Sunday Worship Service at 10:00am
The Unitarian Universalist Church
70 Sycamore Drive, Park Forest
708-481-5339

March 3rd
Change is Not a Four Letter Word
By Leanne Mull
Change occurs in our lives whether we want it to or not. Learn some simple things to try and make the transitions smoother even when you cause all the change yourself!

March 10th
Growing Pains and RCE Development
By Giggy Wagner
A look at the blessings and challenges of adding new children to our church and growing our RCE program.

March 17th
Give Them Not Hell
By Reverend Denise Tracy
These words by the founder of Universalism, the Rev John Murray, gave such relief and hope to Americans that in the mid 1800’s Universalism was the fastest growing religion in America. Come and learn about our faith.

March 24th
The Power of the Breath
By Tricia Alexander
Breathing is the way we welcome the world into ourselves - and it is the primary vehicle that connects us to each other, to all life and to the world in which we live. Tricia will share her insight about the breath (both learned and experiential) from an energy medicine perspective. Tricia will also share some more techniques from her storehouse of energy medicine tools. Yes! There will be handouts and lots of wonderful music!

March 31st
The Power and Freedom in Healing
By Reverend Henrietta Byrd

Highlights (see inside for more details)

March 9th: Edgar’s Place Coffeehouse presents “Triflemore” - A Transatlantic folk duo
March 23rd: Steve Lydell - One Man Band – donates his time to entertain UUCC for church fundraiser.

GREAT NEWS! The Saturday Buddhist Meditation group is back! The group meets every Saturday from 9:00-10:30am currently in the Gathering Room.

Upcoming Dates
April 6th: Fellowship Dinner has been cancelled
April 7th: Pledge Sunday
April 20th: Do it Yourself Seder (more info coming)
May 19th: Fellowship Brunch (following service)
May 19th: Annual Meeting (following brunch)

Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources. The Listening Hearts volunteers for the month of March will be:

Barb Anderson and Darlene Obejda

Join us at our Community Sunday Potluck on March 3rd following the service! Please feel free to bring a dish to share if you are able.

On Sunday, March 10th, UUCC will hold a PADS soup fundraiser. For a donation, you can taste several soups and other assorted goodies.
I thought the excitement of being back in our regular church building would wear off, but it hasn’t yet! Every time I sit during a service and look back through the window at the woodland area that surrounds the church on the south, I keep thinking ahead about what it will look like when the trees are full of leaves—who knows, we may get another deer sighting during the service, which has always been a magical moment.

I am writing this actually the day before the Board meeting for February, and I wrote in the last Newsletter about what we are trying to do, which is organize various projects to get the church moving forward now that the repair and restoration work is mostly done.

Before I describe the efforts in this regard, let me take you back one year to Valentine’s Day 2018, when the major flooding incident happened. There was a lot of worry and concern among the Board members not just about the physical building itself and the long road ahead of us to get it repaired and restored, but also about the congregation. Would they weather the storm of going temporarily to a new building and then making the transition back again?

Well, I have to say I’m humbled by the resilience among our members. We made Trinity Lutheran Church our “home away from home,” and it struck me as we sang our familiar closing hymn while holding hands in a circle, that the congregation is stronger than the forces of nature that took away our building from us for a while. I thought somewhat irreverently of the Dr. Seuss book The Grinch Who Stole Christmas. In particular, I thought of the scene where the Grinch had stolen all of the physical possessions of the townspeople of Whoville and was waiting in expectation for them to discover the loss and to come out and cry out in lamentation. However, they all came out, smiled and held hands in a circle and sang their traditional Christmas hymn. I thought of them when I saw all of us smiling and holding hands after a service, as if the devastation to our church had never happened. The congregation is the sum of the people and their interactions with each other, which span years and for some even decades.

So it is the hope of the Board to do projects in the next four months which will strengthen those bonds and forge new ones in the months ahead.

At the brainstorming session I have planned for the Board meeting, we plan to discuss the following areas:

1. Projects for restoration of building and contents: "sorting through archives", "expanding children's library for RCE”, etc.
2. Projects for special events (to attract/retain members): "participate in Farmer's Market in Homewood,” “quarterly group birthday parties”, etc.
3. Projects for events related to congregation as a whole: Pledge Drive, Fellowship Brunch, etc.
4. Projects relating to UUCC or neighborhood organizations: joining the Park Forest interfaith group, going to the Regional Assembly, etc.

We will list projects based on input we’re getting from committees like The Committee on Ministry, the Religious and Educational Character Committee, etc. We will prioritize the projects based on what needs to be done first, and then we will assign a Board member to oversee the top two projects in each category. That Board member will work on getting recruits for the project from the congregation, and then putting together a timeline, budget, and list of activities needed to get it done.

We will announce the results at a service and put up sign-up sheets for each of the eight projects mentioned. My hope is that we can get people from the congregation to work together with each other to make the church go forward. Please join us in going forward from the place we are at, after being interrupted for almost an entire year. These projects are the seeds of the church and will bear fruit hopefully by the time the trees and plants outside are in full bloom. Come on and join the evolution!
February Forum

March 3rd  No Forum  Community Potluck

March 10th  No Forum—PADS Soup Kitchen

March 17th  Town Hall Meeting with Jerome Rowley. (An opportunity for discussion and updates on issues important to UUCC).

March 24th  Waking Up White Book Discussion with Julie Haverty, Nancy Frazier & Marilyn Ragland. Join us for an ongoing monthly discussion group exploring racism. Please prepare by reading the book, Waking Up White by Debby Irving. This book provides a good starting place for understanding systemic racism and white privilege in our country. Loaner copies are available through UUCC.

March 31st  Preparing for the Inevitable: A Workshop on Death and Dying with Jodi Libretti and the Listening Hearts. Have you thought about how you want to die? Many of us put off or avoid planning for death, but preparation can help assure that the end-of-life experience is what we want.

Part 3 of 4 - Hospice Care: What is it? Who is eligible? Why is it beneficial?

Please see or call Jodi Libretti for more information (312-371-4713) and to sign up.

Reverend Henrietta Byrd will present a workshop at UUCC

The workshop is called “My Emotional Responsibility.” The workshop revolves around emotional responsibility for “beingness” and is scheduled to be held on March 16th from 11am to 1pm. To register and receive more information, contact Rev. Henrietta Byrd at 312-593-4732. Please leave a message.

“Memories in Song” March 23rd at UUCC  3:00pm to 5:00pm

One Man Band, Steve Lydell, (along with his partner, Trisha) will be donating his time and talent, performing for UUCC on March 23rd to help raise money for remaining flood expenses. Classically trained on voice, piano and guitar, Steve has been performing on stage since 1963 and knows the words and music to over 5,000 songs. Bring your dancing shoes and make requests! As a soloist, Steve sings and plays songs from AC DC to ZZ Top including current country and pop songs. He has worked with Linda Ronstadt and Chris Montez and has opened for Johnny Cash, The Who and others.

He and Trisha perform at senior centers and nursing homes in Illinois and Indiana. Steve creates the songs upon requests taken by Trisha who roams the crowd with a wireless mic encouraging folks to sing along. Come on out and have some fun!

Fellowship Dinner Cancelled, Brunch in May Instead!

Last year’s Brunch, in conjunction with the Annual Meeting, was such a success that the Board has decided to do it again! So, the Fellowship Dinner will not be held this spring. Further, the date of the Annual Meeting has been changed to Sunday, May 19th to avoid conflicts with Memorial Day weekend. Please mark your calendars and save the date. For more info:  Nancy Irons (irons.nancy@gmail.com)

Preparing for the Inevitable: A Workshop on Death and Dying

During Forum, The Listening Hearts have been offering a multi session workshop to address important topics related to preparing for the end of life. Please see or call Jodi Libretti for more information (312-371-4713).

COMING:  April 28th – After the last breath: Handling the body, arranging for services, dealing with grief and loss.
FLOOD UPDATE  By Nancy Irons

No major reconstruction this month, but lots and lots of details attended to. Thanks go out to all the volunteers who have helped with this. In particular, Andy Stevens installed drawer pulls, replaced valves and light fixtures. Leonard Kirchner rehung the plastic pocket mailboxes near the office. Jodi Libretti and Giggy Wagner covered bulletin boards with fabric. John Kasang assembled a new kitchen cart. Jeff Green cut new dowel rods down to size for two closets. Joyce Semmler, Joyce Sligar and Pat Segner have been sorting and organizing Archive materials. Several people transported donations to area thrift stores and recyclables to drop off spots. Thank you one and all! Your efforts are all much appreciated!

From the office, Virginia Jackson has coordinated re-establishment of services including phone, internet, and pest control. As well as arranging for service calls to fix the stove, and re-charge the fire extinguishers. We are still expecting a service call to fix the automatic door opener for the front door and to fix the pedals on the piano. Once we replace the mounted fire exit plans and rehang the carbon monoxide detectors we should be ready for our required annual fire inspection.

Our contractor, Brian from CRS still needs to finish a few things. Most urgently, two of the new toilets run constantly after only two months of usage. For the moment, water has been shut off to those toilets. The sink in the handicapped restroom has been remounted to the wall, but the finishing has not been finished. The accordion divider in Classroom 2 needs to be re-attached to the west wall. There are also a variety of other details that need attention. So, close but not quite complete on the reconstruction.

The insurance company has received our list of “additional lost contents;” that is, furnishings that were discarded or are unusable, which were not previously reported as a loss. We hope to receive additional funding to buy appropriate replacements. There are still a number of things we would like to buy for the church. In the meantime, please enjoy the new rugs, floor mats, chairs and couches in the Gathering Room and classrooms. Extra help sorting and organizing is still needed and appreciated.

So, pitch in when you can!

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Play that Uke! Join the Ukulele Orchestra!

The Park Forest Library is forming a Ukulele Orchestra! They are looking for ukulele players from ages 12 to 112 who are well seasoned or are just beginners. They also have a few seats open for Kazoo players over age 65.

The next meeting is on March 9th at 1pm in the Lab. They meet two Saturdays per month, typically every other week. You must have your own instrument to join. They will provide the sheet music and other supplies. There is no charge.

For more information call George at (708)748-3731 ext 22. Come and have some fun!

LockBox Code to be Changed!

Well, reconstruction is not quite finished after all. Workmen still need access to our building. The plan is now to change the lockbox code in mid-March. Hopefully it can happen then.

If you are a Board Member or Coordinator of a group that meets at UUCC or have previously had access to the lockbox code, please be in touch with the office (churchadmin@uuccpf.org or 708-481-5339) to get the new combination.
Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

The March 2019 Schedule follows:

**February 24th and March 1st** - "Know Thy Addiction: Know Thyself" featuring Dr. Adeyemi Fatoki and Jamelia R. Hand

**March 8th and 10th** - "Freeing Yourself" featuring Wayne Sebamuriti Gentry

**March 15th and 17th** - “Framing Reality: The Role of Propaganda" featuring Hunter Havlin Adams III and Dr. Josef Ben Levi

**March 22nd and 24th** - "African Consciousness” featuring Robert T. Starks and Dr. Kobi Kambon

**March 29th and 31st** - “Remembering Margaret” featuring Dr. Mary Ann Cain

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**Regional Assembly Registration**

Registration is now open for the 2019 MidAmerica Regional Assembly. This year, our Regional Assembly will be held in St. Louis, Missouri, at the Marriott St. Louis Airport Hotel, April 5-7, 2019. Please see the following link to find out more information about Regional Assembly including pricing, hotel information, our schedule of events, workshop information, information on volunteering, how to register, and much more:

[https://www.uua.org/midamerica/ra](https://www.uua.org/midamerica/ra)

The theme is “Intersectionalities.” Presentations and workshops will explore identities we encounter and embody, the challenges of social inequality, and tools and skills we need in order to work more effectively with one another, as well as the general “nuts and bolts” of congregational life, such as leadership, stewardship, membership, and religious education. Our Keynote Presenter will be UUA President, Rev. Susan Frederick-Gray.

Twenty-eight years ago, Kimberlé Crenshaw coined the term “intersectionality” in a paper as a way to help explain the oppression of African-American women. A leading thinker and scholar in the field of critical race theory, Crenshaw, a professor at Columbia Law School, directs the Center for Intersectionality and Social Policy Studies and is a co-founder of the African American Policy Forum.

As she explains, “Intersectionality is a lens through which you can see where power comes and collides, where it interlocks and intersects. It’s not simply that there’s a race problem here, a gender problem here, and a class or LBGTQ problem there. Many times that framework erases what happens to people who are subject to all of these things.”

An exciting new Covenant (Social) Group is starting in March. Irene van der Hoek and Joann Franczek will facilitate an idea session on March 13th from 1pm-2:30pm at Church. Everyone is welcome. In the past, I belonged to both of the Covenant Groups that we held. The one lead by Pat Segner and Joyce Semmler saved my emotional health in a time of job stress. I am very grateful for the support given me. Darlene Obejda and Nancy Orlinski organized the second group which met on a Friday night once a month. This social group is an outcome of the Listening Campaign whose purpose was to build community through person to person relationships. People who play together - stay together. Any questions, talk to Irene or Joanne. Their numbers and e-mails are in the directory.

Steve McCabe and Beverly Feldt are back doing Meditation on Saturday mornings at 9 to 10:30.

Angela Denk performed in the Vagina Monologues at Prairie State College. Angela is a good blogger too. She writes from her beautiful soul.

We have a wonderful PADS team who were on task on a cold icy night in February. We cook and serve dinner, provide a place to sleep and make lunches. Two of the men who were outside brought in Frank who had slipped on the ice. Andy Stevens got salt from his car to get Irene, Val and I safely to our cars. Thanks, Andy. Swift healing, Frank.

On Sunday, March 10th, after the service, UUCC will hold a PADS soup fundraiser. For a donation, you can taste several soups and other assorted goodies. Jenny Hurtitise, Karin Gerson and Andy Hoefer always make Chili for PADS and they don't even go to our church anymore. Besides the donations, it costs our church about $200 every month to feed the men three meals. There are usually 30 to 40 men. Doug Krenshaw (PADS administrator) and Dale Taylor (realtor, minister and all round good guy) will be at our church. Dale stays with the men through the night till our breakfast team comes in.

The Committee on Ministry with new member, Lenore Rendina, will be facilitating quarterly Birthday Parties as a way to socially interact. We'll be putting out a poll to see if members want a Saturday or Sunday for the party. Ideas are always welcome. Lenore has game ideas.

I have been recruiting Sunday Speakers for many years. Most people in church don't know that. And I want people to know that they are welcome to give me suggestions for speakers they like or don't like. There will be a suggestion box by the office.

Barb Anderson Morris

Together For Park Forest, an interfaith group of park forest churches, is hosting a luncheon on March 2nd at 11:00 a.m. at Trinity Lutheran Church. If you are interested in attending this event or require more info, see Beccie Bruckner or email her at brucknerche3@comcast.net.
Edgar’s Place Coffeehouse Proudly Presents

Triflemore (At UUCC)

MARCH 9TH AT 7:30PM
ADMISSION $15 AT THE DOOR, CASH ONLY

Triflemore is a transatlantic folk duo, including one from small-town America and the other from the northernmost islands of Scotland, creating progressive folk with flavours of vintage British Isles folk baroque and Celtic. Analog singer-songwriters dedicated to crafting a crisp, elegant interpretation of lo-fi simplicity, they present their own contemplative poetry and melodies, whilst giving a nod to more formal, traditional folk stylings.

For more information about Triflemore, click HERE.
To listen to Triflemore, click HERE.

VERNAL EQUINOX: SPRING AWAKENS JURIED ART COMPETITION

Tuesday, 03/12/2019
10:00 AM to 4:00 PM
Fee: Free! All ages
Phone: 708.946.2216

Plum Creek Nature Center in partnership with the Nature Foundation of Will County will host a juried art competition featuring local artists. Enjoy this one of a kind art exhibition. Participate in a public vote for a "people's choice" favorite.

Artwork is inspired by the theme “Spring Awakens.” All approved 2D and 3D art mediums will be accepted except performance art or film. If it celebrates the first leafing out of trees, blooming of bulbs, or critters waking up after a long hibernation – all the better.

Cash prizes of $500 for first place, $250 for second place, $200 for third place will be awarded at an artists’ reception March 30.
Click HERE for more info.

CONNECTIONS

We are starting up a new group at UUCC called Connections ... to build community and strengthen relationships. The idea developed out of the Listening Campaign and may be similar to previous Covenant Groups. The Connections Group will meet regularly at the Church. The first meeting will be on Wednesday, March 13th, 1 - 2:30pm and will include a discussion to explore future group topics. A sign-up sheet will be available in the Gathering Room after Sunday services.

For more information contact: Irene van der Hoek, 708-305-4913/ tulip51girl@gmail.com or JoAnn Franczek, 219-629-0815
During a Moral Tales lesson called “Justice is Fair,” Irene tells a story about a greedy king in India. He never thought about anyone else as long as he had plenty of everything. His subjects had one meager meal a day if they were lucky, while he feasted on delicious food of every kind.

One day, a hunter arrives at the palace with an enormous dog. The king is fascinated by the dog and welcomes the hunter and dog in. As soon as the dog enters, she gives a ferocious bark that rattles the palace’s foundation. While covering his ears, the king asks the hunter, “Why is the dog barking so loudly?” The hunter responds, ”The dog is hungry.” So the king orders that a plate of meat be brought. The dog gobbles up the meat and immediately starts barking again. After the dog eats several additional plates of meat, the king asks, “Why is the dog still hungry?” The hunter says, “The dog feels the hunger of your famished subjects. Until their stomachs are full, she will continue to bark.” After rejecting the idea of just killing the dog, the king orders that his larders and food warehouses be emptied and the food shared among his people. After a time, certain that the king had learned the wisdom of justice and fairness, the dog and hunter leave the palace, never to be seen again.

This tale of the Heartless King is just one of the stories the kids have heard and talked about this year. All the tales have a theme: forgiveness, empathy, courage etc.

Irene also shared with the kids the book Hungry Planet. It’s about the different foods people eat around the world, and how much they have to eat during the week. Some people have plenty, while others have less.

On the banks of Mali’s Niger River, Soumana Natomo and his family gather for a communal dinner of millet porridge with tamarind juice. In the USA, the Ronayne-Caven family enjoys corndogs-on-a-stick with a tossed green salad. In HUNGRY PLANET, the creative team behind the best-selling Material World, Women in the Material World, and MAN EATING BUGS presents a photographic study of families from around the world, revealing what people eat during the course of one week. Click on image to view book on Amazon.
Here’s How Climate Change Hurts Coffee (See full article by clicking HERE)

What would produce a time in your life where what you loved is now gone from the earth or is out of reach of our resources to buy it. What would you miss? What would you grieve for a short while because it is now gone? What are the things that we love and will we now go without?

That connection to people to relate an experience you already have on this humble earth. Warming is gaining into our intellectual minds and will gradually be moving into our experiences.

I don’t drink coffee, but my wife Cilla and son Clinton do. The coffee pot is set the night before with water and all the coffee measured out. In our morning wake up, the coffee pot is turned on to mix a nice warm dark brew to start the day. Starting a day without coffee is not a good day.

A group of people not in denial about global warming are the people of the coffee industry. In order to wake up wide eyed and bushy tailed in the morning, you better know the risk to your business as the future unfolds. To the motivated entrepreneur, the coffee industry has challenges ahead. To those that are dour and panic, the coffee industry is doomed. Just erect the grave marker for it now while the headstones are on sale.

There we are in our kitchens sipping coffee and on the coffee plantations, people of color bring us our brew in a warming world. We will lose our lowest brewing areas in altitude because it is just now too warm for the coffee tree. In a warming world the droughts become more severe stressing the coffee plants production, reducing the income of the coffee growers that year. The different pests to the coffee tree will now live longer and livelier in the warming altitudes.

Back to the business man. How do I keep this going in a warming world? Some breeding manipulation is in order to produce the best hardy trees they can in this changing world. And that is why humans will win this change! We will find ways to cope with all that is changing. As we all envision what we love, we create the future. We find that brightness in us that brings out our humanity to create a fulfillment of our life’s needs.

Homewood Indoor Farmers Market
March 30 and April 27
The events run from 8am—12pm.
The location is the Irwin Park Community Center, 18120 Highland Ave. Enjoy Live Music!
Kids events featured at each Indoor Farmers Market include a face painting on March 30, and an interactive bicycle activity with Good Speed Cycles on April 27.
There is ample free parking nearby.

Birthday Celebration
Sunday, March 3rd (during potluck)
All UUCC Members and Friends are invited to celebrate DeAnn Wilson’s Birthday!
Please bring a dish to share
Join us for great food, conversation, music and cake!
Help with set up or clean up is appreciated.
Contact DeAnn for more info: 708-748-2392
Registration is now open for MidWest Leadership School and Youth MidWest Leadership School!

What is MWLS?

Part of the Unitarian Universalist Association’s nationwide network of leadership schools, MidWest Leadership School is a week-long intensive program in leadership and group dynamics. Led by lay and ordained staff with a deep understanding of UU congregations, MWLS:

- develops both youth and adults into congregational leaders
- provides leadership tools and skills
- deepens Unitarian Universalist identity

This is an extremely intense week of workshops, discussions, intimate small groups, worship preparation, personal theological exploration and growth. In exchange for wholehearted commitment to a strenuous schedule, MWLS offers a life-changing and congregation-nourishing opportunity.

For more information, please visit https://www.mwls.org/

What is Youth MWLS?

Midwest Leadership School is a weeklong intensive experience designed to engage participants in all aspects of leadership in a Unitarian Universalist faith community. Since 2009, we are pleased to offer Midwest Leadership School for Youth (ages 14-18) in tandem with our Adult School. It will challenge and train Unitarian Universalist youth in 3 areas:

- Leadership Skills Development
- Worship
- Religious Values & Heritage

This is an intentional community and learning experience. It equips young UUs with a foundation that deepens their religious development and expands their ability to contribute, both in their UU community and beyond.

For more information, please visit https://www.mwls.org/youth

Are there any scholarships available?

Yes! We are able to offer partial tuition assistance on a limited basis through the FlameKeepers Fund. We offer scholarships to assist individual students with their out of pocket expenses. Scholarships are typically $150 ($175 for youth students), which will be applied to the Student Tuition if granted. Scholarships must be requested by May 15th in order to qualify for assistance. Scholarship applications are reviewed on a first-come, first-served basis and may be granted while funds are available.

You can apply when you register online. How do I register?

NEW THIS YEAR: Students must submit their tuition payment(s) to their congregation. All payments to MidWest Leadership School and Youth MidWest Leadership School must be paid by the congregation! Any student payments received will be returned. For a complete listing of our fees and registration process, please review our website for both the Adult school and the Youth school. All students and congregations must register online!

For questions about our Adult school, please contact our registrar for the Adult school, Chris Rode, at: registrar@mwls.org. For questions about our Youth school, please contact our registrar for the Youth school, Kathy Charles, at youthregistrar@mwls.org.
Rainbow Café
Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month. Doors open at approximately 6:30pm and the movie starts at 7pm.

Movie: “But I’m a Cheerleader”
March 15th at UUCC

Megan considers herself to be a typical American girl. She excels in school and cheerleading, and has a handsome football playing boyfriend, even if she isn’t that crazy about him. So she’s stunned when her parents decide she’s gay and send her to True Directions, a boot camp meant to alter her sexual orientation. While there, Megan meets an unapologetic and unashamed teen lesbian, Graham. Though Megan still feels confused, she starts to have feelings for Graham.

A Moment in Balance

Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE. Call (708) 755-3577 for information

Buddhist Meditation

Learn and enjoy the simple, straightforward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadan Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

When: Saturdays at 9am -10:30am
Location: UUCC
Cost: Free Will offering (proceeds go to UUCC)
For questions, contact Steve McCabe (708) 465-3116 or Beverly Feldt - bevfeldt@gmail.com

Dances of Universal Peace:
3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

Next DUP: March 17th

Love to Sing?

Join the UUCC Choir! The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

Medical Cannabis Education Association

MCEA information can be received by emailing Joy Grainge at joygrainge@me.com

The UUCC Men’s Group

Men’s group meets every other Tuesday night from 7-9pm at church. Upcoming gathering dates are Mar 5 and 19, Apr 2, 16, and 30. Contact Colin Kirchner at colinkirchner@gmail.com
Now that we have returned to our home, please contact your event facilitator to confirm the location of your event before arriving. See list of facilitators below.

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**Event Facilitators**

- Medical Cannabis: Joy Grainge 708-491-7593  joygrainge@me.com
- Family First Friday: Dan Feldt 708-212-3637  ddfeldt@gmail.com
- Yoga: Karen Nielsen 708-755-3577  shanti-one@comcast.net
- Men’s Group: Colin Kirchner 708-497-0293  colinkirchner@gmail.com
- Dances of Universal Peace: Pat Segner 708-748-2217  segnerpatricia@yahoo.com
- Rainbow Café: Charles Barnett 708-843-2005  chazbarnett@yahoo.com
- Dream Group: Geri Biamonte 312– 813-4411  gkbiamonte@yahoo.com
- Forum: Nancy Irons 708-712-3228  irons.nancy@gmail.com
- Movie Night: Currently seeking a new facilitator
- Edgar’s Place: Valerie Birk 708-704-0590  valeriebirk@gmail.com
This newsletter is designed, edited and published by Diane O’Connor
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708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

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