Sunday Worship Service at 10:00am
The Unitarian Universalist Church
70 Sycamore Drive, Park Forest
708-481-5339

September 1st
Title: "You Got This, God's Got You"
By Eve Gomez
You have the Power within you. You are fully
equipped and it all starts in the mind. These
bible verses support that.
Luke 1:35
2 Timothy 1:7
Isaiah 40:29-31

September 8th
Title: "The Story of the Story for All Ages"
By Reverend Denise Tracy
How did this element of worship begin? What
was its purpose? In this service I will go back
to its beginning in 1976 and talk about the
where, the why and the how. There will be a
time for discussion for those who are interest-
ed after the service.

September 15th
Title: To Be Announced
By Colin Kirchner

September 22nd
Title: Aligning with the Principle of Order
By Reverend Henrietta Byrd

September 29th
Title: In Sweet Fields Of Autumn - A Fall
Celebration
By February Sky (Susan Urban & Phil Cooper)
We will celebrate Harvest Home, saying a
fond goodbye to Summer and reflecting on
the winter to come. Bring an Autumn Harvest
fruit, food or decoration to church (e.g. ap-
plies, corn, wheat, squash, acorns, autumn
leaves, pine cones, etc.).

Highlights
September 7th: Annual UUCC Corn Roast
September 14th: Edgars Place presents Michael Smith
September 20th: Rainbow Café presents “Rocketman”
September 21st: Workshop with Rev. Henrietta Byrd
September 21st: CUUPS Fall Equinox

Forum
While we are still looking for a volunteer to take on the
role of Forum Coordinator, September seems to have taken
care of itself. . . .

September 1st: Community Sunday - no Forum.

September 8th: UU Gabfest with Dan Felt
A conversation about issues important to UUs, drawn
from the UU World magazine. Contact Dan in
advance for links to articles to be discussed.

September 15th—February 17th: Waking Up Dis-
cussion Group with Julie Haverty, Nancy Frazier &
Marilyn Ragland. Join us for an ongoing monthly dis-
cussion group exploring racism. See more information
in this newsletter.

September 22nd: Town Hall Meeting with Jerome
Rowley. An opportunity for discussion and updates on
issues important to UUCC.

September 29th: Ecological Video and Discussion
with Dick Lewis & Jeff Green. We will seek
to develop A ProFuture Faith that is earth friendly
and life sustaining. Using video and discussion
we will look at the Reality of our present moment
and ground ourselves in a deep spirituality.

Would you be interested in becoming the Forum
Coordinator? Please contact Nancy Irons
(irons.nancy@gmail.com) for more details.

The Listening Hearts for September
are Barb Morris Anderson
and Monica Regan
President’s Column by Jerome Rowley

One of the positive things going on at our Church are the activities of the group that was trying to discuss the phenomenon of racism in this country by discussing the book Waking Up White: And Finding Myself in the Story of Race by Debby Irving.

There is a song called You’ve Got to be Carefully Taught from the 1949 Rodgers and Hammerstein musical South Pacific which describes how racism is transmitted from generation to generation.

You've got to be taught to hate and fear
You've got to be taught from year to year
It's got to be drummed in your dear little ear
You've got to be carefully taught

The process of unlearning racism also needs to be carefully taught, and I am glad that Unitarian Universalists are taking it upon themselves to participate in that process.

I remember when I lived in Homewood, Illinois and I was invited to a block party by a group of neighbors whose kids went together to the same elementary schools in town. I was happy to see that there were two African-American children in the group of kids playing together, and they were enjoying the cookout and all the festivities that were going on. I noticed how they accepted each other and thought that was great.

Then I went to the people who were holding the cookout, and shook the hand of one of the fathers of the kids, an African-American man who was probably in his 30s. I said to him, “thank you for inviting me to your black party”—and then caught myself, and corrected what I said, “I’m sorry, for inviting me to your block party.” He smiled a bit in a way that said, “I heard what you just said,” and then he was gracious enough to invite me to have a hamburger and join the rest of the group.

My unconscious slip was telling—even though intellectually I saw him as just one of the fathers of the group of kids from the neighborhood, another part of my mind identified him first and foremost as being a member of a certain race. That is racism, seeing a person’s identity primarily through the lens of race.

One of the reasons why I like the Toastmasters International organization that is composed of clubs devoted to public speaking and leadership development is that it gives me the chance to interact with people from all over the city of Chicago. When I decided to join the Wrightwood-Ashburn Overcomers (WAO) Toastmasters Club because it contained most of the leaders of the district, I realized that I would be one of only a few white people in the club. However, when you deal with people on a constant basis and you are devoted to the same principles of behavior towards each other, you start identifying people on their individual merits and on their individual gifts or talents. It is familiarity with people from other backgrounds that helps you relate to them as individuals rather than as members of specific groups. This is why joining professional or special interest groups can be a pathway towards unlearning racism, because your experiences in interacting with others will help you see others, yourself, and the entire world in a new way.

You’ve got to be carefully untaught racism, in other words. I’m glad that some of our members are endeavoring to do just that.
The Southland Acoustic Music Festival was great Public Relations for our church, UUCC/PF. Thanks to Dave Rudolf, Valerie Birk, Virginia Jackson for the Tacos, Dan Meadows for the sound and Dave Bartlett for the pictures and anyone who contributed in ANY way! (See photos from the music festival in this newsletter).

Beccie Bruckner is inspired to find a way to make our Patio/Deck truly handicapped accessible. If anyone has ideas, please send them to Jeff Fields - Building and Grounds liaison to the Board of Trustees. We need a ramp that will transition from the wood of the deck to the patio stones.

Thanks to Rob van de Logt and the Wednesday night Covenant Group for the list of resources for coping with the "awful" things that are going on in our world.

There is a column written by Vickie Fotis for the Southtown Star on the church bulletin board. Joyce Semmler saved it from her archives. Also there is an old clipping of Jo Jo Martin as a child singing in First Unitarian's choir.

The Committee on Ministry would like to start a new Mediation team. If you are interested, please let me know and I'll pass the names along to Richard Lewis.

A Building and Grounds Team is needed. No meetings - just work. Let me know if you are interested. The requirements are to just show up, work together, have fun and help build our church (on many levels).

Candlelight Labyrinth will be held on Saturday, December 21 from 6 to 9PM during the Winter Solstice. Andy Stevens is the engineer. Our new floor will really reflect those candles.

Julie Hundley works at a pre-school in Englewood that is in danger of losing it's funding. This angers me because it's such important work. I believe education is the foundation for society. Several of us are writing letters in protest. Anyone can do so. If you are interested, there is information on the Bulletin Board on where to send your protest letters.

Giggy Warner told a story at Ravisloe Country Club for "Homewood Stories." It was about her father talking to trees and his ingenuity in getting elephants to help. It was a good time. Five storytellers spoke in the beautiful Country Club while we ate good food and had drinks.

Waking Up Book Discussion Group Resumes

Beginning this month, the Waking Up Book Discussion group will meet monthly during UUCC's FORUM on the third Sunday of each month. Our first session will be Sunday September 15, 2019 at 11:30 a.m. in classroom 3 to discuss Ijeoma Olou's book So You Want to Talk About Race. This informative, well-written text is widely available electronically and in print. If you are concerned about how Americans of all colors and backgrounds talk to and understand each other, please join our conversation. Contact Nancy Frazier, Marilyn Ragland, Julie Haverty, Beverly Feldt or the UUCC church office (708-481-5339) for more information.
Our Connections group seeks to provide opportunities for spiritual growth and community building, by strengthening relationships. Small Group Ministry provides ways to live out our UU principles and to strengthen the wider community through service projects. The group meets the 2nd and 4th Wednesday of every month, from 1-2:30 pm at UUCC. Come join us! For more information:

JoAnn Franczek 219/629-0815 or
Irene vanderHoek 708/305-4913
tulip51girl@gmail.com

NOTE: There is now an EVENING CONNECTIONS GROUP. The group next meets on Wednesday, September 4th at 7pm at the church in classroom 3.

Contact Rob (rtvdl0@gmail.com) or Jodi (jilibretti@sbcglobal.net) for more information.

Workshop at UUCC with Rev. Henrietta Byrd
312-593-4732 (call to register)
September 21st at 1pm

PLACING YOUR ORDER WITH THE UNIVERSE

Chicago Pagan Pride Day
Saturday September 28th, 10am-8pm
Que4 Radio Station, 2643 W Chicago Ave, Chicago, IL. (new location)

Are you interested in attending this event? Perhaps we could carpool? Please contact Nancy Irons irons.nancy@gmail.com to coordinate rides.

For more information check out:
http://www.chicagopaganpride.org/
Thanks, Dave Bartlett, for these amazing photos from the Southland Acoustic Music Festival that was held on August 10th, 2019 at UUCC!

Financial Update – The new Finance Committee has been established with Virginia Jackson, Pat Segner, Leonard and Colin Kirchner all participating. We held our first meeting in mid-August and discussed a variety of projects, including: clarifying fiscal policies, re-evaluating UUCC rental rates, cleaning up / reorganizing paper and computer records, as well as developing recommendations to the Board for a Self-Audit of the prior fiscal year, to be conducted in January.

We are also looking at working on the Capital Campaign to raise funds to replace the roof. (Remember, we need $45,000 to replace the roof within the next year or so??) Plans are very tentative so far, but it has been suggested that we hold a major event around Valentine’s Day, inviting friends and community members to celebrate with us. We also want to do outreach to friends and former members who have moved away, to invite them to participate in this effort. Hopefully, we can use the Internet and crowd funding to reach a much larger audience. Would you like to work on planning this event? Please let me know (irons.nancy@gmail.com).

In addition to the Capital Campaign, we need to raise at least $1,500 via other means of fundraising to meet the budget. Can you help with fundraising? We need volunteers to initiate and coordinate events throughout the year. Do you want to help organize an ethnic dinner? How about a Holiday Bake Sale? What about a concert or talent show? We are particularly interested in events or activities that will bring in money from the community-at-large, not just our own congregation. Please think about it and let us know! If you have any questions or suggestions, please contact me, Nancy Irons at irons.nancy@gmail.com. Thanks!
Religious and Character Education by Dan Feldt

We had a fascinating RCE class last Sunday. We drew a scaled distance representation of our Solar System. The first photo below shows Delilah marking out Mars on our scale. You can see the Earth, Venus, and the Sun to the right. Mercury is too small to see. The next photo is taken by me from the position of Uranus. We ran out of room in the parking lot to place Neptune and Pluto. They’d be somewhere in the woods across the street. If you look closely, you can see Delilah standing on Earth and Bruce is the Sun. Look closely, they are way, way back there. Our discussion after class was about the vast distances in space, and the importance of keeping our blue boat home afloat and healthy. It will be a long time and distance before we sail away.

I want to thank all the people who made our participation in the Homewood and Park Forest Farmers Markets such a success! Gia and Lulu (our tattoo artists) and Emily Bushong; Luke, Giggy and Steve Wagner; Justin, Julian and Jodi Libretti; Bruce Swiecicki; Elise and Irene van der Hoek; Jeff Fields; and Beverly Feldt.

Edgar’s Place Coffeehouse Proudly Presents
their 2019-2020 Schedule

Saturday, September 14th, 7:30pm  Michael Smith
Saturday, October 12th, 7:30pm     Cheryl Rodey
Saturday, November 8th, 7:30pm    Buddy Mondlock
Saturday, December 14th, 7:30pm   Todd Donnelly, A Tropical Evening
Saturday, January 18th, 7:30pm    Felton Offard
Saturday, February 18th, 7:30pm   Chris Farrell and Larry Rand
Saturday, March 21st, 7:30pm      Bernie Glim
Saturday, April 18th, 7:30pm      Dave Rudolf and Friends
Saturday, May 9th, 7:30pm         Switchback
We will be holding a Rummage Sale the first weekend in October. Please bring in donations for this event. A drop-off box has been established in the coatroom. We particularly want nice things that someone would want to buy. We would prefer no clothes for this sale.

Rummage Sale flyers are now available in the Gathering Room. Please take some for friends and neighbors to help get the word out about this event. The more people who donate items, the more we can sell!

For more information, or if you would like to volunteer for this event, please contact Nancy Irons (irons.nancy@gmail.com).

Edgars Place Coffeehouse Proudly Presents Michael Smith

Saturday, September 14
7:30pm at UUCC
$15 Admission

One of Edgars Place and Chicago’s favorite singer/songwriters, we are proud to bring back the legendary song maven, Michael Smith.

Rolling Stone Magazine once called him “the greatest songwriter in the English language.” He has been singing and composing since the 1960’s, and his rich and challenging songs have been recorded by more than 30 performers. Steve Goodman’s recording of “The Dutchman” in 1973 on his album “Somebody Else’s Troubles” introduced Smith’s songs to a large audience, and propelled “The Dutchman” into Smith’s most popular song. “Michael Smith stands out as one of the few undisputed geniuses among singer songwriters.” Sing Out Magazine. More info at MichaelPeterSmith.com.

Click HERE to see Michael perform “The Dutchman.”

Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

The September 2019 Schedule follows:

August 30th and September 1st - “Examining Homicide and Suicide in the African American Community” featuring Dr. Carl Bell, ANCESTOR
September 6th and September 8th - “Our Daily Bread” featuring Imani Barberousse
September 13th and September 15th - “Exploring Reality in the African American World” featuring Kwabena Jack Childs JD
September 20th and September 22nd - “Our Daily Bread” featuring Imani Barberousse
September 27th and September 29th - “Sisters At Work: Heavy Lifting” featuring Essence McDowell
This is not an endorsement of Bernie Sanders over any of the other people up for election of President. This is to inform our readers of what Bernie Sanders Green New Deal contains. As usual with a small amount of room, I try to pack in the most amount of information. Full disclosure, I give to Bernie’s campaign monthly.

To sum up the importance of speed in transitioning to zero pollution in our world society, it’s a matter of levels of grim we will face. If we go the way of fossil fuels, the level of grim is quite high, destroying our way of life on earth. If we go the Green New Deal way, it’s the very best we can do for smiles for 1000’s of years to come.

For full article, click HERE.

- Reaching 100 percent renewable energy for electricity and transportation by no later than 2030 and complete decarbonization by 2050 at latest
- Ending unemployment by creating 20 million jobs
- Directly invest an historic $16.3 trillion public investment
- A just transition for workers.
- Declaring climate change a national emergency.
- Saving American families money
- Supporting small family farms by investing in ecologically regenerative and sustainable agriculture.
- Justice for frontline communities
- Commit to reducing emissions throughout the world,
- Meeting and exceeding our fair share of global emissions reductions.
- Making massive investments in research and development.
- Expanding the climate justice movement.
- Investing in conservation and public lands to heal our soils, forests, and prairie lands.
- This plan will pay for itself over 15 years.

The cost of inaction is unacceptable. Economists estimate that if we do not take action, we will lose $34.5 trillion in economic activity by the end of the century. And the benefits are enormous: by taking bold and decisive action, we will save $2.9 trillion over 10 years, $21 trillion over 30 years, and $70.4 trillion over 80 years.

I hope this gives you some idea of how big this is. I hope everyone has had a great summer this year. See you all in church.

~Green Sanctuary team.
Directory Update – It’s that time of year again! Each summer we update the Member and Friends database and generate a new directory for the fall.

There is a “REVISIONS NEEDED” copy of the current directory in the Gathering Room. Please review your listing and make any necessary corrections to your contact information. Be sure to initial your entry to designate that it has been reviewed.

If you are not listed, but would like to be, please add your contact information in the appropriate alphabetical region. If you see someone listed who is no longer living in the area, please make a note that they might be removed for the next directory.

We will soon be updating the Group Contact List to publish in the new directory. Are you a member of a group here at church? Who is your Group Contact person? That is, who acts as liaison with the office and the Board of Trustees? This would be the person who reserves space for your events, who sends publicity information to the newsletter editor, the one who brings suggestions or proposals to the Board of Trustees and whom the office relies upon to answer questions or to help distribute information to your group. Please discuss it with your group and let the office know who should be listed as Group Contact for your group.

Thank you for your assistance with this project.

———

Autumnal Equinox Ritual
Saturday, September 21
5:00 gather, 5:30 ritual
Potluck dinner to follow.
Please bring a dish to share.

The fall equinox, a time when daylight and nighttime are equal or in balance. Pause for a moment to feel the balance of polarities around you: light & dark, inner & outer, masculine and feminine, young & old, etc.

For the soul, the autumnal equinox is also a time of harvest. Celebrate the autumn equinox, or Ma-bon, by harvesting your inner fruits of awareness and finding gratitude for the seeds that you have both reaped and sown… The good, the bad, and the ugly.

Join us for a family friendly gratitude ritual, followed by a potluck dinner. Please bring a dish to share. $5 donation requested. For more information, please contact Nancy Irons (irons.nancy@gmail.com).

———

Dances of Universal Peace
Schedule for 2019/2020

Dances of Universal Peace are held on the 2nd or 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations.

For more information contact certified dance leader, Pat Segner, at 708-748-2217.

2019 Dates
Sept. 15, Oct. 20, Nov. 17, Dec. 15

2020 Dates
Jan. 19, Feb. 16, Mar. 15, April 19, May 17, June 21
Rainbow Cafe is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month. Doors open approximately 6:30pm. Movie starts at 7pm. Soft drinks are served.

Next meeting: September 20

“Rocketman”
His music inspires you. His life will surprise you.” Rocketman is a one-of-a-kind musical celebration set to Elton John’s most beloved songs. Discover how a shy, small-town boy becomes one of the most iconic figures in rock & roll. Featuring an all star cast, this truly spectacular and utterly electrifying ride is filled with show-stopping musical performances and is “unlike anything you’ve ever seen”.

Learn and enjoy the simple, straightforward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadin Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

Saturdays at 9am -10:30am
Location: UUCC
Cost: Free Will offering (proceeds go to UUCC)
For questions, contact Beverly Feldt bevfeldt@gmail.com

Drum Circle
Bring your drums, rattles or any other percussion instrument at 7pm every First Friday and join us for our monthly community drum circle! Extra instruments will be provided if you don’t have one. All ages are welcome! A love donation of $5 is greatly appreciated. All donations will go to UUCC and the Rainbow Tree fund. This circle is led by Karilynn Vicari of Rainbow Tree Healing Arts.

View trailer HERE

Dances of Universal Peace: Meets (Sept-June)
Dances of Universal Peace are held on the 2nd or 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.
DUP meets on September 15th

Love to Sing?
Join the UUCC Choir! The Choir sings on the 2nd and 4th Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested, email our choir director Bev Feldt at bevfeldt@gmail.com

The UUCC Men’s Group
Men’s group meets every other Tuesday night from 7-9pm at church. Upcoming gathering dates are Sept 3rd and 17th.
Contact Colin Kirchner at colinkirchner@gmail.com

Buddhist Meditation

A Moment in Balance
Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th class is FREE. Call (708) 755-3577 for more information
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
</table>
| 1 10am Worship/RE  
11:30am Potluck | 2 9:30am Yoga  
10am Worship/RE  
11:30am Forum | 3 7pm Men’s Group  
9:30am Yoga  
11am Men’s Group | 4 7pm Yoga  
7pm Evening Connections Group  
9:30am Yoga  
11:30am Forum | 5 9:30am Yoga  
7pm Drum Circle | 6 7pm Drum Circle | 7 9am Meditation  
4:30pm Corn Roast |
| 8 10am Worship/RE  
11:30am Forum | 9 9:30am Yoga  
10am Worship/RE  
11:30am Forum | 10 7pm Yoga  
10:30am Yoga  
11am Men’s Group | 11 7pm Yoga  
1pm Connections Group  
9:30am Yoga  
11:30am Forum | 12 9:30am Yoga  
7pm Drum Circle | 13 7pm Drum Circle | 14 9am Meditation  
7:30pm Edgar’s Place |
| 15 10am Worship/RE  
11:30am Forum  
2pm Dances of UP | 16 9:30am Yoga  
10am Worship/RE  
11:30am Forum | 17 7pm Men’s Group  
9:30am Yoga  
10am Worship/RE  
11:30am Forum | 18 7pm Yoga  
10am Worship/RE  
11:30am Forum | 19 9:30am Yoga  
7pm Board Meeting | 20 6:30pm Rainbow Cafe  
9am Meditation  
7pm Drum Circle | 21 9pm Meditation  
1pm Workshop  
with Henrietta Byrd  
5pm CUUPS Fall Equinox |
| 22 10am Worship/RE  
11:30am Forum | 23 9:30am Yoga  
10am Worship/RE  
11:30am Forum | 24 7pm Yoga  
11am Men’s Group  
2pm Dances of UP | 25 7pm Yoga  
1pm Connections Group  
9:30am Yoga  
11:30am Forum | 26 9:30am Yoga  
7pm Drum Circle | 27 7pm Drum Circle | 28 9am Meditation |
| 29 10am Worship/RE  
11:30am Forum | 30 9:30am Yoga  
10am Worship/RE  
11:30am Forum | 31 |  |  |  |  |

**Event Facilitators**

- **Monthly Drumming Circle:** Karilynn Vicari 708-543-5870 kvicari27@yahoo.com
- **Family First Friday:** (currently on break)
- **Yoga:** Dan Feldt 708-212-3637 ddfeldt@gmail.com
- **Men’s Group:** Karen Nielsen 708-755-3577 shanti-one@comcast.net
- **Dances of Universal Peace:** (off July & Aug)  
  Pat Segner 708-748-2217 segnerpatricia@yahoo.com
- **Rainbow Café:**  
  Colin Kirchner 708-497-0293 colinkirchner@gmail.com
- **Forum:**  
  Charles Barnett 708-843-2005 chazbarnett@yahoo.com
- **Currently looking for a facilitator:**
- **Movie Night:** Jerome Rowley 714-930-6134 jerome_rowley@gmail.com
- **Edgar’s Place:** Dave Rudolf daverudolf50@gmail.com
Church Information
70 Sycamore Drive
Park Forest, IL 60466
Office Phone: 708-481-5339
E-Mail: churchadmin@uuccpf.org
Website: www.uuccpf.org

This newsletter is designed, edited and published by Diane O’Connor
diane.oconnor@att.net
708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.