Sunday Worship Service at 10:00am  
The Unitarian Universalist Church  
70 Sycamore Drive, Park Forest  
708-481-5339

October 6th  
Title: Strong Roots, Strong Branches  
By Reverend Denise Tracy  
How do we deal with our religious allergies?  
How do we claim a healthy and inclusive faith?

October 13th  
Title: Laughing Allowed  
By: Elaine Miller  
Laughter creates social connection and also has many important health benefits.

October 20th  
Title: Growing Connective Tissue to Repair our Social Fabric  
By Pastor Chris Wogaman  
Pastor Chris Wogaman is pastor of Trinity Lutheran Church, Park Forest, which recently sold their historic buildings and now is determining its future. What might the future of religious/ethical community look like? What might the future of Park Forest look like? Pastor Chris shares some thoughts on how these elements could come together to begin to form sustainable community through connecting the gifts and people we already have nearby to heal divisions that run deep. The key is organization, building trust, and seeing abundance where others see lack.

October 27th  
Title: Celebrating Samhain  
By Nancy Irons  
This is the Pagan New Year; a time to give thanks for the harvest, and a time to honor ancestors who have gone before us. Everyone is encouraged to wear Halloween costumes to the service.

Highlights  
Church Rummage Sale:  
October 5th     9am-3pm

Edgar’s Place Presents Cheryl Rodey:  
October 12th     7:30pm

Forum  
October 7th: No Forum - Community Potluck Sunday  
October 13th: UU Gabfest with Dan Feldt  
A conversation about issues important to UUs, drawn from the UU World magazine. Contact Dan in advance for links to articles to be discussed.

October 20th: Waking Up Discussion with Julie Haverty, Nancy Frazier, Marilyn Ragland & Bev Feldt  
Join us for an ongoing monthly discussion group exploring racism. Please prepare by reading the book So You Want to Talk About Racism by Ijeoma Oluo. This book looks at racism from the view of an African-American woman. This should be particularly interesting, as last season we explored racism from the view of a white woman.

October 27th: Green Sanctuary with Jeff Green and Dick Lewis (continuation)  
Ecological Video and Discussion with Dick Lewis & Jeff Green. We will seek to develop A ProFuture Faith that is earth friendly and life sustaining. Using video and discussion we will look at the Reality of our present moment and ground ourselves in a deep spirituality.

November 3rd: No Forum - Community Potluck Sunday

REMINDER: Daylight Savings Time ends at 2am Sunday, November 3rd. Enjoy your extra hour of sleep on Sunday morning.

The Listening Hearts for the month of October will be announced at our October Sunday Services
President’s Column by Jerome Rowley

There was a Town Hall meeting held in September after the service by Rev. Henrietta Byrd. Some important topics were discussed, but since there were only about a dozen or so people in attendance, I decided to put the contents of that meeting in the newsletter so people could be aware of what was talked about.

1. Introduction
For the newer people in the congregation, I explained that the Town Hall meeting is held roughly once a quarter. The purpose is to let people in the congregation know what topics have been discussed at recent Board meetings, and to give an opportunity for people in the congregation to ask questions about those topics.

2. Children’s Story Guidelines
I described the process by which the Guidelines for the Children’s Story will be created, ratified by the congregation, and then disseminated to those in the congregation as well as to the guest speakers.

a). The first draft of the Guidelines will be drawn up by the Religious and Character Education committee. This has been done; look at Dan Feldt’s column in this October edition of the newsletter to read them.

b). The Guidelines will be sent to the relevant Committees for their feedback. The Music and Worship Committee will be sent a copy of the Guidelines, as well as the Committee on Ministry.

c). For those members of the congregation who are not members of the RCE Committee or the two committees I mentioned in the last paragraph, you have an opportunity to read those Guidelines and send your comments to Dan Feldt. He has included his e-mail address in the same column as he has published the first draft of the Guidelines.

d). Based on the feedback from the committees and the congregation at large, Dan Feldt and his RCE committee will create the final draft of the Guidelines. This will be published in the November version of this newsletter. Once this final draft of the Guidelines is published, the Board will ratify this at their October Board meeting, and then the Guidelines will be set to go into effect at the end of this calendar year.

This process set up by the Board is trying to be as inclusive as possible of those in the congregation, with more weight being given as far as the process is concerned to those in the relevant committees (starting with the RCE committee, of course). Please be aware that the process of creating the guidelines will mean that not everybody agrees with every point in the guidelines, and the final product may not be perfect in the eyes of individual congregation members, but we are trying to include everybody in the process so that it will reflect the views of at least most of the members.

3. Communication Issues
There are some people who are asking for information or making requests from staff members (like our office administrator Virginia Jackson), and who are impatient to get a response after they leave a message on our Church answering machine. They are contacting the staff members (and sometimes Board members like myself) on their personal cell phones, or at their home phones, including during the weekend. Members of the congregation need to respect the fact that we serve the church but are not your personal servants. We will get back to your request as soon as we can, but you must respect the fact that we have our other responsibilities of the church to attend to, not to mention our personal lives. That being said, there may be a need to institute some sort of communication guideline that states that we will get back to you within a certain time period so you at least know when to expect a response.

The second communication issue has to do with the language we use when addressing each other in group meetings. I’ve talked to Bev Feldt about locating the language of the covenant that used to hang on our walls and seeing if we can make the current members of the congregation aware of its contents.

Finally, there are within the congregation those who have personal issues with others. The best way to deal with those issues is to sit down with the other person and work out those differences; however, if that direct communication is not effective, then I suggest that we have those members of the Listening Hearts who are mediators lend their services to those in the congregation who wish to sit down with others with whom direct communication is problematic.

CONTINUED
President’s Column Continued

I am suggesting this because in moving forward with the Guidelines and other topics related to church policy, it is important that we not let personal issues we have with others get in the way of the important work we are doing at the church on those policy areas.

4. Finances

Finally, we discussed how the problems of the church are not of the immediate variety (we do have enough money to pay the bills), but of the medium and long term. Since our budgeted income for the current year will fall short of our projected expenses, we will want to pursue fundraising projects from now until the end of the fiscal year (next June) to make up that shortfall. We will want to pursue next year a capital fund project in order to raise money to replace the roof.

There was an important suggestion made by someone at the meeting; rather than focusing our efforts merely on fundraising from current members, we should also be focusing our efforts on gaining new members as well. I also feel this approach is important and will be working in the coming months to see it happen. Well, that’s it for the third quarter Town Hall Meeting. I hope that by the time of the next meeting, the Guidelines will be complete and we can move on to the next challenge!

Saturday October 5th
8:30am to 4:00pm

We will be holding a Rummage Sale, open the public, on Saturday October 5th here at UUCC. Come sell your own items ($10 in advance for a table), crafters welcome.

Come get a jump on your Holiday shopping! Lots of goodies to buy! Be sure to bring your wallets and checkbooks!

Are you willing to help with this sale? There is a sign-up sheet in the Gathering Room or contact Nancy Irons to volunteer. We need help with setup and pricing on Thursday Oct. 3rd and Friday Oct. 4th evenings; help staffing the sale on Saturday Oct. 5th and then help with cleanup afterwards. Please volunteer!

Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

The October 2019 Schedule follows:

October 5th and October 7th - "Summer in Chicago: Winter in America” featuring Barbara Allen
October 12th and October 14th - "Sisters at Work: Heavy Lifting” featuring Essence McDowell
October 19th and October 21st - "Summer in Chicago: Winter in America” featuring Barbara Allen
October 26th and October 28th - “Exploring Reality in the African-American Community” featuring Kwabena Jack Childs, JD

Go to www.youtube.com to view previous H3O TV programs and search Gloria Peace on tool bar.
We Covenant to employ the democratic process as the rule of our community, both as leaders and as members. We will conduct all dealings of the church in an open, honest and responsible way. We will seek and share information about all important church issues and contribute our informed opinion. We will respect the deliberated consensus of the community and continue to seek common goals through the exploration of diverse ideas.

- This is one of our UUCC Covenant principals and was a guide for me to schedule the "sermon discussion" with Rev. Denise Tracy. I feel (as does Rev. Denise) that the discussion was good.
- Our church will host the Together Park Forest (churches united) Thanksgiving Service on Sunday, November 24th at 4PM in our Sanctuary. Last year St. Irenaeus hosted. I'm excited to show off our clean, beautiful church to the members of seven other churches that may come for the service. Be sure to mention to them that we do weddings, memorials and corporate retreats as a rental.
- Rev. Henrietta Byrd will have a painting workshop on a Saturday in November at our church. (More information coming soon from the office)
- Thanks to Jeff Fields who chain sawed a wayward tree that was leaning into our parking lot. More people are welcome to join the Building and Grounds Team. It's a team - only necessary meetings and do the work. Jeff Fields and I are the Board liaisons. Nancy Irons continues her wonderful work.
- Open House Chicago is scheduled for October 19th, Saturday through the Architecture Society. Look at the website. People can tour the beautiful building downtown and the Chicago suburbs that are not normally open to the public.
- Thanks to Jodi Libretti and the RCE people who collaborated on the Children's Story Guidelines printed in Dan Feldt's column. Step 2 is to collect other people's input to form the final document.
- The Board has been working on “roles”. For instance if someone has a question on worship, they can ask me because I am the Board liaison. I will then refer it to the person who does the work. Beccie Bruckner is Pastoral Care. Giggy was RCE liaison but she has left the Board. Nancy Irons is the co-ordinator to the Finance Committee. It's still "in the process".
- A Mediation Team is in the process too. Seven names have been given by me to Richard Lewis and the Committee on Ministry.
- Thanks to Andy Stevens who Bar-B-Qued for hours for the Corn Roast and all the people that made that event so enjoyable. (see photos below)
- Park Forest People of Faith will hold a non-denominational "Peace" Service at St. Irenaeus (Orchard St. in downtown Park Forest) on Wednesday, October 2nd at 7PM.
- Jeff Green is building a ramp to make it easier for people to access our outdoor patio.
LOOKING FOR EDGAR’S PLACE COFFEEHOUSE VOLUNTEERS!

Dave Rudolf and Valerie Birk could sure use some volunteers for Edgar’s Place and it’s a good way to see the shows for free!

Volunteers come an hour or two early on the night of the show to help set up the furniture, make coffee, put out snacks and then help clean up afterwards. It’s pretty easy work. They could also use some extra help carrying the musicians’ equipment. It would be ideal to have someone who’s able to lift some equipment and who also knows something about sound.

SATURDAY, OCTOBER 12TH  7:30pm

Cheryl Rodey is a vocal powerhouse that will blow you away with a genuineness that can make anyone feel the love of music. Between her incredible vocals and passionate guitar playing, Cheryl is a bright rising star. Whether performing her own well crafted originals, or blowing the roof off with her version of well known tunes, she’s an artist to keep an eye, and most definitely an ear on. More on Cheryl at cherylrodeymusic.com. "It takes less than a minute...to understand why singer/songwriter Cheryl Rodey’s been increasingly buzzed about in the Chicago music scene — to be exact, it takes about 40 seconds. That’s when the big, breathy hook of “Gone,” the kickoff track of Rodey’s debut solo effort, comes in and effectively announces that Rodey has the songwriting and harmonic chops to transcend the crowded scene. “ Tracy Williams
Connections Group

We offer two different Connections groups for those seeking to build and strengthen personal relationships and bonds of community, as well as ways to grow spiritually. Connections groups provide a space to share your perspectives and experiences, learn about and support each other, and discover what we have in common. All are welcome to attend, whether church members or not. Come join us!

The **DAYTIME CONNECTIONS GROUP** meets the 2nd and 4th Wednesday of every month, from 1-2:30 pm at UUCC. For more information contact JoAnn Franczek 219/629-0815 or Irene vanderHoek 708/305-4913 tulip51girl@gmail.com

The **EVENING CONNECTIONS GROUP** meets twice a month from 7– 8:30 p.m. at the church. Contact Rob van de Logt (708-973-1088) or Jodi Libretti (31-371-4713) for more information. Next meetings: October 2, 16, and 30.

**In Loving Memory of Mitzi Esposito**

There will be a ceremony to celebrate the life of Mitzi Esposito, who died in July. Mitzi was the beloved mother of John Hurtubise, who served as our Board President. John, his wife Jennie Bohlman, and their children invite you to join them on Sunday, October 6, at 2 PM in the sanctuary.

**CUUPs Sunday Service – Sunday, October 27th – Celebrating Samhain**

Samhain is the Pagan, or Witches New Year. It celebrates the final harvest and recognizes this as a time of endings and death. . . . A time when the veil between the worlds is thin and we can commune with loved ones who have passed on. . . . Halloween grew out of this tradition, emphasizing ghosts, hauntings and treats to ward off tricks. Join us for an examination of the spirituality of these holidays.

**Directory Update** – – It’s that time of year again! Each summer we update the Member and Friends database and generate a new directory for the fall.

We will soon be updating the Group Contact List to publish in the new directory. Are you a member of a group here at church? Who is your Group Contact person? That is, who acts as liaison with the office and the Board of Trustees? This would be the person who reserves space for your events, who sends publicity information to the newsletter editor, the person who brings suggestions or proposals to the Board of Trustees and whom the office relies upon to answer questions or to help distribute information to your group. Please discuss it with your group and let the office know who should be listed as Group Contact for your group. Thank you for your assistance with this project.
The following is a draft for the guidelines of leading the Children’s Story portion of the service. The Board of Trustees has asked the Religious and Character Education Committee to ask for suggestions for possible revisions to the guidelines. **If after reading the draft you have suggestions, please submit them to the committee by emailing them to Dan Feldt (ddfeldt@gmail.com) no later than October 9.**

**A Guide to Leading the Children’s Story**

**at the Unitarian Universalist Community Church of Park Forest**

Every Sunday service includes a 5 to 10 minute segment we call “The Children’s Story.” The purpose of this time is to:

- engage our children in the sermon topic in an age-appropriate way
- show our children that they are valued members of our community
- recognize our children’s ability to think and talk about important ideas
- help children develop and practice “church social skills”
- make being at UUCCPF fun for kids!

We’ve created this guide so that our celebrants and children can have the best experience possible. Thank you so much for taking the time to review it. We appreciate your thoughtful interaction with our children!

**Frequently Asked Questions**

**At what point in the service does the Children’s Story take place?**

Children sit with their families in the sanctuary at the beginning of the service. The Children’s Story follows the Song of Affirmation or sometimes a song from the choir. The worship assistant will invite “the young and the young at heart” to sit on the carpet in front of the pulpit. Some children will bring a parent or grandparent with them, and some will bring a doll or stuffed animal for comfort and security. We do not discourage this.

What are the ages of the children? Currently, our children range from about 4 years old to 4th grade. Teenagers in the congregation typically remain seated with their families and rarely go up to the carpet.

**What kind of story should I tell? Do I have to read a book?**

There are a variety of formats that work well for engaging children with the theme or idea of your sermon. But ideally, there will be something visual for children to focus on, and even better, something to pass around and touch! You may read a picture book (though the standard 32-pager will probably need to be “abridged”) or you might tell a story—again, props or a picture helps.

One of our regular celebrants creates her own stories using photos of her dog, which she displays on her iPad for the children. An interesting “show-and-tell” object can be the basis of a story, a conversation, or an exchange of information (“What do you know about this?”). Celebrants have brought in a partially rotted log to talk about the cycle of life, a picture of Gandhi to introduce civil disobedience, and a Mexican sugar skull to talk about beliefs about death. Be creative and imaginative!  

(Continued…)
Financial Update – Things are progressing on the Finance Committee. We are meeting with an accountant to consult on a variety of procedural and technical questions on QuickBooks. We also want advice on procedures for the upcoming Audit. For rentals, we plan to update the Woodland Chapel wedding brochure with photos of our renovated space, as well as reviewing rental rates.

Fundraising still needs volunteers, particularly in the form of coordinators for events that bring in funds from the community. Do you want to organize an ethnic dinner? How about a Holiday Bake Sale? What about a concert or talent show? Someone suggested a Psychic Fair! What else interests you that can help UUCC raise funds? Please get involved.

We are still pursuing Arbitration to resolve the financial situation with our contractor, Craftsmanworks Restoration Services (CRS). We contend the withholding / depreciation funds from Church Mutual should have been sent to UUCC, rather than to CRS. We believe CRS owes us a refund, while CRS claims we still owe them payment. We are compiling documents and statements to submit to an arbitrator from the American Arbitration Association. Hopefully, this can be resolved before the end of the year.
I have been patiently waiting for changes in the world to move towards speeding up the change to living in a world without carbon emissions or known as burning fossil fuels. In this game there really is white light at the end of the tunnel. A study has come out from BNP Paribas Asset Management that shows renewable energy and electric cars are going to basically crush the oil industry economically. As consumers are clear to see the difference, there will be no issue which is better for the consumer to buy on a personal basis and that it will also be better for the earth and our future generations coming down the line. The article can be viewed HERE.

Energy Return on Capital Invested (EROCI), focusing on the energy return on a $100bn outlay on oil and renewables where the energy is being used specifically to power cars and other light-duty vehicles (LDVs). For a given capital outlay on oil and renewables, how much useful energy at the wheels do we get? Our analysis indicates that for the same capital outlay today, new wind and solar-energy projects in tandem with battery electric vehicles (EVs)* will produce 6x-7x more useful energy at the wheels than will oil at $60/bbl for gasoline-powered LDVs, and 3x-4x more than will oil at $60/bbl for LDVs running on diesel.

Not only is renewable energy and electric cars the future, this suggests superior economic performance, superior ecological performance and superior ownership performance.

Economic and environmental benefits set to make renewables in tandem with EVs irresistible. The clear conclusion of our analysis is that if we were building out the global energy system from scratch today, economics alone would dictate that at a minimum the road-transportation infrastructure would be built up around EVs powered by wind- and solar-generated electricity.

In 20/20 hindsight, don’t you wish we had gone this route? I got a few other 20/20 hindsight I would like to talk about, but I digress.

The oil industry has never before in its history faced the kind of threat that renewable electricity in tandem with EVs poses to its business model: a competing energy source that (i) has a short-run marginal cost (SRMC) of zero, (ii) is much cleaner environmentally, (iii) is much easier to transport, and (iv) could readily replace up to 40% of global oil demand if it had the necessary scale. We conclude that the economics of oil for gasoline and diesel vehicles versus wind- and solar-powered EVs are now in relentless and irreversible decline, with far-reaching implications for both policymakers and the oil majors.

Oil companies are incredibly threatened by this. Just read an article from Politico:

The oil industry vs. the electric car

Electric vehicles could make up nearly half the fleet of passenger cars and trucks by 2040. But oil and gas companies are striking back.

Their living is more important to them than the future of life on the earth and our future generations. Want to vote your dollars? Buy an electric car and purchase third party renewable energy. Illinois is very well set up for buying renewable energy. I suggest 100% renewable energy.

Thanks for having us as your green sanctuary team.
Rainbow Cafe is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month. Doors open approximately 6:30pm. Movie starts at 7pm. Soft drinks are served.

Next meeting: October 13th

Movie: “Cloudburst”

Brenda Fricker and Olympia Dukakis play Dot and Stella, a crackjack Lesbian couple on the run from a nursing home. Stella and Dot have been together for 31 years and have faithfully accompanied one another through life’s ups and downs. Now in their seventies, Stella is hard of hearing and Dot legally blind. Doty’s prudish granddaughter decides the best place for Dot is a nursing home that will provide all the necessities. This forces Stella and Dot to make a bold decision: they will leave their hometown in Maine and make their way to Canada where same sex marriage is legal. Enroute to Canada, they pick-up a young hitchhiker named Prentice. A small town boy turned dancer. Time frame set before the Supreme Court Marriage Equality Decision.

A Moment in Balance

Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th class is FREE. Call (708) 755-3577 for more information.

Buddhist Meditation
(no meeting Oct 5th)

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

Saturdays at 9am -10:30am
Location: UUCC
Cost: Free Will offering (proceeds go to UUCC)
For questions, contact Beverly Feldt bevfeldt@gmail.com

Drum Circle
October 4th at 7PM

Thanks to a few people who have expressed the desire to continue our drumming circle we are scheduled to meet on October 4th at 7PM. Bring your drums, rattles or any other percussion instrument and join us! Extra instruments will be provided if you don't have one.

Love to Sing?

Join the UUCC Choir! The Choir sings on the 2nd and 4th Sundays each month, with rehearsals on those days at 8:30am and one weekday evening per month.

No experience required. If interested, email our choir director Bev Feldt at bevfeldt@gmail.com.

The UUCC Men’s Group

Men’s group meets every other Tuesday night from 7-9pm at the church.

Upcoming gathering dates are October 1st, 15th and 29th.

Contact Colin Kirchner at colinkirchner@gmail.com

Dances of Universal Peace: Meets (Sept-June)

Dances of Universal Peace are held on the 2nd or 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. More info Contact certified dance leader, Pat Segner, at 708-748-2217.

DUP meets on October 20th

Connections Group

Daytime Group meets: October 9th and 23rd at 1pm

Evening Group meets: October 2nd, 16th and 30th at 7pm.
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**Event Facilitators**

Monthly Drumming Circle: Currently looking for facilitator
Family First Friday: (currently on break)
Yoga:
Men’s Group:
Dances of Universal Peace: (off July & Aug)
Rainbow Café:
Forum:
Movie Night:
Edgar’s Place:

Dan Feldt 708-212-3637 ddfeldt@gmail.com
Karen Nielsen 708-755-3577 shanti-one@comcast.net
Colin Kirchner 708-497-0293 colinkirchner@gmail.com
Pat Segner 708-748-2217 segnerpatricia@yahoo.com
Charles Barnett 708-843-2005 chazbarnett@yahoo.com
Currently looking for a facilitator
Jerome Rowley 714-930-6134 jerome_rowley@gmail.com
Dave Rudolf daverudolf50@gmail.com

**Please Note:** The Buddhist Meditation Group will not be meeting on October 5th.
Church Information
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Park Forest, IL  60466
Office Phone:  708-481-5339
E-Mail: churchadmin@uuccpf.org
Website: www.uuccpf.org

This newsletter is designed, edited and published by Diane O’Connor
diane.oconnor@att.net
708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.