**Sunday Worship Schedule**

**10:00 AM**

**November 1st**
Title: Celebrating Samhain
By Nancy Irons
Join us for an intergenerational service that will examine what this holiday means from a variety of perspectives. All encouraged to wear costumes. We will also have a collection for UNICEF.

**November 8th**
Title: Singing Lessons: The Life and Lyrics of Judy Collins
By Rev. Denise Tracy
Judy Collins is a performer/musician whose life teaches us how to live fully in the midst of a storm. We will sing her music and hear about her life.

**November 15th**
Title: Life Lines: Holding On and Letting Go
By Dan Feldt
Dan shares the insights of a UUCC Adult Education class that considered some of life’s deepest questions. What does it truly mean that everyone must suffer? How can love, humor, and compassion draw us into more deeper connections?

**November 22nd**
Title: Building a Cathedral or Cutting Up a Stone
By February Sky
When things don’t work out in the ways we thought we wanted, it can be easy to become angry, bitter and perpetually unhappy. Often what is needed is a simple shift in perspective – it’s all in the way we look at it.

**November 29th**
Title: Winter Rest and Grace
By Bittersweet Christmas Band
We will explore, in song and spoken word, the rightness of accepting that, like the Earth herself, we need times of rest and regeneration.

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**The President’s Column** by Bruce Swiecicki

**The World As It Is**

We’ve all had our chance to make an impact on the world. Knowing the demographics of UUCC, just about everyone reading this has been alive for more than a few decades. We are fortunate to be living in a part of the world, in a part of our country, where war or violence is not an everyday occurrence. It’s easy to pat ourselves on our back and think that we’re doing enough to make the world a better place. We’re a progressive church after all, one that has made social action its primary goal, from providing shelter to the homeless to collecting food for the hungry to reducing our carbon footprint and making everyone aware of their need to reduce theirs.

And then you come across something like this… Fareed Shawky, and the impact of a dying boy’s pleas are enough to make you stop and ask yourself what’s going on. This particular tragedy made the news, but many others just like it must surely be happening many times over each and every day all over the world. It causes one to stop what they’re doing even in the middle of a busy day, and really question our purpose in life. There’s been a movement within our own church community to reach out and do more for the Syrian refugees that are fleeing their war-torn country. In the face of all these tragedies throughout the world, it’s easy to resign oneself to the seemingly inevitable and just throw up our hands.

For an example of those who didn’t do that, we need look no further than our own church community. As a relatively newcomer to the church, I volunteered on occasion to assist in various maintenance projects and we often found ourselves working outside on nice fall days. One memory that sticks with me is Catherine Blair. Never was her strength more evident than the winter of 2008. One early morning in December, before light had fully broken on the snowy country road she was driving, Catherine crashed head-on into a snow plow heading the opposite direction. Word spread fast and I recall thinking that it would surely be the end of her, given the severity of her injuries and her age. Several of us visited Catherine at the hospital and it was plain to see she was in a very bad state. But her will to survive was so strong that she was able to not only survive, but to continue her involvement with our church community up until just a few weeks ago when she passed away. Thanks to those who took the time and effort to transport her to and from church. We were all better for it.

In Gratitude,
Bruce
The Board considered ways to introduce more teenagers to the church. One idea was to bring teen concerts back, much as we did years ago. The Board is open to any and all ideas on this topic.

Ads will soon be placed in the Chicago Sun-Times for both UUCC and the wedding chapel.

The Board approved the proposal from C&L Tree Service to remove some of the dead trees on church property that can threaten the building if they fall.

A job description for the position of events coordinator will be drafted and an effort will be made to fill that position with the idea of attracting more one-time rentals.

The Board approved a motion to hold a second collection on November 8 to support the fledgling UU ministry at the Great Lakes Naval Station.

The Board approved a motion to provide financial support for providing PADS meals for the three remaining PADS dates in 2015.

The Board approved an expenditure of $99 to replace the broken Plexiglas cover for the sign on Western Avenue.

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**November Forum**

**Nov 1st:** Community Potluck Sunday

**Nov 8th:** Care of the Earth with Jeff Green
Naomi Klein, Capitalism and The Climate, Festival of Dangerous Ideas.

**Nov 15th** – Social Media and its Potential Uses in UU Congregations – How are other UU Churches utilizing social media to publicize their events and message? What can we do to better reach the younger generation through social media? What are we currently doing with social media here at UUCC? Join us for a recap and discussion of a recent CAUUC workshop.

**Nov 22nd** – Story Hour For Your Inner Child– Join us for a run down of the Children’s book drive which is taking place at UUCC. We will include the reading of sample books and discussion of the lessons to be learned.

**Nov 29th:** No Forum. Happy Thanksgiving!

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**Americans For Safe Access Program**
Educate yourself and/or your community by attending a

**Truth About Medical Marijuana Workshop**

This is the final of a series of workshops which were designed to reach out to those who already support safe access as well as people who are not already involved.

**Nov. 10th: “Endocannabinoid System”**

7-9pm
Hi Friends,
I am so excited about our new facility for PADs! It will be Saint Paul's Lutheran Church at 330 W. Highland Dr., Chicago Heights. Between Lincoln Highway and Dixie Highway, off of Ashland.

What a big beautiful clean kitchen! And they have hot water! And a dishwasher! We could not ask for more. They have plenty of clean pans for our use as well.

The PADS intake group (and those of us who do toiletries and clothes) started October 12th. We don't begin cooking until January 11th. The breakfast group will start on the 12th/13th.

We have such a great group, I hope you plan to join us again this season. If you are not planning on working with us this time please let me know. Enjoy the rest of summer!

Carol Mortenson

In Loving Memory - October as Memorial Month

The following people have generously made donations to UUCC on behalf of loved ones. We appreciate your contributions and will strive to honor the memory of those who have passed.

- Nancy Irons, in honor of friend and mentor Helen Hughes.
- Laura Shahtiji in honor her parents, Philip and Dorothy Sportolari.
- Marilyn Ragland in honor of her mother, Madlyn Christmas.
- Dave Bartlett in honor of his parents, Mary and Charles Bartlett.
- Frank and Maria Markowicz in honor of friend, Mikey Powers.
- Judy Gleitsman in honor of friend Mary Lazaraton.
- Anonymous in honor of “All.”
- Shirley & Stan McDonald in honor of “Our Travelling Congregation of the ’60s & ’70’s.”
- Jeff Fields in honor of his son, Johnathan Fields.
- Pat Segner in honor of her son, Stan Segner.
- JoJo Martin in honor of loving companions, Boots, Lady, Mann, JD & Brandy.
- Bruce & Karen Swieczki in honor of Fred Kill.
- Darlene Obejda in honor of UUCC Minister Rev. Edgar Peara.
- Nancy Irons in honor of UUCC founding mothers, Elaine Garretson and Georgiana Raygor.

As the newsletter goes to press, the Memorial campaign is still ongoing. We will report additional contributions in the December newsletter. It is not too late to participate! Please complete a donation form, found in the Gathering Room or as a program insert during the month of October. Be sure to include the word “Memorial” on your check memo line. We appreciate everyone’s contributions, whether large or small. They honor your loved ones with improvements to our beloved church home.

Thank you for sharing!
Pastoral Care: Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources.

Listening Hearts will soon have a ribbon on their name tags to identify them. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the office. The Listening Hearts for November, December and January:

**November:** Colin Kirchner, Darlene Obejda
**December:** Bev Feldt, Lynn Lidbury
**January:** Pat Segner, Joyce Semmler

“We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.”


**CUUPs – Samhain Sunday Service – November 1st**

Celebrate the Pagan New Year at UUCC! Join us for an intergenerational service that will examine what this holiday means from a variety of perspectives. Children (and all those who are young at heart) are encouraged to wear costumes. We will also have a collection for UNICEF, so bring your loose change to share.

**Edgar’s Place Coffeehouse Proudly Presents**

**Harpeth Rising**

Saturday, November 14th at 7:30pm
$15 per person

Harpeth Rising chose to name themselves after a river because water is both dynamic and powerful. These words also describe the music created by the three women. Unapologetic genre-benders, they fuse Folk, Newgrass, Rock and Classical into a sound that is organically unique.

“What these musicians can do with stringed instruments is simply stunning and ingenious. And they do it all while delivering one powerful and potent message.” - Lauren Stein, Everything Music Magazine
Rainbow Café
Rainbow Cafe is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars.

The Café is open every 3rd Friday of the month from 6:30-10:30 pm. More info: Call Dave Matteson 708-672-8837 or (714) 930-6134.

**RAINBOW CAFÉ will meet on November 20th. The movie shown will be “I Think I Do.”**

The marriage of mutual friends reunites former college roommates Bob (Alexis Arquette) and Brendan (Christian Maelen), who tried to ignore the sexual tension that always flowed between them. Brendan finally comes out to Bob at the reception, but is it a case of too little, too late?

Cast: Alexis Arquette, Christian Maelen, Lauren Vélez

### A Moment in Balance

Yoga Classes by Karen Nielsen
**Monday and Thurs**
9:30am – 11am
**Wednesday evenings**
7:00pm – 8:30pm

No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.

### Buddhist Meditation

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadan Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

**When:** Saturdays at 9am to 10:30am
**Location:** UUCC
**Cost:** Free Will offering, (proceeds go to UUCC)
**Contact:** For questions, contact Steve McCabe (708) 465-3116 or Beverly Feldt bevfeldt@gmail.com

### Love to Sing??

Join the UUCC Choir!

The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

### Sacred Communication Workshop

November Dates: TBA

These Transformative Workshops will help you in identifying and dissolving mental and emotional blockages, learning to use your authentic voice, defining authentic friendships, and more.

Rev. Henrietta Byrd: 312-593-4732

### Dances of Universal Peace:

**3rd Sunday of the month. (Sept-June)**

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

DUP will meet November 15th

### QiGong with Jim Kobus

**Most Thursdays @5pm**

(This class will be held typically every Thursday of the month but there will be exceptions so you must send Jim your email if you are interested in participating.)

**It is suggested that you not eat before class. Please bring your own water. $5 suggested donation per class.**

Email Jim: emiton1@aol.com
For questions call: 708-799-1925
Pollution free transportation. I read an article on the internet that the electric car market is down, which is more than likely due to low gasoline prices. With that information, the opportunity for buying a used electric car popped into my head. I had been hoping for a hybrid small truck as much as 10 years ago, but it isn’t materializing yet. One of my first thoughts was to take my car to IREA (Illinois Renewable Energy Association) which is an annual fair that I am part of that takes place in August.

At first I was considering a Nissan Leaf. Could my truck tow a Nissan Leaf? Don’t know. On the U-Haul site it told me NO, NO WAY, Don’t Do It. Could I tow an even light car like the Mitsubishi I-Miev. NO again. Just the same it was time to own a car that I would enjoy based on my values. One is using less energy and two is driving with less pollution or no pollution. How I will get to my energy fair, I will come back to later.

I went with the Mitsubishi I-Miev just simply on price. In 2012 it was a $30,000 car new and it was selling for around $6500 to $8000 depending on the dealer. This was affordable on my budget that I earn year to year. I went with Chicago Fine Motors up in Lyons Illinois. $6500 was their price and they weren’t going to bargain. I borrowed $5000 and paid the rest in cash. $115.28/month for 48 months. Interesting thing at the dealer, while I was in the process of buying my car, a couple come in with their college daughter to also buy a Mitsubishi I-Miev. 8 miles to college and back is well within their range of driving. The family drove up in their Prius. We shared a great deal of enthusiasm for energy efficiency and the environment.

I have put on 1000 miles in my first month of driving. If I had driven my truck in that same time, I would have used about 40 gallons of gas at a cost of about $100 at our lower prices. The electric car uses about 250 kw-hr of electricity in that same amount of distance, with a cost of about $30. $70 savings. 40 gallons of gas would yield about 880 lbs of co2 in that distance. Electric car off of Ethical Electric - 0, nothing, nada. Electric car off of Com Ed., 175 lb. co2. 5 times less co2 with the car than with the truck if I go completely Com Ed. I still have the truck to do the things a little car just can’t do. But what I can do is drive my car pollution free as much as I can. There is nothing better than keeping the gas vehicle idle.

Halloween and Thanksgiving are coming up.

I wish everyone a pleasant time during this period.

~Jeff Green and
the Sanctuary Team
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| 10am Worship/RE  
11:30am Community Potluck Sunday  
12pm Medical Cannabis Meeting | 9:30am Yoga | 7pm Yoga | 9:30am Yoga  
5pm QiGong | 9:30am Yoga  
5pm QiGong | 6:30pm Family First Friday | 9am Buddhist Meditation |
| 8      | 9      | 10      | 11        | 12       | 13     | 14       |
| 10am Worship/RE  
11:30am Forum | 9:30am Yoga | 7pm Medical Marijuana Workshop | 7pm Yoga | 9:30am Yoga  
5pm QiGong | | 9am Buddhist Meditation  
7:30pm Edgar’s Place Coffeehouse |
| 15     | 16     | 17      | 18        | 19       | 20     | 21       |
| 10am Worship/RE  
11:30am Forum  
2pm Dances of Universal Peace | 9:30am Yoga | 7pm Yoga | 9:30am Yoga  
5pm QiGong | 9:30am Yoga  
5pm QiGong | 6:30pm Rainbow Café | 9am Buddhist Meditation  
1:30pm Memorial for Catherine Blair |
| 22     | 23     | 24      | 25        | 26       | 27     | 28       |
| 10am Worship/RE  
11:30am Forum | 9:30am Yoga | 7pm Yoga | 9:30am Yoga  
5pm QiGong | | | 9am Buddhist Meditation |
| 29     | 30     |         |           |          |        |          |
| 10am Worship/RE  
11:30am Forum | 9:30am Yoga |       |           |          |        |          |

Please send any ideas, comments or suggestions for the UUCC newsletter to Diane at diane.oconnor@att.net or call 708-758-5715

This month’s FREE MOVIE AND DISCUSSION NIGHT date will be announced by eblast and in your order of service.
The Board approved a motion to hold a second collection on November 8 to support the UU ministry at the Great Lakes Naval Station. This ministry serves the naval recruits at Great Lakes. Please help out on this appeal if you can by bringing a check or cash for deposit during the second collection on **November 8th in honor of Veterans Day.**

If you are interested in social media, UUCC is looking for one or two representatives to attend a seminar at North Shore Unitarian Church in Deerfield, from 10 a.m. to 2 p.m. on Saturday, November 7th.

UUCC will reimburse the cost of the seminar ($8) for one or two people and also provide $25 travel allowance for a single car.

Please contact Bruce Swiecicki at swicengineer@sbcglobal.net for details.

Looking for a Coordinator or Co-coordinator for Forum at UUCC

Do you enjoy learning about and discussing current topics and events? Would you like to help bring guest speakers to the UUCC Forum? Nancy Irons is looking for a Co-coordinator to help schedule speakers and facilitate the Forum. If you might be interested, please contact her (708-712-3228, irons.nancy@gmail.com) for more information.

ACT LIKE A KID!!

Have a little fun and you’ll be happier, healthier and smarter!! We’ve all heard the saying: All work and no play makes Jack a dull boy. That’s true for the grown-up Jack too. We know...there are jobs to do, families to feed, cars to wash. Like the most of us, Jack probably puts play on the back burner. But more and more research is revealing that fun is not frivolous. It’s crucial to good health and well-being whatever your age. In fact, being playful may help you think better (and more creatively), remember more, lower your stress levels and bolster your immune system. So go ahead: Watch a variety or game show, get out a board game, solve a puzzle, look for the joy and humor in everyday life—you body and mind will thank you.
Free Movie & Discussion
An educational event open to the public.

“This Changes Everything”

Date to be Announced

What if confronting the climate crisis is the best chance we’ll ever get to build a better world? Inspired by Naomi Klein’s non-fiction bestseller This Changes Everything, this film presents her controversial and exciting idea that we can seize the crisis of climate change to transform our failed economic system into something radically better.

2015. 90 minutes. Suggested donation: $5.00

Unitarian Universalist Community Church

Join in the lively discussion following the film.
Free tea, coffee, and snacks.
Optional: bring a snack to share.
Invite friends!
Church Information
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Newsletter deadline is always the 20th of every month
This newsletter is designed and published by Diane O’Connor

*You can help save a tree and a stamp by simply picking up your
newsletter or receiving it electronically via email.