Sunday Worship Service
Temporarily held at
Trinity Lutheran Church
2901 Western Ave in Park Forest, IL.
10:00am

REMINDER: Daylight Savings Time ends 2am Sunday, November 4th. Enjoy your extra hour of sleep on Sunday.

November 4th (Daylight Savings Time)
Title: Dia De Los Muertos
By Dan Feldt
Día de los muertos (Day of the Dead) is a Mexican holiday celebration honoring deceased relatives and friends. Please bring a photo of a dead loved one (including pets) and some of their favorite food.

November 11th
Title: Veterans /Memorial Service
By Robert “Chief” Jensen

November 18st
Title: Breathe First, Mind Last - Heart and Feeling In-between
By Tricia Alexander
Aramaic was the lingua franca (the common language of the day) in the time of Jesus. Aramaic was the original language he spoke and taught in. When we view the Beatitudes as translated directly from the original Aramaic, we receive a very simple and very beautiful set of instructions for living, for healing, for growing forward and for evolving our consciousness. Tricia guides us with meditation, music and humor - and shares some practical tools for staying open to receive, rather than resist each moment.

November 25th
Title: Dance in the Dark of the Year
By Bittersweet Christmas Band
In the mid-winter festivals of light there is something for everyone to celebrate, from the most devoutly believing Christian to the most confirmed Atheist. As we meditate on this darkest time of the year and simultaneously turn back toward the light, we will invite everyone to honor whatever most closely touches their hearts and minds.

November Events

November 10th: Edgar’s Place Coffeehouse
Proudly Presents Buddy Mondlock with Mike Lindauer and Donna Adler. See inside for more details.

Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources. Two people are “on duty” each month, but any of the members below may be contacted as need. “On Duty” Listening Hearts wear special colorful name tags. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the church office at 708-481-5339.

The Listening Heart Team consists of Darlene Obejda, Barb Anderson Morris, Bev Feldt, Dick Lewis, Pat Segner, Colin Kirchner, Joyce Semmler, Chief (Bob) Jensen, Monica Reagan, Jodi Libretti and Char Pierce.

Our November Listening Hearts volunteers will be
Pat Segner and Colin Kirchner

Join us at our Community Potluck on November 4th following the service! Please feel free to bring a dish to share if you able and willing.
In the last column, I was talking about how Unitarian-Universalism is a good candidate for the religion of the future in terms of where the society is going: it accepts both science and multiculturalism, which is important if our country is working with other countries to face the challenge of global warming. But what about your own personal future—does Unitarian-Universalism fit into that future as well? I hope so. In my case, it is a vibrant part of my present, mainly because of where I’ve come from.

Here are the eight stages of personal development as conceived by Spiral Dynamics—the colors are simply conventions created by the developers of this model. Unitarians are mostly at the Green stage of personal development.

- **Beige**: The Instinctive Self
- **Purple**: The Magical Self
- **Red**: The Impulsive Self
- **Blue**: The Rule/Role Self
- **Orange**: The Achiever Self
- **Green**: The Sensitive Self
- **Yellow**: The Integral Self
- **Turquoise**: The Holistic Self

Let me illustrate these stages with an outline of my spiritual development towards being a UU and particularly at being at this congregation.

Beige, or the Instinctive Self is the stage you are at when you are an infant, both physically and psychologically dependent on your parents.

The Purple stage of the Magical self is when the child begins to develop his or her own internal life in the life of the imagination. Young children are at this stage and this is the level at which the stories of Santa Claus and fairy tales operate. I remember these stories of Santa Claus being literally true. The same is true of other stories I heard in my Catholic school religious education class. When I was told that Jesus takes a little step out of your heart for every sin that you do, I made a calculation based on the estimated number of sins that I did since birth, and the average length that Jesus took in a single stride, and came up with the conclusion that in my case, Jesus must be halfway to Toledo by now!

The Red stage of the Impulsive self is the stage with younger children who are now interacting with the world to satisfy its needs. This is also how children interact with the Deity: as someone to petition to for things that the child wants. All these early stages share one thing in common: they are egocentric, meaning that the largest concern as relationships are concerned is usually oneself. It’s not that children don’t love their parents; they just can’t empathize with them yet at this stage. Here’s a telling experiment which shows this: take a ball that is painted red on one half and green on the other half. Show the red side to the child and ask, “what color do you see?” The child at this stage will say “red”, of course. NOW ask, “what color do I see?” The child will answer “red”, not “green.” They do not yet have the cognitive capacity to imagine what the other person sees. When the child passes on to the next stage, then the child will correctly be able to answer “green.”

This is the Blue or Rule/Role Self, sometimes referred to as the mythic self. All Western religions are at this stage, because they support a web of rules and roles that define a society. This is why this is the first ethnocentric stage. I was a Catholic growing up and saw religion as a seemingly endless list of “thou shalt nots” and “thou shalt do.” It was not about developing my inner self, it was making sure that my self fit into the already existing society.

Many Republicans are at this stage, which in terms of morality is called “conventional morality.” Children below this stage are at the “preconventional morality stage.” When they commit an action, it is simply because it is what they personally want to do. At the conventional stage, you are committed to an action which is what society wants you to do (whether you want to do it or not). If the society says, “you need to enlist in the Army and go fight in Vietnam,” you are expected to do so for the good of your country, and those people who refuse to go are, from this standpoint, merely selfish because they are doing simply what they want to do. Most traditional Republicans are at this stage.

In the next Orange stage, which is called the Achiever stage or the “rational” stage, we see the stage that young adults are in when they go off to college. They are finally leaving the nest of their parents and starting to think for themselves. Many do not leave for college and never enter this stage at all. This is the level of individual achievement and introspection, which is often found with those who are enamored with capitalism and the allure of libertarianism. The Republicans are a combination of those at the traditional Blue level, the Wall-Street Republicans at the Orange level, and a minority of Red fundamentalists. Unfortunately, with our country’s president being the quintessential Red personality, these people have a lot more influence in our society than they would have been previously.

Continued
**November Forum**

**Nov 4th** – No Forum – Community Potluck Sunday/ Townhall Meeting at 12:00. Join Jerome Rowley for an update on the Church’s reconstruction and estimates on when we can move back in.

**Nov 11th** – UU Gabfest with Dan Feldt
A conversation about issues important to UUs, drawn from the UU World magazine.
Contact Dan in advance for links to articles to be discussed.

**Nov 18th** - Waking Up White Book Discussion with Julie Haverty, Nancy Frazier & Marilyn Ragland
Join us for an ongoing monthly discussion group exploring racism. Please prepare by reading the book, Waking Up White by Debby Irving. This book provides a good starting place for understanding systemic racism and white privilege in our country. Loaner copies are available through UUCC.

**Nov 25th** – No Forum – Thanksgiving Weekend

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**The President’s Column continued…..**

Beyond this level entirely is the Green level, which is where most Unitarians are. This is the stage that goes beyond ethnocentric or conventional morality and enters the world centric or post-conventional level of morality. In the case of the Vietnam war, many young people refused to go to the war, but not just for selfish reasons (as those at the traditional level assumed), but because they felt that society was wrong in pursuing this war based on universal principles. This is the same dynamic behind Dr. King and the civil rights movement, which criticized segregation based on universal principles. Those at the traditional level do not like those at the post-conventional level because they are criticizing society, but they are not doing it because they are just like rebellious children (which is how traditionalists view themselves as in the “parent” role compared to the protestors who are in the “child” role), but because they are going on beyond the “parent-child” role and entering the role of adults who are not guided by hierarchical relationships of authority as much as relationships to universal principles.

In other words, if you want to change society, then this is the right place for you to be! In the next post in December, I want to talk about the two remaining stages, and what they have to offer those who are at the Green stage now in the Unitarian-Universalist church.

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**Reminder for Pledge Payments**

Did you make a pledge last spring? Pledges cover our day-to-day operating expenses. Unfortunately, with our temporary accommodations, expenses have been up while pledge payments have been down. The end of December will mark the halfway point in our fiscal year. Are you halfway through paying your pledge? If you did not pledge last spring, would you like to make a pledge now? If so, please see our Treasurer, Leonard Kirchner.

Alternately, perhaps you would like to make a one-time donation towards our operating expenses? Please send in your payments before the end of the calendar year to maximize your tax deductions.

Thanks for your cooperation!
~Jerome Rowley, Board President

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**Edgar’s Place Coffeehouse 2018 - 2019 Schedule**

**2018:**

**November 10th:** Buddy Mondlock with Mike Lindauer and Donna Adler

**December 8th:** Bittersweet Christmas Band

**2019:**

**January 12th:** Steff Mahan

**March 9th:** Triflemore

**April 13th:** Jeff Black

**May 11th:** David Massengill

All shows are scheduled to begin at 7:30pm
**FLOOD UPDATE**  By Nancy Irons

Progress is being made, however very slowly. The new furnace off the coatroom has been installed with spiral ductwork being put into place for the Gathering Room and offices in front. The new furnace for the Sanctuary is on order and should be delivered and installed any time now. We opted to seal the in-floor vents for the Sanctuary and classroom systems, rather than replacing them with spiral ducts. The classroom furnace is functional again now that the ductwork has been sealed.

Painting continues to progress. They still need to work on matching the texturing on many walls before they can paint them. Wainscoting will be installed on the lower walls of the Sanctuary, but this has not yet been selected. Doorways are slowly being rebuilt and doors rehung. For the floor tiles, the first set of samples were deemed to be “ugly” and unacceptable, however the second set, from a different manufacturer, has yet to arrive. We are also waiting for sample cabinet doors for the kitchen cabinets.

Meanwhile, two of the estimates for the roof replacement came in; one at $35,000 and the other at $45,000. The Board of Trustees, feeling a bit tight on funds, requested that the roofing companies be asked for estimates to patch the roof, rather than replace it. Those estimates have not yet come in. Ceiling repairs may be on hold for another couple of years.

If you are interested in helping to plan the Capital Campaign, to raise additional funds, please contact Nancy Irons (irons.nancy@gmail.com). We are currently looking into establishing online credit card processing as the first step towards an online crowd funding-type campaign.

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**Endowment Fund Withdrawal for Repairs**

At the Annual Congregational Meeting last May, the congregation voted to allow the withdrawal of funds to help cover repair expenses not covered by our insurance policy and to balance our budget for the year.

Now that the repairs are well underway, these funds have been formally requested for withdrawal. Once the repairs are completed, any remaining funds will be returned to the Endowment Fund.

Jerome Rowley, President
Board of Trustees, UUCCPF

**Chicago Area UU Council Fall Conference**

**Nov 10, 2018 9am-2pm**

Saturday, Nov 10 - 9am registration, 9:30am-2pm conference
Countryside Church UU, 1025 N. Smith St., Palatine, IL
Cost: $5 donation
Potluck Lunch: (Names A-P bring side dish, Q-Z bring dessert)
Online Registration: UUChicagoArea.org/workshop

Event Highlights: Unitarian Universalists across the greater Chicago area will come together to work on actionable plans that best bring our religious values into the public square to save democracy.

Dr. Mike Hogue, Professor of Theology, Ethics, and Philosophy of Religion at Meadville Lombard, is the keynote speaker. He will speak from his new book, "American Immanence: Democracy for an Uncertain World", which calls for building democratic communities of responsibility, resistance, and resilience.

Mail any questions to: chicagoareauu@gmail.com

Contact Maria Markowicz for carpooling inquiries.
PADS News

Much to our surprise on our first PADs evening no one was at the church when we arrived. The doors were locked that we normally enter so we went to the front of the church and went in. We hauled all the food in with much help by our great volunteers. We thought it odd that our site managers were not there? So we decided to call Dale, and he told us the church decided they will not do Monday nights this year for PADs.?! No one told us obviously. We were all shocked and wondering what to do with all that chili and all the groceries we bought. So we cleaned up and left and donated the food to Respond Now.

I went to the PADs office to try to find out what happened and they didn't seem to know. I will keep trying to find out more. But PADs is on hold for now.

~Carol Mortensen
A Recent Visit with Lois Arms

Joyce Semmler, Irene van der Hoek and Carol Mortensen went to visit Lois Arms recently. She was dressed and sitting up in a chair, and in good spirits. They brought her flowers and a plant and a nice gift from Irmgard Faulkner.

She has telephone conversations with her son, and Leo’s sister visits her. Her daughter calls her. Lois still enjoys reading the newspaper daily and is enjoying the food at the facility she is living at, which is very nice.

Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telearcast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality. The November 2018 Schedule follows:

November 2nd and 4th - ”Health and Healing” featuring Dr. Evonne Blakey

November 9th and 11th - “Spiritual Healing: An Inside Job” featuring Wayne Sebamurti Gentry

November 16th and 18th - ”Holistic Health DYI (Do It Yourself)”

November 23rd and 25th - ”And Justice for All???” featuring Atty. James ”Jack” Childs and Atty. Robert Willis

Nov 30th and Dec 2nd - ”Know Thy Addiction: Know Thyself” featuring, Dr. Adeyemi Fatoki and Jamelia R. Hand

NOVEMBER 10TH AT 7:30PM
EDGAR’S PLACE COFFEEHOUSE
PROUDLY PRESENTS
BUDDY MONDLOCK
WITH MIKE LINDAUER AND DONNA ADLER
TO BE HELD AT TRINITY LUTHERAN CHURCH
2901 WESTERN AVE, PARK FOREST
$15 AT THE DOOR, CASH ONLY PLEASE

Buddy Mondlock grew up here in Park Forest. He writes songs so well that some great songwriters have recorded his songs on their own albums. Joan Baez, Peter, Paul and Mary, Guy Clark, Nanci Griffith and Janis Ian, to name just a few. Mike Lindauer joins him on acoustic bass and harmony. Mike plays a 5-string fretless acoustic bass. He’s a great match for Buddy’s guitar and voice. Opening for Buddy is Donna Adler. Her 2012 release “Stories to Keep” was named one of the top 20 folk recordings of that year.

For more information: http://www.buddymondlock.com/ - Click HERE to see Buddy sing one of his originals.
...I’m officially “William” but go by “Bil”. That “dropped L” came from a meeting with 3 other “Bill Beckers” at a solar energy conference in 2003, where we hoped to end confusion on names listed for workshops and published papers! We all took various versions of “Bill” & I dropped the “L”!

I’ve been working in the renewable energy field since becoming a professor (now retired) in industrial design at the University of Illinois – Chicago, in 1970. Along with teaching, it was a major area of my research with associates in the School of Architecture.

Along with researching and building “solar energy on buildings” my son and I invented a vertical-axis wind turbine for buildings in 2003. We called it the ‘Aeroturbine” and we continue to service them mostly in the Chicago area. Our most visible units are on Jefferson & Monroe, in the city, and were made for PepsiCo. Our company, Aerotecture International, continues, but due to solar’s very low cost we mostly do rooftop solar electric systems that, now with cheap PV panels and federal & state incentives, “pay back” in under 3 years!

I’m kind of a work-a-holic so, for fun, I like building experimental bicycles called “recumbents”; where you sit back and go much faster than upright so-called “safety” bicycles. Safety bicycles ironically kill many people if they fly forward over the handle bars! On a recumbent bike, where you sit much lower to the ground – with both feet pointing forward – your head is only 4 feet above ground and you can more easily slide off unhurt if hitting a drop stop! We plan to make “custom” recumbents to order.

But for fun, I love canoeing, camping and of course, biking! I have a small pickup & trailer that will take a canoe & 2 long bikes. My family is small but diverse! My two kids are successful entrepreneurs – my daughter, Lisa, is a record company owner with legendary Blues guitarist, John Primer; my son, Chris, runs his own construction company named CBI and builds everything from coach houses to “Green” solar homes! My 13-year-old granddaughter, Aliya dances, plays guitar and works hard getting on the next Honor Roll!

I grew up Catholic and even, at 9, became a master altar-boy serving at Christmas & Easter High Masses.

When I went to college In Michigan (MSU) in 1960, I got active with the Catholic anti-war priests, the Berrigan Brothers! When Daniel Berrigan was jailed by the FBI and the Church deserted him and his cause, I began taking stock of what the Church had become! Not only had they become Pro-War, but their refusal to even hear of the possibility of women priests – along with all the nonsense over Mary Magdalene – soon ended my loyalties. Also, I had friends who had become priests who began reporting to me on the sexual “problems” among active priests & KIDS! So I floated for a while, but in grad school near Detroit, my friends and & I loved going to Rev. Franklin’s New Bethel Baptist Church and hearing their choir and his sermons… but MOSTLY to hear his daughter, Aretha, rock the entire building with her voice! WOMAN POWER!

So when I settled down with two kids in Evanston, in 1968, I had a couple friends who loved their Unitarian Universalist Church and they invited our family to join. They had occasional women ministers and great programs introducing kids to ALL religions, especially on the special holidays for those religions! As my kids grew, these programs became more sophisticated and I loved the LACK of exclusion I had felt uncomfortable with being a Catholic! So my first UUCC was in Evanston, IL, followed by being a member in East Troy, WI when I lived there for 10 years. I now love the comradery and intimate “smallness” of the UUCC in Park Forest! A truly “congregation-led” Church!

Beyond the simple but vital friendships I have through the UUCC, I love their open sponsorships of liberal causes that I find vitally important, now that there is a clear “treachery” operating within the so called conservative “movement”! Where other religious groups mostly stay silent, the UUCC is actively countering the racism, bigotry and erosion of our rights!

Technically I live in unincorporated Crete Township just south of the Park Forest UUCC church!

Welcome to UUCC, Bil Beckers!
Día de los Muertos, or Day of the Dead, is not a Mexican version of Halloween. Though related, the two annual events differ greatly in traditions and tone. Whereas Halloween is a dark night of terror and mischief, Day of the Dead festivities unfold over two days in an explosion of color and life-affirming joy. Sure, the theme is death, but the point is to demonstrate love and respect for deceased family members. In towns and cities throughout Mexico, revelers don amazing makeup and costumes, hold parades and parties, sing and dance, and make offerings to lost loved ones.

The rituals are rife with symbolic meaning. The more you understand about this feast for the senses, the more you will appreciate it. Here are some things to know about Mexico’s most colorful annual event.

History

Day of the Dead originated several thousand years ago with the Aztec, Toltec, and other Nahua people, who considered mourning the dead disrespectful. For these pre-Hispanic cultures, death was a natural phase in life’s long continuum. The dead were still members of the community, kept alive in memory and spirit—and during Día de los Muertos, they temporarily returned to Earth. Today’s Día de los Muertos celebration is a mash-up of pre-Hispanic religious rites and Christian feasts. It takes place on November 1 and 2—All Saints’ Day and All Souls’ Day on the Catholic calendar—around the time of the fall maize harvest.

Altars

The centerpiece of the celebration is an altar, or ofrenda, built in private homes and cemeteries. These aren’t altars for worshipping; rather, they’re meant to welcome spirits back to the realm of the living. As such, they’re loaded with offerings—water to quench thirst after the long journey, food, family photos, and a candle for each dead relative. If one of the spirits is a child, you might find small toys on the altar. Marigolds are the main flowers used to decorate the altar. Scattered from altar to gravesite, marigold petals guide wandering souls back to their place of rest. The smoke from copal incense, made from tree resin, transmits praise and prayers and purifies the area around the altar.
Trouble Brewing? Climate Change Closes In on Beer Drinkers  See entire article HERE.

Increasing droughts and heat waves could have a devastating effect on barley stocks—and beer prices.

Prices have their way of going up and down on some of our needed goods. There are short term pressures on prices especially as we watch our gasoline go up and down. There is a long term pressure coming that is just seeing the beginning of its influence. The influence of climate change on all our prices. But I won’t go into everything, after all I only have a page to write in. But I will talk about one specific thing near and dear to the American way of life. Beer.

Wasn’t this suppose to be safe from all the different torments of life? No. Beer is vulnerable to climate change. I know, I know, I have just sent shockwaves all through the bars on both coasts and in between. But then the ingredients to make beer are vulnerable in their growing areas of the US.

Quote: Even if you didn’t notice beer price fluctuations following those years—2014 and 2017—consumers probably will in the near future. Climate change will make extreme events like prolonged droughts and heat waves more severe and frequent, says Steven Davis, an earth systems scientist at the University of California, Irvine. Unquote:

As the extremes from global warming grow stronger with time, our crops decrease that year, hopefully not a complete failure. There have already been bad years from growing barley and the beer prices responded with increases. From models and studies of what beer would do in the future, under the worst case scenario of temperature increase, beer prices double. Under best case beer prices rise 3% to 17%.

So the next time you have a frosty mug with a beer head on top of it, think of how vulnerable that drink is to climate change. If you can’t change your life for climate change, then by all means, change your life for the beer. It’s the least you could do.

Hope you all have a great Halloween. Take care everyone.

~Jeff
Rainbow Café

Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month from 6:30-10:30 pm.

Rainbow Café meets on Friday, November 16th at 6:30pm.

This film is being shown at Trinity Lutheran Church
2901 Western Ave, Park Forest

Movie: Love, Simon

Everyone deserves a great love story, but for 17-year-old Simon Spier, it’s a little more complicated. He hasn’t told his family or friends that he is gay. And he doesn’t know the identity of the anonymous classmate that he has fallen for online. Resolving both issues proves hilarious, terrifying, and life changing.

See Trailer HERE

A Moment in Balance

Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.
Call (708) 755-3577 for information

Dances of Universal Peace:
3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.
Next DUP: November 18th

Medical Cannabis Education Association

MCEA will NOT meet in the month of November.

Dream Exploration Group

Contact Geri for info on where to meet

1st Saturday of the month at 10am in Gathering Room. Limited to 10. Contact Geri to register at 312-813-4411 or gkbiamonte@yahoo.com.

Love to Sing??

Join the UUCC Choir! The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

The UUCC Men’s Group

For more information contact Colin Kirchner at colinkirchner@gmail.com or contact Virginia at the church office. 708-481-5339
Not ALL of our usual EVENTS will be scheduled at Trinity Lutheran so therefore we encourage you to contact the group facilitator or check our website to verify the status of any of our events scheduled in November before you arrive. Contact information is listed below.

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**Event Facilitators**

- **Medical Cannabis**: email Joy Grainge for info. Joy Grainge joygrainge@me.com
- **Family First Friday**: meets at Trinity Lutheran. Dan Feldt ddfldt@gmail.com
- **Yoga**: meets at Room to Move Studio. Karen Nielsen 708-755-3577 shanti-one@comcast.net
- **Men’s Group**: email Colin for info. Colin Kirchner colinkirchner@gmail.com
- **Dances of Universal Peace**: call Pat for location. Pat Segner 708-748-2217
- **Rainbow Café**: meets at Trinity Lutheran. Charles Barnett chazbarnett@yahoo.com
- **Dream Group**: meets at member’s homes. Geri Biamonte 312–813-4411 gkbiamonte@yahoo.com
- **Forum**: meets at Trinity Lutheran. Nancy Irons irons.nancy@gmail.com
- **Edgar’s Place**: meets at Trinity Lutheran. Valerie Birk valeriebirk@gmail.com
This newsletter is designed, edited and published by Diane O'Connor
diane.oconnor@att.net
708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.