Sunday Worship Service  
10:00am

This month our services will continue to be held at Trinity Lutheran Church located at 2901 Western Ave in Park Forest.

August 5th
Title: Everything you wanted to know about The General Assembly in Kansas City
By Robert “Chief” Jensen
General Assembly 2018 took place June 20-24th in Kansas City, MO. General Assembly is the annual meeting of our Unitarian Universalist Association (UUA). Attendees worship, witness, learn, connect, and make policy for the Association through democratic process.

August 12th
Title: Keeping Watch
By Reverend Denise Tracy
When life is stressful how do we maintain our faith and our balance? What do we do until the stress is relieved?

August 19th
Title: Darwin and the Divine
By Jerome Rowley
Darwin wrote a sequel to his book "The Origin of Species" on the principles of evolution called "The Descent of Man". In that work he only twice talked about "survival of the fittest," but mentioned "love" 95 times and "moral sensitivity" 92 times as forces driving human evolution. We will revisit Darwin to see how his views on evolution went beyond selfishness and embraced the divine using the language of science rather than that of religion.

August 26th
Title: Cultural PTSD
By Dennis Fisher
We generally think of PTSD as a phenomena afflicting an individual human being. A culture, a society, a country might suffer from PTSD as well. The repercussions of cultural PTSD are worth consideration in modern America.

NOTE: This service begins at 9:30am and there will not be a coffee hour.

Please Note: On August 26th our Sunday Service will start 30 minutes early (9:30am) with no coffee hour in order to accommodate Trinity Lutheran Church using the space for a birthday celebration scheduled to begin shortly after. Thank you for your patience.

Upcoming Event

UUCC's Committee on Ministry has rented a shelter at Izaak Walton Preserve at 1100 Ridge Road in Homewood for a Church Picnic on September 23rd till dusk. Please be aware that this will NOT be our traditional Corn Roast. UUCC will not have a Corn Roast this year. Starting time is immediately after the service but you are welcome to come whenever you can. See more information inside this newsletter.

Forum does not meet during the summer.
Look for us again in the fall.

Community Potluck on August 5th!
Please bring a dish to share!

Trinity Lutheran at 2901 Western Ave in Park Forest continues to be our home away from home this summer. We are conducting our Sunday services at this location. We encourage you to contact our group facilitators or check our website to verify the status of any of our EVENTS scheduled in July (before you arrive). Our facilitators’ contact information is on the calendar page inside this newsletter. Our church website is uuccpf.org.
President’s Column by Jerome Rowley

After the last newsletter, where I talked about the challenges facing our church in the upcoming year, I am now returning to my project going through the seven principles of Unitarian Universalism to tie it into what I have been learning at the Integral Life institute online based on the writings of philosopher Ken Wilber. I am continuing with this project with the sixth principle, which is

The goal of world community with peace, liberty, and justice for all

This firmly establishes Unitarianism as a religion which supports a Worldcentric point of view, rather than an ethnocentric one or even a nationalistic one. This puts it in beyond the BLUE or traditional level of cultural development which is organized around one’s identity as a member of a particular nation-state. At the GREEN or multicultural level of cultural development, you can identify yourself as an American, but you can also identify with other people in the world. This definitely has ramifications for the current national debate about immigration, because there are those who are threatened by the notion of immigrants from other cultures and cultures, and those who welcome them.

But a key part of this phrase is “for all”, which puts it beyond the ORANGE or rational/scientific level of cultural development with its emphasis on individual rights. The GREEN level of development is organized around the needs of people on a societal level, and it sees government not just as a guarantor of individual liberties, but literally the “common wealth” of the society which is used for the benefit of all.

Capitalism was born in the ORANGE level of cultural development, and under capitalism the market functions on the notion of competition between individuals or firms. Capitalism was supported intellectually by Charles Darwin’s writings in the Origin of Species, which saw mutation and natural selection as the mechanism by which species evolved. This was popularized in the phrase “survival of the fittest.” However, “survival of the fittest” implies that it is an inherent strength or property of the individual organism which allows it to survive in competition with other individuals. A better phrase would be “survival of the fitting”, because it is the individual that adapts the best to the environment which will win in the competition with other individuals of the same species. If the environment changes, what is the fittest organism in one situation may not be the fittest organism in the new environment.

But Darwin knew that human evolution went beyond this first principle of evolution. In his 828-page sequel in which he deals with human evolution, he only writes twice of the “survival of the fittest.” He writes 95 times of “love”, in phrases like “the love for all living creatures is the most noble attribute of man.” And he writes of selfishness, the cardinal virtue of Ayn Rand, only 12 times, whereas he writes 92 times of “moral sensitivity” in humans as being a positive virtue.

Continued
President’s Column Continued…

Although the first principle of evolution seems to support capitalism, the process of human evolution, with its notions of cooperation between individuals based on love and moral sensitivity, supports the system of social ownership of certain of the resources of society, to be used for the good of all of its members, and not just a few—which just happens to be one of the principles of socialism.

At the INTEGRAL level of cultural development, it is possible to see that capitalism and socialism are NOT inherently contradictory, but are complementary, like yin and yang. ALL economies are mixed economies, and even our society, which has fewer socialist characteristics than most European economies, has institutions like the public library, the public school system, not to mention police and fire departments, that are organized along socialist rather than capitalist lines. But even the purest capitalist systems have elements of social cooperation embedded in them: a bank is a pooling of capital between individuals, and insurance is a pooling of risk between individuals.

So if you truly want to make America great, the best way to do so is to support the aspirations of all its members, and Unitarians are by nature those who look beyond traditional boundaries to find friends and allies who will help them in their struggle to create “peace, liberty and justice” for all—yes, in this country first, but ultimately across the world.

FLOOD UPDATE
By Nancy Irons

Things continue to progress slowly with our restoration. The contractor, Craftsmanworks Restoration Services (CRS) of Tinley Park, met at UUCC with an official insurance adjuster and they are in the process of getting the settlement report formally amended. Hopefully, this will be finalized by the end of July. In the meantime, CRS has been packing up and moving all church contents to storage for the duration of the restoration. They are also lining up necessary permits.

Church Mutual has informed us that they feel this project should have been completed by now. They are hesitant to fund our relocation expenses beyond August 14th. We have expressed disagreement with their position, given that our delays have been a result of waiting for the adjustor to respond to our questions and concerns. We anticipate that the revisions / amendments to the settlement report will serve to support our position that the original report was seriously flawed. We shall see. . . .

Unitarian Universalist Common Endowment Fund

There have been inquiries about the specifics of the Unitarian Universalist Common Endowment Fund. We are posting online links that contain detailed information about the fund. Please view links below. If requested, Leonard Kirchner can provide hard copies of the fund statements.

Fund Performance: http://uucef.org/
Socially responsible investing (SRI): http://uucef.org/socially-responsible-investing/about-sri/
Beccie Bruckner will be ordering Portillo's hot dogs and hamburgers. The price is $3.00 each or $5.00 if you would like fries or onion rings also. For information, call 630-291-0355.

Fellowship and fun together.
at Homewood Izaak Walton Preserve
Sunday September 23, 2018
Immediately after service but come when you can, we have use of the facilities until dusk!

Members and friends bring your own food and something to share. UUCC is not providing food or corn (it is not the Corn Roast). Bring your own grill, if desired (there are no grills and no indoor Kitchen facilities).

Things to bring-
Extra food & beverages, cooler, games, lawn chairs, bug spray.

We are using the covered West Shelter with picnic tables (rain or shine). Indoor restrooms available. There is a pond, hiking trails, ancient dunes and dogs are allowed on leash.

For more info, contact Barb Anderson at bmorris.anderson@gmail.com

http://www.homewoodizaakwalton.com/index.php
Thanks to the Reverend Denise Tracy (our traveling minister) for showing up to speak on July 8th after breaking both her ankles! She traveled from Elgin with bandaged legs, and even stood up at the pulpit to preach.

The free Main Street Nights Concerts continue to run on Wednesday evenings (August 1st and 8th) starting at 6:30 and are located at 349 Main Street in Park Forest. Vendors are selling food and drinks. Take a blanket or lawn chair and enjoy the beautiful summer nights with music and good company.

The Park Forest Health Department held a farewell open house at 350 Victory Drive to thank the community for the support given them for 66 years. The PF Health Department nurses were noted for delivering home care before licensed agencies took over. Red Hat friends of mine, who are nurses, used to staff the clinic. For years, it was the only facility in the south suburbs. Thank you for the dedicated service!

Edgar's Place Coffee House will be starting up again with Claude Bourbon on October 13th (hopefully in our cleaned, home church). Thanks to Valerie Birk for the music festival information throughout the summer.

Pastor Chris from Trinity Lutheran Church gave the sermons at both UUCC and Trinity Lutheran (his home church) for Gay Pride Sunday. I was at a shared picnic on the Saturday before and Pastor Chris cooked hot dogs in the 100 degree heat.

Speaking of picnics, UUCC's Committee on Ministry has rented a shelter at Izaak Walton Preserve at 1100 Ridge Road in Homewood for September 23rd till dusk. We don't have a kitchen, so it's not the traditional "Corn Roast". But we can bring grills, coolers and food. Bring a bit more to share. The church will not be providing food or drink. I am missing being out in Nature at our home church. There are hiking trails, a pond and ancient dunes at Izaak Walton. We rented a shelter with picnic tables. It is accessible with indoor restrooms. So bring food, drink, games, coolers, grills and your fun self.

Union Street Gallery is having an open mike on Friday night, August 3rd at 6pm. The Art Gallery is located at 1527 Otto Blvd in Chicago Hts. The entry fee is $10 for non members, $5 for members. More info HERE.

Jo Jo Martin is pictured here riding in the 4th of July parade. Jo Jo works for the Rich Township Senior Center (297 Liberty Drive, Park Forest) and she really enjoys working with seniors. She invites everyone to visit the Rich Township Seniors Center. It’s a great place to come out and have some fun.

Wyll Mull (EL Viejo) will be featured at Salon Artists Gallery (294 Main Street, Park Forest) for a reception on Saturday, August 11th from 12-4pm. The Art Exhibit is called "Iconoclast". Meet Wyll and enjoy music by Bruce Foster, food and conversation. Pictured here is one of his works that will be on display.
Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs.

They are not acting as professional counselors, but rather a source for listening, support and resources. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the church office at 708-481-5339.

Our August Listening Hearts volunteers will be announced at our August Sunday Services.

Items for Immigrant Children

Heartland Alliance is no longer accepting the donation of goods or processing new volunteer requests. Ideas on how you can help:

Donate now to help increase mental health supports, accelerate family reunification efforts, and advocate for safety and justice. Write a card for a migrant child to show you care. Share a brief hello and positive message! You can mail cards to Heartland Alliance, 208 South LaSalle, Chgo, IL 60604.

2018:

October 13th: Claude Bourbon
November 10th: Buddy Mondlock with Mike Lindauer and Donna Adler
December 8th: Bittersweet Christmas Band

2019:

March 9th: Triflemore
April 13th: Jeff Black
May 11th: David Massengill

All shows are scheduled to begin at 7:30pm.
Occasionally our congregation holds a ceremony during one of our services to honor the newest members of the congregation. This celebration invites those who have recently “signed the book” to come before the congregation with the minister or worship leader. UUCC will soon be honoring our newest members: Robert “Chief” Jensen, William Becker, Sarah Chavira, Javier Chavira, Alison McDonald, Pat Cline and a reactivating new member, Vicki Fotis. This month we would like to introduce Alison McDonald.

Alison McDonald

Alison lives in the boonies of University Park and is a freelance graphic and production designer who enjoys painting, running, and doing origami. Her mother has a Doctorate in education and is a sweetheart, her father is from Wales and has created beautiful paintings, and her sister has a Doctorate, runs her own lab and teaches biology at a university.

Alison grew up as a Catholic and attended a Catholic school for high school but attended a Lutheran college. She enjoys how much UUCC places emphasis on being liberal and being an organization that accepts people of all faiths and/or beliefs.

Since joining UUCC Alison helps out after church and enjoys talking to our very friendly members. She would love to get more involved.

Alison would like you to know that despite it not being as popular as it was a few years ago, she adores coloring books to calm down and get in the flow of laying down color to other people’s work.

Welcome, Alison!

Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

**The August 2018 Schedule includes:**

Friday, August 3rd @ 8:30PM and Sunday, August 5th @ 3:30PM—"African Consciousness" featuring Dr.Kobi Kabon and Prof. Robert Starks
Friday, August 10th @ 8:30PM and Sunday, August 12th @ 3:30PM—"Spiritual Reparations" featuring Bishop Carlton Pearson and The Late Rashid Akbar
Friday, August 17th @ 8:30PM and Sunday, August 19th @ 3:30 PM—"Hollywood/History??" (The Black Panther) featuring Hunter Havelin Adams III
Friday, August 24th @ 8:30 PM and Sunday, August 26th @ 3:30 PM—"Who Are You Calling a Slave? Nicknaming Humanity" featuring Hunter Havlin Adams III
Friday, August 31st @ 8:30PM and Sunday, September 2nd @ 3:30PM—"Education vs. Miseducation" featuring Wayne Sebamurti Gentry.
In June our Religious and Character Education kids explored anger and kindness. They made angry faces and thought about how they feel when they are angry. We understand that anger is a natural response when things are unfair, hurtful, or wrong. But it becomes destructive when we hold on to it too long. It is important to understand why we are angry and then work through it so it does not stay with us for a long time.

The children heard a traditional story in which the Buddha says to a man who is insulting him: “If I do not get insulted and angry in return, these curses will fall back upon you—the same as the gift returning to its owner. Take care that what you speak or act is for good. For goodness will always cast back goodness and harm will always cast back harm.”

Then the kids made their own Calming Bead strands. When they’re feeling angry or upset, they can run the beads through their fingers, breathe quietly, and say some centering words. Kids (and adults) can use these things to help calm down when we’re angry!

**Naper Settlement Powwow**

Next month, we plan to go to the annual Harvest Powwow in Naperville, to be held on September 22 and 23. The Midwest SOARRING Foundation, a Native American community-building organization, hosts. They say: All are welcome at our family fun event. Our traditional Powwow is a time to celebrate life, renew friendships, and share our Native American culture through dance, drumming, art, and storytelling.

It’s a great time! Plan to join us.

[https://www.harvestpowwow.com/](https://www.harvestpowwow.com/)

September 22 & 23, 2018
Naper Settlement
523 S Webster Street

**Please Note: First Friday is taking the summer off. The next First Friday will be in October.**
The age of Responsibility

I was commenting on an article critical of renewable energy. Rightfully so, the author was emphasizing that making renewable energy panels (solar electric) had some serious pollution consequences to it. In the United States, we used to make a larger portion of the world’s panels, and we (United States) have strict pollution laws. In Taiwan and China where most of worlds solar panels are now made, pollution is more permissive.

Another article I was reading was talking about the cost of cooling in a warming world. We all know that as the weather gets warmer outside, our air conditioning bills go up. In a warming world the energy needed will increase and the number of people wanting cooling will increase.

Read “The High Cost of Hot”.

The graphs above are showing the days that the temperature is above 65°F. Adding that total together for the year becomes the number for that year. So what is happening is that the number of degree days for the years over time are adding up to give us a feel for the cooling needed. As you can see the numbers are increasing.

“A 2014 Climate Central analysis of projected future summer temperatures shows that by 2100 New England summers will be as hot as current summers in Florida, dramatically increasing the need for artificial cooling.”

We will see higher costs of cooling in the future. This requires chasing after insulation, ventilation, energy efficiency, and increased energy to run all this in the warm months. The irony of this is that the slower we go, the more it costs in the future.

This is where our government needs to do its job. Without that pillar of support, movement to change out of our warming is slowed. How hot it gets in the future is up to us. It requires an Age of Responsibility. From the top of all heads of state down to every family on earth. How we get there, that’s our responsibility to do so.
Rainbow Café
Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month from 6:30-10:30 pm.

The next Rainbow Café meets on August 17th at 6:30pm. Movie: The Battle of the Sexes
AT TRINITY LUTHERAN CHURCH IN PARK FOREST-2901 Western Ave

The 1973 tennis match between Billie Jean King and Bobby Riggs (Emma Stone and Steve Carell) became the most watched televised sports event of all time. Trapped in the media glare, King and Riggs were on opposites sides of a binary argument, but off-court each was fighting more personal and complex battles. With her husband urging her to fight for equal pay, the private King was also struggling to come to terms with her own sexuality, while Riggs gambled his legacy and reputation in a bid to relive the glories of his past. 121 minutes.

A Moment in Balance
Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.
Call (708) 755-3577 for information

Sacred Communication Workshops
TBA

These Transformative Workshops will help you in identifying and dissolving mental and emotional blockages, learning to use your authentic voice, defining authentic friendships, and more.

If you would like more info, contact:
Rev. Henrietta Byrd at 312-593-4732 or email her at iforgiveforme@gmail.com

Dances of Universal Peace:
3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.
Next DUP: August 19th

Medical Cannabis Education Association
meets every month on the First Sunday at Noon.

The next time MCEA meets is unknown until further notice.

Dream Exploration Group
1st Saturday of the month at 10am in Gathering Room. Limited to 10.
Contact Geri to register at 312-813-4411 or gkbiamonte@yahoo.com.

Love to Sing??
Join the UUCC Choir! The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

The UUCC MEN’S GROUP
For more information contact Colin Kirchner at colinkirchner@gmail.com or contact Virginia at the church office. 708-481-5339
Not ALL of our usual EVENTS will be scheduled at Trinity Lutheran so therefore we encourage you to contact the group facilitator or check our website to verify the status of any of our events scheduled in August before you arrive. Contact information is listed below.

### Event Facilitators

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<td>Dream Group (see info below)</td>
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<td>5</td>
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<tr>
<td>10am Worship/RE</td>
<td>9:30am Yoga</td>
<td>7pm Yoga</td>
<td>9:30am Yoga</td>
<td></td>
<td></td>
<td>Dream Group (see info below)</td>
</tr>
</tbody>
</table>

**Medical Cannabis** cancelled till further notice:

**Family First Friday**: meets at Trinity Lutheran

**Yoga**: meets at Room to Move Studio

**Men’s Group**: email Colin for info

**Dances of Universal Peace**: call Pat for location

**Rainbow Café**: meets at Trinity Lutheran

**Dream Group**: meets at member’s homes

**Forum**: meets at Trinity Lutheran

**Movie Night**: meets at Trinity Lutheran

**Edgar’s Place**: meets at Trinity Lutheran

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