UPCOMING UUCC EVENTS

Would you like to travel to far-off destinations to experience foreign cultures and cuisines? Don't have the cash necessary for such travel? Well, here's the next best thing!

Join us in a fabulous feast of wonderful dishes from a foreign cuisine for this year's Annual Fellowship Dinner here at UUCC! It will take place on SATURDAY, APRIL 1st at UUCC with Cocktails and Appetizers starting at 6:00 pm, followed by the Dinner at 7:00 pm.

This year's gastronomic theme is "REAL GREEK CUISINE." This is not the usual Greek fast-food gyros that everyone knows, but traditional dishes from Greece prepared for you by a chef who came to the U.S. just last year after owning a cafe with her husband in Athens for 15 years. She now is cooking in the family restaurant in Hammond, IN, known as “The Stuffed Pepper.”

Suggested donations for the dinner are $20 per adult and all kids eat for FREE. Please sign up after Sunday service, or call the office if you are planning to attend so we can have an accurate count for the catering. If you would like to help, we still need volunteers for set-up, preparation, serving, and clean-up afterward. Also, homemade desserts would be greatly appreciated. See you on April 1st at 6:00 pm!

UUCC April Forum

April 2nd - CANASS SUNDAY - Potluck Sunday (no forum)
April 9th – Historical UU Biographies with Jim Nugent: Have you ever explored at the online “Dictionary of Unitarian Universalist Biographies?” It is a public web resource started in 1999 that contains hundreds of concise biographies of Unitarian and Universalist leaders and celebrated individuals. Learn more with Jim Nugent, managing editor and contributing author of the Dictionary.
April 16th – No Forum - Easter Sunday
April 23rd – UU Gabfest with Dan Feldt: A conversation about issues important to UUs, drawn from the UU World magazine. Contact Dan in advance for links to articles to be discussed.
April 30th - Care of the Earth – Alex Muhammad: See Green Sanctuary Column for more information about this Forum.
President’s Column by Jerome Rowley
“Three Things I Like About Our Congregation”

Every couple of months or so, I run a Town Hall meeting which was originally set up to solicit ideas from members of the congregation for projects to help strengthen our church both internally and in relation to the community. Since taking the position as President of the Board of Trustees in July 2016, I have also added another purpose to the Town Hall Meeting, namely, to let those who come to the meeting know what initiatives the Board is considering. So it is now a two-way street as far as communications are concerned.

The latest Town Hall meeting was held at the Adult Forum discussion hour after the service last Sunday. When I was driving home, I was thinking about how much I have enjoyed working as the President of the Board of the congregation, and so I decided to write a column for this month’s newsletter sharing three specific reasons why I have enjoyed working with this particular congregation.

1. Sense of Humor

I have been a member of one Unitarian congregation before this, when I was living out in Southern California. Since coming to this area in the summer of 2013, I have gotten increasingly involved in the congregation, and one of the reasons why I have enjoyed my time here is because people are understanding of my sense of humor. This is more important than it sounds, because humor requires one to have a sense of perspective. In my previous congregation, they had an Adult Forum like ours in some ways, and I was asked to lead it at one point. The organizer asked me beforehand what topic I had chosen, and I decided to play around with her a bit and said that the topic would be “Unitarianism: The One True Religion.” I thought she would laugh, because this is probably the LEAST likely topic for an Adult Forum in a Unitarian church. But she was silent, had a brooding look, and finally said hesitantly, “I don’t think that is a good idea.” It was obvious she thought I was serious, so I had to assure her that I was joking. When I related that story on Sunday to the assembled members of the congregation who had come to my Adult Forum, they laughed. This means they understand that there is a difference between being solemn and being serious. This distinction is one that John Cleese from Monty Python has explained in that solemn people are those who are unable to take an ironic perspective on the subject at hand, whereas serious people are able to discuss a topic seriously while being able to gain enough distance from that topic mentally to be able to laugh at it. This makes them sometimes better able to come up with solutions to a problem for the very reason that they are able to see it from different angles than the person who is UNABLE to laugh at the matter.

2. Worldcentric orientation

In the online course that accompanies his book entitled Integral Spirituality, Ken Wilber discusses one of the many parallels between Buddhism and Christianity, namely that their founders, Gautama Buddha and Jesus of Nazareth, were revolutionary because they professed a “Worldcentric” viewpoint. What this means is that the viewpoint of the religious leaders they confronted was often an ethnocentric one, favoring a certain group of people over others. In the Hindu tradition, for example, a caste system developed which made certain members of a society literally “outcast” or untouchable.
Buddha included this group as ones to whom spiritual salvation was open, and you can see that Jesus also tried to include those who might have been marginalized by an ethnocentric religious viewpoint. He definitely was coming from a worldcentric viewpoint which stressed loving one’s enemies, the very people that an ethnocentric viewpoint would exclude. Unitarians are from a religious tradition that goes beyond that ethnocentric or conformist viewpoint to a Worldcentric viewpoint, and this is very much evident in this particular congregation. For example, there are many people in the congregation who are active in the movement to combat global warming, and a few are even what I would call hyperactive members in that regard. That’s another reason I love working with this congregation.

3. Evolution

Sunday’s service on March 26 was done by our own Dr. Richard Lewis from our congregation, who spoke about “evolutionary spirituality.” One of the striking features of our congregation is how many people come not because they are comfortable in their own skin, but how many come because they want to grow OUT of it into something new. One of the striking visuals you see upon entering the sanctuary are the two tall candlestick holders on both sides of the podium where the altar is located. They are in the shape of a double helix, showing that the principle of evolution in a spiritual context is one that is valued by the congregation. Why does this aspect of the congregation make me love working with them? When I presented what the Board was doing, many people in the congregation asked questions, some of which caused me to rethink or revise how the Board was approaching a topic. Some of them offered assistance, and some of them offered suggestions that I thought were helpful because they came up with solutions or perspectives which I hadn’t thought of.

So in moving forward towards a second year of my term as President, I have to say that I serve the congregation in my position, but do it with a sense of enthusiasm because I have to come to enjoy working with everybody for the reasons I have laid out here. As we approach the Fellowship dinner in April, let us enjoy the fact that we enjoy each other’s company!

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This is an invitation to all UUCC women to an upcoming event. We have invited women again from the Bridgeview Mosque to share fellowship with us over tea, coffee, and light snacks. This time we will be discussing ideas for ways to resist and protest the changes to immigration laws.

We have set the date for SATURDAY, APRIL 29th from 10:30 am to about 3:00 pm (which includes time for set-up & clean-up. We are in need for volunteers to help with the set-up and clean-up. Also, we need home-made baked goods, both sweet and savory, for the event. (NO pork products, please!)

This will be the third time we at UUCC have met with these women and the second time we have hosted a tea here. These teas provide us an opportunity to dialogue for greater understanding between our cultures and beliefs. This becomes increasingly important, given the current political climate in our country.

We will also be hosting women from the “Resist & Organize Huddle” group from the South & Southwest Chicago Suburbs who are interested in entering into this dialogue with us.

If you are interested and would like to help, please contact Laurene Lambertino-Urquizo or Pat Segner to sign up. See you on April 29th!
You are Invited

Pastoral Care: Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources.

Listening Hearts will soon have a ribbon on their name tags to identify them. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the office.

Our April Listening Hearts volunteers will be announced at our Sunday services.

An Invitation to Make a UUCC Pledge

Members and friends of UUCC are invited in April of each year to make a statement of their intended contribution to our budget for the fiscal year beginning in July. In the pledging process we discuss the role of the church in their lives and its need for financial support.

This year’s pledge drive begins on Canvass Sunday on April 2. During the potluck lunch hour members of the canvass team will meet with individual donors and invite them to sign a pledge card. In the two weeks that follow, the canvassers will reach out to folks not yet contacted to discuss their pledging.

This process works well but not perfectly. Perhaps by mid April a canvasser has not yet been in contact with you. If so, I invite you to contact me by phone or in person. We will discuss the church, your needs, and its needs.

Sincerely, Rich Treptow (708) 747-0649

UUCC Leaf Cleanup

Saturdays April 8th, 15th, 22nd, 9am to noon

We are looking for volunteers to help remove leaves from around the church building. Rakes, wheelbarrows and a leaf blower are all available for your use. Refreshments provided. Please contact Nancy Irons (708-712-3228) for more information.

The Consolidated Election will be held on April 4, 2017. UUCC is a polling place.

Glenn Miller Orchestra Freedom Hall Matinee Show
April 4, 2017 at 11:00 A.M.

With its unique jazz sound, the Glenn Miller Orchestra is considered to be one of the greatest bands of all time. The present Glenn Miller Orchestra was formed in 1956 and has been touring consistently since, playing all around the world.

Indoor Farmers Market
April 29
8 AM - Noon
Marie Irwin Center
Free Movie and Discussion
**Fix-it: Health Care at the Tipping Point**
April 28th at 7pm

This documentary takes an in-depth look into how our dysfunctional health care system is damaging our economy, suffocating our businesses, discouraging physicians and negatively impacting on the nation's health, while remaining un-affordable for a third of our citizens.

Single payer is explored as a better alternative.

Join in the discussion following this documentary. Free coffee, tea and popcorn. Invite friends!

Donations Appreciated!

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**PADs Soup Kitchen Fund Raiser**

This event will be on May 7th this year at our May Community Sunday. There will be a sign up sheet in the gathering room. In the past we have had so many wonderful delicious soups!

Our outstanding PADs team served over 1,000 men and women and one child this season from October to April. They gave so generously of their time and resources. Even though we have volunteers make our chili the rest of the groceries for breakfast, lunch and dinner cost about $2,000.00 for the season. Please be generous in your donations for this excellent cause.

And if you get a chance thank, Leo Arms, Frank Markowicz, Barb Morris, Synthia Noble, Jerome Rowley, Andy Stevens, Irene van der Hoek, Karin Gerson, Andy Hoeple, Jennie Bohlman, Lisa Diederich, Val Birk, Joyce Semmler, Darlene Obejda, Bruce Swiecicki, and Pat Segner!

Carol Mortensen

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**Finding Our Partners: Faith in Action**

**MidAmerica Regional Assembly 2017**

Chicago - Oak Brook Marriott, April 28-30

In spite of our small numbers in the national religious scene, Unitarian Universalists have been at the forefront of every significant social change in our nation's history. Now, more than ever, we need to work with partners to have an impact in our cities, states and country.

Unitarian Universalism is perfectly situated to promote constructive multi-faith engagement for increased understanding and enhanced harmony. Success will depend on a new understanding of what it means to “be engaged.” Find ways for your congregation to put its faith in action. Ways to join with other faith communities or community groups to improve something in your locality.

UUCC has 2 delegate credentials to represent the church. If you would like to represent our church as a delegate, contact Jerome Rowley or call the office at 708-481-5339.

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**Coming May 13th: Edgar’s Place Coffeehouse Proudly Presents Mark Dvorak and Tom Rasely**
Edgar’s Place Coffee House
proudly presents

Dana Cooper
Saturday, April 8th, 2017 at 7:30pm
$15 cover charge at the door

Out of the heartland of America, stomping grounds of Truman and Twain, “powerhouse” troubadour Dana Cooper dedicated himself to a life of music over 40 years ago. This song poet engages and inspires audiences around the world with his quick wit, insightful stories and commanding presence.

He is the recipient of the 2014 Heritage Musician award from Pilgrim Center for the Arts in Kansas City, MO. He was also named the 2015 Spirit of Folk award winner by Folk Alliance International. He has performed on Austin City Limits, Mountain Stage and the Kerrville Folk Festival where he was nominated for their Hall of Fame. Cooper’s songs have been recorded by top-notch artists such as bluegrass star Claire Lynch; Irish vocalist Maura O’Connell; and luminary songwriters Pierce Pettis and Susan Werner. Cooper’s mixture of flat-picking, finger-picking and percussive strumming style is legend among other guitarists. An expressive singer his voice is ageless evoking a rich lifetime of experience.

His prolific endeavors have resulted in 20 albums. The critically acclaimed Miracle Mile on Compass Records was nominated for a Nashville Music Award as “Best Pop Album” and was chosen by Performing Songwriter magazine as one of the top DIY recordings for the year. Harry Truman Built a Road was named one of the best records of 2002 by The Tennessean and was also chosen as one of the top twelve DIY recordings for that year. Made of Mud released on King Easy Records in 2005 won Cooper the “Best Male Songwriter Award” by Indie Acoustic Project. Working with co-producer/guitarist Thomm Jutz, Cooper released Building a Human Being in September, 2015. This is Cooper’s 25th album and it’s gaining momentum on Americana radio stations all over the US.

See Dana perform “Great Day in the Morning” by clicking HERE

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Diversity Dinners of the South
Suburbs 20th Anniversary

Dinner and Play: Saturday, April 22, 2017
Please join us for a delicious dinner and thought provoking performance of Michael Fosberg’s play “Incognito.”

Social Hour and Appetizers: 5:30pm
Buffet Dinner: 6:15pm
Play in School Auditorium: 8:00pm

Rich South High School
5000 Sauk Trail, Richton Park
$15 per person: Seating is limited

Registration Deadline: April 7, 2017 (Register and pay at diversitydinners.com)
For more info, contact Nancy Kolanowski at 708-474-4964
Welcome Tom Neilson to UUCC on April 16 (Easter Sunday). Tom will be leading our Sunday service at 10am with sharing his observations and experiences working for social justice. This service is followed by a potluck lunch at 11:30am and a concert at 1:00 pm. Suggested donation $15.

Tom provides a voice for those who believe in the power of folk music to effect change. His award-winning songs of humor and compassion have been performed in 21 countries on 5 continents. His lyrics are celebrated for their sophistication, political astuteness, & wit.

His travels are reflected in his songs, intertwined with farm roots and a fervent commitment to social justice, as he writes about historical and current events. He has been at the for-front in helping communities organize against water privatization, mountain top removal, nuclear energy, incinerators, GMOs, fracking, & toxic waste.

Known locally as the Bard Insurgent, Tom is a veteran of stage and street theater with his writing, acting, and directing. His songs draw the listener into his musical response to globalization.

He plays at union halls, colleges, conferences, cafes, house concerts, and has performed for countless benefits and causes. His music has been used in documentaries, TV shows, stage and street theater as he tells the stories of people’s struggles against greed & violence, interjecting a good deal of levity along the way. If you ask him, he’ll tell you he's just a farm boy with a guitar who loves a good ball game and human rights.

For more information and to listen to some of Tom’s recordings, click HERE.
We had a lively discussion at the last UU Gabfest considering a UU World article entitled “Belief is the Enemy of Faith.”

UUA President Peter Morales says, “I believe the future of religion is a spirituality that is interfaith at its core. I am convinced we Unitarian Universalists have a historic opportunity to help create that future.

“I am now convinced that ‘belief,’ in the way we usually use the word, is actually the enemy of faith, religion, and spirituality. Let me say that again: belief is the enemy of faith. When we dwell on beliefs we ask all the wrong questions. My faith is much more about what I love than about what I think. When the conversation shifts away from our beliefs to what we hold most dear, we share and explore our deepest experiences. We discover what we have in common. Our concern at the personal level becomes one of developing our awareness, of spiritual disciplines, of growth. At the interpersonal level, our attention turns to loving relationships. Finally, our attention turns to issues of compassion, justice, and interdependence. Faith becomes a relationship. Faith is about being faithful to what we hold sacred.

A new interfaith, multifaith spirituality is struggling to be born. Ours has always been a faith beyond belief. We have a historic role to play.”

Please plan to attend a forum Gabfest. There’s one every third Sunday at 11:30.

The congregation was treated to a delightful performance by Paloma Chavira. She was skillfully accompanied by Chris Ussery. Chris said the piece was titled “The Elves’ Dance.” During Paloma’s playing, I believe I saw the little folks skipping in our woods!

A group from the RCE attended the Holi Celebrations at the Hindu Temple in Lemont. A part of the activities is the festival of colors that consists of people throwing colored powder at each other. Looks like our group joined in with gusto.

Next up for elementary Religious and Character Education is Christianity. They’ll be looking at the Christian creation story and the significance of Palm Sunday. After learning about the apostles’ creed, they’ll be attending Palm Sunday’s services at St. Irenaeus in Park Forest.

NEW AND UNOPENED—Rock and Gem Dig: Kids 8 and up learn how rocks/minerals are formed. Have fun with an archealogical dig. Contains block with 11 Gemstones & Minerals or Rocks, 1 Mallet, 1 Dowel, 1 pair of goggles, streak plate, Magnifying glass, brush, color poster and instructions. Dig for semi-precious gemstones and minerals and identify your treasures. Test for hardness and streak. If you are interested in this FREE item, call Diane at 708-758-5715 or email her at diane.oconnor@att.net.
Rainbow Cafe is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars. The Cafe is open every 3rd Friday of the month from 6:30-10:30 pm.

April 21st: “Kiss Me, Kill Me”

While confronting his unfaithful boyfriend Dusty, four time Emmy nominee Van Hansis (Eastsiders, As the World Turns), blacks out. When he comes to, his boyfriend Stephen, a gay icon Gale Harold (Queer as Folk), was murdered and he is the prime suspect. An Alfred Hitchcock/Agatha Christie-style murder mystery.

View the trailer by clicking HERE

A Moment in Balance

Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm

No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.

Sacred Communication Workshops returning
April Date: TBA

These Transformative Workshops will help you in identifying and dissolving mental and emotional blockages, learning to use your authentic voice, defining authentic friendships, and more.

If you would like to attend, contact: Rev. Henrietta Byrd at 312-593-4732 or email her at iforgiveforme@gmail.com

Buddhist Meditation

Learn and enjoy the simple, straightforward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadan Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

When: Saturdays at 9am to 10:30am
Location: UUCC
Cost: Free Will offering, (proceeds go to UUCC)
Contact: For questions, contact Steve McCabe (708) 465-3116 or Beverly Feldt - bevfeldt@gmail.com

Love to Sing??

Join the UUCC Choir! The Choir sings on the second and fourth Sundays of each month, with rehearsal on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

The Medical Cannabis Education Association meets every month on the First Sunday at Noon.

MCEA will meet on April 2nd. All are welcome!

Dances of Universal Peace: 3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

DUP will NOT meet in April

The UUCC Men’s Group

Men’s group is scheduled to meet at 7pm on April 3rd & 17th.

For more information, contact Colin Kirchner at colinkirchner@gmail.com
Demented dogs in Mexico City in the early 2000s offered the first hints that inhaling polluted air can cause neurodegeneration. Neuroscientist Lilian Calderón-Garcidueñas, now at the University of Montana in Missoula, noticed that aging dogs who lived in particularly polluted areas of the city often became addled, growing disoriented and even losing the ability to recognize their owners. When the dogs died, Calderón-Garcidueñas found that their brains had more extensive extracellular deposits of the protein amyloid b—the same “plaques” associated with Alzheimer’s disease—than dogs in less polluted cities. She went on to find similarly elevated plaque levels in the brains of children and young adults from Mexico City who had died in accidents, as well as signs of inflammation such as hyperactive glia, the brain’s immune cells. Calderón-Garcidueñas’s studies didn’t have rigorous controls, or account for the fact that amyloid b plaques don’t necessarily signal dementia. But later work lent weight to her observations.

The study above points to a link between our modern society and its health effects on us. Not only does this effect us, but we have forces going forward that will not want to deal with this due to the economic effect. Our south suburbs are changing in which we are looking at the large transportation hub coming in south of Crete. Right now, our very own church member Melinda Elliot lives in the proposed area. This study above doesn’t name all the effects of adverse health that will possibly come from this new proposed facility. Diesel exhaust is a known carcinogen. The new proposed Illiana tollway will connect with this disrupting homes and farms.

This is where the long tradition of being a Unitarian Universalist comes in. We are informed people who have no problem speaking out on issues that we feel concerned about. If you would like to learn more, please get in touch with Melinda Elliot. She is active with the Green Sanctuary Team in church and is active outside the church.

Another activity coming up is the Global warming march taking place in Washington DC. Again another UU member and an important part of the green sanctuary team, Andy Stevens, is involved with organizing a bus to leave from the south suburbs. The green sanctuary team is an active set of people that want to see the world become a better place. If you are interested in a great experience of standing for global warming activism, then by all means get a hold of Andy.

Coming up April 30th in adult forum is Alex Muhammad. She will lead a discussion about a budget that puts people in the planet first and opportunities to get involved.

Global warming, diesel pollution, health effects of global warming and diesel pollution combined. Our change in our political landscape will not support these important issues on our health. Be part of the solution and join in on activism to make all of our lives better.

**UUANI  Unitarian Universalist Advocacy Network of Illinois Action of the Week**

If you are interested in advocating for our UU values in the face of an administration which is pursuing policies contrary to our UU Principles, visit: [http://uu-advocacy-illinois.org](http://uu-advocacy-illinois.org) or [https://www.facebook.com/UUANI](https://www.facebook.com/UUANI)

Each week one problem is targeted and actions are encouraged, usually calling our Senators and Representatives at (202) 224-3121 or at [http://UU-advocacy-illinois.org/take-action/](http://UU-advocacy-illinois.org/take-action/)

You can find previous Actions of the Week - including the recent one on the Affordable Care Act - at [http://uu-advocacy-illinois.org/take-action/](http://uu-advocacy-illinois.org/take-action/)
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<th>Sunday</th>
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|             |                |              |              |              | 1             | 9am Buddhist Meditation  
6pm Annual Fellowship Dinner |
| 2           | 10am Worship/RE| 3            |              | 4            | 6             | 7               |
|             | Canvass Sunday | 9:30am Yoga  |              | 7pm Yoga     | 9:30am Yoga   | 6:30pm Family First Friday |
|             | 11:30am Community Sunday | 7pm Men's Group |              |              |               | 9am Buddhist Meditation  
9am Leaf Clean Up  
7:30pm Edgar's Place Coffeehouse |
|             | 12pm MCEA Meeting |         |              |              |               | 9am Leaf Clean Up |
| 9           | 10am Worship/RE| 10           |              | 12           | 13            | 14              |
|             | 11:30am Forum  | 9:30am Yoga  |              | 7pm Yoga     | 9:30am Yoga   | 9am Buddhist Meditation  
9am Leaf Clean Up |
|             |                |              |              |              |               | 9am Leaf Clean Up  
7pm Yoga |
| 16          | 10am Worship/RE| 17           |              | 19           | 20            | 21              |
|             | 11:30am Forum  | 9:30am Yoga  |              | 7pm Yoga     | 9:30am Yoga   | 6:30pm Rainbow Cafe |
|             | 1:00pm Tom Nielson |        |              |              |               | 9am Buddhist Meditation  
9am Leaf Clean Up  
7pm Yoga |
| 23          | 10am Worship/RE| 24           |              | 26           | 27            | 28              |
|             | 11:30am Forum and Plant/seed exchange | 9:30am Yoga |              | 7pm Yoga     | 9:30am Yoga   | 7pm Free Movie Night  
10:30am Islamic Women's Tea |
| 30          | 10am Worship/RE| 25           |              | 26           | 27            | 29              |
|             | 11:30am Forum  |              |              | 7pm Yoga     | 9:30am Yoga   |                 |

**Please note:** Dances of Universal Peace does not meet this month.

Coming April 23, 2017 - Plant and seed exchange! (Right after the service). We will be exchanging seeds and plants for the upcoming gardening season. Please bring seeds and young plants to share. We will have blank, empty seed packages available for getting seeds home without confusion.
Church Information
70 Sycamore Drive
Park Forest, IL  60466
PHONE: 708-481-5339
E-Mail: churchadmin@uucpf.org
Web: www.uucpf.org

Newsletter deadline is always the 20th of every month
This newsletter is designed and published by
Diane O’Connor

*You can help save a tree and a stamp by simply picking up your
newsletter or receiving it electronically via email.