Sunday Worship Service
10:00am

Our services continue to temporarily be held at Trinity Lutheran Church located at 2901 Western Ave in Park Forest.

September 2
Title: Listening and Doing
By Larry McClellan
As we all move from Summer to Fall schedules, re-membering/re-collecting the basis for faith.

September 9
Title: Remembering Aretha: The Queen of Soul
By Reverend Denise Tracy
In this service, Bev Feldt, Chris Ussery and all of us will remember and sing some of Aretha Franklin's greatest hits and hear about her life.

September 16
Title: Tempered by Mercy
By Nick Battaglia
Jesus of Nazareth said to the Pharisees and to his followers, “Go and learn the meaning of the words, ‘I desire mercy, not sacrifice.’” Mercy figures prominently in many spiritual traditions. We’ll reflect together on mercy, its meaning, and on how we can participate in its manifestation in the world.

September 23
Title: Izaak Walton League
By Joy Grainge
The Izaak Walton League of America was founded in 1922 to promote and preserve clean water for wildlife. Their mission, which continues to be relevant today, fits into UU Principle 7 (Respect for the interdependent web of all existence of which we are a part).

September 30
Title: Growth and Conflict from one Generation to the Next
By Carl Wolf
You take the good and throw out the bad. We learn our lessons. There is an awareness of not wanting to make the same mistake twice, to learn from history so that it doesn't repeat itself. But clearly, it's not all an upward trajectory for humankind. What did you learn from previous generations, your parents, or grandparents? And what mistakes as individuals, communities, and society are we still making? Come prepared for this interactive service to share the things that made us who we are today (including the food and music from Grandma's time) and reflect on those things that we are still trying to get right.

Trinity Lutheran at 2901 Western Ave in Park Forest continues to be our home away from home this summer.

We are conducting our Sunday services at this location. We encourage you to contact our group facilitators or check our website to verify the status of any of our EVENTS scheduled in September (before you arrive). Our facilitators’ contact information is on the calendar page inside this newsletter. Our church website is uuccpf.org.

September Event

UUCC’s Committee on Ministry has rented a shelter at Izaak Walton Preserve at 1100 Ridge Road in Homewood for a Church Picnic on September 23rd till dusk. Please be aware that this will NOT be our traditional Corn Roast. UUCC will not have a Corn Roast this year. Starting time is immediately after the service but you are welcome to come whenever you can. See more information inside this newsletter.

Community Potluck on September 2nd! Please bring a dish to share! Also, Wyll and Leanne Mull will be moving to Decatur at the end of September. Join us in wishing them well!
In this newsletter, I'm finally finishing my project of reviewing the seven principles of Unitarian Universalism, using the framework of Integral Theory created by Ken Wilber to put it in perspective with the other principles we've looked at.

Let's see how the seven principles of Unitarian Universalism are kind of an interdependent web of their own.

1) **1st Principle**: The inherent worth and dignity of every person;
2) **2nd Principle**: Justice, equity and compassion in human relations;
3) **3rd Principle**: Acceptance of one another and encouragement to spiritual growth in our congregations;
4) **4th Principle**: A free and responsible search for truth and meaning;
5) **5th Principle**: The right of conscience and the use of the democratic process within our congregations and in society at large;
6) **6th Principle**: The goal of world community with peace, liberty, and justice for all;
7) **7th Principle**: Respect for the interdependent web of all existence of which we are a part.

Ken Wilber has a concept called quadrants, which means that reality can be seen through the lens of either the individual or the collective, and through the lens of either the objective (the exterior) or the subjective (the interior). You put these two lenses together, and you get four possibilities:

- **Interior individual perspective (upper-left quadrant)** which interprets people's interior experiences and focuses on "I".
- **Interior plural perspective (lower-left)** which seeks to interpret the collective consciousness of a society, or plurality of people and focuses on "We".
- **Exterior individual perspective (upper-right)** which limits itself to the observation of the behavior of organisms and emphasizes the subject as a specimen to examine, or "It".
- **Exterior plural perspective (lower-right)** which focuses upon the behavior of a society (i.e. a plurality of people) as functional entities seen from outside, e.g. "They".

Looking at the seven principles, you can see that they start out with the first principle associated with the individual (“The inherent worth and dignity of every person”) and end up in the last three principles which are associated with the collective or plural perspective. The principles alternate between those that deal with the interior, subjective perspective and those that deal with the exterior, plural perspective. The seventh principle is one that deals with the exterior because it is dealing with all of nature, and our relations with the physical world, whereas the previous principle deals with our relationships with each other as human beings.

As important as those relationships between human beings are, they all exist within the physical space given to us by our planet. That is why the question of global warming is not just a scientific one, but it has moral implications for someone who is a Unitarian Universalist. Many people in the church have been concerned about the future of our congregation because, frankly, many of us in the “Baby Boomer” generation are getting older and there had been in the past a lack of members from Generation X, the Millennials, or their children. I hope that the RCE program will continue to draw younger families to the church, but even for those of us without children, seeing them gives us a renewed sense of purpose for combatting the sources of climate change, because although we may not live to see some of the drastic changes that could occur if our planet heats up by 4 degrees Celsius worldwide, the younger generations certainly will. It is our intergenerational legacy, and that is why all the political considerations of who is going to control the reins of government have to be put into the context of the problem of global warming.
President’s Column Continued…

How will the candidates running for office cooperate with other countries in making strides towards reducing environmental pollution?

It’s interesting to see that some of the younger candidates like Alexandria Ocasio-Cortes, the Democratic Socialist candidate running for Congress in the Bronx, are putting out no-nonsense statements about the need to not just reduce, but eliminate our dependence on fossil fuels. They are facing tremendous support from the younger generations because frankly, you and I may not be alive in 50 years, but they plan to be, and do not want to pass on to their children a world which is worse off than the one they are given. The only way for us to expunge our guilt for having done that to them is to get involved in trying to reversing the damage that is being done now. or in the words attributed to Chief Seattle, “man did not weave the web of life, he is merely a strand in it.”

CALLING ALL TUTORS

School began in Dist. 163 on 8/27/18. We are returning to our tutoring at Blackhawk El. with the "Baggie Books.” It is an easy program to and well received by faculty and students. You can pick your time (1-2 hours a week) and grade level. If you are available during school hours (8:15am to 2:30pm) please contact Pat Segner (708-748-2217). The students are very appreciative of individual attention and the busy teacher likes a little extra help. This is our 5th year and I really enjoy working in the project with Tina Clegg, Nancy Frazier, Dick Lewis, Joyce Sligar and Vickie Fotis.

September Forum
Sept 2 – No Forum – Community Sunday Potluck
Sept 9 - UU Gabfest with Dan Feldt
A conversation about issues important to UUs, drawn from the UU World magazine. Contact Dan in advance for links to articles to be discussed.
Sept 16 – Town Hall Meeting with Jerome Rowley
An opportunity for discussion and updates on issues important to UUCC.
Sept 23 – TBD
Sept 30 – TBD

Listening Hearts
Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the church office at 708-481-5339.

Our September Listening Hearts volunteers will be Darlene Obejda and Barb Anderson Morris

FLOOD UPDATE

By Nancy Irons

This may sound like a broken record, but things continue to progress very slowly with our restoration. . . . The contractor, Craftsmanworks Restoration Services (CRS) continues to re-negotiate the settlement report with the adjuster. In the meantime, CRS has packed up and moved all the church contents to storage. The Village of Park Forest has waived the need for building permits for our restoration. The Board of Trustees recently approved a proposal to install overhead ventilation throughout the building and close off the in-floor ducts. This will include the replacement of all three of our furnaces and air conditioners. We hope to begin reconstruction very soon, starting with replacement of the removed dry wall. Selection and installation of new floor tiles should follow shortly thereafter. Please be in touch with Nancy Irons (irons.nancy@gmail.com) if you would like to be included when we view samples of possible floor tiles.
MESSAGE FROM DICK LEWIS

Hi friends! As a member of the Committee on Ministry they asked me to share that I am taking a course this Fall and invite you to consider joining me for three Tuesday mornings from 9:30-noon in LaGrange at The Well Spirituality Center.

Tuesdays, Sept 25; Nov 6; & Dec 4   Cost: $75

TOWARDS A MORE BEAUTIFUL WORLD  Facilitator Bridget Sperduto

We stand in the unprecedented moment of social, ecological, and spiritual unrest. Author and integral thinker Terry Patten describes the multiple and inter-related issues facing us as a “wicked predicament”, one that requires an integral heart and an evolved consciousness grounder in wholeness of "Spirit.” According to Patten this wholeness leads to “awakened activism.” Integrating the work of Terry Paten, Charles Eisenstein, Ilia Delio, Joanna Macy, Thomas Berry and Brian Swimme, we will look at where we have been as a people and a planet, where we are now, and how we can create a more beautiful, socially just, ecologically sustainable and spiritually alive world.

I am reading Terry Patten's book "A Republic of the Heart" and highly recommend his book and this course for any thinking liberal person! If interested please talk with me at church or at (708)748-5344 or boldly register.

The phone number for The Well is (708)482-5048, email is thewell@csjoseph.org
Either will accept registration by credit card for the course Towards a More Beautiful World.
Click HERE for more information.
• **Rev. Tom Burdett**, an extraordinary minister of UUCC died August 13th. He was the soft spoken priest with a hat, cane and journal who spoke on a few Sunday mornings. Enclosed is an E.E. Cummings entry from his journal, sent from Rev. Tom's friend, Colonel Jerome Jendras. What made Rev. Tom extraordinary was the fact that for the last year of his life, he was on morphine and still volunteered over 2,000 hours at the Blind Services of Chicago. He had three Masters Degrees from the University of Chicago in Philosophy, Divinity and Social Service Administration. With his friend, Colonel Jerome (US Army), Rev. Tom facilitated daily Rosary following Mass at Our Lady of Mt. Carmel Catholic Church. Marilyn, Joyce Semmler and I drove Rev Tom from the Richton Pk train station to our church. Col. J sometimes drove him in his Red Corvette from his "Lake View" home. Colonel Jerome now has a 2019 Yellow "Vette." I enjoyed his quiet, spiritual manner and the professional way he lectured. His Funeral Mass details are forthcoming. Tom's journals, hat, glasses and cane will be on display at Our Lady of Mt. Carmel, 708 W. Belmont/Chicago 60657, phone 773-525-8779. Once Rev. Tom accidentally left his journal at church. I looked inside to see who it belonged to and found a few wonderful writings that were within - what a treasure! Thank you Rev. Tom Burdett for your sweet sharing of knowledge.

• **Flossmoor Community Church** has an outdoor Labyrinth that is almost always open for self-guided labyrinth walks. Scriptures for meditation, paper and colored pencils for drawing, and pens and paper for journaling are in a wooden box placed at the entrance. The materials are there to help inspire people to express their experiences as their hearts and minds open to any personal insights.

• **The Park Forest Art Fair** is all day Saturday, Sept. 15th & Sunday, Sept. 16th. There will be Art in many forms, food, vendors, Music and Entertainment. Artists' works from our church will be on display.

• **Our Committee on Ministry** put together a "bring your own food and something to share" picnic at Homewood Izaak Walton Preserve (Ridge Road west of Halsted) on Sunday Sept. 23rd in the shelter right next to the parking lot. Come, bring games, your fun self and friends. It's handicap accessible (indoor restrooms), dogs on leash and picnic tables for 60 till dusk. Beccie Bruckner is taking pre-paid orders for hot dogs from Portillos. To place an order, email brucknerchc3@comcast.net or see her at UUCC.

• **Acorn Fest** is at the Crete Park on Sept. 21st & 22nd with food, vendors, live music, fire juggling and swing dancing. The park is located at 515 First Street. cretopark.com

• **The Knowledge Exchange at GSU** still has openings for the Friday classes. Several people from UUCC take the 8 week classes for under $100. Contact Suzanne Patterson at spatterson3@govst.edu. She is the program facilitator at GSU (Governors State U).

• **Pastor Chris Wogaman** of Trinity Lutheran Church has a video on Facebook. The video is shared by PF People of Faith (a new group of people in Park Forest). Beccie Bruckner, Nick Battaglia, Pastor Chris Wogaman and Nancy Irons are all part of this new group. Beccie Bruckner is a member from our church and Nick Battaglia is a member from St Ireneaus.

• **Edgar's Place Coffee House** will be starting up again with Claude Bourbon on October 13th. Thanks to Valerie Birk for the music festival information throughout the summer.
The Park Forest Art Fair
September 15th and 16th
10am - 5pm

The Park Forest Art Fair celebrates its 63rd year this September 15 and 16, 10am - 5pm, in Downtown Park Forest on the Village Green.

~~ You Will Find it All Here ~~
The artists hail from all over the metropolitan area and the Fair always attracts a variety of talents, some new artists and many who have exhibited continuously for nearly four decades.

~~ Children are Welcome ~~
The Fair will continue to feature the Kids’ Art Alley. It will offer a vast range of activities to delight the younger set, including the almost legendary Children’s Art Contest, crafts and more.

~~ Great Music ~~
Music plays an important role in the Park Forest Art Fair. For the third year in a row, the Village will host a music fest on Saturday, September 15 on the Village Green. Performers include folk music duo, Patchouli, and the Grand Prairie Choral Arts Group.

~~~ The Gallery is Open, Too ~~~
Visitors to the Fair are also invited to check out the Taking An Art Trip show, the traditional summer exhibit of works by gallery artists, in the Tall Grass Gallery.

COMING OCTOBER 13TH AT 7:30PM
EDGAR'S PLACE COFFEEHOUSE PRESENTS
CLAUDE BOURBON
TO BE HELD AT TRINITY LUTHERAN CHURCH

$15 Admission Fee
Javier is a full-time art professor at Governors State University and has been teaching there for 14 years. He teaches mostly studio courses like drawing and painting but has taught art history as well. He is also an active artist, mostly painting. His job as professor also affords him time to create his own art work. He has exhibited extensively (regionally and nationally) and is currently exhibiting in the Executive Mansion in Springfield. Javier is participating in this year’s Park Forest Art Fair (downtown Park Forest) September 15th and 16th.

Sarah is a homemaker and full time teacher. She home schools their daughter, Paloma. They both love cultural events and they enjoy the outdoors together. Javier loves looking at art from different eras via visiting museums, the Art Institute of Chicago, and the Field which is one of his favorites. Whenever he, Sarah and Paloma travel to other states they like to visit both the natural history and art museums. His favorite genre of art is Modern Art though he is also fascinated by midcentury & modern architecture... that is what drew them to Park Forest and the home they moved into. He is a collector of Midcentury modern objects from chairs to pepper mills. Too much so if you ask Sarah. ☺

Javier says that his family is pretty laid back... they love different cultures and their food. ☺ They like to visit national parks, and they love all types of music and enjoy a lot of time together. For fun, Sarah enjoys bird watching and nature study.

Javier was raised Catholic but was not very active in it because he didn't care too much for the strict dogma. However he does love the church's art... Michelangelo, Raphael, Leonardo, Bernini, etc... and thanks the church for the patronage of these geniuses which has inspired him in his own practice. Sarah was a former member of the Missouri Synod Lutheran Church.

Javier and Sarah were drawn to UUCC’s values of inclusiveness. Sarah says that they were searching for a diverse and liberal spiritual community to support Paloma. Javier and Sarah have ushered at our UUCC services and they are especially touched by how much support and love has been shown to Paloma. Javier would like you to know that he appreciates nice people as he and Sarah try to be nice too. He refers to the popular bumper sticker that says "mean people suck.” ☺

Javier, Sarah and Paloma live in Park Forest. Javier says “I know this town has seen better days, but it has such a wonderful history. A history to be proud of. We used to live in Indiana and we were kind of miserable there. Now we have our church, our families are closer (Joliet and Naperville), our favorite city Chicago is a short train ride away and I am 5 minutes from work. Even though our property taxes are definitely higher than Indiana, we feel our quality of life has improved greatly.”

Welcome Javier, Sarah and Paloma!!
We’re gearing up for the new RCE year! We’re very excited about our new team teaching approach, in which members of the congregation will take turns teaching the kids. It’s a great opportunity to get to know our youth, and for our youth to get to know our adults.

Although our teaching positions are now filled, there are still openings for teachers’ assistants. If you’re interested, please contact Dan Feldt or Giggie Wagner. There will also be sign-up sheets on the back tables after each service.

Here’s a description of some of the material we’ll be drawing from this year:

> Every day our children go forth into a complex world where they are often faced with difficult decisions and situations. [This curriculum] attempts to provide children with the spiritual and ethical tools they will need to make choices and take actions reflective of their Unitarian Universalist beliefs and values.

While the adults were learning about Darwin in the Sanctuary, our kiddos became birds hunting for woolly worms (you can see their catch on the table). They easily spotted the bright orange ones, but they had a harder time finding the brown ones, which blended into the background. They learned about how natural selection produces camouflage, and how that can help species survive.

**Naper Settlement Powwow**

This month, we plan to go to the annual Harvest Powwow in Naperville, to be held on September 22nd and 23rd. The Midwest SOARING Foundation, a Native American community-building organization, hosts. They say: All are welcome at our family fun event. Our traditional Powwow is a time to celebrate life, renew friendships, and share our Native American culture through dance, drumming, art, and storytelling. It’s a great time! Plan to join us.


**Please Note: First Friday is taking the summer off. The next First Friday will be in October.**

**Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.**

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

*The September 2018 Schedule:*

- September 7th and 9th - “Health and Healing” featuring Dr. Evonne F. Blakey
- September 14th and 16th - “Hollywood/ History??” featuring Hunter Havlin Adams III
- September 21st and 23rd - "Nicknaming Humanity: Who Are You Calling A Slave?" featuring Hunter Havlin Adams III
- September 28th and 30th - "Community Matters: Who Cares?” featuring Masequa Myers and Pemon Rami
Water Use in Fracking Soars

In our ever increasing population (7.6 billion at present) on earth, how we effect the earth is based on what we do. So how do we effect the earth in our habits that we have? I want to move to my favorite area to talk about in global warming. In the way we use a couple of our most used energies, oil and natural gas, how are our habits in transportation changing the earth? This goes a little more than just the co2 we are emitting, it goes to the process of how we get our energy. The italics are sections of an article on the study of water usage for fracking. See article in full by clicking HERE or by going to https://goo.gl/2DZ6Qb.

Fracking has changed in its extraction of energy resources. In ways that uses more resources to obtain the same amount of energy. The amount of water used per well in fracking jumped by as much as 770 percent, or nearly 9-fold, between 2011 and 2016, the study says. Even more dramatically, wastewater production in each well’s first year increased up to 15-fold over the same years. Monika Freyman, a water specialist at the green business advocacy group Ceres, said that in many arid counties such as those in southern Texas, freshwater use for fracking is reaching or exceeding water use for people, agriculture and other industries combined. The contaminated water is often disposed of by injecting it deep underground. The wastewater injections are believed to have caused thousands of relatively small scale earthquakes in Oklahoma alone in recent years.

Not only is there the co2 aspect of burning for our cars and homes, there is the huge water usage in the initial extraction process. In some areas of the country it exceeds the water usage of all other human activity, especially in the dryer areas of our country. All these resources come into the picture to give us our gasoline. Go to batteries and renewable energy and this all goes away. We will use resources to make clean electricity, but we will need no water, and will not make pollution while we drive and heat our homes. Imagine extraction of fossil fuel resources for all 7.6 billion people on earth. It is what is called unsustainable. It is time to change.
**Rainbow Café**

Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month from 6:30-10:30 pm.

**The next Rainbow Café meets on September 21st at 6:30pm.**

**Movie: The Pass**

**AT TRINITY LUTHERAN CHURCH IN PARK FOREST - 2901 Western Ave**

Nineteen-year-old Jason and Ade have been in the Academy of a famous London football club since they were eight years old. It's the night before their first-ever game for the first team - a Champions League match - and they're in a hotel room in Romania. They should be sleeping, but they're over-excited. They skip, fight, mock each other, prepare their kit, watch a teammate's sex tape. And then, out of nowhere, one of them kisses the other. The impact of this 'pass' reverberates through the next ten years of their lives - a decade of fame and failure, secrets and lies, in a sporting world where image is everything.

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**A Moment in Balance**

Yoga Classes by Karen Nielsen

**Monday and Thurs**

9:30am – 11am

**Wednesday evenings**

7:00pm – 8:30pm

No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.

Call (708) 755-3577 for information

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**A group is forming to discuss/explore the book "Waking up White, and Finding Myself in the Story of Race" by Debby Irving. If you are interested, please read the book and call Nancy Frazier (708-798-7291). The book puts racism and white privilege in a new light. Click HERE to connect to Amazon and read a short sample and/or place an order.**

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**Dances of Universal Peace: 3rd Sunday of the month. (Sept-June)**

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

Next DUP: September 16th

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**Dream Exploration Group**

1st Saturday of the month at 10am in Gathering Room. Limited to 10. Contact Geri to register at 312-813-4411 or gkbiamonte@yahoo.com.

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**Medical Cannabis Education Association**

**MEETS SUNDAY, SEPTEMBER 2ND, AT NOON!**

joygrainge@me.com

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**The UUCC MEN’S GROUP**

For more information contact Colin Kirchner at colinkirchner@gmail.com or contact Virginia at the church office. 708-481-5339
Not ALL of our usual EVENTS will be scheduled at Trinity Lutheran so therefore we encourage you to contact the group facilitator or check our website to verify the status of any of our events scheduled in September before you arrive. Contact information is listed below.

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**Event Facilitators**

Medical Cannabis cancelled till further notice:
- Joy Grainge  joygrainge@me.com
- Dan Feldt  ddfeldt@gmail.com (off for the summer)
- Karen Nielsen  708-755-3577  shanti-one@comcast.net
- Colin Kirchner  colinkirchner@gmail.com
- Pat Segner  708-748-2217
- Charles Barnett  chazbarnett@yahoo.com
- Geri Biamonte  312–813-4411  gkbiamonte@yahoo.com
- Nancy Irons  irons.nancy@gmail.com (off for the summer)
- Darlene Obejda  dobejda@gmail.com
- Valerie Birk  valeriebirk@gmail.com (off for the summer)

Family First Friday: meets at Trinity Lutheran
- meets at Room to Move Studio
- email Colin for info

Yoga: meets at Room to Move Studio

Men’s Group: email Colin for info

Dances of Universal Peace: call Pat for location

Rainbow Café: meets at Trinity Lutheran

Dream Group: meets at member’s homes

Forum: meets at Trinity Lutheran

Movie Night: meets at Trinity Lutheran

Edgar’s Place: meets at Trinity Lutheran
Church Information
70 Sycamore Drive
Park Forest, IL  60466
Office Phone:  708-481-5339
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The newsletter deadline is always the 20th of every month.

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