**Sunday Worship Schedule**

**10:00 AM**

**July 5th**
**Title: Bless the Beasts: Celebrating Our Animal Friends**
By Jodi Libretti

**July 12th**
**Title: Soul Searching**
By Rev. Nicole Kirk
We do not talk a lot about the soul in our congregations and yet it is a concept that is still a part of conversation in the wider culture. What is a soul? And what could the concept of “soul” mean for Unitarian Universalists.

**July 19th**
**Title: Searching for the Divine**
By Kevin Glenz
Kevin’s emphasis will be on how freeing belief can become when embracing many religious truths through the Unitarian perspective vs. when we are limited to an isolated & solitary religious comprehension.

**July 26th**
**Title: The Art of Appreciation**
By Rev. Denise Tracy
The Sixth of our UU Principles is acceptance of one another in our spiritual search. This sermon will explore this important theological idea.

---

“**The Power of Love is a Curious Thing…”** (Huey Lewis and The News)

…Especially when one considers the crushing emotional trauma leading to unfathomable acts of love that would have driven many, if not most, to the other end of the spectrum. I can only imagine the strength and courage it must have taken to stand up and say “we forgive you and will pray for you.”

The slaughter of the churchgoers in South Carolina by a deranged racist just adds to mounting number of incidents that continue to point to the shortcomings that we human beings must face up to. Whether it be racism, sexual or religious discrimination, or any number of other displays of lower level behavior, it is clear that we still have a long way to go in taming our fears of the differences between each other.

Although extreme acts like murderous rampages are typically ascribed to “sick” individuals, is it not possible to scrutinize the day-to-day actions of us “normal” people and find things that we might have done differently? Whether those past actions involved interpersonal relations or our relationship to the world we live in, my guess is that nobody is unscathed by passing through the crucible of self-examination.

Being raised Catholic, I was taught the “Sacrament of Penance.” In later years it became known as the reconciliation. Looking at it now, that change in terminology really put a whole new spin on the process. As a youngster, I would enter the confessional with a mental list of sins that I’d committed (all venial, for those who are counting) and recite them to the priest, who would then pray in Latin over me. He would then give me penance to carry out. I would go to a pew, kneel down and recite the prescribed number of Hail Mary’s, Acts of Contrition and whatever other prayers I was supposed to. That was my penance.

Now, however, I can see that the change to “Sacrament of Reconciliation” is more meaningful because on an adult level, it can lead one to consider past actions and to bring any concerns, feelings of guilt and even hurt to an “arbiter” of sorts, one who has been trained to listen and assist in the healing process.

We at UUCC have our own method of reconciliation. It’s administered by people who have an interest in helping others and are members of the group known as Care and Concern. These are good-hearted church members that we all know and are there to help us reconcile our past actions and troubles so that we can reset our lives and begin anew. I think our UUCC Order of Service lists every Sunday two individuals who are available to assist in this manner.

It seems to me that in order for the folks in South Carolina to take such bold action as they did in forgiving the killer of their loved ones, they must have first been reconciled with their own consciences. What an example to live up to.

I hope you have a great summer. ~Bruce
Pastoral Care: Listening Hearts

Two Listening Hearts, or members of the Lay Pastoral Care team, are on hand each month to serve your needs. They are not acting as professional counselors, but rather a source for listening, support and resources. They have participated in training to become Listening Hearts.

Listening Hearts will soon have a ribbon on their name tags to identify them. If you do not spot one of them at church, or if you wish to talk to one of them in particular, please contact the office. The Listening Hearts for July: Barb Morris and Monica Regan

The Medical Cannabis Education Association meeting is being held on July 5th in Classroom 1. This month’s topics are: Benefits of THC & Medical Supplies. Attendance is Free!
Under the coordination of Pat Segner, our church has developed a tutoring project in the Park Forest Elementary Schools at Blackhawk School and Mohawk School. We read with children in their classrooms or they read to us. We began the week of April 13th, after Spring Break. We plan to go every two weeks for about two hours. Approximately eight people are involved. We would like more volunteers, so if you are interested contact Pat Segner (708-748-2217).

The school principals and children were very appreciative of our efforts and pleased to connect with us. I am thankful that experienced congregants are willing to offer this community service. Hopefully we will be expanding our service in the future. In Fellowship, Pat Segner

An Employment Opportunity at UUCC

UUCC PART-TIME OFFICE ADMINISTRATOR POSITION

Applications are currently being accepted for the part-time position of Office Administrator at UUCC. Strong computer skills are a definite plus, especially experience with Microsoft Publisher, Microsoft Word, Mail Merge, Outlook, and Excel. A demonstration of computer skills may be requested. Also, good communication skills, the ability to manage several projects at once, and a willingness to be a team player are necessary for the person who fills this position, which will represent UUCC to our members and the public.

Applicants should submit their resume and a cover letter addressed to the Board of Trustees, through the UUCC office.

Welcome to Garden of Peace Ministries, Inc!

As of July 1st we will once again be sharing our church space with another congregation. Pastor Christopher Castile and his Garden of Peace Ministries, Inc. congregation will be renting our space on Sunday afternoons from 2 to 6 pm. As was the case with previous rentals, this congregation will be provided with storage space in the refrigerator, kitchen cabinets and back storage room. They will also be given a designated bulletin board in the hall and mail slot near the office. Please be welcoming to them and respectful of their materials. We ask that all of UUCC activities, including cleanup, be finished prior to the start of their 2:00 pm rental time. Also, with the nicer weather, please make an extra effort to secure any doors or windows which may have been opened while you were here. Thank you for your consideration!

Please Help us Promote UUCC! Check out our UUCC Facebook Fan Page AND Woodland Chapel Facebook Fan Page and click “Like” to join! Then “SHARE” posts with YOUR facebook friends. www.facebook.com/myUUCPF and Woodland Chapel at Unitarian Universalist Community Church of Park Forest

Edgar’s Place Coffeehouse now has a facebook fan page!!

https://www.facebook.com/pages/Edgars-Place-Coffee-House/349933331884675?ref=aymt_homepage_panel
Angela Denk: Angela is a freelance writer. She is currently under contract with the Daily Southtown, but also works on a long-term project for Governors State University, and writes fiction. For fun, she likes to read and garden. She also plays music, but very rarely has time for that.

She has five children and a very unconventional arrangement with them -- they don't all live with her full-time. She is very close with all of them regardless, and this works for everyone.

She wasn't raised with any religion at all, but a deep reverence for nature was instilled in her from birth. Because of that, Angela gravitated toward Wicca and other pagan paths pretty early in life. She spent nearly a decade as a priestess in Western Kentucky, leading sabbats for groups anywhere from a handful of participants up to nearly one hundred. Since coming home to Illinois, she has been quietly pagan and quite happy with that.

Her daughter, Lily, expressed a desire to go to church, and Angela needed to find a place where they could both feel comfortable. Unitarian Universalism seemed like the perfect place.

Angela has been in a couple of the RE plays, participated in the choir here and there, and has been somewhat involved with the CUUPS chapter. She is a fairly shy person with an anxiety disorder, so bear with her, please!

She currently lives in Steger, but grew up for the most part in Tinley Park, and still has family there.

JoJo Martin: JoJo’s house is in Chicago Heights but she is seldom there. She works for Rich Township and has worked in almost every department. (She spent over 20 years at Allstate Insurance). At the moment she dispatches for Jolly Trolley, the bus service that runs in Park Forest. Her favorite job is to take seniors on monthly trips. She has made many new friends and her concepts about seniors have changed dramatically. JoJo says, “They are a fun, lively group and definitely NOT old.” She has 40 first cousins, from Switzerland to Alaska so she never needs a hotel room.

JoJo’s mother was a Christian Scientist and her father went to church only when JoJo was performing. Her father’s grandfather was a minister. In third grade JoJo started attending the First Unitarian Church in Hyde Park where Chris Moore was the minister and also the director of the Chicago Children's Choir, which was a great experience. Singing in Rockefeller Chapel was overwhelming for her. Her 8th grade Sundays consisted of visiting different churches, from Shinto to Quaker, and many of her friends took her to temple in Hyde Park so she had a very diverse religious history. Watching her mother live to a ripe old age without taking medicine or complaining about pain did give her a deep respect for her religion. JoJo had church hopped for years; New Faith in Matteson became too large for her and Pilgrimage in University Park was small but ended up with a minister she could not abide. She still enjoys visiting different churches when invited by friends.

She had heard of UUCC for years (starting with John Ray at a pow-wow in Peotone). At Tall Grass one night Syd Doty said that Larry McClellan was speaking, and she has been coming ever since. Her initial involvement consisted of bringing coffee cake every week, and sitting up front for story time. She is NOT a “joiner,” but willingly helps whenever she can. She loves the warmth and friendship of UUCC.

JoJo is an avid animal lover-ok she tolerates humans too! She has a quirky sense of humor but a good heart. She is happy to have found her church home.

Re-examine all that you have been told, dismiss that which insults your soul.” ~Walt Whitman
You Are Invited
To Our
Women’s Tea
At UUCC
Saturday, August 15th
11am to 2pm

Free Movie & Discussion
Friday, July 24, 7:00 pm

Vegucated
Three People. Six Weeks. One Challenge.

This interesting documentary showcases the rapid and at times comedic evolution of three people who agree to follow a vegan diet for six weeks and learn what it's all about. Dr. Joel Fuhrman and Professor T Colin Campbell discuss the benefits of a plant-based diet consisting of whole foods. Friends of the Earth Vegan Starter pamphlets will be available.

2011 76 minutes

(Notice: some people may wish to leave the room when graphic scenes of animals being slaughtered for food occur in the second half of the film.)

Sacred Communication Workshops with Rev. Henrietta Byrd
These classes will be held online thru a virtual classroom.
July 6 and 20th Monday's via conference call. 12 noon.
Please rsvp to register at Iforgiveforme@gmail.com
These transformative workshops will help you in identifying and dissolving mental and emotional blockages; learning to use your authentic voice; defining authentic friendships; and more. All are welcome; you need not have attended before. For more information, contact Rev. Henrietta Byrd: 312-593-4732.

We are inviting women from the Bridgeview Mosque to partake in fellowship and create greater communication between our groups. Women are encouraged to bring homemade treats. Please contact Pat Segner for more information.
Any questions? Contact Laurene Lambetino-Urquizo.

Helpers in the kitchen are needed on Sundays before the service and after coffee hour.

E-mail!
Our church office email is now admin@uuccpf.org

A Little Humor
Some important theological questions can best be answered by thinking of God as a computer programmer:

Q: How does one protect themselves from evil?
A: Change your password every month and don't make it a name, a common word, or a date like your birthday.
Rainbow Café
Rainbow Café is a social event that provides a safe and welcoming environment for single or partnered gay, lesbian, bisexual, and transgender adults and their allies, by creating a space where they are able to socialize outside of the usual bars.

The Café is open every 3rd Friday of the month from 6:30-10:30 pm. More info: Call Dave Matteson 708-672-8837 or (714) 930-6134.

RAINBOW CAFÉ will meet on July 17th. The movie shown will be “Morgan”

Depressed and despairing after an accident renders him paraplegic, Morgan gets a new lease on life when he meets Dean on a basketball court. But when Morgan risks his life entering a bike race and Dean walks out, he is pushed to the brink once again.

Cast: Leo Minaya, Jack Kesy, Benjamin Budd  2012  89 minutes

A Moment in Balance

Yoga Classes by Karen Nielsen
Monday and Thurs
9:30am – 11am
Wednesday evenings
7:00pm – 8:30pm
No reservations needed. Drop-in fee is $10 per class and the 6th one is FREE.

Free Healthy Living Group

NO Healthy Living Group in July and August
(This group may possibly resume in the fall)

Sacred Communication Workshop

July dates: 6th and 20th via conference calls—12 noon
Please rsvp to register at Iforgiveforme@gmail.com

These Transformative Workshops will help you in identifying and dissolving mental and emotional blockages, learning to use your authentic voice, defining authentic friendships, and more. For more information, call Rev. Henrietta Byrd: 312-593-4732.

Buddhist Meditation

Learn and enjoy the simple, straight-forward practice of meditation. Please join us for sitting and walking meditation in the Zen and Theravadan Buddhist traditions. This is an ongoing event led by Steve McCabe and Beverly Feldt.

When: Saturdays at 9am to 10:30am
Location: UUCC
Cost: Free Will offering, (proceeds go to UUCC)
Contact: For questions, contact Steve McCabe (708) 465-3116 or Beverly Feldt bevfeldt@gmail.com

Dances of Universal Peace:
3rd Sunday of the month. (Sept-June)

Dances of Universal Peace are held on the 3rd Sunday of the month from 2-4pm at UUCC. We join our voices in singing sacred phrases and Divine Names from many spiritual traditions while moving in circle dances and walking meditations. For more information contact certified dance leader, Pat Segner, at 708-748-2217.

DUP will NOT meet in July or Aug

Love to Sing??

Join the UUCC Choir! The Choir sings on the second and fourth Sundays of each month, with rehearsals on those days at 8:30am and one weekday evening per month. No experience required. If interested email our choir director Bev Feldt at bevfeldt@gmail.com.

QiGong with Jim Kobus
Most Thursdays @5pm

(This class will be held typically every Thursday of the month but there will be exceptions so you must send Jim your email if you are interested in participating.)

It is suggested that you not eat before class. Please bring your own water. $5 suggested donation per class.

Email Jim: emiton1@aol.com
For questions call: 708-799-1925
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am Worship/RE</td>
<td>9:30am Yoga</td>
<td>2 7pm Yoga</td>
<td></td>
<td>9:30am Yoga</td>
<td>2 6:30pm Family First Friday</td>
<td></td>
</tr>
<tr>
<td>Canvass Sunday</td>
<td>12noon Sacred Comm Workshop via conference call</td>
<td></td>
<td></td>
<td>5pm QiGong</td>
<td></td>
<td>4 9am Buddhist Meditation</td>
</tr>
<tr>
<td>11:30am Church Picnic</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12pm Medical Cannabis Meeting</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td></td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30am Yoga</td>
<td>7pm Yoga</td>
<td>9:30am Yoga</td>
<td>6:30pm Family First Friday</td>
<td>5pm QiGong</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12noon Sacred Comm Workshop via conference call</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td></td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am Worship/RE</td>
<td>9:30am Yoga</td>
<td>13</td>
<td></td>
<td>9:30am Yoga</td>
<td>9 9am Buddhist Meditation</td>
<td></td>
</tr>
<tr>
<td>11:30am Forum</td>
<td>12noon Sacred Comm Workshop via conference call</td>
<td></td>
<td></td>
<td>5pm QiGong</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td></td>
<td>17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am Buddhist Meditation</td>
<td></td>
<td></td>
<td></td>
<td>6:30pm Rainbow Cafe</td>
<td></td>
<td>9am Buddhist Meditation</td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td></td>
<td>22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am Worship/RE</td>
<td>9:30am Yoga</td>
<td>22</td>
<td></td>
<td>9:30am Yoga</td>
<td>7pm Movie Night</td>
<td>9am Buddhist Meditation</td>
</tr>
<tr>
<td>11:30am Chili Fundraiser</td>
<td>12noon Sacred Comm Workshop via conference call</td>
<td></td>
<td></td>
<td>5pm QiGong</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td></td>
<td></td>
<td>25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30am Yoga</td>
<td>7pm Yoga</td>
<td>24</td>
<td></td>
<td>9am Buddhist Meditation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td></td>
<td>29</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am Worship/RE</td>
<td>9:30am Yoga</td>
<td>28</td>
<td></td>
<td>7pm Yoga</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>30</td>
<td></td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30am Yoga</td>
<td>7pm Yoga</td>
<td>30</td>
<td></td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4th of JULY FESTIVITIES: The PF Village’s annual Independence Day celebration is set for Saturday, July 4th:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>6PM</strong></td>
<td>The parade steps off with the route starting at Main St. and Orchard. The parade route winds it way around central Park: Orchard to Westwood, Westwood to Lakewood, and Lakewood back to Orchard.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>9:15PM</strong></td>
<td>Fireworks are launched from Central Park but will be clearly viewable from the Village Green.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Join us for a Chili Fundraiser on July 19th at 11:30am
Planetary Boundaries, Water

The highest rates of groundwater depletion are in some of the world's major agricultural centers:
- Northwest India
- Northeastern China
- Northeast Pakistan
- California's central valley
- Midwestern United States

In North America the major concern is over water levels in the Ogallala aquifer under the U.S. Great Plains. The Ogallala is the world's largest known aquifer having an approximate area of 450,600 square kilometers and stretches from southern South Dakota through parts of Nebraska, Wyoming, Colorado, Kansas, Oklahoma, New Mexico, and northern Texas.

The Ogallala Aquifer was formed roughly 10 million years ago when water flowed onto the plains from retreating glaciers and streams of the Rocky Mountains. The Ogallala is no longer being recharged by the Rockies and precipitation in the region is only 30-60 cm per year.

In three leading grain producing states - Texas, Oklahoma, and Kansas - the underground water table has dropped by more than 30 meters. The huge sandstone aquifer underlying the Illinois-Wisconsin border, which supplies Chicago and Milwaukee with water, is currently overtaxed and may be depleted in the near future.

Global population is expected to reach 8 billion by the late 2020’s, 9 billion a little before 2050. They are all going to need quality water to live. I wasn’t aware that Illinois has a possible water shortage in the future. With all the rain we are getting, I have been telling myself that we are good with water. This may not be true. It is actually quite easy to reduce water usage in that we are using it now as though it will never run out. Just not watering our yards alone will reduce this greatly. If you travel in the country we see irrigation for farms increasing. How much irrigation is sustainable while we deplete our water sensitive areas of earth. Again we have a collision of the economy vs sustainability of life on earth. Right here in Illinois we are crossing a planetary boundary of water.

http://aheadoftheherd.com/Newsletter/2012/Whisky-Is-For-Drinking.htm
The following are some of the highlights from the Board of Trustees meeting held on June 23rd.

- Religious Education Director Dan Feldt informed the Board that he would be meeting with the parents of children in the RE program on Saturday morning, June 27. The group will be considering implementing new ideas into the program.
- An advertisement for UUCC and the Woodlands Chapel will appear in an upcoming issue of The Reader.
- The group discussed a request to consider reintroducing “Circle Suppers” to UUCC. This might be a good way to get to know more members on a more personal level. More information can be found at the UUA website: Circle Suppers. If you are interested in participating or learning more about them, contact Monica Regan.
- The Board voted to allocate up to $125 to purchase the licensing for the use of Microsoft Access. Melinda Elliott and Dan Feldt gave a demonstration of the capabilities of the data base program to the members that was very impressive and could serve the church in many ways, including compiling information about members’ interests for future use in helping to integrate members into church services and to assist in other projects. The software can also be used to help generate the membership directory every year.

The Board closed by expressing gratitude and appreciation to Laura Shahtaji and Marilyn Ragland for their dedicated service and important contributions to the UUCC during their terms as members of the Board of Trustees.

We are having a **July Forum**: Gus Fuguitt, from the Sierra Club

*The Illinois Clean Jobs bill - July 12th, 11:30am.*

The Illinois Clean Jobs bill, HB2607/SB1485 (ILCleanJobs.org), fully embraces energy efficiency and renewable energy to help Illinois meet the EPA carbon pollution rules. It’s the only bill before the Illinois legislature that emphasizes renewable energy (wind and solar), would generate 32,000 new jobs per year in clean energy workforce development, and would help lower energy costs to Illinois residents by creating a mass-based cap and invest market.

---

**Alliance for Community Services**

INFO@AllianceForCommunityServices.org

**Stop the Chop! Fund Human Services!**

Disastrous levels of inequality, joblessness, hunger, foreclosure and debt, create a greater demand for human services. The “austerity” approach is unworkable, morally reprehensible and fiscally unnecessary.

**TOWN HALL FORUM …coming to Unitarian Universalist Community Church, in Park Forest! Tuesday, August 4, 2015. TIME: 7:00 P.M. TO 9:00 P.M.**

We invite you to join us for a Town Hall Forum, to be presented by Fran Tobin, of Alliance For Community Services.org, "Stop the Chop of Human Services Town Hall Forum.” Fran will explain Governor Rauner’s planned cuts and the services they will affect. Joining him, will be Darnece Cooper, President of AFSCME Local 2806. Darnece will give insight as to how workers will be affected by these cuts and will have a few members of her local with her, who will lend their participation, as well. Through this effort, attendees will be well informed, educated and understand what Governor Rauner, intends for the people of the State of Illinois. Knowledge is POWER!

Co-sponsoring this event is the Unitarian Universalist Community Church in Park Forest and South Suburban Council for MoveOn.org

We look forward to welcoming and meeting you, in discussion of this very important issue. COME, bring your friends! We’ll have refreshments, too! For more information: Contact: 815-651-7646
Church Information
70 Sycamore Drive
Park Forest, IL  60466
PHONE:  708-481-5339
E-Mail:  admin@uuccpf.org
Web:  www.uuccpf.org

Newsletter deadline is always the 20th of every month

*You can help save a tree and a stamp by simply picking up your newsletter or receiving it electronically via email.