**Sunday Worship Service**

10:00am

**January 7th**
Title: The Lines We Draw  
By Beverly Feldt  
Life is seamless, but we humans divide it up into old year and new, mine and yours, us and them. How can we draw these lines without being fooled by them?

**January 14th**
Title: The Long Arc of Justice  
By Reverend Denise Tracy  
On MLK weekend we will consider the life of Martin Luther King Jr and how his teaching might help us in understanding our current world.

**January 21st**
Title: The Third Thing  
By Dennis Fisher  
Plato makes the claim that perception and the perceptible realm are deficient. He noted that, one: there are senses, and two: there is that which can be sensed. But to understand the world a third thing is needed. We will consider the third thing.

**January 28th**
Title: The Islamic Heart  
By Kyle Decker  
What Americans need to know and understand about the Middle East, is faith, politics and culture. Kyle Decker is the son of Denise Tracy and Bill Decker. He graduated from Loyola last spring. He majored in International relations. He is fluent in Arabic and spent five months in the middle east as part of his studies. He will also be leading the forum after worship.

**Upcoming Events**

See inside for more details on these events.

**January 1st:** New Year’s Day Party

**January 7th:** Listening Campaign meets during potluck.

**January 13th:** Edgar’s Place Coffeehouse presents Joe Jencks

**January 26th:** Free Movie and Discussion—“How to Let Go of the World and Love All the Things Climate Can't Change.”

**Be sure to save these dates**

**Saturday, April 7th:** Fellowship Dinner

**Sunday, April 8th:** Canvass Sunday

**Sunday, May 20th:** Annual Congregational Meeting

**January Forum** (follows the Sunday Service)

**January 7th** – Community Sunday and Listening Campaign meets. (No Forum)

**January 14th** – “UU Gabfest” with Dan Feldt  
A conversation about issues important to UUs, drawn from the UU World magazine. Contact Dan in advance for links to articles to be discussed.

**January 21st** – Town Hall Meeting with Jerome Rowley  
An opportunity for discussion and updates on issues important to UUCC.

**January 28th** - Discussion of this morning’s service with Kyle Decker on the topic of the Middle East...faith, politics and culture.
We just concluded another year, and I hope everybody had a great holiday season no matter what holiday traditions you happen to follow. With the New Year upon us, most of us are thinking of making plans for the upcoming year. I wanted to share a technique with you of creating a Life Plan which will make you focus not on being efficient (getting things done right) but on being effective (getting the right things done).

I’m sure you’re familiar with two of the holiday classics, It’s A Wonderful Life and A Christmas Carol. In the former, George Bailey gets to see what the future would be like if he hadn’t been born, and he discovers that he has impacted quite a few people’s lives for the better. In the latter, Ebenezer Scrooge gets to see what the future will be like if he doesn’t change his ways, and he vows to spend the rest of his life impacting people’s lives for the better.

In the Life Plan technique by Michael Hyatt, you need to imagine if you were attending your own funeral sometime in the future, as if you were transported their by the Ghost of Christmas Future in the story A Christmas Carol. At the memorial service, imagine the different groups of people represented there—family, friends, members of the congregation, colleagues, etc. Imagine if one person from each group were to do a eulogy of your life. What kinds of things would you want them to say? Remember this is your imagination actually speaking, so even if the things that say don’t apply now, you can imagine that they will become true because of what you plan to do from now on. This represents the legacies you want to leave behind to the next generation(s). This is where you want to be headed.

Once you do that, you can then write down your Life Accounts, which are areas that you spend your focus on. There are three Circles:

1.) Circle of Being (activities focused on you in relation to yourself)—Spiritual, Intellectual, Physical accounts.

2). Circle of Relating (activities focused on you in relation to others)—Marital, Parental, Social accounts.

3). Circle of Doing (activities focused on you in relationship with the world)—Vocation, Avocation (Hobbies), and Financial accounts.

Go through each account and see if you are currently inspired in this or just going through the motions, i.e., determine if your passion for this account is low or high. Also see if you are currently achieving results in each area, i.e., determine if your progress for this account is low or high. This shows you where you are right now.

For those accounts which are:

Low passion, low progress—these are DRIFT accounts. You need to rekindle your passion somehow and figure out how to get positive results.

High passion, low progress—these are LIFT accounts. You are excited about this area, but you need to implement a new strategy, acquire new skills, or try something new that sparks the progress you want.

Low passion, high progress—these are SHIFT accounts. You need to reconnect emotionally with this area, because you are doing what needs to be done, but your heart isn’t in it. Think of what you could achieve if it were!

High passion, high progress—these are GIFT accounts. This should be the goal stage of all of your accounts.

What are the lessons you can teach yourself about the other accounts in your life that you can learn from these accounts?
Then for each life account, you write the following.

**Purpose Statement**—what’s your primary responsibility, your role, if you were assigned this account by the universe and told “it is the privilege of a lifetime to be who you are”?

**Envisioned Future**—here’s where the legacy statements come in that you worked on when you did your eulogies. Describe this future in the present tense AS IF IT IS A REALITY NOW.

**Inspiriting Quote**—use the Internet to find one or two inspirational quotes about the life account you are working on.

**Current Reality**—describe some details of the life account as it is right now, both your strengths and your weaknesses.

**Specific Commitments**—what are some SMART (specific, measurable, actionable, realistic, and time-bound) goals you can create to turn your current reality into your envisioned future?

Once you have completed the above for your life account, choose 10 of your top goals and concentrate on those for 2018. Out of these take 4-5 of them and make them your top goals for the first quarter of 2018. You will find you will be doing more of what is important and spending less time on what is just urgent in the coming year ahead!

If you want more details, send me an e-mail at jerome.rowley@gmail.com. In the meanwhile, have a great beginning to 2018, and I hope for great things for our congregation and all its members in the coming year!

---

**All UUCC members and friends are invited to a New Year’s Day Party at UUCC on Monday, January 1st, 2018 from 2-8 pm. Join us for as little or long as you like.**

**Optional:**
- Bring a pot luck dish
- White Elephant “steal a gift” exchange
- Bring games to play
- Bring music CDs to listen to
- Perform music yourself!
- Possible brief Open Forum
- Share a story or joke
- Lead a Drumming Circle
- Help plan conversation question starters
- Plan children’s activities
- Help supervise children
- Plan other activities
- Help set up and/or clean up

**Contact:** Darlene Obejda  dobejda@gmail.com
Holiday Greetings to Participants in the Listening Campaign!

As you know, the goal of the Listening Campaign is for volunteers to engage each interested member and friend of UUCC in a personal conversation. We do this to deepen our connections with each other and to prepare the way for social action. Begun in October, the Campaign is within sight of its goal! Thank you for the time and effort that has brought it to this point. If you are willing to take on another contact or two within the next month, please let us know.

The first social justice event of 2018 will be a Martin Luther King Day Faith in Action Assembly, January 15th at Old St Patrick’s Church at 8AM, 700 West Adams, Chicago.

At this event, we will meet and have lunch with U-U’s from other churches and like-minded persons from across the city. A Governor’s Candidate Forum provides an opportunity to highlight our concerns: among them fair tax, immigration reform, reproductive choice, climate change and restorative justice.

More information will be available as we plan to share rides and form groups to take Metra into the city. Look for our sign-up sheets.

The next meeting of the UUCC church Listening Campaign will be over our tasty lunch at the Jan. 7th Community Sunday potluck.

With our gratitude and hopes for a bright future,
Nancy Frazier - nancyfrazier@att.net  312-615-4265
Barb Anderson Morris – b.morris.anderson@gmail.com  708-314-8856
Joyce Semmler – joyce2ras@comcast.net  708-798-0392

“How to Let Go of the World and Love All the Things Climate Can’t Change”

Documentarian Josh Fox (director of "Gasland") travels the globe to meet with global climate change "warriors" who are committed to reversing the tide of global warming. Funny and tragic, inspiring and enlightening, the film examines the intricately woven forces that threaten the stability of the planet and the lives of its inhabitants.

(2016   2 hours, 7 minutes)

Free coffee, tea, and popcorn.
Optional: Bring a snack to share
Donations appreciated. (We are paying a fee to have the rights to share this film).
Invite friends!
Happy New Year!!

For those of you who regrettably had to miss the Kid Led Holiday Extravaganza, here are some pictures of the event provided by Steve Wagner, Luke’s Dad.

Giggy Wagner, Luke Wagner, Gia Bushong, Paloma Chavira and Lulu Bushong

Paloma Chavira

Luke Wagner, Gia Bushong, Paloma Chavira, Lulu Bushong and Giggy Wagner

A couple more pics provided by a congregant.
Our member, Dr. Gloria Latimore Peace is the Host and Producer of The H3O Television program which airs in the Chicago Metropolitan area on Chicago Access Network Television (CAN-TV) Channel 19.

The H3O Show is telecast every Friday from 8:30PM-9:30PM. It repeats on Sundays from 3:30PM-4:30PM. Our program offers interviews with outstanding leaders in the areas of History, Culture, Health, Nutrition and Spirituality.

Friday, January 5th @ 8:30PM and Sunday, January 7th @ 3:30PM "Community Curator: The Southside Community Art Center", Featuring Masequa Myers.

Friday, January 12th @ 8:30PM and Sunday, January 14th @ 3:30PM "Lift Every Voice: Chicago’s Black Struggle", Featuring Eugene Perkins and Charles Grantham.

Friday, January 19th @ 8:30PM and Sunday, January 21st @ 3:30PM "Arrested Development, Part 1", Featuring Wayne Sebamurti Gentry.

Friday, January 26th @ 8:30PM and Sunday, January 28th @ 3:30PM "Black Political Empowerment", Featuring Robert T. Starks.

Dream Exploration Group Begins Jan 6th

Anyone interested in participating in an exploration of dreams is welcome to join the Dream Group. Participation will be limited to a maximum of 10. Meetings will take place on the first Saturday of the month at 10:00am in the gathering room.

Please contact Geri Biamonte to register at 312-813-4411 or gkbiamonte@yahoo.com.

---

Flood Update

We continue to have delays with our plumbing diagnostics. We have one quote for the installation of cleanouts on our sewer lines, however it is quite high. We are still waiting for a quote from a second plumbing company who looked at our site. On a different front, we have had a huge water bill this month. It seems there has been water running unchecked somewhere in the building. If anyone is aware of running toilets, dripping faucets or other possible water being wasted, please report it to the office promptly.

Unfortunately, once again, delays in dealing with plumbing mean delays in dealing with the vent re-lining and new flooring. Hopefully after the holidays there will be fewer delays.
Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the church office at 708-481-5339.

Our January Listening Hearts volunteers will be announced at our January Sunday Services.

---

**Winter Woman Spirit 2018: February 2nd - 4th**

Women & Religion is proud to present: I AM WILLING with Holly Near

For 40 years Holly Near has been a shining light, combining her music and activism, sharing her joy and passion; she accesses all of these to celebrate the human spirit.

Holly will present a workshop on Saturday morning and sing a concert - "Singing For Our Lives" - that evening. On Sunday Holly will participate in the worship service. We expect this conference to fill up so register early! Entry to the concert is not included in the conference price; concert tickets will be made available to conference registrants first. COME JOIN US!

WWS2018 will be held at the Unitarian Church of Evanston; 1330 Ridge Avenue, Evanston IL 60201

The Women & Religion Committee, and all Committee sponsored events, are open and welcoming to all those who identify as women. Click [HERE](#) to register.

---

**A Little Church Humor—Church Signs**

- **Assembly of God**: God wants spiritual fruit, not religious nuts.
- **Baptist Church**: Having trouble sleeping? Try one of our sermons.
- **Princeton Apostolic Church**: A narrow mind is usually accompanied by a wide mouth.
- **Christian Church at Panama City**: God shows no favoritism, but our sign guy does: Go Cubs!

---

Joe Jencks
$15 at the door
Saturday, January 13th at 7:30pm

Joe Jencks is an international touring performer, songwriter, entertainer, and educator from venues like Lincoln Center in New York, to coffee houses, festivals, spiritual communities, and schools, Joe Jencks via radio, CDs, web casts, and other musicians. He is noted for his unique merging of musical beauty, social consciousness, and spiritual exploration. Jencks weaves a diverse web of stories with brilliant musical skill, ensnaring even the most rigid of hearts, inviting them to open. His songs invite us to live inside of our passions and our beliefs. The Midnight Special's host Rich Warren proclaimed Joe's latest cd "Poets, Philosophers, Workers and Wanderers" to be one of his favorites for 2017. For more info about Joe: [joejencks.com](http://joejencks.com).
COVENANTS 101

Tuesday, January 23, 2018, 07:45pm - 09:00pm
WEBINARS are Eastern time.
Location Via ZOOM; link will be included in registration acknowledgment.
Contact Sharon Dittmar, sdittmar@uua.org
Times: Eastern 7:45-9:00; Central 6:45-8:00; Mountain 5:45-7:00
Have you ever wondered how to create a covenant for a group, committee, or between two people? Come for some basics on covenant creation you can use in your congregation.
Age Group: 15+.
Keynote, Trainer or Speaker: Sharon Dittmar
There is no fee, but please register at:
https://www.midamericauua.org/events/calendar2/eventdetail/761/webinar-covenants-101
(If the link does not appear to be working, copy and paste the info above into your browser.)

WHY COVENANTS FAIL

Thursday, February 15, 2018, 07:45pm - 09:00pm
WEBINARS are Eastern time.
Location Via ZOOM; link will be included in registration acknowledgment.
Contact Sharon Dittmar, sdittmar@uua.org
Times: Eastern 7:45-9:00; Central 6:45-8:00; Mountain 5:45-7:00
Former UUA Congregational Life Staff member, Mark Bernstein, has lots of experience with covenants, especially when they don't work. Learn how to avoid some common mistakes so you can make the most of your covenant.
Keynote, Trainer or Speaker: Mark Bernstein
The facilitator will be Sharon Dittmar.
There is no fee, but please register at:
https://www.midamericauua.org/events/calendar2/eventdetail/757/webinar-why-covenants-fail
(If the link does not appear to be working, copy and paste the info above into your browser.)

MidAmerica Region of the Unitarian Universalist Association
2355 Fairview Ave. N, Roseville MN 55113
Web: http://midamericauua.org
Phone: 312-636-9724 | Email: midamerica@uua.org
How much oil are electric vehicles displacing?

https://data.bloomberglp.com/bnef/sites/14/2017/05/BNEF-03.17.-How-much-oil-are-electric-vehicles-displacing.pdf

Where have we come from on oil usage and where are we going. If you look up in the graph in 2011, the world displaced about 300 barrels per day from electrification of cars. In 2017 this jumps up dramatically to 28,400 barrels per day displacement.

Looking into the future about how much oil will electric cars be displacing? In my guessing game, I used a banking site to show how much your bank account would increase at a certain rate of interest. Those are in the 4 boxes to the right of the graph. Assuming 30,000 barrels in 2017 and a 25% increase per year you can see 280,000 barrels displaced per day world wide in 10 years. Same 30,000 barrels start for 2017 but 30% change per year would displace 415,000 barrels per day displaced oil after 10 years.

The question is then how does this compare to the world wide use of oil consumption today? Oil - International Energy Agency

https://www.iea.org/about/faqs/oil/

How many barrels of oil are produced and consumed a day? For 2016, the IEA Oil Market Report forecasts worldwide average demand of nearly 96 million barrels of oil and liquid fuels per day – that works out to more than 35 billion barrels a year

https://www.money-zine.com/calculators/investment-calculators/future-value-calculator/

Crunching numbers at 30% change per year increase of oil displacement 30 years gives 79 million barrels oil displacement per day. That just about puts us at nearly no oil used by 2050.

This is just a very simple example of what it will take to go to clean transportation. As I’ve gone on some of the marches and other gatherings for change in our world, UUs are very well known and respected at being at the beginning and passion to bring about a better world. We all do our part in our own way. The journey starts with a single step and after years of walking, the world finally reaches its goal.

When making the world a better place, what gift can you give?
Rainbow Café
Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Café is open every 3rd Friday of the month from 6:30-10:30 pm.

Friday, January 19th at 6:30pm
Movie shown: “Beautiful Thing”

Shy Jamie (Glen Berry) and athletic Ste (Scott Neal) are teen boys who live near each other in the London projects. Both boys think they could be gay, and finally explore their feelings. Ste is allowed to stay over at Jamie’s place after an incident with his abusive father. There, the boys grow close and open themselves up to the idea of homosexuality, while Jamie’s caring mother, Sandra (Linda Henry), and quirky teen neighbor, Leah (Tameka Empson), offer much needed emotional support.

Genres: Comedy / Drama / Romance

A Moment in Balance
Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm

No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.

Sacred Communication Workshops
January Date: TBA

These Transformative Workshops will help you in identifying and dissolving mental and emotional blockages, learning to use your authentic voice, defining authentic friendships, and more.

If you would like to attend, contact: Rev. Henrietta Byrd at 312-593-4732 or email her at iforgiveforme@gmail.com

Dances of Universal Peace:
3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

DUP will meet on January 21st

Buddhist Meditation
Cancelled until further notice

If you have any questions please contact: Beverly Feldt - bevfeldt@gmail.com

Dream Exploration Group

1st Saturday of the month at 10am in Gathering Room. Limited to 10.
Contact Geri Biamonte to register at 312-813-4411 or gkbiamonte@yahoo.com.

Love to Sing??
Join the UUCC Choir!
The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

Medical Cannabis Education Association
meets every month on the First Sunday at Noon.

The next time MCEA meets will be on January 7th

The UUCC
MEN’S GROUP

For more information contact Colin Kirchner at colinkirchner@gmail.com or contact Virginia at the church office. 708-481-5339
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2pm New Years Day gathering at UUCC</td>
<td>2</td>
<td>3 7pm Yoga</td>
<td>4 9:30am Yoga</td>
<td>5</td>
<td>6 10:00am Dream Group</td>
<td></td>
</tr>
<tr>
<td>7 10am Worship/RE 11:30am Community Sunday Potluck—Listening Campaign 12pm MCEA Meeting</td>
<td>8 9:30am Yoga</td>
<td>9</td>
<td>10 7pm Yoga</td>
<td>11 9:30am Yoga</td>
<td>12</td>
<td>13 7:30 Edgar’s Place Coffeehouse</td>
</tr>
<tr>
<td>14 10am Worship/RE 11:30am Forum</td>
<td>15 9:30am Yoga</td>
<td>16</td>
<td>17 7pm Yoga</td>
<td>18 9:30am Yoga</td>
<td>19 6:30pm Rainbow Cafe</td>
<td>20</td>
</tr>
<tr>
<td>21 10am Worship/RE 11:30am Forum 2pm Dances of Universal Peace</td>
<td>22 9:30am Yoga</td>
<td>23</td>
<td>24 7pm Yoga</td>
<td>25 9:30am Yoga</td>
<td>26 7pm Free Movie and Discussion</td>
<td>27</td>
</tr>
<tr>
<td>28 10am Worship/RE 11:30am Forum</td>
<td>29 9:30am Yoga</td>
<td>30</td>
<td>31 7pm Yoga</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Fun Fact:**

The average snowflake ranges from a size slightly smaller than a penny to the width of a human hair. But according to some unverified sources they can grow much larger. Witnesses of a snowstorm in Fort Keogh, Montana in 1887 claimed to see milk-pan sized crystals fall from the sky. If true that would make them the largest snowflakes ever spotted, at around 15 inches wide.
Church Information
70 Sycamore Drive
Park Forest, IL  60466
Office Phone:  708-481-5339
E-Mail: churchadmin@uuccpf.org
Website:  www.uuccpf.org

This newsletter is designed and published by
   Diane O’Connor
diane.oconnor@att.net
   708-758-5715
(Please contact Diane for anything related to the newsletter).
The newsletter deadline is always the 20th of every month.

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.

Visit us on the web @ www.uuccpf.org

Unitarian Universalist Community Church
70 East Sycamore Drive
Park Forest, IL 60466-260