individual’s gifts and enriching uniqueness.

To foster one another’s spiritual growth. We will cherish differing paths and enjoy the thoughtful exchange of ideas, experiences and intuitions. We will conduct our continuing dialogue with patience and joy, welcoming diversity of views and persons.

To participate respectfully in the larger world. We will seek to live our values within the greater community in ways that encourage service, invite conversation, and engender understanding.

To pledge our abilities, time, energy, and financial support to the purposes of this community. We will commit these resources wisely, so that we can fulfill our promises. We will encourage and support the fullest participation of each member and friend and, as a community, will celebrate and appreciate the contributions of all.

To employ the democratic process as the rule of our community, both as leaders and as members. We will conduct all dealings of the church in an open, honest and responsible way. We will seek and share information about all important church issues and contribute our informed opinion. We will respect the deliberated consensus of the community and continue to seek common goals through the exploration of diverse ideas.

To preserve congregational wholeness by addressing conflict promptly and directly. First, we will talk with and listen to the person or persons with whom we have unresolved differences. If, after an open and empathetic exchange of feelings, points of view, and possible solutions we have not resolved our conflict, we will quickly seek the counsel of congregational mediators.

I promise to use the spirit of this covenant as a guide to my behavior in relationship with my church community. Within the circle of the congregation, I ask others to name my actions that fulfill this covenant and to honor them; when my actions are contrary to its spirit, I ask others to name them as well and to recall me to this covenant in a loving and forgiving way. I accept the responsibility to do the same for others. I do so covenant.
We envision a church with increased, and increasingly diverse, membership - a church which actively recruits and welcomes participation of persons of varying ages, religious orientations, ethnic, racial, economic, and social backgrounds.

We envision a church that actively supports members with diverse religious backgrounds, and theological views in each person’s individual spiritual journey, and that encourages lively inquiry and searching examination of ideas.

We envision a church with a strong religious education and spiritual growth program for adults and children.

We envision a church community which is loving, friendly, compassionate, actively sensitive to, and supportive of its members and their children; and which has strong bonds of fellowship among members based on commitment to the exemplification of UU principles in daily life.

We envision a church organization which exemplifies the democratic process, the involvement of many in the work of the church, and the practical application of UU principles.

We envision a church strongly committed to social action, undertaking significant projects as a church community of adults, children, and youth.

The mission of this church is the provision of religious services, and of educational, social and social action, and other activities that exemplify Unitarian Universalist values.

Our mission is also to effectively communicate UU values to our own congregation and to the surrounding community through living these values in our religious services; in other church activities; and in our relationship with our local and wider communities. We aim also to offer moral, financial, and active working support to communicate such values to community members of varying backgrounds via worship services, religious, educational, cultural, social and social action programs.
We offer two different Connections groups for those seeking to build and strengthen personal relationships and bonds of community, as well as ways to grow spiritually. Connections groups provide a space to share your perspectives and experiences, learn about and support each other, and discover what we have in common. All are welcome to attend, whether church members or not. Come join us!

The **DAYTIME CONNECTIONS GROUP** meets the 2nd and 4th Wednesday of every month, from 1-2:30 pm at UUCC. For more information contact JoAnn Franczek 219/629-0815 or Irene vanderHoek 708/305-4913 tulip51girl@gmail.com

The **EVENING CONNECTIONS GROUP** meets twice a month from 7– 8:30 p.m. at the church. Contact Rob van de Logt (708-973-1088) or Jodi Libretti (31-371-4713) for more information. This month both groups will meet on November 13th and 27th.

### New Members

UUCC will soon be celebrating our newest members in our traditional New Member Ceremony. They are Rob vandeLogt, Taletta Wilson, Greg Wilson, and Julie Hundley. This month, Taletta (Tia) Wilson has agreed to share a few words about herself.

In her own words, Tia shares a bit about herself and what led her to UUCC.

“My Husband and I raise three of our children locally. I studied early childhood education at Prairie State College. I decided to do volunteer work in personal, relational, and family coaching instead because I believe it’s what’s needed most in today’s society. My husband and I consider our relationship and offspring our greatest wealth and accomplishment. Interesting fact, our three children are all exactly three years apart and our youngest daughter was actually born on her father’s birthday. This was not intentional but definitely appears systematic.

I don’t have any religion or sense of spirituality. Not anymore, I’m more about LIFE, as a whole. I am definitely an adamant philosopher and a bit of a guru mentalist. I came to UUCC to learn the art of tolerance. I truly believe that the ability to accept others for who they are culturally, racially, religiously, sexually orientated, etc that are different than you is a sign of intelligence and it’s proof that the intellect is functioning properly. I feel that UUCC is the perfect place, according to the seven principles to foster such maturity.

Right now, I am apart of the minister exchange program. I have preached at our UUCC in Hobart, Indiana. I also had the honor of preaching in Park Forest for Father’s Day, this summer and I will be preaching again on Dec. 23rd. I would like to join a few committees and looking forward to being able to help our community grow more connected.”

Welcome to UUCC, Tia Wilson!
This is the final version of the Children’s Story Guidelines which were submitted to the Board on October 24, 2019. Thanks to the Board, the Worship Committee and Committee on Ministry members for their input; and the Religious and Character Education Committee for their work in pulling the guidelines together. Finally, thanks to this congregation for your support and interest in developing this document. It promises to be very helpful to the talented celebrants who visit our church.

A Guide to Leading the Children’s Story at the UU Community Church of Park Forest

Every Sunday service includes a 5-10-minute segment we call “The Children’s Story.” The purpose of this time is to:

• engage our children in the sermon topic in an age-appropriate way
• show our children that they are valued members of our community
• recognize our children’s ability to think and talk about important ideas
• help children develop and practice “church social skills”
• make being at UUCCPF fun for kids!

We’ve created this guide so that our celebrants and children can have the best experience possible. Thank you so much for taking the time to review it. We appreciate your thoughtful interaction with our children!

Frequently Asked Questions:

At what point in the service does the Children’s Story take place? Children sit with their families in the sanctuary at the beginning of the service. The Children’s Story follows the Song of Affirmation or sometimes a song from the choir. The worship assistant will invite “the young and the young at heart” to sit on the carpet in front of the pulpit. Some children will bring a parent or grandparent with them, and some will bring a doll or stuffed animal for comfort and security. We do not discourage this.

What are the ages of the children? Currently, our children range from about 4 years old to 5th grade. Teenagers in the congregation typically remain seated with their families and rarely go up to the carpet.

What kind of story should I tell? Do I have to read a book? There are a variety of formats that work well for engaging children with the theme or idea of your sermon. But ideally, there will be something visual for children to focus on, and even better, something to pass around and touch! You may read a picture book (though the standard 32-pager will probably need to be “abridged.”). Or you might tell a story—again, props or a picture helps. One of our regular celebrants creates her own stories using photos of her dog, which she displays on her iPad for the children. An interesting “show-and-tell” object can be the basis of a story, a conversation, or an exchange of information (“What do you know about this?”). Celebrants have brought in a partially rotted log to talk about the cycle of life, a picture of Gandhi to introduce civil disobedience, and a Mexican sugar skull to talk about beliefs about death. Be creative and imaginative!

My sermon theme is rather serious. Are there topics I should avoid? Children do live each day in the real world, and we believe in being honest and truthful with them. At the same time, they are not yet aware of life’s complexities, and many of our children are sensitive souls. That said, it is almost always possible to find an idea related to your sermon that is simple and relevant to children’s lives. The children’s section of your library is a good resource. Take a look at picture books on your subject to see how children’s authors handle serious topics. Even if you don’t end up reading a book, you’ll get ideas for a kid-friendly approach. Our DRE can also help.

Continued...
How should I interact with the children? Sit on a chair or stool in front of the children. Focus on them—this is their time. Although adults in the congregation will be listening, don’t worry about addressing them. You will do that during the sermon! Introduce yourself, and let the children know what you’ll be doing with them (“I’m going to read a story, and I’d like you to look for X,” or “We’re going to think and talk about Y.”) Feel free to ask the children questions, preferably open-ended questions that invite many responses, rather than one correct answer that a child might get wrong. It’s helpful to direct your questions to the group and use a curious tone of voice. This conveys to the children that you’re genuinely interested in what they think.

Should I discipline the children in any way? Our congregation believes that listening carefully and sitting quietly are skills that our children will develop, and we lovingly accept that, on the way to learning these skills, they are bound to be imperfect. Generally, a parent or caregiver is on hand to redirect a child whose attention may be wandering. If you feel that you must redirect a child, we ask that you avoid telling the child what not to do, but instead try to gently refocus the child by asking a question (“Cory, what do you see in the picture of the forest?”) or by actively engaging the child (“Alex, I’d love your help turning the pages!”) Changing the tone or volume of your voice (try whispering!) often does the trick, too. Our children wear nametags so that you can interact with and involve them.

Edgar's Place Coffeehouse Presents

Buddy Mondlock and Friends (Mike Lindauer and Donna Adler)

We are looking forward to having Buddy, Mike and Donna grace our stage again. This is one of our best loved shows that has now become an annual event due to it's popularity. Come and be part of what is always a fun evening of songs and stories. This is a concert you don't want to miss! You can find more info about Buddy and Mike by clicking HERE. More info about Donna Adler HERE. Video of Buddy & Mike HERE. Watch a video of Donna HERE.
Financial Update – The Finance Committee has met twice with a consulting accountant. Following her guidance, we have cleaned up much of the QuickBooks data, and are researching some inconsistencies. We will be meeting with her again to discuss proposed audit guidelines.

The Rummage Sale was very successful, bringing in nearly $1,300. The Summer Music Festival finances have been finalized and UUCC gained $200 from that event. This means that we have met our budgeted $1,500 fundraising goal. However, additional fundraising is also needed to offset the expected income shortfall of $7,000. So, if you are interested in helping with a fundraising event, please be in touch!

We are still pursuing Arbitration to resolve the financial situation with our contractor, Craftsmanworks Restoration Services (CRS). We believe CRS owes us a refund, while CRS claims we still owe them payment. We now have an arbitrator assigned and have until the end of November to submit our written evidence. Unfortunately, CRS is trying to dodge the entire process and claims they have filed bankruptcy and will not be participating at all. However, they have not provided any proof of the claim. We are re-evaluating our options.

Nancy Irons (UUCC Treasurer) irons.nancy@gmail.com

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Transformative Talk Workshop facilitated by Rev. Henrietta Byrd
Featuring artist Gina Aliecia.
Transformation through Painted Prayers
November 23, 2019 at UUCC, 1pm to 4pm, Donation $60.00

Attendees will receive the following:
An autographed copy of Painted Prayers, Art Supplies used in the workshop, a snack, a clear understanding of how to utilize painting to release your fears, blockages and old beliefs, a creative way to bring forth prayers/affirmative statements of intent.
"I have discovered a unique way to access and release unneeded beliefs, Gina has discovered a unique method to prayer and meditation which we have combined and offer to you and your guest."

ADVANCED REGISTRATION REQUIRED
CONTACT: - Rev. Henrietta Byrd 312-593-4732. EMAIL: Iforgiveforme@gmail.com

Bring your closest friend with you so that when you leave this workshop, you will have someone else who is able to speak this language and one who can know the truth for you when you can't know it for yourself.

At the end of your full participation you will:
• Understand a process of Transformation
• Demonstrate a unique forgiveness technique
• Receive tools that will have you identify old habits that no longer support the vision you have for your life and replace the old habits with new intentional practices
• Have access to identify your life purpose
• Be empowered to create & maintain necessary changes to move forward with the goals and visions for your life
A story of lakes around our area in the Midwest.

This is our peer on Magician Lake at Sister Lakes Michigan. My son and I have been building our peer every year since 2011. It started when he was about a freshman or so in high school. We had a pretty predictable amount of height over the lake to set it up on the poles twisted into the lake bottom. It was working great until 2015. You can see it is clearly underwater in the photo above. It was a wet year and we were caught off guard of how high to make the peer.

Turns out our peer is experiencing what the other lakes and the great lakes are doing in the Midwest. With the climate changing, weather patterns are changing here in the Midwest. More info about that HERE.

Now, pushed by a changing climate, the swings in levels that used to take several decades are occurring in half a decade. Instead of a gradual rise and fall, the lakes are going from extreme to extreme.

Not only is that year of 2015 higher than normal, we have had an incredibly wet year this year. Most of the time on our cement breaker wall, the lake level is somewhere between the lake bottom and top of the breaker which is only about 18 inches high. Now my son and I have adjusted the peer well above what the highest level of the lake has been before. We have easily been higher than the lake only to have the first footsteps slightly underwater on the peer in our year of 2019.

If you can’t think of how climate is affecting the Midwest, we now have a change that goes in extremes. My wife Cilla was telling me a story about Lake Michigan permanent peer where the poles are covered by water this year. The top of the poles are below the water surface about a foot. People are running into them with their small boats and ski doos.

We are being affected by climate change in the Midwest in more ways than one. We are all one in humanity and share the same atmosphere. How we get together to make a better life on earth requires putting good UU principles to practice. May we all have conversations about the changes we need to make. See everyone in church.

Green Sanctuary Team.

Friday, November 8th noon to 2pm
160 W. Joe Orr Rd, Chgo Hts
80th district Fall Cleaning
The following free services will be available to the residents
• Electronic recycling (limit 1 per vehicle)
• Prescription drugs and over the counter take back
• Free paper shredding
For more info: 708-754-7900 or RepDeLuca@sbcglobal.net
Rainbow Cafe is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month. Doors open approximately 6:30pm. Movie starts at 7pm. Soft drinks are served.

November 15th Movie: “Mapplethorpe”

Arguably one of the most significant artists of the 20th century, Robert Mapplethorpe (played by Matt Smith of “The Crown” and “Dr. Who” Fame) discovered himself both sexually and artistically in New York City throughout the 1970’s and 1980’s. Filmmaker Ondi Timoner explores Mapplethorpe’s tumultuous life beginning when he moves into the Chelsea Hotel (home to the world of Bohemian Chic). Here he begins photographing it’s inhabitants and his newfound circle of friends. Shockingly erotic, his controversial art is rejected by gallery owners until he meets Sam Wagstaff (John Benjamin Hickey) a wealthy collector who becomes his lover and financial supporter.

Yoga Classes by Karen Nielsen

Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm

No reservations needed. Drop-in fee is $10 per class and the 6th class is FREE. Call (708) 755-3577 for more information.

A Moment in Balance

Buddhist Meditation

Learn and enjoy the simple, straightforward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

Satrds at 9am -10:30am
Location: UUCC
Cost: Free Will offering (proceeds go to UUCC)
For questions, contact Beverly Feldt bevfeldt@gmail.com

Dances of Universal Peace:
Meets (Sept-June)

Dances of Universal Peace are held on the 2nd or 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. More info Contact certified dance leader, Pat Segner, at 708-748-2217.

DUP next meets on November 17th

Love to Sing?

Join the UUCC Choir! The Choir sings on the 2nd and 4th Sundays each month, with rehearsals on those days at 8:30am and one weekday evening per month.

No experience required. If interested, email our choir director Bev Feldt at bevfeldt@gmail.com.

Drum Circle
November 1st at 7PM

Thanks to a few people who have expressed the desire to continue our drumming circle we are scheduled to meet on November 1st at 7PM. Bring your drums, rattles or any other percussion instrument and join us! Extra instruments will be provided if you don't have one.

Connections Group

Daytime Group meets: November 13th and 27th at 1pm.

Evening Group meets: November 13th and 27th at 7pm.

The UUCC

MEN’S GROUP

Men’s group meets every other Tuesday night from 7-9pm at the church.

Upcoming gathering dates are November 12th and 26th.

Contact Colin Kirchner at colinkirchner@gmail.com
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| 10am Worship/RE  
11:30am Potluck  
12pm MCEA group | 9:30am Yoga | 7pm Yoga | 7pm Yoga | 9:30am Yoga | 9am Meditation | 7:30pm Edgars Place |
| 10     | 11     | 12      | 13        | 14       | 15     | 16       |
| 7pm Drum Circle | 10am Worship/RE  
11:30am Forum | 7pm Men’s Group | 1pm Daytime Connections  
7pm Evening Connections  
7pm Yoga | 9:30am Yoga  
7pm Board Meeting | 6:30pm Rainbow Cafe | 9am Meditation |
| 17     | 18     | 19      | 20        | 21       | 22     | 23       |
| 10am Worship/RE  
11:30am Forum  
2pm Dances of UP | 9:30am Yoga | 7pm Yoga | 7pm Yoga | 9:30am Yoga  
7pm Board Meeting | 9am Meditation | 1pm Workshop |
| 24     | 25     | 26      | 27        | 28       | 29     | 30       |
| 10am Worship/RE  
11:30am Forum  
4pm Interfaith service | 9:30am Yoga | 7pm Men’s Group | 1pm Daytime Connections  
7pm Evening Connections  
7pm Yoga | 9:30am Yoga | 9am Meditation | 9am Meditation |

Great News! The UNICEF collection during the annual Samhain Celebration came to $85.58. THANK YOU to all who contributed!

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**Event Facilitators**

- **Monthly Drumming Circle:** Raegan Bricks  
  [raegan.bricks@gmail.com](mailto:raegan.bricks@gmail.com)
- **Family First Friday:** (currently on break)  
  Dan Feldt  
  [ddfeldt@gmail.com](mailto:ddfeldt@gmail.com)
- **Yoga:**  
  Karen Nielsen  
  [shanti-one@comcast.net](mailto:shanti-one@comcast.net)
- **Men’s Group:**  
  Colin Kirchner  
  [colinkirchner@gmail.com](mailto:colinkirchner@gmail.com)
- **Dances of Universal Peace:** (off July & Aug)  
  Pat Segner  
  [segnerpatricia@yahoo.com](mailto:segnerpatricia@yahoo.com)
- **Rainbow Café:**  
  Charles Barnett  
  [chazbarnett@yahoo.com](mailto:chazbarnett@yahoo.com)
- **Forum:**  
  Currently looking for a facilitator
- **Movie Night:**  
  Jerome Rowley  
  [jerome_rowley@gmail.com](mailto:jerome_rowley@gmail.com)
- **Edgar’s Place:**  
  Dave Rudolf  
  [daverudolf50@gmail.com](mailto:daverudolf50@gmail.com)
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Park Forest, IL  60466
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Website: www.uuccpf.org

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708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.